

The background features a light blue sky with two white, fluffy clouds. Below the sky are rolling green hills in shades of lime and olive green. A small white sheep is visible on the leftmost hill. The text is centered in the upper half of the image.

# **Module 3 Portfolio**

Coaching at Underage Level



After completing Modules 1 and 2, we decided to make a difference at our local GAA club by using the skills and qualities we obtained from the Dermot Early Youth Leadership Initiative to coach underage at Strabane Sigersons GAA.

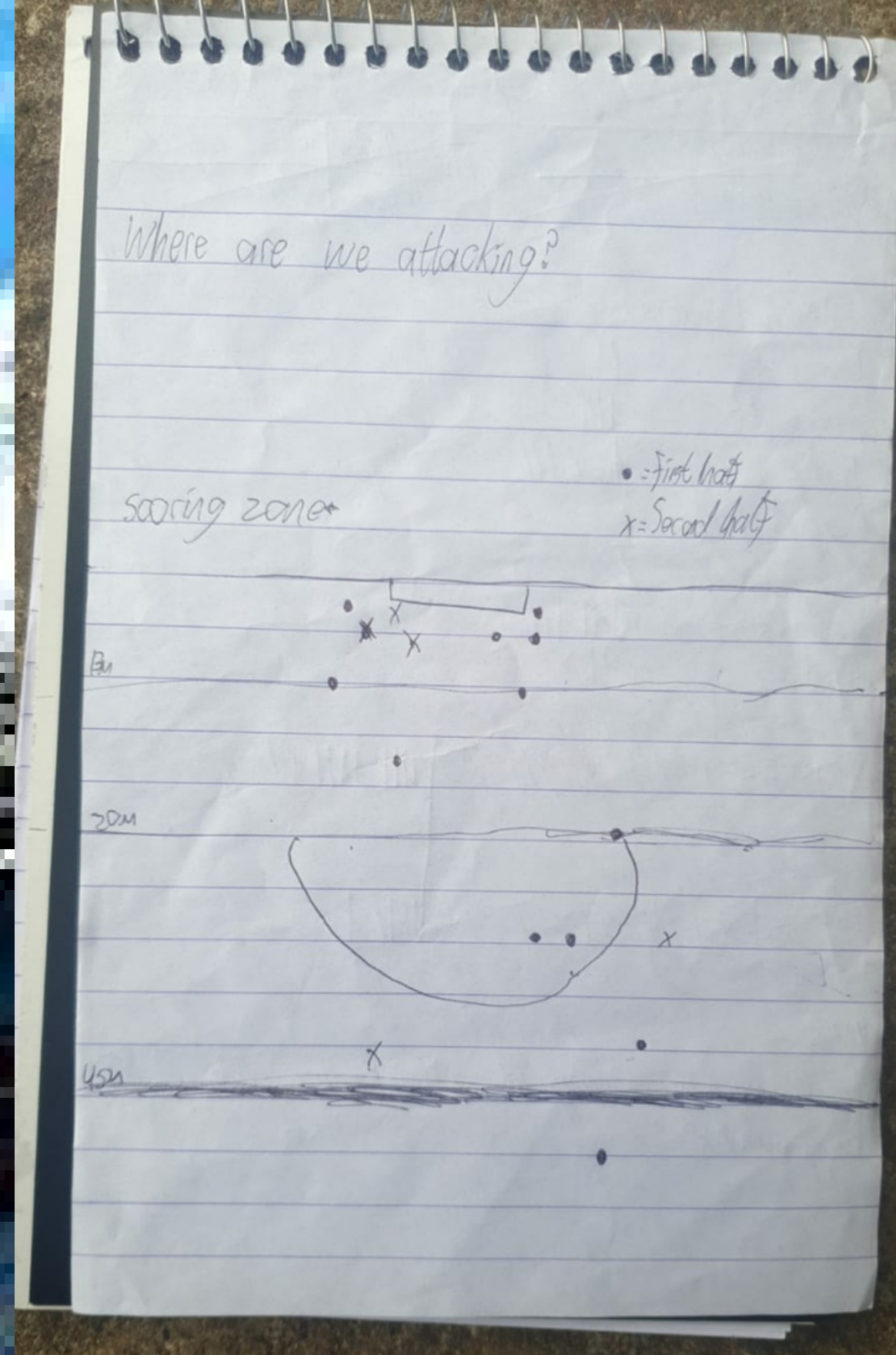
I decided to join in at times when coaching. Here I am in a match based drill with the Under 17 boys, implementing a pace setting form of leadership by demonstrating defensive and counter attacking forms of play.



Unforced errors  
 Loose HP II  
 Loose KP III  
 Fouls (green) III  
 Dropped balls  
 Dispossessions III III  
 Blocks II  
 POSSESSION WON KO III III III  
 POSSESSION LOST KO III I  
 Notes -  
 \* Dan KP Pauray - no one marking stat \* Brandon kick ball away TWICE  
 Ga. go down 2 KP

**Notes made in the first half of the Under 17 boys first league game against Naomh Eoghan. We reflected on our play at half time and found areas for improvement.**

**Notes made during the Under 17 boys game against Naomh Eoghan highlighting our attacking patters. We will us this information to give to Philip Kerr who will be taking the Under 17's through an attacking session.**





**As a Strabane senior player and club coach, I look forward to continuing to coach our underage teams at all levels and I hope to enhance the skills I obtained from participating in the Dermot Early Youth Leadership Initiative**