

# Grade R Weekly Planner



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Hi, I'm Lindsay, a Speech Language Therapist who has worked in schools and private practice for many years. I love helping children with phonics and reading. It gives me joy to see them learn the basic skills and grow in confidence with their reading and writing.

I created Phonix in a Box resources in 2008 and have been supplying teachers,

therapists and parents since then.

Have a look at more products:

- Phonic playing cards
- Phonic Workbooks
- Phonics First Manual



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### **Grade R Phonics Planner**

WEEK 1	Activity/game/task
Monday	Introduce the /d/ sound with a toy that begins with the /d/ sound to provide a visual clue e.g. dog, duck, doll Listen to how we say that sound –our tongue goes on that little bump behind our teeth. Say it together.  Activity: Using a picture of a house –stick pictures of words beginning with the /d/ sound in it. Activity: Find objects in your house that begin with the /d/ sound.
Tuesday	Revise the /d/ sound. Draw the letter 'd'. Can you remember what the name of this letter is called? What sound does this make?  Craft: Make a sensory sound book, draw the letter 'd' – stick dots, daisies, dabbers etc. onto the letter to make the letter 'd' using tactile materials, add pictures and words that begin with /d/.  Game: Make"Marshmallow Trains" to practise blending.  Activity: Decorate a box with dots and and collect objects that begin with the /d/ sound. Put them in the dotty box.
Wed	Revise the /d/ sound. How many words can you think of that start with that sound?  Activity: Read a story together. Give these instructions first: "I am going to read a book to you about the letter 'd'. I want you to listen very carefully and every time you hear a word beginning with a 'd' sound –put your hands on your head"  Craft: Complete a page from this pack and circle each picture that starts with a /d/ sound.  Game: Practise rhyming and play "Hopscotch"

#### **Thurs**

**Revise** the /d/ sound. Look at the letter and ask your child to identify the sound of the letter.

**Craft:** Start a picture dictionary. Write your letter at the top of the page and draw pictures of words that start with your sound. You can also stick pictures in your book.

**Game:** How many words can we think of that begin with a /d/ sound? Build a tower with your blocks as you think of a different word.

#### **Friday**

**Revise** /d/ phoneme and letter name and keyword picture.

**Activity:** Play the game "I went to the market and I bought a ......" Each person has to add another word when it's his/her turn, but the word has to start with the /d/ sound (or any sound that you choose to focus on)

Game: Mystery Object game

**Craft:** Trace over the letters (in your pack) and find all the letter d's.

WEEK 2	Activity/game/task
Monday	Introduce the /t/ sound. Listen to how we say that sound – our tongue also goes on that little bump behind our teeth, but we say it quietly, without using our voice. Let's all say it together.  Activity: Using a large empty dustbin with a swing lid, place the letter 't' on the lid. Place objects or pictures that begin with a /t/ sound inside the bin.  Game: "Rhyming songs" -sing Nursery Rhymes together but leave off the last word so that your child can fill it in.  Make up silly rhymes and new Nursery Rhymes.
Tuesday	Revise /t/ sound and the letter name.  Game: "Marshmallow Trains"  Activity: Using a sensory book, draw the outline for the letter 't' –stick tiger stripes, train tracks, treasure or teeth into the shape of the letter 't' using tactile materials.
Wed	Revise the/t/ sound and the letter name. Activity: Do the activity in your pack and draw a line from the letter 't' to the pictures that begin with a 't'. Game: "Basketball" -in your pack Game: "Tongue Twisters" -in your pack.
Thurs	Revise /t/ phoneme and think of 5 words that begin with the /t/ sound.  Game: "Mystery Object" in your pack.  Craft: Add a page to your picture dictionary and draw pictures beginning with /t/.

#### Friday

**Revise** /t/ phoneme, letter name and location on phonics chart. Find as many pictures beginning with /t/ on the phonics chart.

**Game:** Hopscotch -in your pack

**Activity:** Trace over the letters t and circle all the t's -both of these are in your pack.

**Activity:** Cut out pictures that begin with a /t/ sound and stick them on the tree (in your pack)

#### Extra ideas

- Use tactile resources to trace the shape of the letter and say its sound e.g. sand, salt, play dough, shaving cream, pasta, corn flour paste, gel paints etc.
- Use large plastic letters to feel the shape of the letters.
- Make the shape with your bodies
- Build large collages with pictures beginning with the Sound of the Week
- Play Hopscotch with letters, jump onto the letters and say the sounds
- Have a letter or phoneme treasure hunt
- Put Magnetic Letters on your fridge and play "I Spy with my little eye, something beginning with a /f/ sound."

Cut out the picture of the dog and use it this week to revise the /d/ sound.

### Find or draw pictures that begin with a /d/ sound and stick them in the house

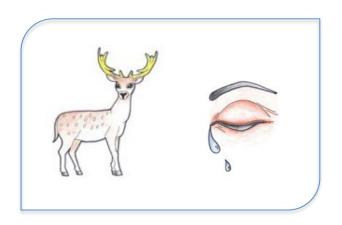


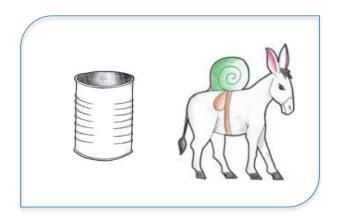
## Dd

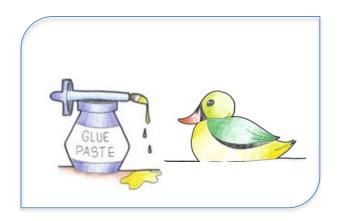
#### as in dog

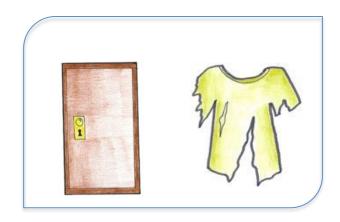


Circle the picture in each box that begins with a  $\/d\/$  sound.

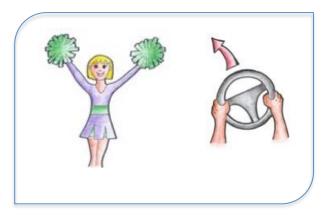












Can you find the d? Circle or stamp them.

Trace over the letters and say the sound.

### Games to Play

#### Marshmallow Trains:

Get several mini marshmallows or JellyTots and toothpicks. Choose a word e.g. caterpillar. There are four syllables in this word, so you will need four marshmallows. Place each marshmallow a few centimetres apart. Push the toothpicks into the sides of the marshmallows. As you say each syllable, touch each marshmallow with a definite pause in between. As you continue to say each syllable with smaller pauses, move the marshmallows closer together. When the children can identify the word, their marshmallows can connect and make a "train" e.g. cat-er-pill-ar = caterpillar.

#### Hopscotch:

Draw a hopscotch board on the floor with masking tape or chalk. Tape or place pictures or words in each square. Throw a beanbag on a square, hop to that square and then say what's in the picture. Think of a word that rhymes with the picture or word.

#### Mystery Objects:

Place several small objects in a small bag. Take it in turns to choose an object and give clues for your partner to guess what it is e.g. "It starts with /f/ and rhymes with 'dish.'

#### Basketball:

Show a picture card or say a word out loud. Your child must think of a word that rhymes correctly then s/he can have a shot "at the basket" by throwing a ball into an empty dustbin.

#### Frog Jump:

Draw lily pads and cut them out. Place them on the floor with a number from I to 4 written on each lily pad. Read a word or show a picture card. Listen to the number of syllables in the word and jump onto the lily pad with that number pad

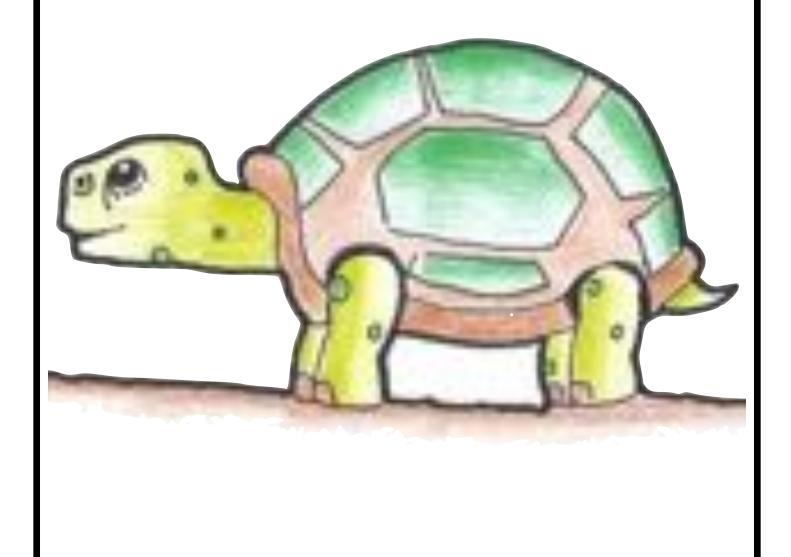
that matches the same number of syllables or they can put a counter on the lily pad.

#### Tongue Twisters:

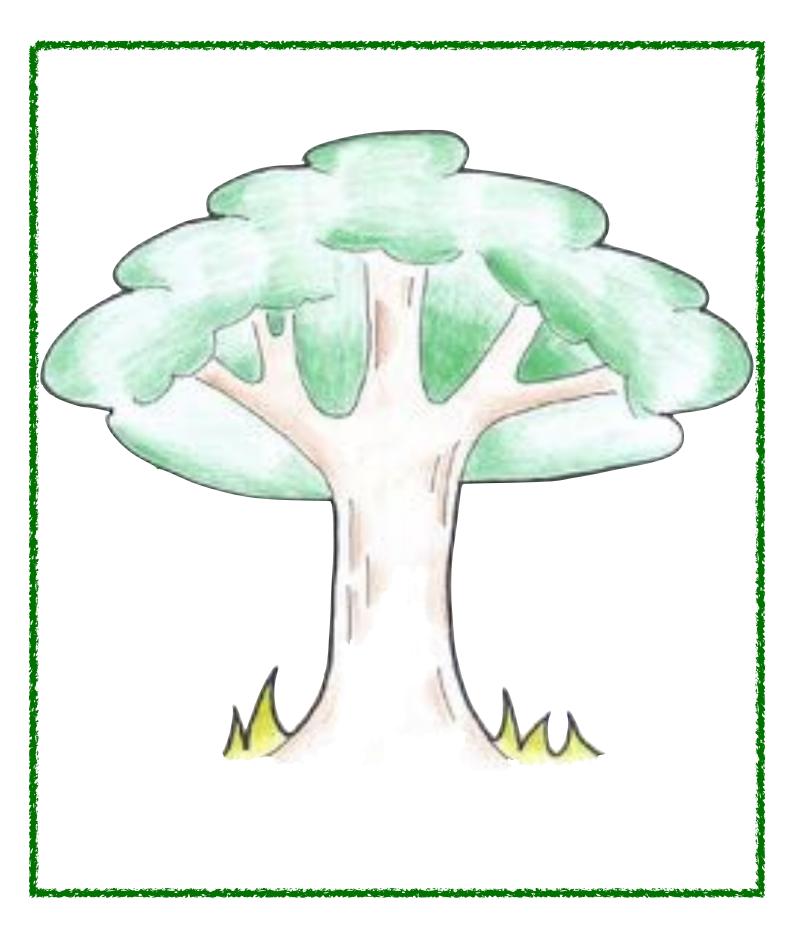
Get an empty egg box and several dried beans. Place a bean in the egg box compartment each time you hear the /t/ sound (or any chosen sound) at the beginning of a word.

Make up funny sentences, which contain the same first sound (e.g. "My mother married a mad movie star") Put five beans in the egg box. Use several different sounds and different lengths of sentences.

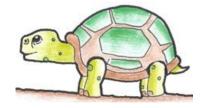
Cut out the picture of the tortoise and use it this week to revise the /t/ sound.



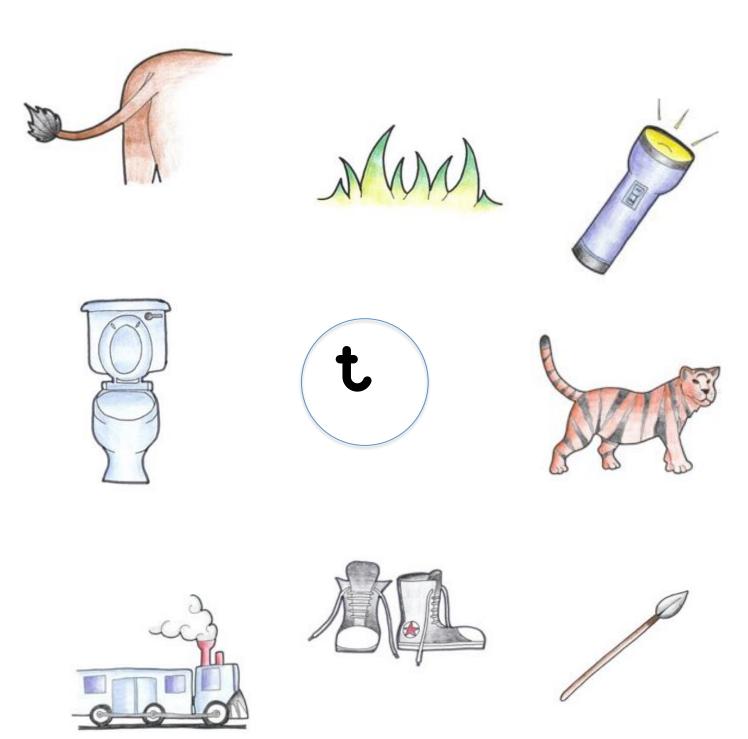
Cut out pictures that begin with the /t/ sound and stick them on the tree.

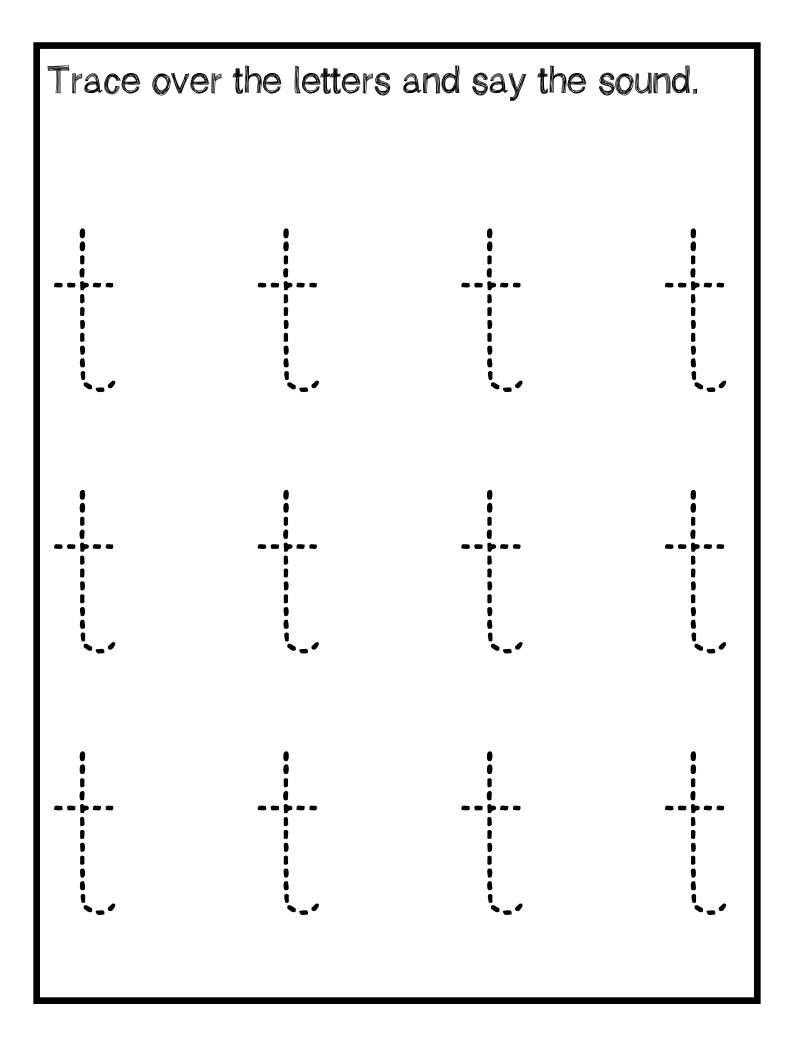


### Tt as in tortoise



Draw a line from the 't' in the centre, to the pictures that begin with a /t/ sound.





Can you find the t's? Circle or stamp them.

ktrtt