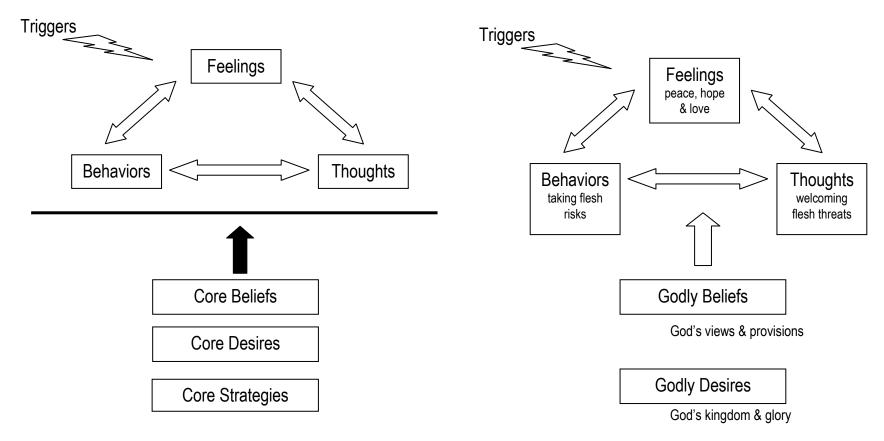
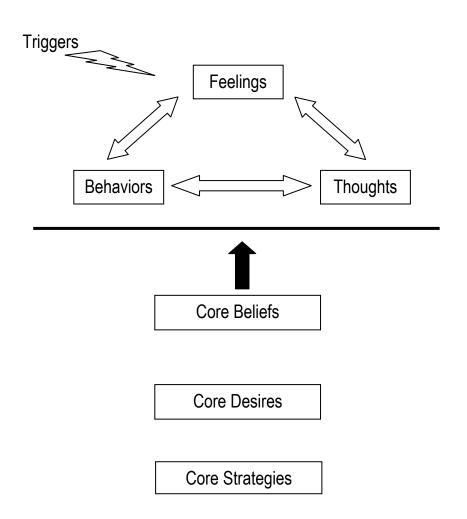
## **Replacing the Core**



In this state a person will experience the flesh and the spirit's POV. They will be tempted to act according to the flesh while also seeing the kinds of behavioral options tied to believing God and wanting his glory. They will vacillate between thoughts & feelings related to the flesh and the Spirit. Over time, as they strengthen their confidence in God's perspective, the right hand experience will be more typical than the left.

## **Replacing the Core**

This is another way to look at the process of changing what you believe and want.



## **Strengthening Your Faith**

- 1. Meditate on & begin to prefer God's POV
  - Relationship with God
  - Provisions of God
  - Glory of God
- 2. Identify with your spirit instead of your flesh Romans 7

Learn to speak about your flesh in third person instead of 1st person (e.g. "my flesh wants...." instead of "I want..."

Learn to speak about your spirit in 1st person. It's not a mental trick...it's a practical way to identify with the Spirit instead of the flesh and to alert yourself to the fact you have more than one motivation.

- 3. Welcome CB/CD threats
- 4. Take CB/CD risks that align with God's will. Including positive love output