



# LUSH SPA

TREATMENT MENU | ROBSON ST, VANCOUVER

OPEN THE DOOR AND  
BEGIN YOUR JOURNEY



# SPA BATHING

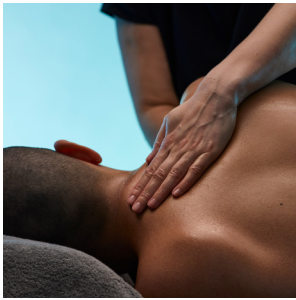


## BOOK A BATH

This self-led bathing experience allows the you time and space to float away. Paired with a beautiful face mask that's bespoke to your skin's needs and a folklore-inspired soundscape, get ready to reconnect and relax with this immersive adventure in bathing.

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**30 MINS | \$65 | BOOK NOW**



## TALES OF BATH

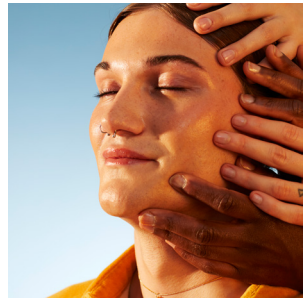
This is a 3-part treatment that involves a gentle seated shoulder massage, a skin-soothing mineral bath and a full body side-lying massage using a warm melted massage bar.

Relax in your bath with enchanting music and tales of folklore, as the scent of earthy sandalwood and fruity ho wood roams the air—all designed to help clear your mind, leaving you feeling restfully revitalized.

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**75 MINS | \$190 | BOOK NOW**

**FACE AND BODY**



## VALIDATION FACIAL

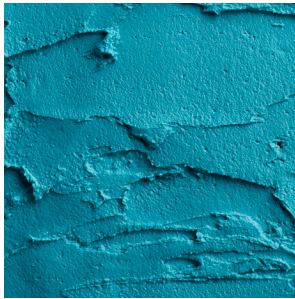
Feel beautiful from the inside out with our deeply relaxing facial.

Your therapist will work with you to choose a range of fresh, handmade, self-preserving skincare products to suit your needs. Relax and let your skin be cleansed, exfoliated and moisturized, while experiencing hot and cold stones with choreographed massage techniques to leave you feeling rejuvenated.

Accompanied by a soundtrack from Lush Fresh Handmade Sound, featuring validating words and the sound of waves to help you drift off to a place where you can rest and revive.

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**60 MINS | \$170 | BOOK NOW**



## FRESH FACIAL

Feed your skin with our renewing facial treatment, designed for those who need the perfect pick-me-up. Using our fresh, handmade, self-preserving skincare range to help protect the microbiome of the skin, leaving you feeling refreshed and rejuvenated.

Paired with a soundtrack called Set In Stone, inspired by the nature and ancient folklore of Dorset, England to help you relax and step out of the hustle and bustle of modern living.

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**30 MINS | \$95 | BOOK NOW**





## THE COMFORTER?

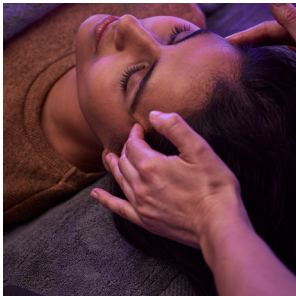
Our hot chocolate full body scrub and rose serum massage welcomes you into a world of pure imagination. First indulge in a warming body scrub, formulated with exfoliating ground aduki beans and moisturizing illipe butter. Then be treated to a massage with a silky smooth rose body serum, full of enzymic tamarind and refreshing lime.

While you relax, listen to The Comforter soundtrack—specially created by Lush Fresh Handmade Sound to add a twist of playful nostalgia and fun, leaving you feeling happy and free.

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**60 MINS | \$170 | BOOK NOW**

**HEAD TO TOES**



## TANGLED HAIR

Transport yourself into a deeper state of consciousness with our revitalizing head and upper body treatment, honoring Japanese culture.

Medium to firm massage techniques treat the scalp, face, neck, chest, shoulders and arms while warm mitts, cold stones and a minty temple balm will leave you feeling rapidly refreshed.

Tied together with a soothing and uplifting Japanese inspired soundscape—featuring a Shakuhachi bamboo flute and celebrated Japanese violinist, Midori Komachi.

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**25 MINS | \$70 | BOOK NOW**



## THE SPELL

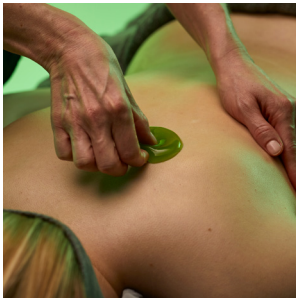
Get grounded, revived and ready to put your best foot forward with our reflexology-inspired foot and scalp treatment. Treat the whole body through the soles of the feet with tension-relieving scrubs as the scent of peppermint and lavender eases your worries. Then clear your mind with a soothing scalp massage and listen to the lilting medley of yellowhammer bird and bluesy folk songs, woven through joyful natural soundscapes.

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**60 MINS | \$130 | BOOK NOW**



**IMMERSIVE MASSAGE**



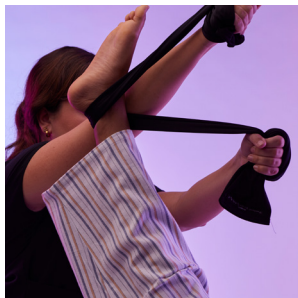
## **TAILOR MADE**

Drift into the horizon with this sea-inspired 30 minute firm massage, designed to relieve muscle tension where you feel it most. The treatment uses firm pressure and trigger pointing techniques to ease and revive tired bodies while lavender, seaweed and eucalyptus scents awaken weary minds.

The accompanying soundtrack, made by Lush Fresh Handmade Sound, includes an uplifting chorus of sea shanties, bringing you back to the shore feeling brand new.

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**30 MINS | \$95 | BOOK NOW**



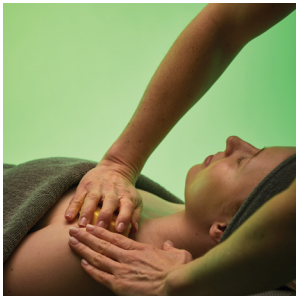
## HARD DAYS NIGHT

Feel all the benefits of yoga, massage and a good night's sleep with an experience inspired by The Beatles. Hard Days Night is a full body passive stretching treatment, which also incorporates firm pressure massage to ease away any tension. Taking its inspiration from the Liverpool band, The Beatles, the treatment is performed while you wear a cozy pair of pajamas.

With the sleepy scent of lavender, neroli and chamomile filling the air and the melodic soundscape of reworked classics from the band playing in the background, the experience will leave you feeling deliciously stretched and de-stressed.

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**75 MINS | \$170 | BOOK NOW**



## THE GOOD HOUR

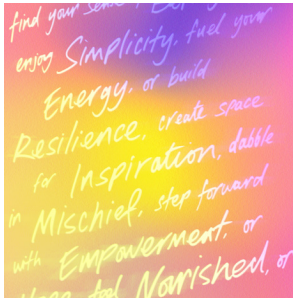
Let us welcome you into a ship's cabin-inspired treatment room, where you can relax into a full body massage that works all of your major muscles and lets your mind drift away. Using firm pressure and a range of effective massage techniques, your therapist will work on areas of tension leaving you feeling restored and uplifted.

Paired with a soundtrack, made by Lush Fresh Handmade Sound, to whisk you off on a wave of sea shanties.

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**70 MINS | \$190 | BOOK NOW**





## **SYNAESTHESIA**

This is Lush's original full body experience, featuring an effective medium pressure massage while light, color, scent and taste are encompassed to truly indulge all five senses. Whether you want to find your sense of belonging, build some resilience, or create space for inspiration, Synaesthesia allows you to select one of eleven "intentions" to take you from one state of mind to another.

Enjoy a powerful piece of music by Lush Fresh Handmade Sound and enter on a journey to your best self.

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**80 MINS | \$240 | BOOK NOW**

**BOOK NOW**

**LUSHSPA**

**1020 ROBSON ST, VANCOUVER**