

REDUCE THE ODDS

PROTECTING OUR GAMES, PLAYERS AND MEMBERS

DID YOU KNOW?

GAA RULES & CODE OF CONDUCT PROHIBITS:

- Players, team management or match officials from betting on games in which they are involved
- Match fixing activities
- Sponsorship by a betting company of any GAA competition, team, playing gear, or facility

ATHLETES ARE AN AT RISK GROUP FOR PROBLEM GAMBLING BECAUSE OF....

- Their competitive nature and desire to win
- A desire to replicate the buzz of playing / competition
- Group dynamics or possible gambling culture in squads
- Gambling appeals to those driven by extrinsic (external) motivation - the reward of the win!
- The worldwide relationship between sport and betting
- Exposure to increased betting advertising & discussion through sport media

WATCH OUT FOR WARNING SIGNS

- Hiding time spent gambling or hiding bills and unpaid debt
- Bragging about winning, exaggerating wins and/or minimizing losses
- Lying about how much time or money is spent on gambling
- Restless or irritable when not gambling
- Borrowing for gambling

FOR MORE INFORMATION GO TO
www.gaa.ie/community

WHERE TO GET HELP:

GAMBLERS ANONYMOUS 01 8721133 www.gamblersanonymous.ie

GAMBLE AWARE (Mon-Fri 9am to 5.30pm) 1800 753753 www.gambleaware.ie

PROBLEM GAMBLING IRELAND 089 2415401 (call-back service) www.problemgambling.ie

DUNLEWEY ADDICTION SERVICE (Mon-Sun 9am to 11pm) 1800 936725 (ROI) 0800 0886725 (NI)
www.dunlewey.net

