

Thriving in Public Service

Embracing Healthy Leadership

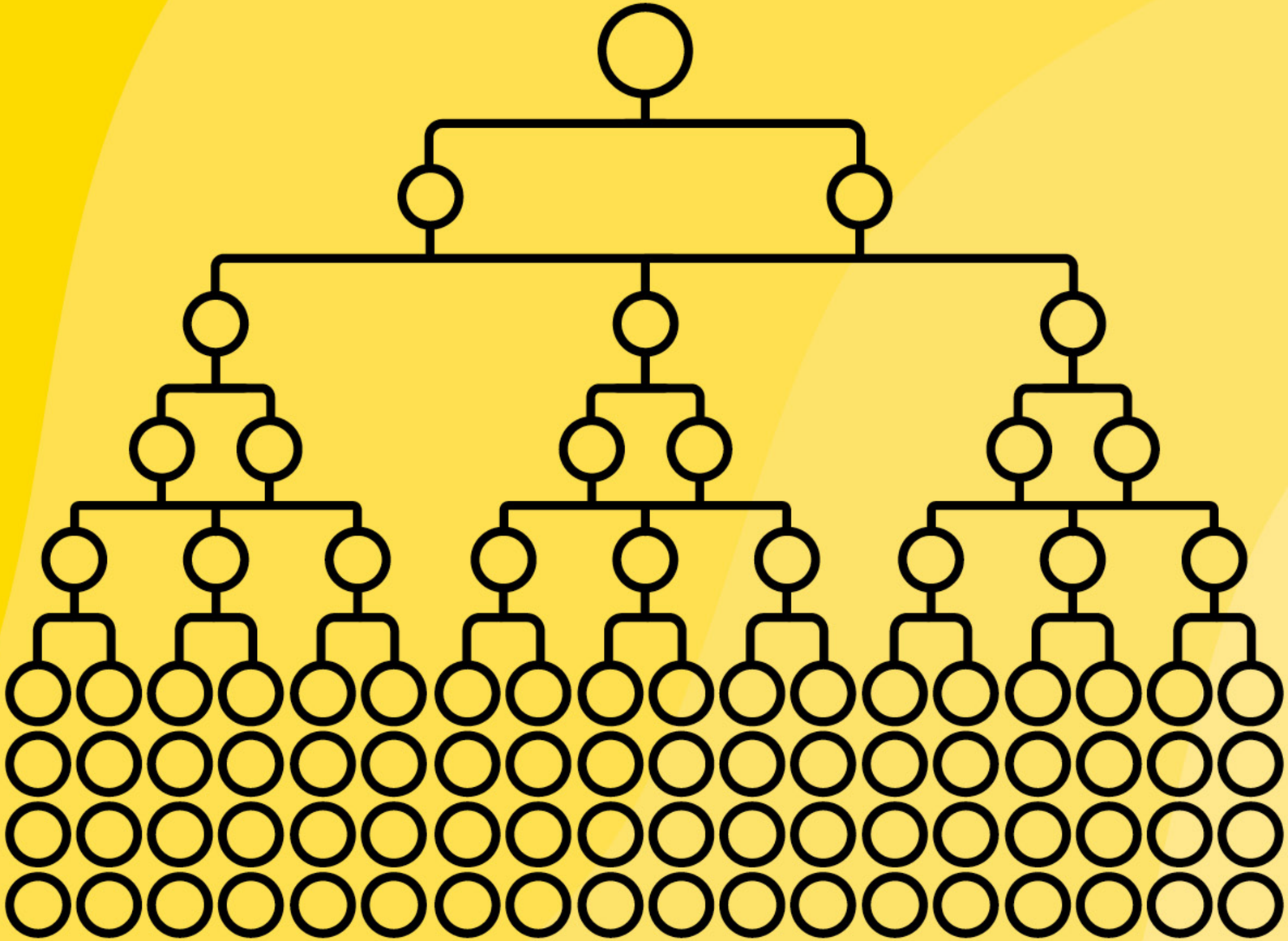


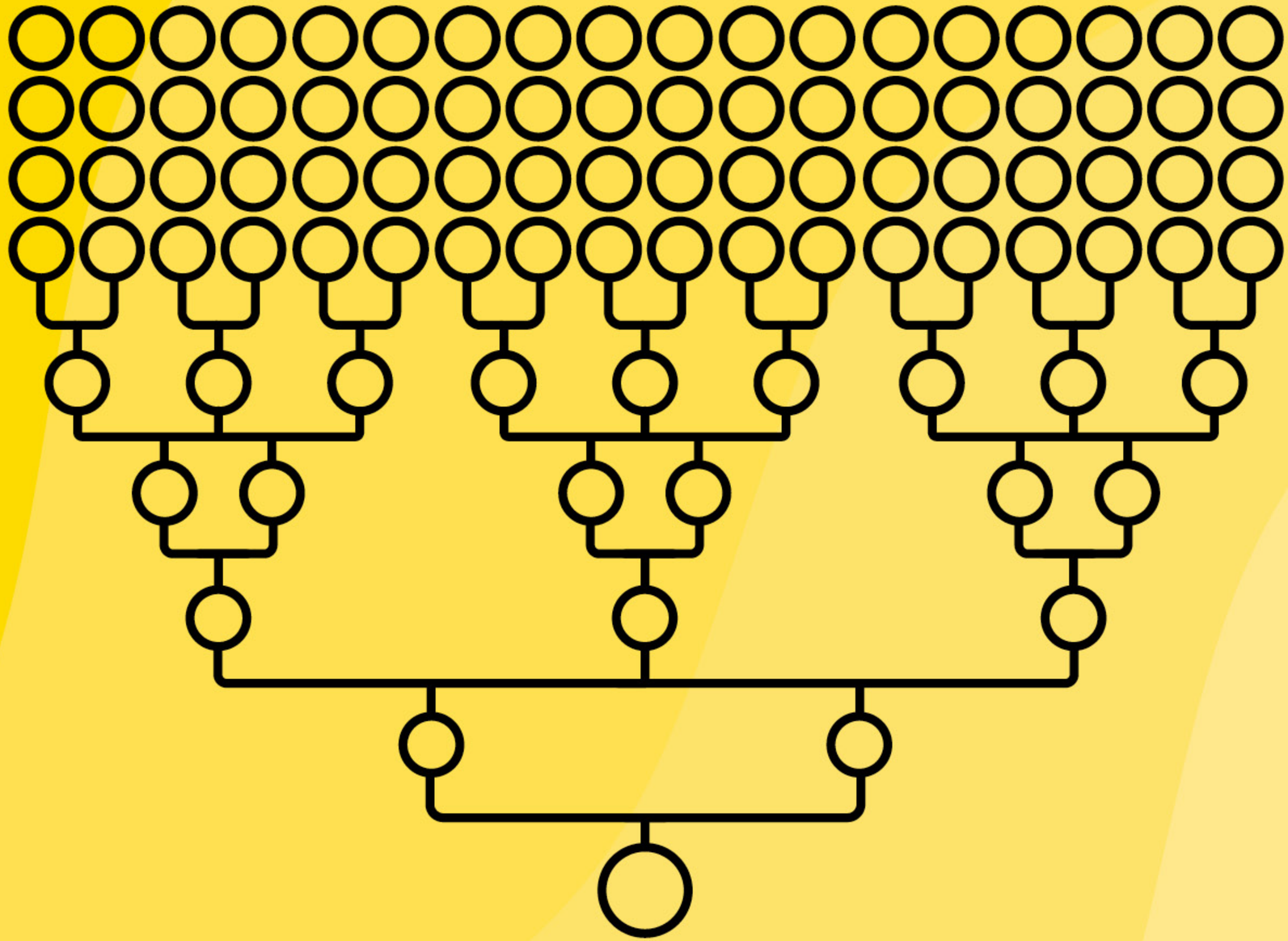


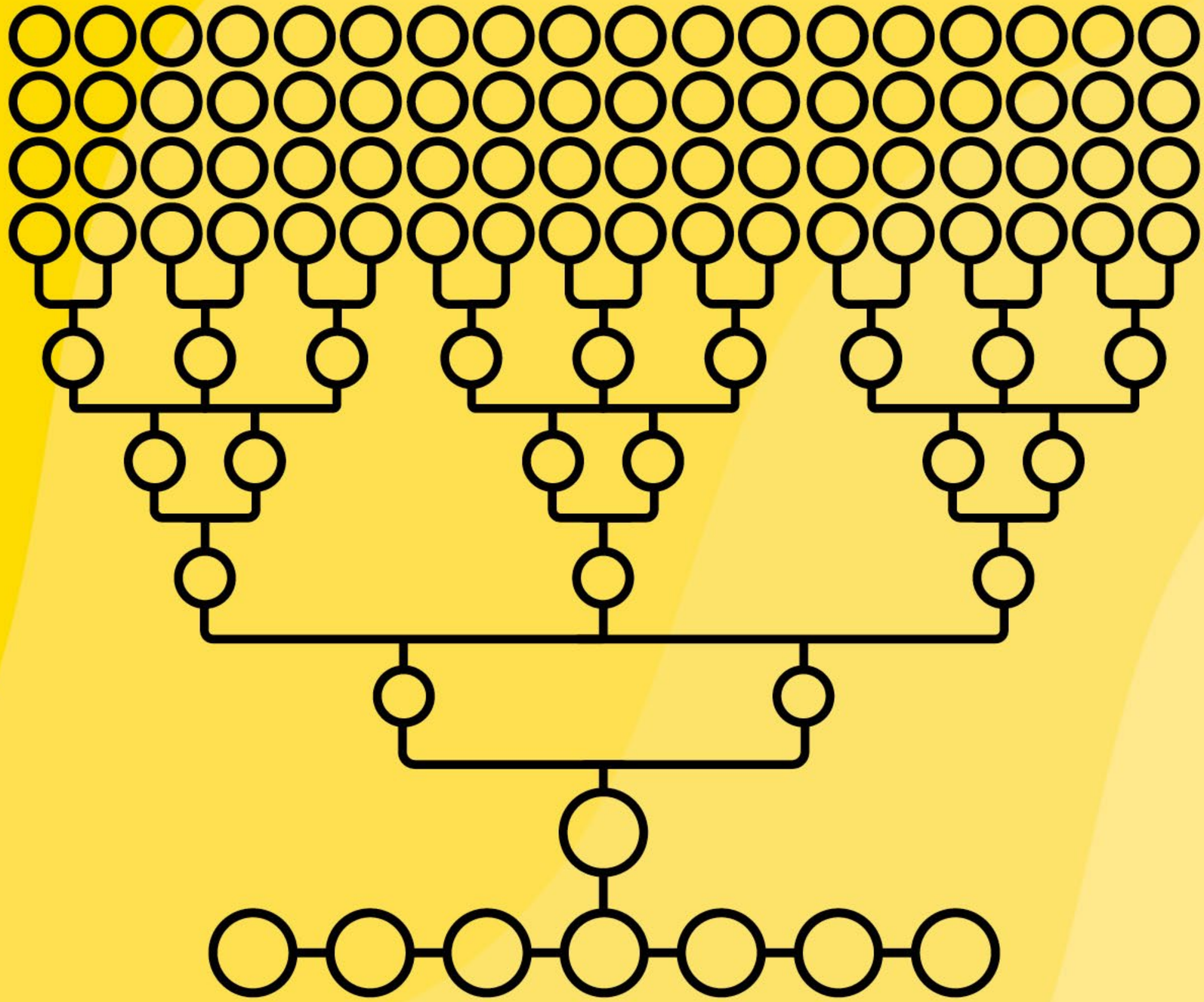
A THRIVING TEAM

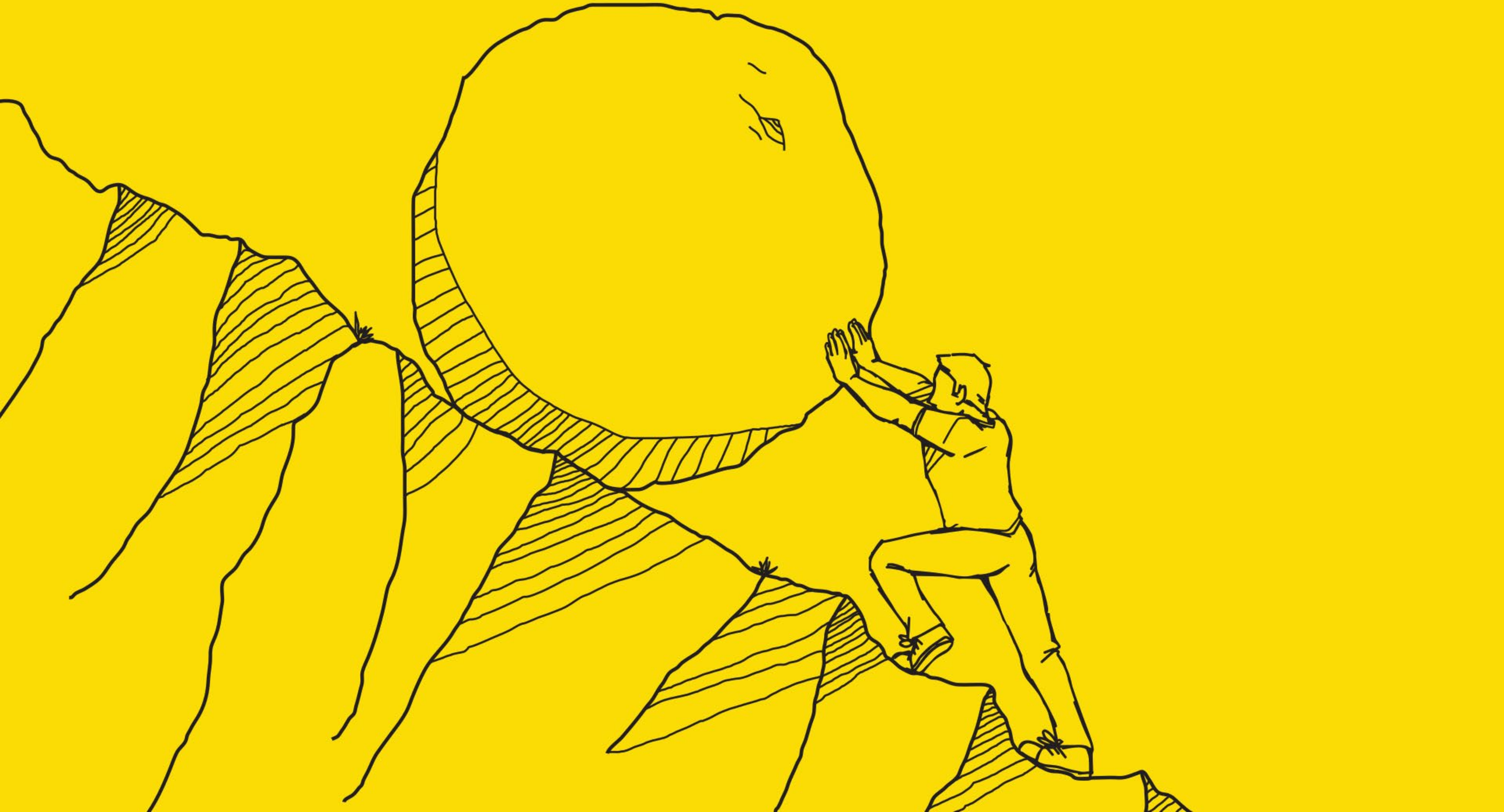
Everyone on our team is unified in purpose, champions healthy leadership, and works for growth and impact.

Unhealthy leaders cannot lead thriving teams.









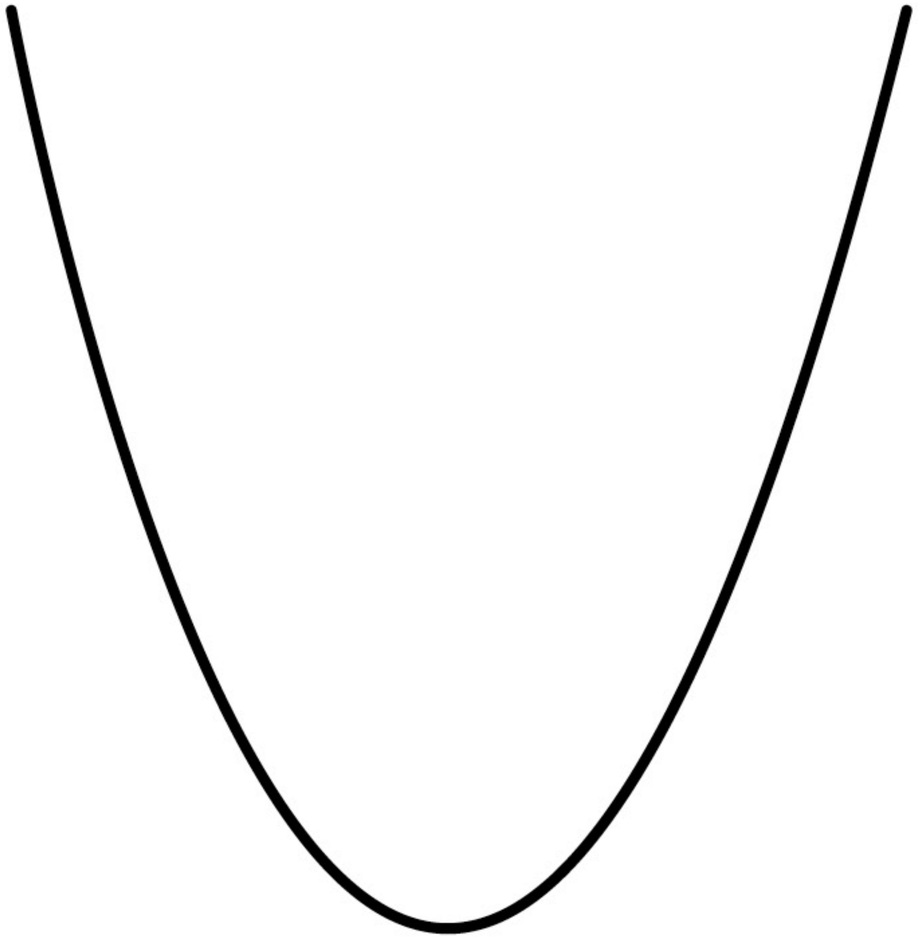


BURNOUT

Burnout is the loss of capacity to align with your purpose, do your most sacred work, and enjoy life.

Beginning of Journey

"I can make a difference."



Sustainable Impact

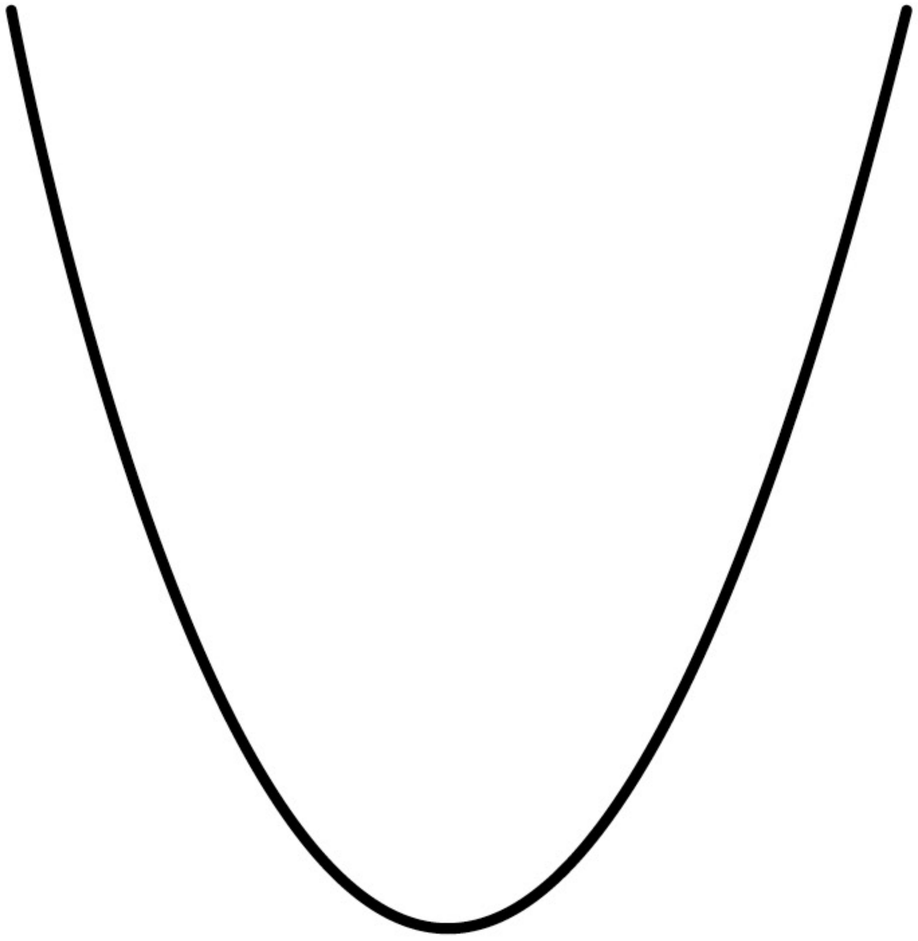
"I am making a difference."

FORWARD PARTNERS

THE BURNOUT CURVE

Beginning of Journey

"I can make a difference."



Sustainable Impact

"I am making a difference."

Giving Up

"I can't make a difference."

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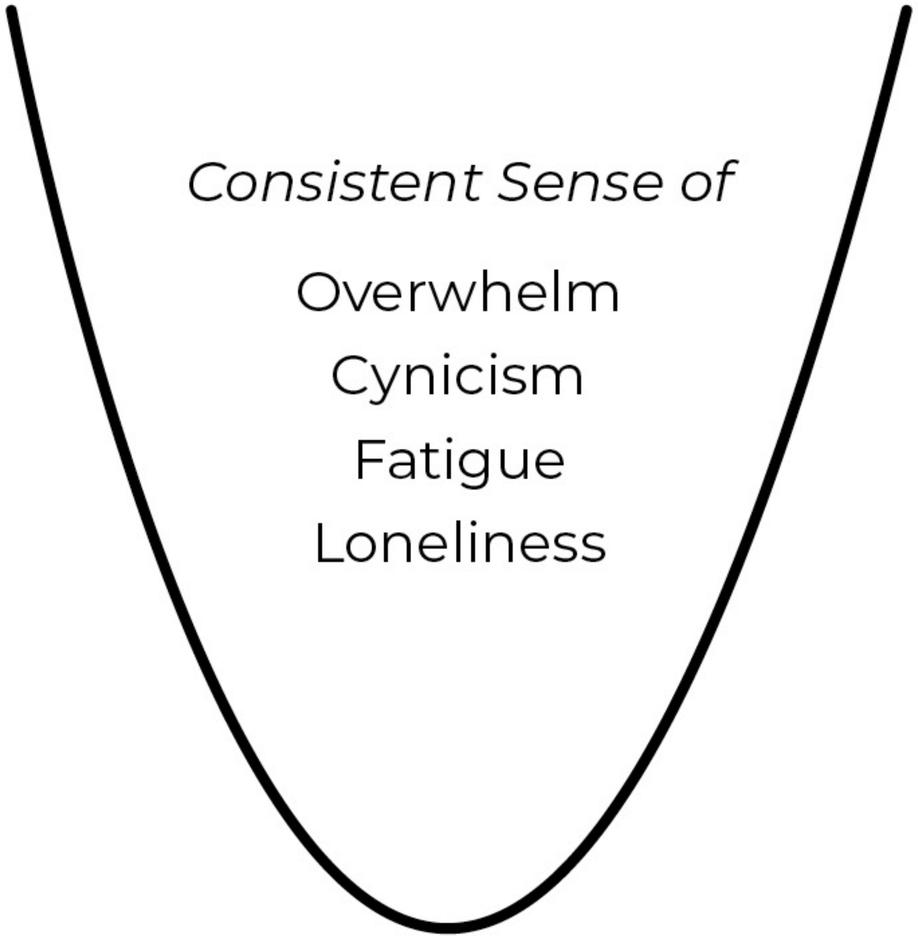

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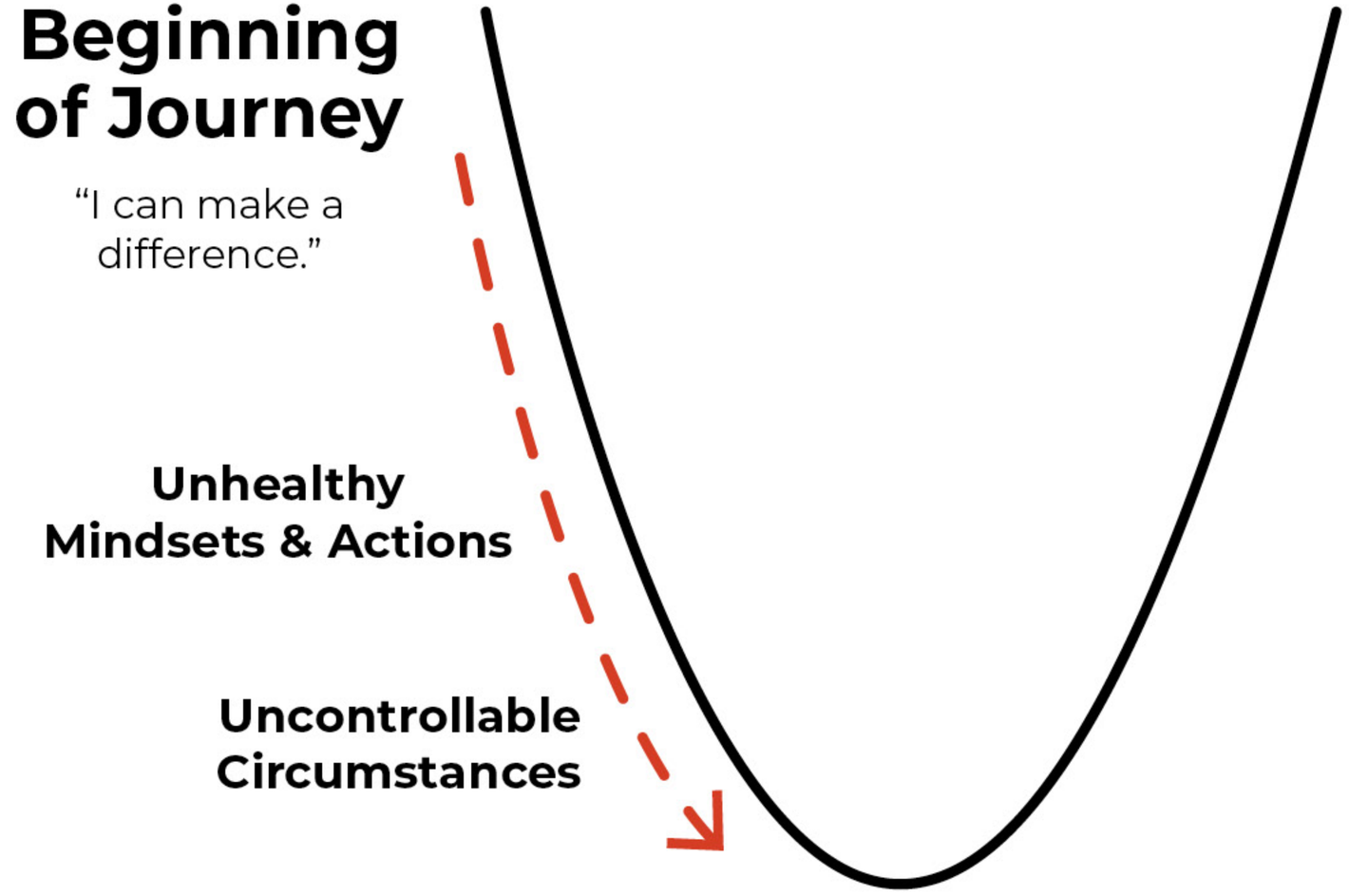

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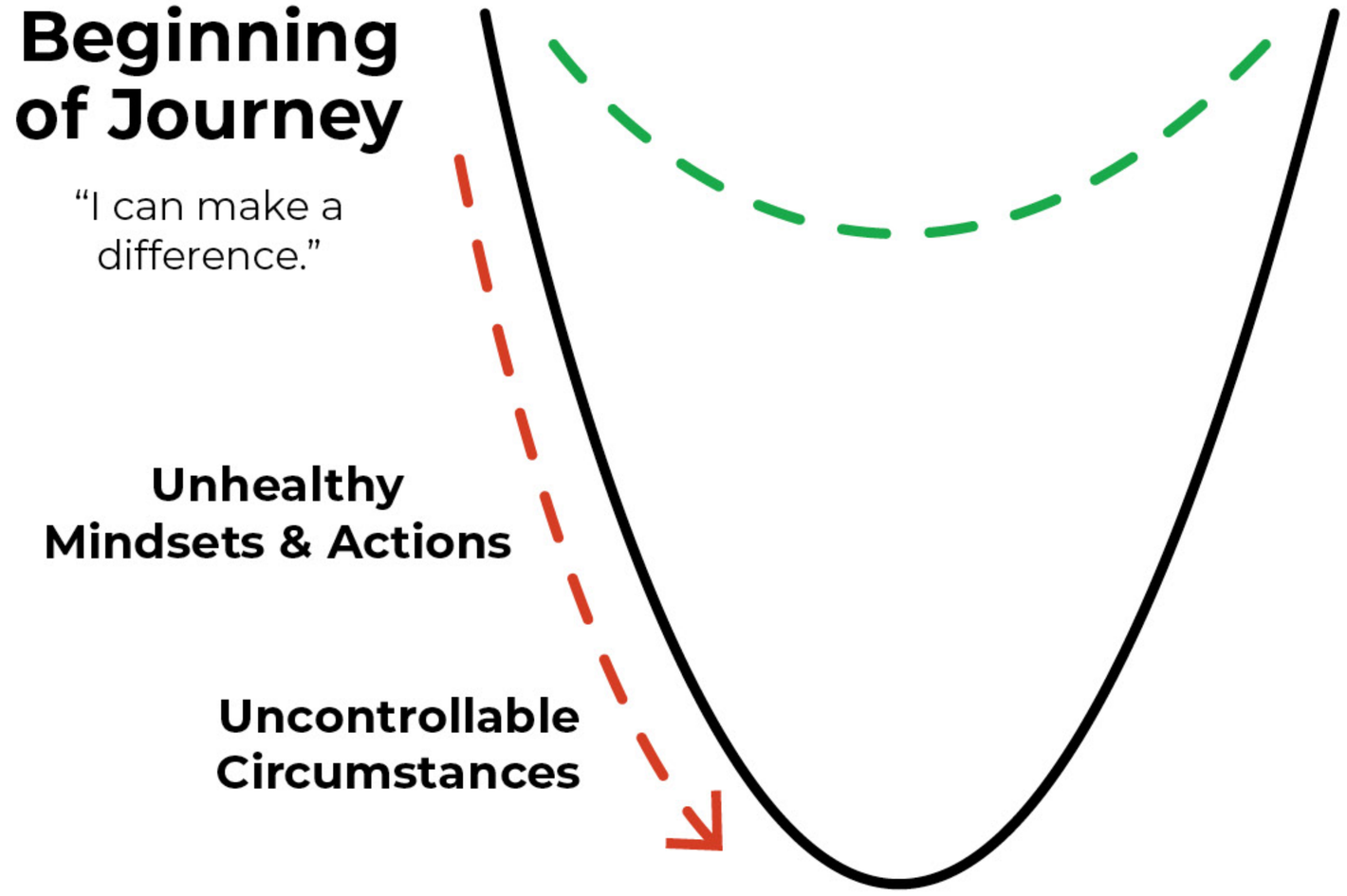

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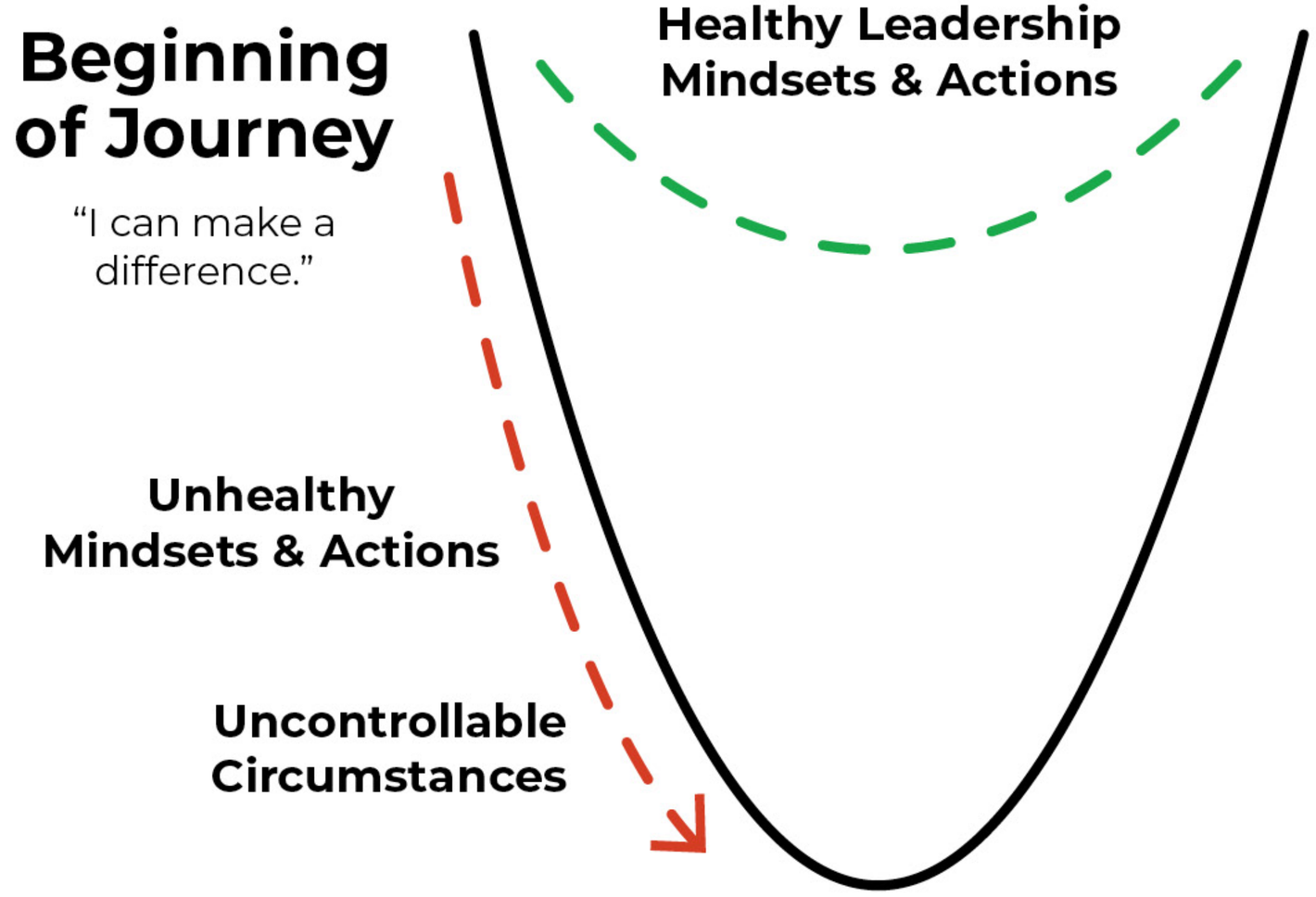

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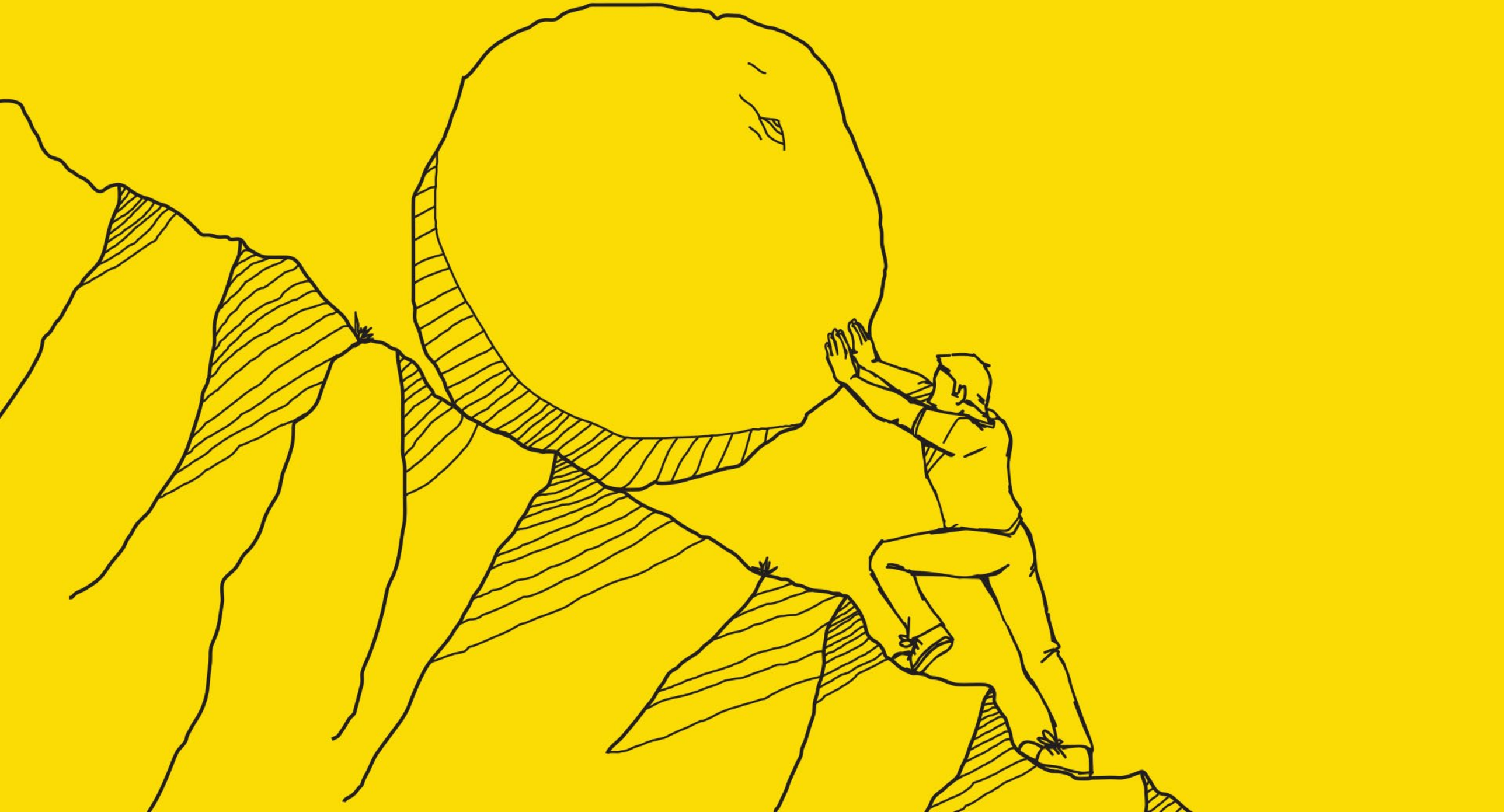



Healthy Leadership



Healthy leaders are spiritually, emotionally, and physically oriented toward health.

Goal - Intentional Self-Leadership

People Experience - Calm, Steadiness, Connection, and Care

Average Leadership



Average leaders engage in non-stop firefighting, running from task to task, failing to make time to intentional, high-level leadership.

Goal - Get shit done!

People Experience - Lack of Focus, Anxiety, Inconsistency, and Stress

Q&A

KEEP MOVING FORWARD

Scan to subscribe to our email newsletter, Moving Forward