



Weightlifting

56 KG MEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------|------|--------|
| 1 | PEREZ, EDRIAN JOHN | VII | Gold |
| 2 | COLONIA, NILGREG | IX | Silver |
| 3 | EMPLEO, JASON | V | Bronze |

56 KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------|------|--------|
| 1 | PEREZ, EDRIAN JOHN | VII | Gold |
| 2 | COLONIA, NILGREG | IX | Silver |
| 3 | EMPLEO, JASON | V | Bronze |

56 KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------|------|--------|
| 1 | PEREZ, EDRIAN JOHN | VII | Gold |
| 2 | COLONIA, NILGREG | IX | Silver |
| 3 | EMPLEO, JASON | V | Bronze |

Weightlifting

62 KG MEN DIVISION (SNATCH)


| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | SORIANO, CARLO | IX | Gold |
| 2 | GLIFONEA, MACKY | VII | Silver |
| 3 | BALLESTEROS, MARJUN | IX | Bronze |

62 KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | SORIANO, CARLO | IX | Gold |
| 2 | GLIFONEA, MACKY | VII | Silver |
| 3 | BALLESTEROS, MARJUN | IX | Bronze |


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62 KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | SORIANO, CARLO | IX | Gold |
| 2 | GLIFONEA, MACKY | VII | Silver |
| 3 | BALLESTEROS, MARJUN | IX | Bronze |

Weightlifting

69 KG MEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | PACALDO, DAVE LLOYD | VII | Gold |
| 2 | TARRO, LEMON DENMARK | IX | Silver |
| 3 | TINDAAN, ORTIS | CAR | Bronze |
| 4 | GAYAWET, ISRAEL | CAR | |

69 KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | TARRO, LEMON DENMARK | IX | Gold |
| 2 | PACALDO, DAVE LLOYD | VII | Silver |
| 3 | TINDAAN, ORTIS | CAR | Bronze |
| 4 | GAYAWET, ISRAEL | CAR | |

69 KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | PACALDO, DAVE LLOYD | VII | Gold |
| 2 | TARRO, LEMON DENMARK | IX | Silver |
| 3 | TINDAAN, ORTIS | CAR | Bronze |
| 4 | GAYAWET, ISRAEL | CAR | |


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Weightlifting

77 KG MEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------|------|--------|
| 1 | PILE, GEORGE | CAR | Gold |
| 2 | ANGADOL, ALEXANDER | CAR | Silver |
| 3 | LUZA, RYAN JR. | VII | Bronze |

77 KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------|------|--------|
| 1 | LUZA, RYAN JR. | VII | Bronze |
| 2 | ANGADOL, ALEXANDER | CAR | Silver |
| 3 | PILE, GEORGE | CAR | Gold |

77 KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------|------|--------|
| 1 | PILE, GEORGE | CAR | Gold |
| 2 | ANGADOL, ALEXANDER | CAR | Silver |
| 3 | LUZA, RYAN JR. | VII | Bronze |

Weightlifting

85 KG MEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|--------|
| 1 | MARCOS, STEVENSON | CAR | Gold |
| 2 | SAGUID, GERRON | CAR | Silver |

85 KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|--------|
| 1 | SAGUID, GERRON | CAR | Bronze |
| 2 | MARCOS, STEVENSON | CAR | Silver |


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85 KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|--------|
| 1 | MARCOS, STEVENSON | CAR | Gold |
| 2 | SAGUID, GERRON | CAR | Silver |

Weightlifting

94 KG MEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | TABIQUE, JOHN DEXTER | VII | Gold |
| 2 | PALSI, EVANDER | CAR | Silver |

94 KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | TABIQUE, JOHN DEXTER | VII | Bronze |
| 2 | PALSI, EVANDER | CAR | Silver |

94 KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | TABIQUE, JOHN DEXTER | VII | Gold |
| 2 | PALSI, EVANDER | CAR | Silver |

Weightlifting

94+ KG MEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | ENRIQUEZ, CLYDE KENT | IX | Gold |
| 2 | ADAPTAR, JESS GARON | VII | Silver |
| 3 | PADILLA, RAMON | VII | Bronze |
| 4 | GUMAAD, EVANDER | CAR | |


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94+ KG MEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | ENRIQUEZ, CLYDE KENT | IX | Bronze |
| 2 | ADAPTAR, JESS GARON | VII | Silver |
| 3 | PADILLA, RAMON | VII | Bronze |
| 4 | GUMAAD, EVANDER | CAR | |

94+ KG MEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | ENRIQUEZ, CLYDE KENT | IX | Gold |
| 2 | ADAPTAR, JESS GARON | VII | Silver |
| 3 | PADILLA, RAMON | VII | Bronze |
| 4 | GUMAAD, EVANDER | CAR | |

Weightlifting

44 KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | POLAN, RJ | VII | Gold |

44 KG WOMEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | POLAN, RJ | VII | Gold |

44 KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | POLAN, RJ | VII | Gold |


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Weightlifting

48 KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------------|------|--------|
| 1 | DARO, SAINTY FE | VII | Gold |
| 2 | JACINTO, RHOUBYN FRENZ | VII | Silver |

48 KG WOMEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|------------------------|------|--------|
| 1 | DARO, SAINTY FE | VII | Gold |
| 2 | JACINTO, RHOUBYN FRENZ | VII | Silver |

48 KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------------|------|--------|
| 1 | DARO, SAINTY FE | VII | Gold |
| 2 | JACINTO, RHOUBYN FRENZ | VII | Silver |

Weightlifting

53 KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------------|------|-------|
| 1 | GONZALES, PRECIOUS GEM | VII | Gold |

53 KG WOMEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|------------------------|------|-------|
| 1 | GONZALES, PRECIOUS GEM | VII | Gold |

53 KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------------|------|-------|
| 1 | GONZALES, PRECIOUS GEM | VII | Gold |


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Weightlifting

58 KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|--------|
| 1 | MAOTING, CARMILYN | CAR | Gold |
| 2 | CAS-OY, RUFINA | CAR | Silver |

58 KG WOMEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|--------|
| 1 | MAOTING, CARMILYN | CAR | Gold |
| 2 | CAS-OY, RUFINA | CAR | Silver |

58 KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|--------|
| 1 | MAOTING, CARMILYN | CAR | Gold |
| 2 | CAS-OY, RUFINA | CAR | Silver |

Weightlifting

63 KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------------|------|--------|
| 1 | PATALINGHUG, NIÑA ABIGAIL | VII | Gold |
| 2 | FETALAN, JUDYLEEN | CAR | Silver |

63 KG WOMEN DIVISION (CLEAN AND JERK)


| Rank | Name of Athlete | Team | Medal |
|------|---------------------------|------|--------|
| 1 | PATALINGHUG, NIÑA ABIGAIL | VII | Gold |
| 2 | FETALAN, JUDYLEEN | CAR | Silver |

63 KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------------|------|--------|
| 1 | PATALINGHUG, NIÑA ABIGAIL | VII | Gold |
| 2 | FETALAN, JUDYLEEN | CAR | Silver |


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Weightlifting

69 KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | ANGWANI, EUNICE | CAR | Gold |

69 KG WOMEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | ANGWANI, EUNICE | CAR | Gold |

69 KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | ANGWANI, EUNICE | CAR | Gold |

Weightlifting

69+ KG WOMEN DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|--------|
| 1 | ANDO, ELREEN ANN | VII | Gold |
| 2 | CRUZ, FRANCHELLE | IX | Silver |

69+ KG WOMEN DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|--------|
| 1 | ANDO, ELREEN ANN | VII | Gold |
| 2 | CRUZ, FRANCHELLE | IX | Silver |

69+ KG WOMEN DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|--------|
| 1 | ANDO, ELREEN ANN | VII | Gold |
| 2 | CRUZ, FRANCHELLE | IX | Silver |


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Weightlifting

46 KG BOYS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------------|------|-------|
| 1 | DELOS SANTOS, ALBERT IAN | IX | Gold |

46 KG BOYS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------------|------|-------|
| 1 | DELOS SANTOS, ALBERT IAN | IX | Gold |

46 KG BOYS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|--------------------------|------|-------|
| 1 | DELOS SANTOS, ALBERT IAN | IX | Gold |

Weightlifting

50 KG BOYS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|--------|
| 1 | FRASCO, JOEFRY | VII | Gold |
| 2 | DELA CRUZ, KEVIN | IX | Silver |

50 KG BOYS DIVISION (CLEAN AND JERK)


| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|--------|
| 1 | FRASCO, JOEFRY | VII | Gold |
| 2 | DELA CRUZ, KEVIN | IX | Silver |

50 KG BOYS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|--------|
| 1 | FRASCO, JOEFRY | VII | Gold |
| 2 | DELA CRUZ, KEVIN | IX | Silver |


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Weightlifting

56 KG BOYS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | DIAMANTE, CHRISTNEL | VII | Gold |
| 2 | LORETE, JUSTIN LUKE | VII | Silver |
| 3 | LLANTO, JETRO | V | Bronze |

56 KG BOYS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | DIAMANTE, CHRISTNEL | VII | Gold |
| 2 | LORETE, JUSTIN LUKE | VII | Silver |
| 3 | LLANTO, JETRO | V | Bronze |

56 KG BOYS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | DIAMANTE, CHRISTNEL | VII | Gold |
| 2 | LORETE, JUSTIN LUKE | VII | Silver |
| 3 | LLANTO, JETRO | V | Bronze |

Weightlifting

62 KG BOYS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | MACASO, CARL ANDREW | IX | Gold |
| 2 | BLANCO, ADRIAN PAUL | VII | Silver |
| 3 | TAN, JAMES YUR | VII | Bronze |

62 KG BOYS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | BLANCO, ADRIAN PAUL | VII | Gold |
| 2 | MACASO, CARL ANDREW | IX | Silver |
| 3 | TAN, JAMES YUR | VII | Bronze |


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62 KG BOYS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|---------------------|------|--------|
| 1 | BLANCO, ADRIAN PAUL | VII | Gold |
| 2 | MACASO, CARL ANDREW | IX | Silver |
| 3 | TAN, JAMES YUR | VII | Bronze |

Weightlifting

69 KG BOYS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | BENIGA, ERICKSON | VII | Gold |

69 KG BOYS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | BENIGA, ERICKSON | VII | Gold |

69 KG BOYS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | BENIGA, ERICKSON | VII | Gold |

Weightlifting

77 KG BOYS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|-------|
| 1 | SARNO, VAN LESLIE | VII | Gold |


77 KG BOYS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|-------|
| 1 | SARNO, VAN LESLIE | VII | Gold |

77 KG BOYS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-------------------|------|-------|
| 1 | SARNO, VAN LESLIE | VII | Gold |


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Weightlifting

48 KG GIRLS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | ALEGADA, JONASAM | VII | Gold |

48 KG GIRLS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | ALEGADA, JONASAM | VII | Gold |

48 KG GIRLS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | ALEGADA, JONASAM | VII | Gold |

Weightlifting

53 KG GIRLS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | PEGARUM, ANGELYN | IX | Gold |

53 KG GIRLS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | PEGARUM, ANGELYN | IX | Gold |

53 KG GIRLS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|------------------|------|-------|
| 1 | PEGARUM, ANGELYN | IX | Gold |


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Weightlifting

58 KG GIRLS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | GARCIA, ROSHELLE JOY | IX | Gold |
| 2 | KARAAN, MA. VANESSA | VII | Silver |

58 KG GIRLS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | KARAAN, MA. VANESSA | VII | Gold |
| 2 | GARCIA, ROSHELLE JOY | IX | Silver |

58 KG GIRLS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|----------------------|------|--------|
| 1 | KARAAN, MA. VANESSA | VII | Gold |
| 2 | GARCIA, ROSHELLE JOY | IX | Silver |

Weightlifting

63 KG GIRLS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------------|------|-------|
| 1 | HIPOLITO, JANE LINETE | IX | Gold |

63 KG GIRLS DIVISION (CLEAN AND JERK)


| Rank | Name of Athlete | Team | Medal |
|------|-----------------------|------|-------|
| 1 | HIPOLITO, JANE LINETE | IX | Gold |

63 KG GIRLS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------------|------|-------|
| 1 | HIPOLITO, JANE LINETE | IX | Gold |


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Weightlifting

63+ KG GIRLS DIVISION (SNATCH)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | CALINA, MJ | IX | Gold |

63+ KG GIRLS DIVISION (CLEAN AND JERK)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | CALINA, MJ | IX | Gold |

63+ KG GIRLS DIVISION (TOTAL)

| Rank | Name of Athlete | Team | Medal |
|------|-----------------|------|-------|
| 1 | CALINA, MJ | IX | Gold |


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