



Weightlifting

48 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DIAZ, MARY FLOR	REGION IX	Gold
2	GREGORIO, PATRICIA NINA	REGION IX	Silver
3	LESTINO, HARRIETT	CAR	Bronze

48 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	DIAZ, MARY FLOR	REGION IX	Gold
2	GREGORIO, PATRICIA NINA	REGION IX	Silver
3	LESTINO, HARRIETT	CAR	Bronze

48 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	DIAZ, MARY FLOR	REGION IX	Gold
2	GREGORIO, PATRICIA NINA	REGION IX	Silver
3	LESTINO, HARRIETT	CAR	Bronze

53 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIEN ROSE	REGION VII	Gold
2	FRANCISCO, MA. NIKA	REGION IX	Silver
3	BISUAL, WILJIE	REGION IX	Bronze

53 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIEN ROSE	REGION VII	Gold
2	FRANCISCO, MA. NIKA	REGION IX	Silver
3	BISUAL, WILJIE	REGION IX	Bronze


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 Chairman, Records, Evaluation & Documentation


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Weightlifting

53 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIEN ROSE	REGION VII	Gold
2	FRANCISCO, MA. NIKA	REGION IX	Silver
3	BISUAL, WILJIE	REGION IX	Bronze

50 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	SORIANO, CARLO	REGION IX	Gold

50 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	SORIANO, CARLO	REGION IX	Gold

50 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	SORIANO, CARLO	REGION IX	Gold

56 KG MEN DIVISION (SNATCH)


Rank	Name of Athlete	Team	Medal
1	GARCIA, ROWEL	REGION IX	Gold
2	PACALDO, DAVE LLOYD	REGION VII	Silver
3	INDANAN, ALDAZHER	REGION IX	Bronze

56 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	GARCIA, ROWEL	REGION IX	Gold
2	PACALDO, DAVE LLOYD	REGION VII	Silver
3	INDANAN, ALDAZHER	REGION IX	Bronze


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Weightlifting



56 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	GARCIA, ROWEL	REGION IX	Gold
2	PACALDO, DAVE LLOYD	REGION VII	Silver
3	INDANAN, ALDAZHER	REGION IX	Bronze

58 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DELOS SANTOS, DESSA	REGION IX	Gold
2	PANTAJO, NELGEN	REGION IX	Silver
3	GAMMONG, JOYJOY	CAR	Bronze

58 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	DELOS SANTOS, DESSA	REGION IX	Gold
2	POLISTICO, ANNALOU	REGION VII	Silver
3	PANTAJO, NELGEN	REGION IX	Bronze

58 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	DELOS SANTOS, DESSA	REGION IX	Gold
2	PANTAJO, NELGEN	REGION IX	Silver
3	GAMMONG, JOYJOY	CAR	Bronze

63 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	ANDO, ELREEN ANN	REGION VII	Gold
2	BURBANO, ANGELIE	REGION VII	Silver
3	BAYAGEN, LOVELY CHRIS	CAR	Bronze


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Weightlifting



63 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	ANDO, ELREEN ANN	REGION VII	Gold
2	BURBANO, ANGELIE	REGION VII	Silver
3	BAYAGEN, LOVELY CHRIS	CAR	Bronze

63 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	ANDO, ELREEN ANN	REGION VII	Gold
2	BURBANO, ANGELIE	REGION VII	Silver
3	BAYAGEN, LOVELY CHRIS	CAR	Bronze

69 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	COLONIA, MARGARET	REGION IX	Gold
2	LAO, ALIANA	REGION VII	Silver
3	NGILAC, JONA	CAR	Bronze

69 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	COLONIA, MARGARET	REGION IX	Gold
2	LAO, ALIANA	REGION VII	Silver
3	NGILAC, JONA	CAR	Bronze

69 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	COLONIA, MARGARET	REGION IX	Gold
2	LAO, ALIANA	REGION VII	Silver
3	NGILAC, JONA	CAR	Bronze


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69+ KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	MACROHON, KRISTEL	REGION IX	Gold
2	ISNANI, ESSIE JANE	REGION IX	Silver
3	HAMSANI, NUR-AINIE	REGION IX	Bronze

69+ KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	MACROHON, KRISTEL	REGION IX	Gold
2	ISNANI, ESSIE JANE	REGION IX	Silver
3	HAMSANI, NUR-AINIE	REGION IX	Bronze

69+ KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	MACROHON, KRISTEL	REGION IX	Gold
2	ISNANI, ESSIE JANE	REGION IX	Silver
3	HAMSANI, NUR-AINIE	REGION IX	Bronze

85 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	ANDRES, MARLON	CAR	Gold

85 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	ANDRES, MARLON	CAR	Gold

85 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	ANDRES, MARLON	CAR	Gold


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77 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	BUCOY, JOHN AUSTINE	REGION IX	Gold
2	ARBOLERAS, WILLARD	REGION VII	Silver
3	AGAYAO, GERARD	CAR	Bronze

77 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	BUCOY, JOHN AUSTINE	REGION IX	Gold
2	AGAYAO, GERARD	CAR	Silver
3	ARBOLERAS, WILLARD	REGION VII	Bronze

77 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	BUCOY, JOHN AUSTINE	REGION IX	Gold
2	ARBOLERAS, WILLARD	REGION VII	Silver
3	AGAYAO, GERARD	CAR	Bronze

94 KG MEN DIVISION (SNATCH)


Rank	Name of Athlete	Team	Medal
1	ABALA, KURK KUFFKA	REGION VII	Gold
2	OIDI, JOSHUA	CAR	Silver

94 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	ABALA, KURK KUFFKA	REGION VII	Gold
2	OIDI, JOSHUA	CAR	Silver


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WEIGHTLIFTING

94 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	ABALA, KURK KUFFKA	REGION VII	Gold
2	OIDI, JOSHUA	CAR	Silver

94+ KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	NISNISAN, KEVIN RENZO	REGION VII	Gold
2	PADILLA, RAMON	REGION VII	Silver
3	SARMIENTO, RAY FREDERICK	REGION VII	Bronze

94+ KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	SARMIENTO, RAY FREDERICK	REGION VII	Gold
2	PADILLA, RAMON	REGION VII	Silver
3	NISNISAN, KEVIN RENZO	REGION VII	Bronze

94+ KG MEN DIVISION (TOTAL)

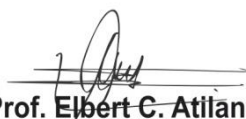
Rank	Name of Athlete	Team	Medal
1	PADILLA, RAMON	REGION VII	Gold
2	SARMIENTO, RAY FREDERICK	REGION VII	Silver
3	NISNISAN, KEVIN RENZO	REGION VII	Bronze

62 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	YBA, ARVIN	REGION VII	Gold
2	DINGLAS, JOSEPH	REGION IX	Silver
3	ACOP, BALSIGAN	CAR	Bronze


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WEIGHTLIFTING

62 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	YBA, ARVIN	REGION VII	Gold
2	DINGLAS, JOSEPH	REGION IX	Silver
3	ACOP, BALSIGAN	CAR	Bronze

62 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	YBA, ARVIN	REGION VII	Gold
2	DINGLAS, JOSEPH	REGION IX	Silver
3	ACOP, BALSIGAN	CAR	Bronze

69 KG MEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DIAZ, EDUARDO	REGION IX	Gold
2	PEREZ, ELIE JR.	REGION VII	Silver
3	DINOLANG, DAVE	REGION VII	Bronze

69 KG MEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIE JR.	REGION VII	Gold
2	DIAZ, EDUARDO	REGION IX	Silver
3	DINOLANG, DAVE	REGION VII	Bronze

69 KG MEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	PEREZ, ELIE JR.	REGION VII	Gold
2	DIAZ, EDUARDO	REGION IX	Silver
3	DINOLANG, DAVE	REGION VII	Bronze


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Weightlifting

44 KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	REGION VII	Gold

44 KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	REGION VII	Gold

44 KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	REGION VII	Gold

48 KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	DARO, SAINTYFE	REGION VII	Gold

48 KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	DARO, SAINTYFE	REGION VII	Gold

48 KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	DARO, SAINTYFE	REGION VII	Gold


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Weightlifting

53 KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	SARNO, VANESSA	REGION VII	Gold

53 KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	SARNO, VANESSA	REGION VII	Gold

53 KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	SARNO, VANESSA	REGION VII	Gold

62 KG BOYS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	TARRO, LEMON DENMARK	REGION IX	Gold
2	BLANCO, ADRIAN PAUL	REGION VII	Silver

62 KG BOYS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	TARRO, LEMON DENMARK	REGION IX	Gold
2	BLANCO, ADRIAN PAUL	REGION VII	Silver

62 KG BOYS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	TARRO, LEMON DENMARK	REGION IX	Gold
2	BLANCO, ADRIAN PAUL	REGION VII	Silver


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Weightlifting



63+ KG GIRLS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	CALINA, MJ	REGION IX	Gold

63+ KG GIRLS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	CALINA, MJ	REGION IX	Gold

63+ KG GIRLS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	CALINA, MJ	REGION IX	Gold

69 KG BOYS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	INTAL, FRANCIS NINO	REGION VII	Gold

69 KG BOYS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	INTAL, FRANCIS NINO	REGION VII	Gold

69 KG BOYS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	INTAL, FRANCIS NINO	REGION VII	Gold


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Weightlifting

85+ KG BOYS DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, CLYDE KENT	REGION IX	Gold
2	ADAPTAR, JESS GARON	REGION VII	Silver

85+ KG BOYS DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, CLYDE KENT	REGION IX	Gold
2	ADAPTAR, JESS GARON	REGION VII	Silver

85+ KG BOYS DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, CLYDE KENT	REGION IX	Gold
2	ADAPTAR, JESS GARON	REGION VII	Silver

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