



### Weightlifting

#### 48 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DIAZ, MARY FLOR	REGION IX	Gold
2	GREGORIO, PATRICIA NINA	REGION IX	Silver
3	LESTINO, HARRIETT	CAR	Bronze

#### 48 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	DIAZ, MARY FLOR	REGION IX	Gold
2	GREGORIO, PATRICIA NINA	REGION IX	Silver
3	LESTINO, HARRIETT	CAR	Bronze

#### 48 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	DIAZ, MARY FLOR	REGION IX	Gold
2	GREGORIO, PATRICIA NINA	REGION IX	Silver
3	LESTINO, HARRIETT	CAR	Bronze

#### 53 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIEN ROSE	REGION VII	Gold
2	FRANCISCO, MA. NIKA	REGION IX	Silver
3	BISUAL, WILJIE	REGION IX	Bronze

#### 53 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIEN ROSE	REGION VII	Gold
2	FRANCISCO, MA. NIKA	REGION IX	Silver
3	BISUAL, WILJIE	REGION IX	Bronze

  
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### Weightlifting

#### 53 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIEN ROSE	REGION VII	Gold
2	FRANCISCO, MA. NIKA	REGION IX	Silver
3	BISUAL, WILJIE	REGION IX	Bronze

#### 50 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	SORIANO, CARLO	REGION IX	Gold

#### 50 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	SORIANO, CARLO	REGION IX	Gold

#### 50 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	SORIANO, CARLO	REGION IX	Gold

#### 56 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	GARCIA, ROWEL	REGION IX	Gold
2	PACALDO, DAVE LLOYD	REGION VII	Silver
3	INDANAN, ALDAZHER	REGION IX	Bronze

#### 56 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	GARCIA, ROWEL	REGION IX	Gold
2	PACALDO, DAVE LLOYD	REGION VII	Silver
3	INDANAN, ALDAZHER	REGION IX	Bronze

  
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## Weightlifting

**56 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	GARCIA, ROWEL	REGION IX	Gold
2	PACALDO, DAVE LLOYD	REGION VII	Silver
3	INDANAN, ALDAZHER	REGION IX	Bronze

**58 KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	DELOS SANTOS, DESSA	REGION IX	Gold
2	PANTAJO, NELGEN	REGION IX	Silver
3	GAMMONG, JOYJOY	CAR	Bronze

## 58 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	DELOS SANTOS, DESSA	REGION IX	Gold
2	POLISTICO, ANNALOU	REGION VII	Silver
3	PANTAJO, NELGEN	REGION IX	Bronze

**58 KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	DELOS SANTOS, DESSA	REGION IX	Gold
2	PANTAJO, NELGEN	REGION IX	Silver
3	GAMMONG, JOYJOY	CAR	Bronze

**63 KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ANDO, ELREEN ANN	REGION VII	Gold
2	BURBANO, ANGELIE	REGION VII	Silver
3	BAYAGEN, LOVELY CHRIS	CAR	Bronze

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### Weightlifting

#### 63 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	ANDO, ELREEN ANN	REGION VII	Gold
2	BURBANO, ANGELIE	REGION VII	Silver
3	BAYAGEN, LOVELY CHRIS	CAR	Bronze

#### 63 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	ANDO, ELREEN ANN	REGION VII	Gold
2	BURBANO, ANGELIE	REGION VII	Silver
3	BAYAGEN, LOVELY CHRIS	CAR	Bronze

#### 69 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	COLONIA, MARGARET	REGION IX	Gold
2	LAO, ALIANA	REGION VII	Silver
3	NGILAC, JONA	CAR	Bronze

#### 69 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	COLONIA, MARGARET	REGION IX	Gold
2	LAO, ALIANA	REGION VII	Silver
3	NGILAC, JONA	CAR	Bronze

#### 69 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	COLONIA, MARGARET	REGION IX	Gold
2	LAO, ALIANA	REGION VII	Silver
3	NGILAC, JONA	CAR	Bronze

  
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**Weightlifting**

**69+ KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	MACROHON, KRISTEL	REGION IX	Gold
2	ISNANI, ESSIE JANE	REGION IX	Silver
3	HAMSANI, NUR-AINIE	REGION IX	Bronze

**69+ KG WOMEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	MACROHON, KRISTEL	REGION IX	Gold
2	ISNANI, ESSIE JANE	REGION IX	Silver
3	HAMSANI, NUR-AINIE	REGION IX	Bronze

**69+ KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	MACROHON, KRISTEL	REGION IX	Gold
2	ISNANI, ESSIE JANE	REGION IX	Silver
3	HAMSANI, NUR-AINIE	REGION IX	Bronze

**85 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ANDRES, MARLON	CAR	Gold

**85 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	ANDRES, MARLON	CAR	Gold

**85 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	ANDRES, MARLON	CAR	Gold

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**77 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	BUCOY, JOHN AUSTINE	REGION IX	Gold
2	ARBOLERAS, WILLARD	REGION VII	Silver
3	AGAYAO, GERARD	CAR	Bronze

**77 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	BUCOY, JOHN AUSTINE	REGION IX	Gold
2	AGAYAO, GERARD	CAR	Silver
3	ARBOLERAS, WILLARD	REGION VII	Bronze

**77 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	BUCOY, JOHN AUSTINE	REGION IX	Gold
2	ARBOLERAS, WILLARD	REGION VII	Silver
3	AGAYAO, GERARD	CAR	Bronze

**94 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ABALA, KURK KUFFKA	REGION VII	Gold
2	OIDI, JOSHUA	CAR	Silver

**94 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	ABALA, KURK KUFFKA	REGION VII	Gold
2	OIDI, JOSHUA	CAR	Silver

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### 94 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	ABALA, KURK KUFFKA	REGION VII	Gold
2	OIDI, JOSHUA	CAR	Silver

### 94+ KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	NISNISAN, KEVIN RENZO	REGION VII	Gold
2	PADILLA, RAMON	REGION VII	Silver
3	SARMIENTO, RAY FREDERICK	REGION VII	Bronze

### 94+ KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	SARMIENTO, RAY FREDERICK	REGION VII	Gold
2	PADILLA, RAMON	REGION VII	Silver
3	NISNISAN, KEVIN RENZO	REGION VII	Bronze

### 94+ KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	PADILLA, RAMON	REGION VII	Gold
2	SARMIENTO, RAY FREDERICK	REGION VII	Silver
3	NISNISAN, KEVIN RENZO	REGION VII	Bronze

### 62 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	YBA, ARVIN	REGION VII	Gold
2	DINGLAS, JOSEPH	REGION IX	Silver
3	ACOP, BALSIGAN	CAR	Bronze

  
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## WEIGHTLIFTING

### 62 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	YBA, ARVIN	REGION VII	Gold
2	DINGLAS, JOSEPH	REGION IX	Silver
3	ACOP, BALSIGAN	CAR	Bronze

### 62 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	YBA, ARVIN	REGION VII	Gold
2	DINGLAS, JOSEPH	REGION IX	Silver
3	ACOP, BALSIGAN	CAR	Bronze

### 69 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DIAZ, EDUARDO	REGION IX	Gold
2	PEREZ, ELIE JR.	REGION VII	Silver
3	DINOLANG, DAVE	REGION VII	Bronze

### 69 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIE JR.	REGION VII	Gold
2	DIAZ, EDUARDO	REGION IX	Silver
3	DINOLANG, DAVE	REGION VII	Bronze

### 69 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIE JR.	REGION VII	Gold
2	DIAZ, EDUARDO	REGION IX	Silver
3	DINOLANG, DAVE	REGION VII	Bronze

  
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### Weightlifting

#### 44 KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	REGION VII	Gold

#### 44 KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	REGION VII	Gold

#### 44 KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	REGION VII	Gold

#### 48 KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DARO, SAINTYFE	REGION VII	Gold

#### 48 KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	DARO, SAINTYFE	REGION VII	Gold

#### 48 KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	DARO, SAINTYFE	REGION VII	Gold

  
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### Weightlifting

#### 53 KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	SARNO, VANESSA	REGION VII	Gold

#### 53 KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	SARNO, VANESSA	REGION VII	Gold

#### 53 KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	SARNO, VANESSA	REGION VII	Gold

#### 62 KG BOYS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	TARRO, LEMON DENMARK	REGION IX	Gold
2	BLANCO, ADRIAN PAUL	REGION VII	Silver

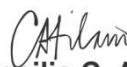
#### 62 KG BOYS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	TARRO, LEMON DENMARK	REGION IX	Gold
2	BLANCO, ADRIAN PAUL	REGION VII	Silver

#### 62 KG BOYS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	TARRO, LEMON DENMARK	REGION IX	Gold
2	BLANCO, ADRIAN PAUL	REGION VII	Silver

  
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Weightlifting

**63+ KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	CALINA, MJ	REGION IX	Gold

**63+ KG GIRLS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	CALINA, MJ	REGION IX	Gold

**63+ KG GIRLS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	CALINA, MJ	REGION IX	Gold

**69 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	INTAL, FRANCIS NINO	REGION VII	Gold

**69 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	INTAL, FRANCIS NINO	REGION VII	Gold

**69 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	INTAL, FRANCIS NINO	REGION VII	Gold

  
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**85+ KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, CLYDE KENT	REGION IX	Gold
2	ADAPTAR, JESS GARON	REGION VII	Silver

**85+ KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, CLYDE KENT	REGION IX	Gold
2	ADAPTAR, JESS GARON	REGION VII	Silver

**85+ KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, CLYDE KENT	REGION IX	Gold
2	ADAPTAR, JESS GARON	REGION VII	Silver

  
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