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Institute of Government**
UNIVERSITY OF GEORGIA



Shine Forward: Grow and Glow
“Recharging Your Leadership Energy to Rise, Reflect, and Lead Without Shrinking”



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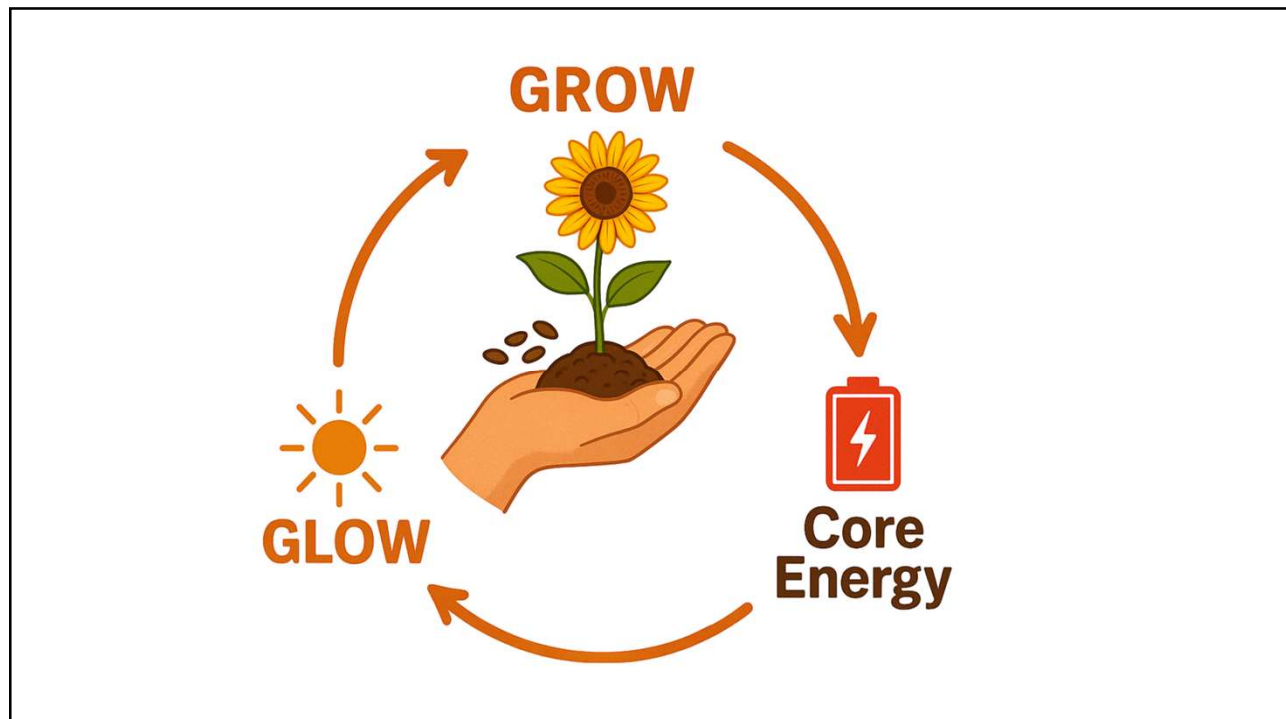
EMBRACE
Embracing Possibilities.
Creating Thriving Communities.

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Georgia CITY-COUNTY
MANAGEMENT ASSOCIATION

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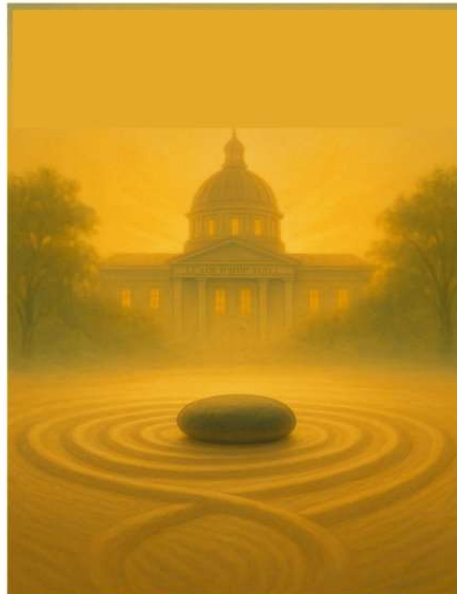
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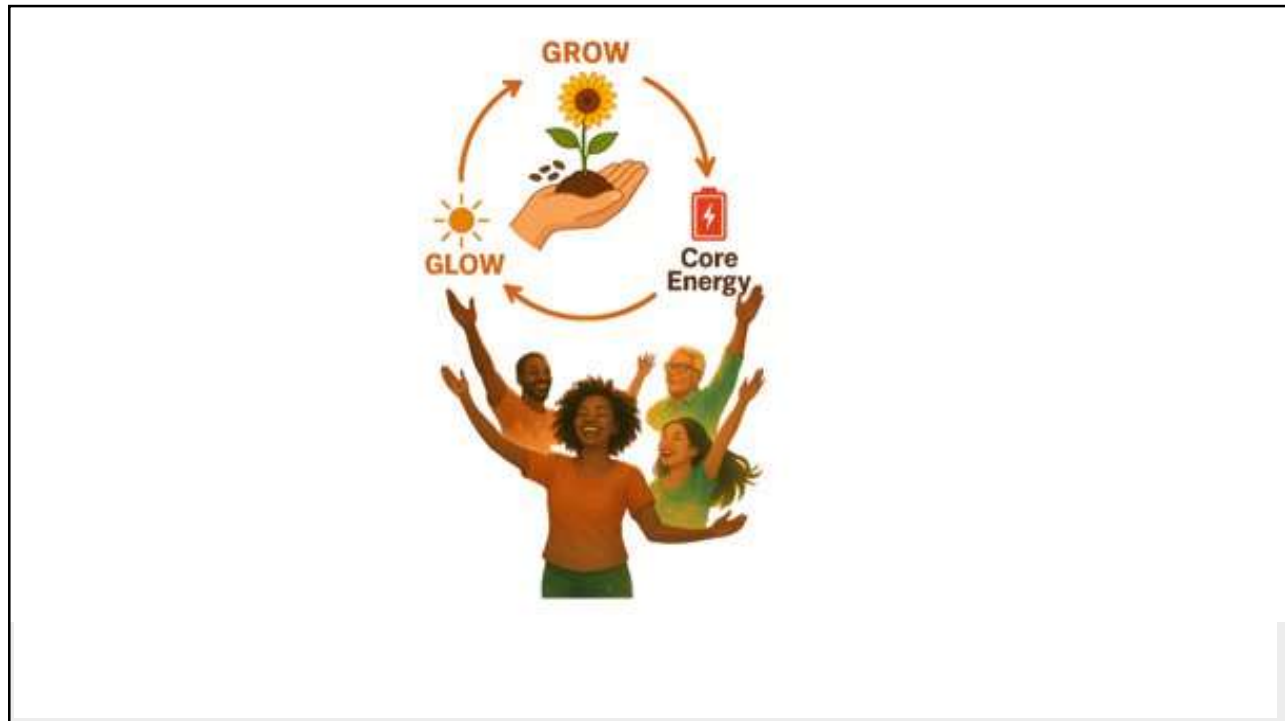
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As leaders, we're often giving permission, making approvals, and creating opportunities for others. But today, I want you to turn that inward. Give yourself permission; permission to pause, permission to recharge, permission to grow.



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Carol Dweck's research on Growth Mindset reminds us that challenges aren't stop signs; they're soil.

These seeds represent your own growth. Even when conditions are tough, growth is possible if we nurture it.

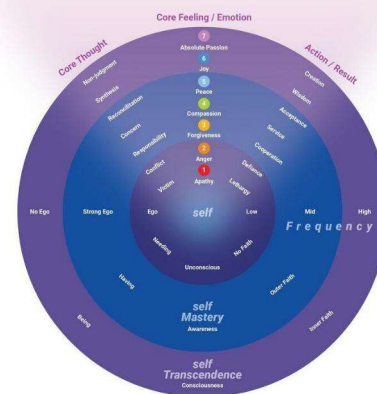


The Leadership Energy Landscape

Leadership in city and county government is both rewarding (anabolic) and draining (catabolic).



Energetic Self Perception



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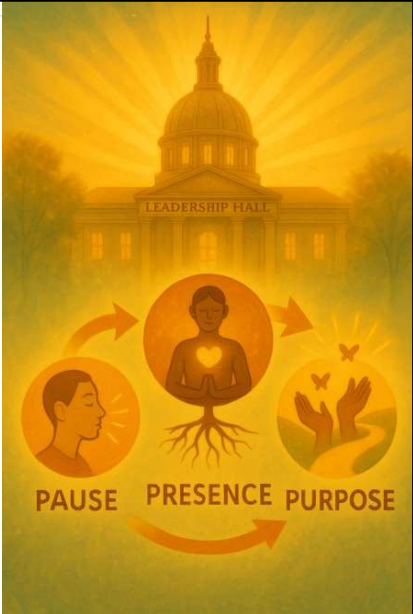
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Pause, Presence, Purpose

When you feel drained or pulled in too many directions:

Pause — to refocus
Presence — return to your energy level
Purpose — respond, not reactivity. Act with clarity and intention.







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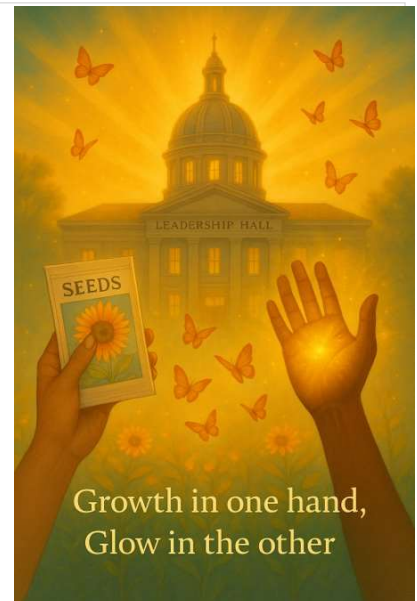
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Transformational leadership teaches us that we don't inspire others by title alone, but by our presence. Glow is about showing up authentically, without shrinking yourself to make others comfortable.



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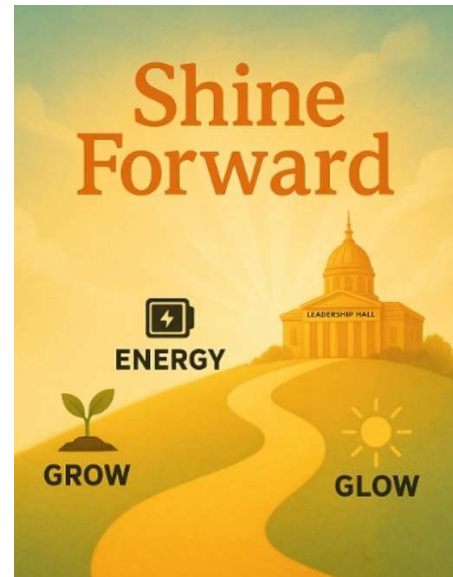
- ❖ Grow through challenges.
- ❖ Protect your energy.
- ❖ Glow with presence. Lead without shrinking.



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How will you shine?

Not just in theory, but in action, starting this week,
in your leadership and your life, how will you
shine forward?



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Thank You!

Webpage



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