



CLUB HEALTH & WELLBEING OFFICER

ROLE DESCRIPTION 2016

The role of the Health & Wellbeing Officer is to help ensure that their club is a healthier place for everyone to enjoy. *(Please note that this position has replaced the former ASAP Officer role.)*

They will be supported in this work by their Club Executive and their County Health & Wellbeing Committee. Policies, programmes, partnerships, and resources specific to the role are available (please see www.gaa.ie/community for more details).

RESPONSIBILITIES

- The key functions of the role are to **communicate** (the good work your club is doing and/or plans to do), **support** (the on-going development of the club's health and wellbeing policies, programmes, partnerships and overall ethos) and **signpost** (to health and wellbeing opportunities in your club and to support services in your community).
- While not an elected member, it is recommended that the health and wellbeing officer attend club executive meetings. Alternatively, regular formal reporting of activities should be agreed.
- The officer will familiarise themselves with the content of the GAA's Community & Health Department website (www.gaa.ie/community)
- The officer **WILL NOT BE** required to provide direct services or support to members but may help signpost to appropriate services provided by local/national agencies and/or voluntary groups.

REQUIREMENTS

- Good communication and interpersonal and organisational skills (computer literacy is essential).
- Ability to work with other club officers (Children's/Coaching Officer) and the Executive as required.
- Have a genuine interest and knowledge in the Association and interest in health and wellbeing.
- Good standing in the community and the ability to deal discretely with potentially sensitive issues.
- Willingness to attend training as provided by the GAA or its partners.

RECOMMENDATIONS

- It is recommended that the Club Health & Wellbeing Officer be appointed for a minimum of two years to allow adequate time to develop and embed the role.
- It will be beneficial to involve other interested club members in this work by way of a small committee or as project teams to support specific goals or activities.

ADDITIONAL INFORMATION AND SUPPORT

- Training for Club Health & Wellbeing Officers and committee/project team members will be provided at county level each year. Email your County Health & Wellbeing chairperson for more details. Each chairperson has a generic email address: chair.hwc.[INSERT YOUR COUNTY NAME HERE]@gaa.ie (e.g. chair.hwc.leitrim@gaa.ie). This training is provided by trained GAA local.
- All supporting resources are available on the Community & Health website: www.gaa.ie/community
- Further information can be sought by emailing community.health@gaa.ie