

# BUILDING AN INCLUSIVE AND DEMOCRATIC SOCIETY in

inclusion

democracy

human rights

Annual report
2024

# 

#### Value of live

life, honor and dignity of every person, regardless of their characteristics and affiliation, is the main priority in the activities of our organization

### Transparecy

we do not conceal our activities and results from the public, we act transparently and accountably because we value our reputation

#### Trust

create a safe environment within the organization, free from judgment and discrimination

#### **Barrier-free**

creation of equal conditions and opportunities for the independent life of each person

## Resposnability

readiness to take responsibility for the changes we make in society

## mission

BUILDING AN INCLUSIVE AND DEMOCRATIC SOCIETY THROUGH COMMUNITY OUTREACH



FORMATION OF A CONSCIOUS SOCIETY AND PERSON

## Target groups

Representative s of CSOs

Parents who raising young people with disabilities

Representatives of local authorities

Activists and volunteers

**Children and teenagers** 

Local business

**Medical staff** 

**Active** youth

Media

# program direction INCLUSION WITHOUT BORDERS



We promote the creation of appropriate conditions in society for everyone to be able to move freely on the streets, use public transport, parking spaces, get to government buildings, exercise the right to education and medical care, visit private recreational facilities or shops, etc.

We will strengthen communities in integrating barrier-free solutions in various areas.



Our goal is to improve people's emotional and mental well-being, help them cope with psychological difficulties, understand that they are not alone and should not be ashamed to ask for support and gain strength for social change.





## program direction SUPPORT FOR COMMUNITY DEVELOPMENT



Consulting and mentoring support for NGOs, initiative groups, local authorities and volunteer communities on their institutional development



HOW WE BUILT AN INCLUSIVE AND DEMOCRATIC SOCIETY THROUGH COMMUNITY DEVELOPMENT IN 2024

our projects







Chernivtsi region in Chernivtsi, Vyzhnytsia, Vashkivtsi, Hlyboka, Kelmentsi, Sokyriany, Zastavna, Kitsman, and Putila were involved.

310 medical workers underwent training on the topic of "Barrier-free communication"





We donated equipment (grab bars, toilet seats, mirrors, crutch stands, etc.) to 5 cluster hospitals in Chernivtsi Oblast and Chernivtsi to improve physical accessibility for people with limited mobility.



40

local media journalists and media professionals were trained on the topic of "Barrier-free communication in the work of journalists and media professionals"

2 media partnerships

memorandum of cooperation







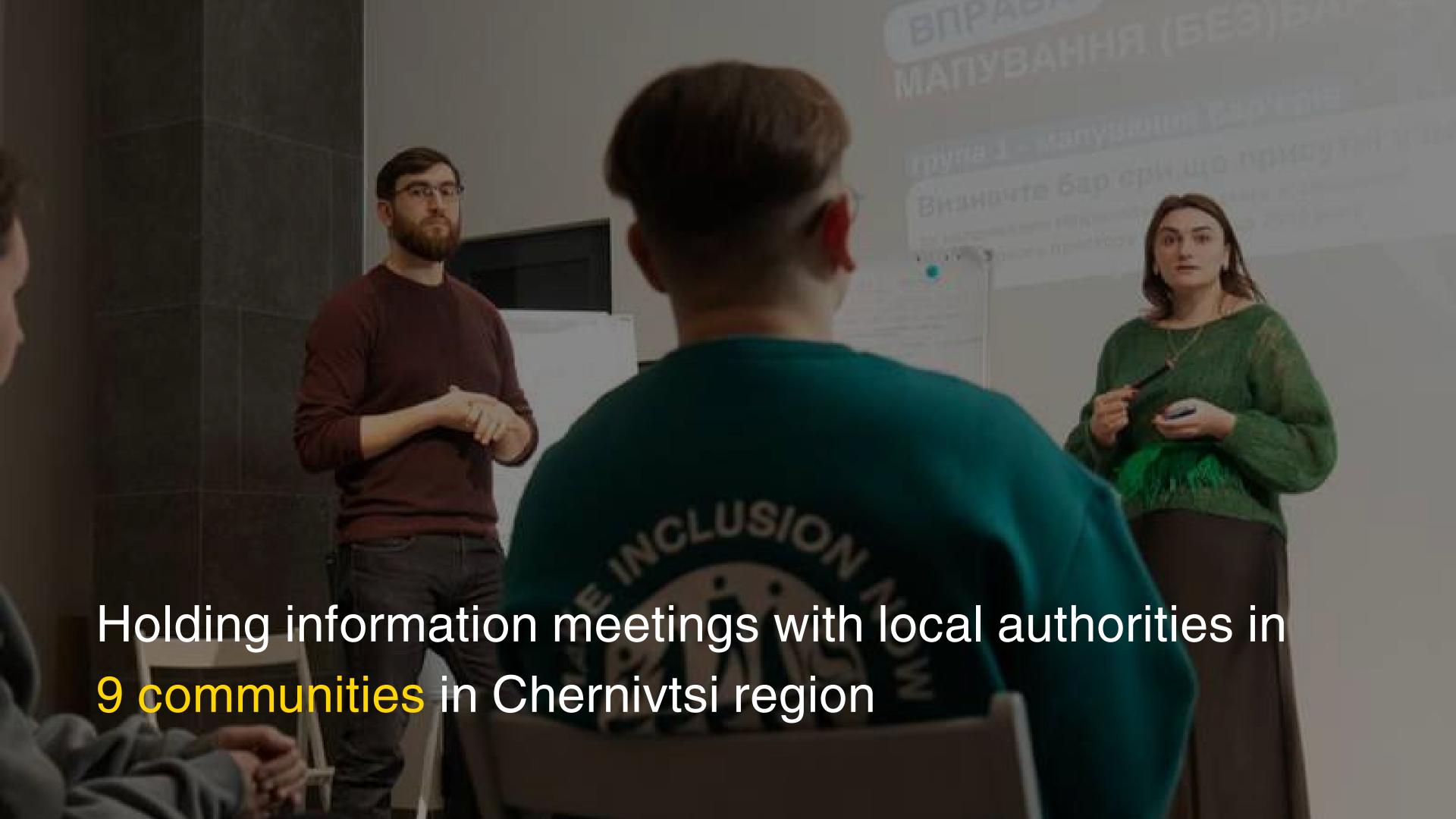
## 100 participants

## 50 civil society organizations

This year, the forum became a platform for an important discussion on creating a barrier-free environment in Ukraine, taking into account existing practices and international experience.

The event was attended by representatives of NGOs, charitable foundations, civil society, local and central authorities of Ukraine, as well as the international community from Moldova and Denmark.





We worked with 9 communities to help them plan their work to create accessible spaces and an inclusive society.

In December, to summarize the results, we held the Bukovyna Community Accessibility Council. At the meeting, we developed an action plan to create barrier-free communities.

The meeting was attended by 40 representatives of different communities and members of youth councils.



Research "Evaluation of the results of the implementation of the barrier-free strategy in Chernivtsi region"

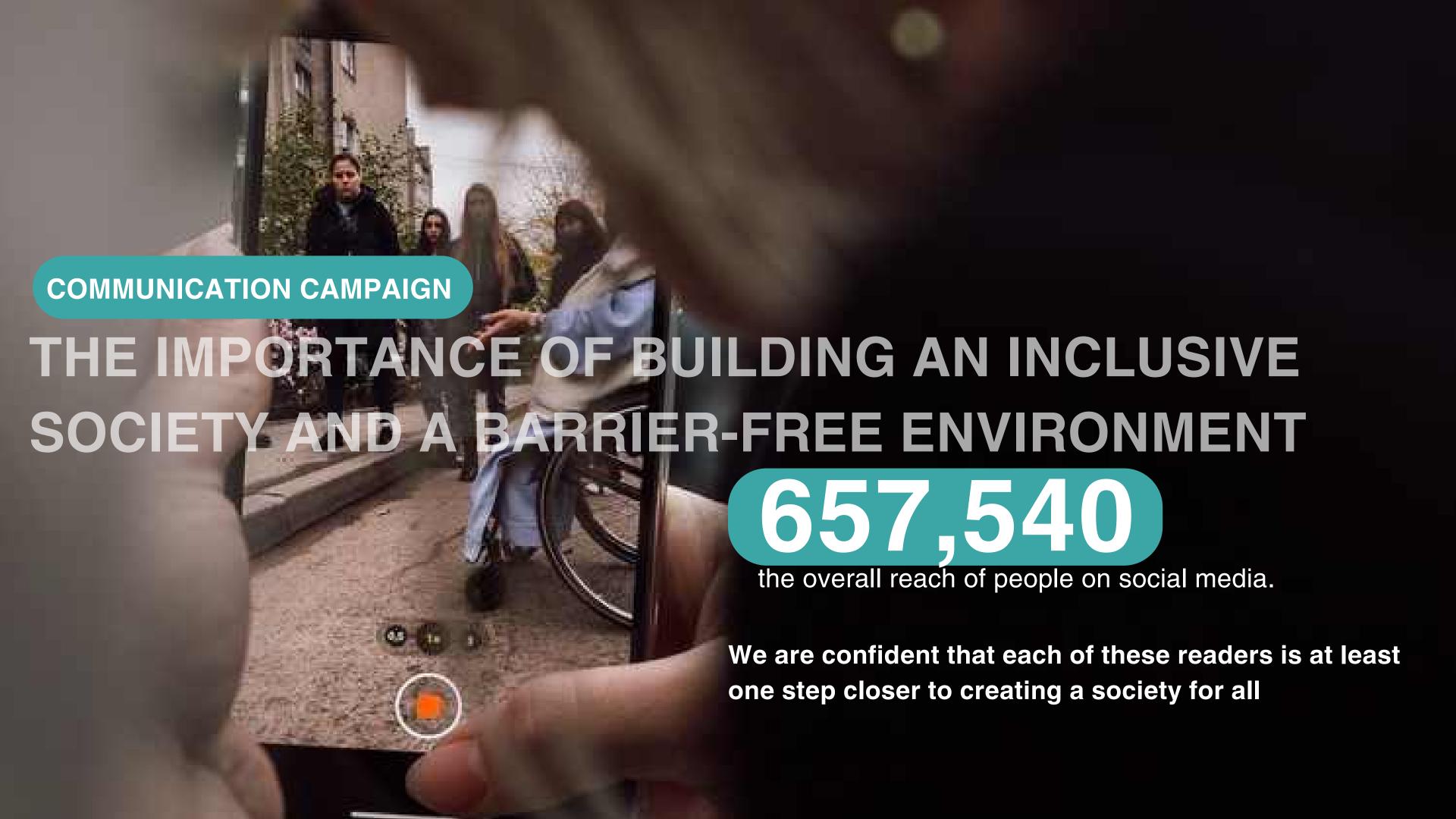
We made a general, specific assessment of the real results in the Chernivtsi region.

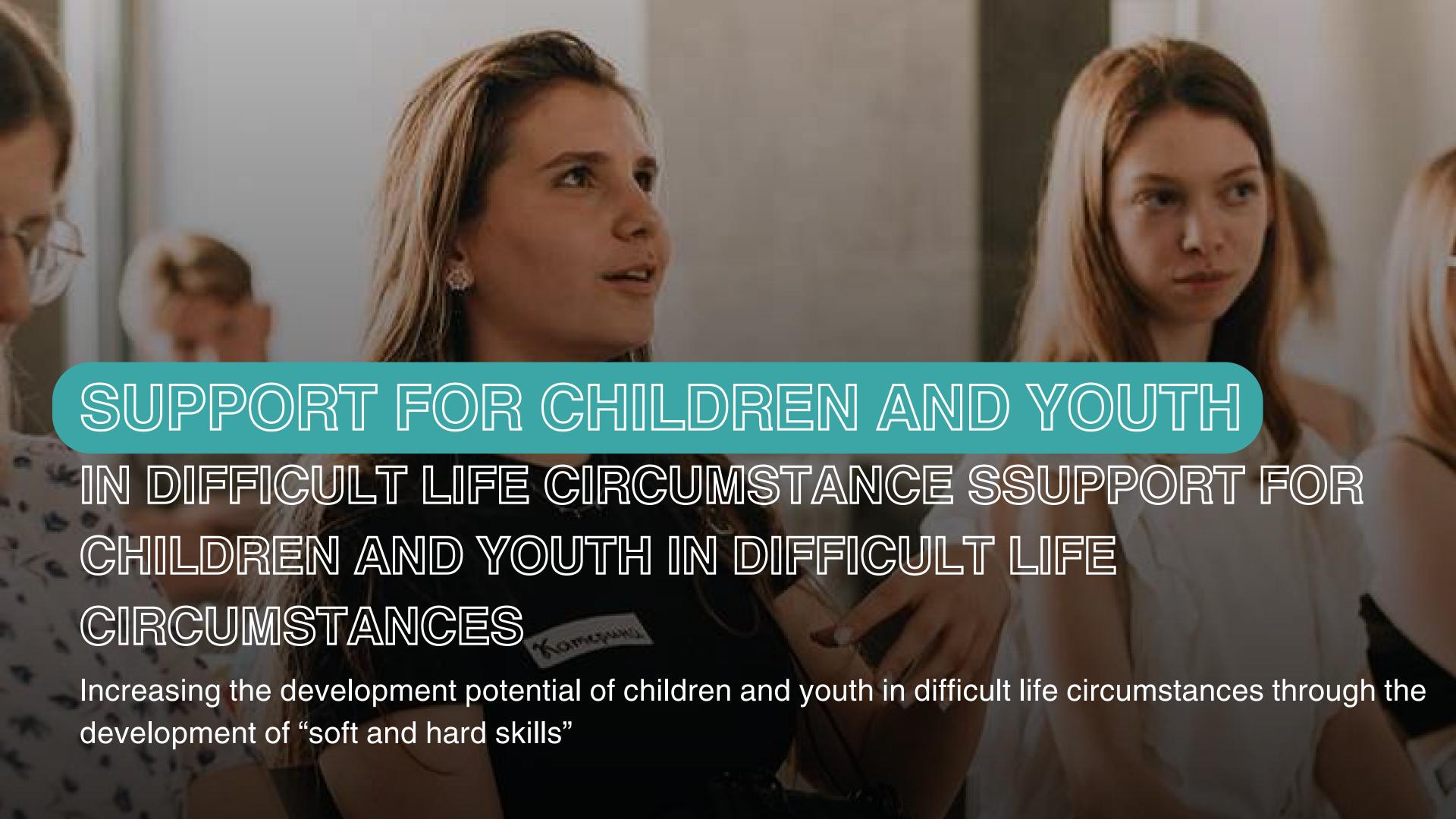
Both people with and without disabilities took part in the study, as we advocate for a society for all and equal opportunities.



research results







2 educational courses





30

children and youth who have completed the course

55 5 5 50 74 1 1 0 45 15 40 20 35 30 28

hours of training



## MOTIVATIONAL MEETINGS FOR

YOUNG PEOPLE with successful people







549 appendix the center

#### The center has

inclusion kitchen

free event space

book club
«On Poufs»











region were involved in Chernivtsi, Vyzhnytsia, Vashkivtsi, Hlyboka, Kelmentsi, Sokyryany, Zastavna, Kitsman and Putyla communities

310 healthcare workers trained on barrier-free communication

3

Retreats for resource recovery

60 activists and volunteers from all over Ukraine

hours
of emotional recovery



Retreat to restore the resource

20





Rehabilitation specialists working in the Chernivtsi region



We understand how energy-consuming and exhausting the work of those who help rehabilitate people affected by the hostilities in Ukraine is, so we prepared a three-day rehabilitation program where 20 rehabilitation specialists were able to rest, recharge their batteries and focus on themselves, which they cannot do in everyday life, but they are still running out of energy.



We had the opportunity to participate in a dialog on the topic "Barrier-free stories in youth work and politics"

member of the Chernivtsi Association "Zakhyst Serhii Shcherban shared the organization's experience in the area of barrier-free and inclusive education and how it improves the lives of different communities, and emphasized the importance of implementing and adhering to the principles of barrier-free education in youth work and policy in Chernivtsi region and how it affects youth engagement.



Maria Nikitina, Head of the Chernivtsi Association "Zakhyst Maria Nikitina became a speaker at the panel discussion "Diversity and inclusion: From Trend to Norms"

During the discussion, Maria Nikitina emphasized the importance of barrier-free accessibility for each of us. It is very important to integrate it into every sphere of life, from community to business.

And it is also important that each of us pay attention to barriers in the community, at school, in cafes, and give feedback on how to improve.

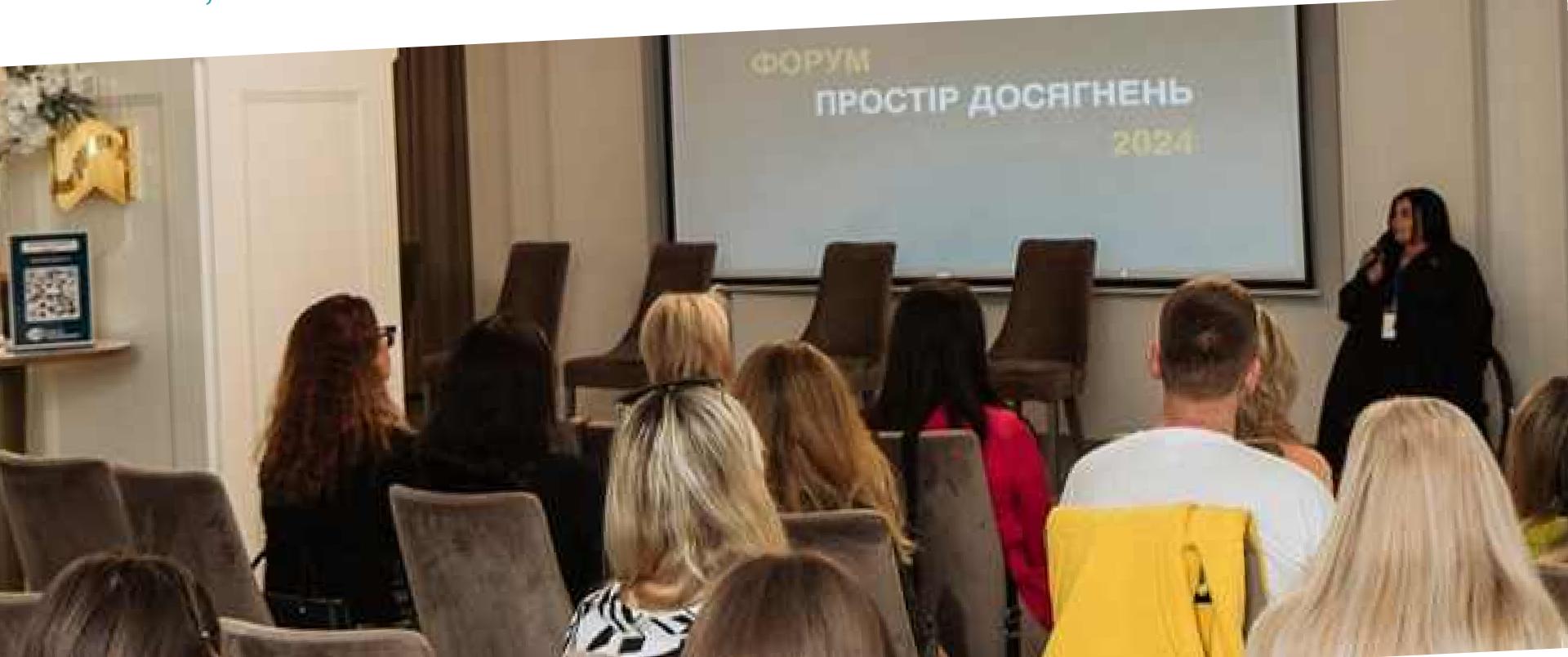








During the forum, many interesting and successful projects related to the development of civil society in the Chernivtsi region were presented. The participants also discussed the current problems and challenges faced by civil society in Ukraine, including the consequences of the war, forced displacement of people, economic difficulties, adaptation of military personnel to civilian life, and barrier-free access to services.



## 100 PARTICIPANTS

# PANEL DISCUSSIONS

"BUSINESS AND VOLUNTEERS WORKING TOGETHER TO WIN"

"SUCCESSFUL CASES OF IDP'S INTEGRATION INTO COMMUNITIES"

"SUPPORT AND OPPORTUNITIES FOR THE DEVELOPMENT OF CHILDREN AND YOUTH"

"A SYSTEMATIC APPROACH TO ADAPTATION AND REHABILITATION OF MILITARY PERSONNEL"





# Developed 6 policies and procedures

"Child Protection Policy"

"Sexual Violence Prevention Policy"

"Code of Conduct"

"Security policy"

"Financial policy"

"Business trip policy"

These policies and procedures will promote high standards of work and strengthen organizational processes in our organization.

### **Business lunches**

for small and medium businesses

Scommunities

Chernitysi

Vyzhnytsya

Khotynska

participants

Who learned about the employment of people with disabilities, grant programs that provide for the employment of people with disabilities, and rules and regulations for the arrangement of workplaces for people with disabilities.





#### purpose

Supporting mental health and developing emotional resilience of the organization's team

10

team members who participated in the 3-day retreat

This event helped to restore the team's emotional resource and establish a positive atmosphere within the team



lectures on "Barrier-free communication"

288



children, teenagers and young people aged 8-35 attended the lectures

hours of promoting a culture of barrier-free communication and inclusion among children, adolescents, and young people.



purpose

We promote reading, creating a safe space for self-expression, and developing communication skills.

10 meetings book club "On the Poufs"

60 people the book club community has in 2024



Provided psycho-emotional support for youth, mothers of children with disabilities and team members; promote the development of skills to overcome anxiety, burnout, increase self-esteem and adapt to life challenges.

8

group art therapies and trainings

63
participants

29

Individual psychological counseling for adolescents, young people, adults, and mothers of children with disabilities.



Creating an inclusive space for joint culinary leisure for children and youth with and without and young people with and without disabilities, development of communication skills and socialization.

12 Cooking classes

87

yParticipants (children, adolescents and youth with disabilities, IDPs, MARA, local, etc.)







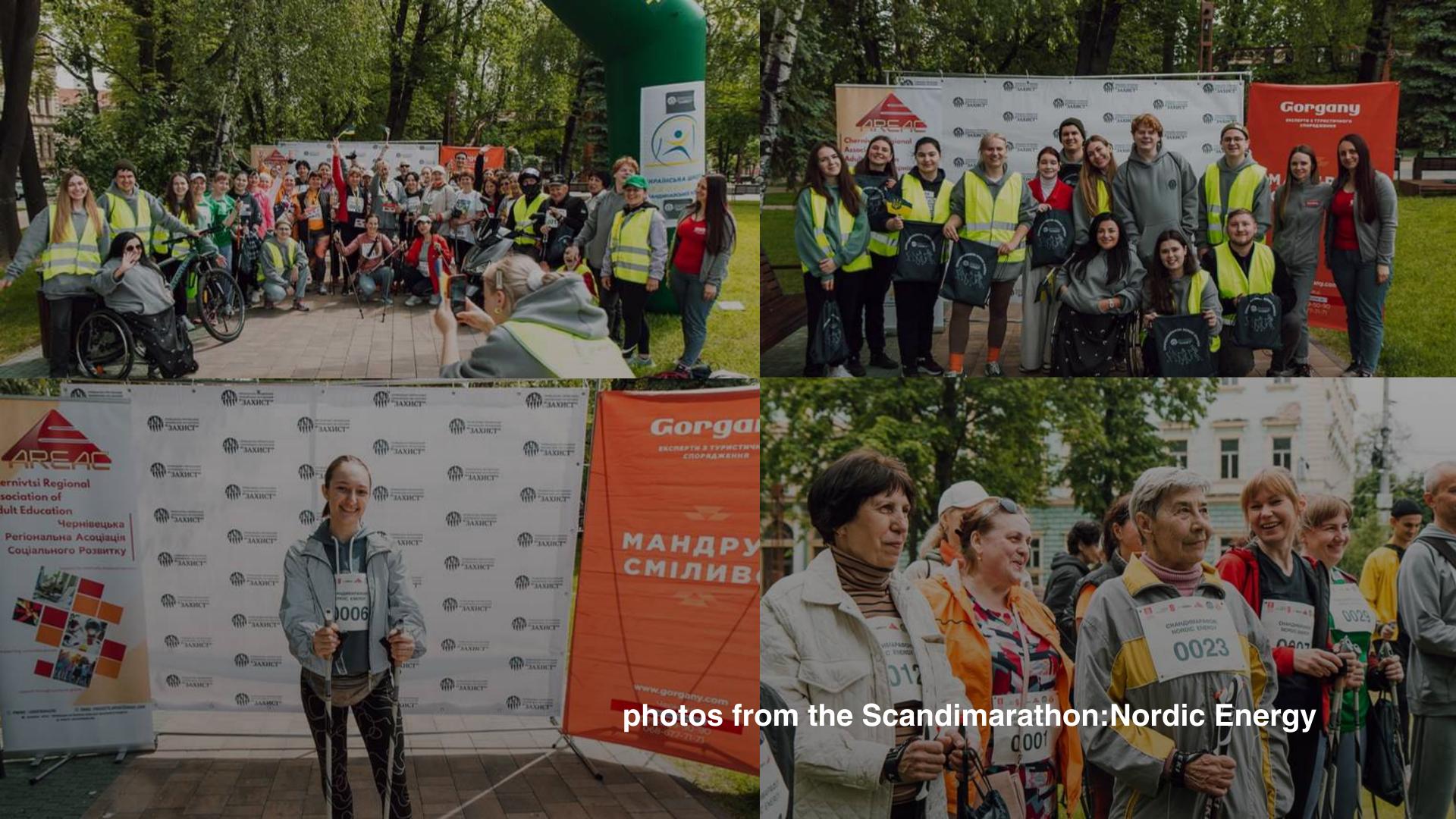
activities to popularize
Nordic walking

SCANDI MARATHON:NORDIC ENERGY promoted social cohesion among different population groups

160

Participants (children, adolescents and youth, older people with disabilities, IDPs, women and girls, local people, etc.)







## 50 young leaders

completed 2-day training on the topic "Barrier-free accessibility as an integral part of youth work in communities"

Supported initiatives

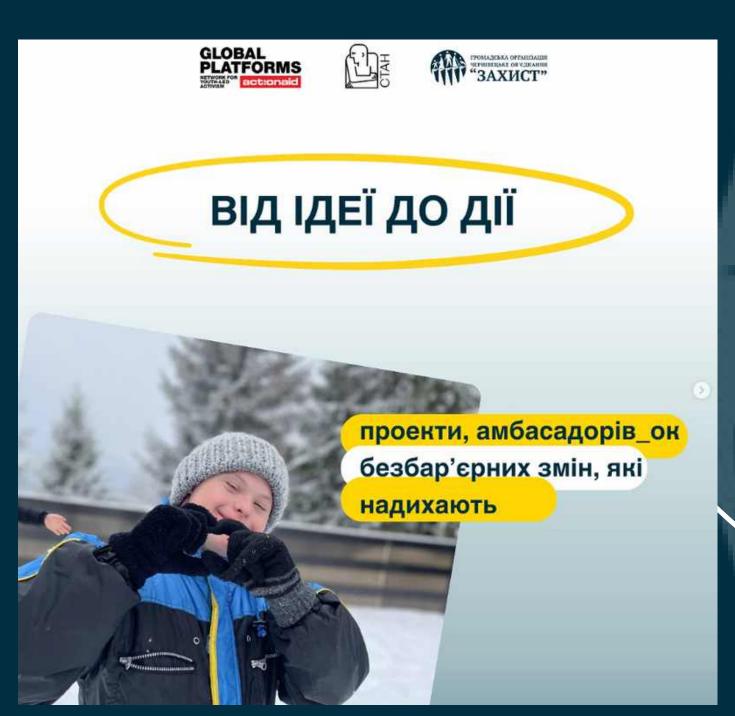
about barrier-free and inclusive environment

democratic values

social cohesion

information campaign about barrier-free access







information campaign

### A GREAT LESSON IN BARRIER-FREE ACCESSIBILITY

is an educational initiative aimed at raising awareness among young people about the value of a barrier-free and inclusive society for everyone.

458 youth covered

communities covered

Kyiv, Nizhyn (Chernihiv Oblast), Ivano-Frankivsk, Kalush (Ivano-Frankivsk Oblast), and Storozhynets and Kamianets (Chernivtsi Oblast).



## our partners 2024 year























THANK YOU FOR JOINING US IN BUILDING AN INCLUSIVE AND DEMOCRATIC SOCIETY THROUGH COMMUNITY DEVELOPMENT IN UKRAINE IN 2024

# funds raised in 2024 year 236 028,13 dollars attracted international grant funds

