

National Council Nomination Information, 2025

1. Why become a member of ALCI Council?

1.1 Benefits for you:

1. Network and connect with ALCI members nationally and internationally.
2. Opportunity to represent ALCI at various conferences and serve on national committees.
3. Develop organisational skills, including event planning, fundraising, management, and collaboration with PR personnel and external speakers. Enhance IT skills for both online and in-person events.
4. Contribute to the review and improvement of ALCI's constitution, procedures, and policies, ensuring the Association's smooth operation and fostering the profession's growth in Ireland.
5. Innovate and develop management, organisational, team-building, and problem-solving skills. Collaborate and enhance your CV, boosting job satisfaction.
6. Participation in ALCI activities can be considered as advocacy hours, contributing to the clinical hours required for recertification. One can earn 2 CERPs per year for serving on a Board (or Council advocating as an NGO for breastfeeding).
7. Receive complimentary annual ALCI membership while serving on ALCI Council.

1.2 Benefits to ALCI as an Association and its members:

1. Diverse council members with varied professional backgrounds contribute additional perspectives and experiences.
2. For effective functioning, the Association requires individuals dedicated to organising events, managing funding and accounts, handling publicity, providing member services, and making submissions to government and other agencies.
3. Council members should reside within the island of Ireland and be available to actively participate in our Association contributing to the development of a stronger, more dynamic, and effective organization for the future.
4. Currently, there is a specific need for individuals with ICT expertise to contribute to the improvement of our website and social media presence.

2. ALCI Council Job Description

1. The term of office is three years, and you may serve up to two consecutive terms.
2. There are approximately 6 General Council meetings per year. In a typical year, General meetings are held by way of a 2 hour Zoom in January, AGM in April, in person meeting May, Zoom in June and again in early September, and to close the year in person in November.
3. Additionally, Council holds in-person meetings over a Friday/Saturday & Sunday in March for the Spring Study Day and again in September/ October ALCI National Conference. These in-person meetings are held at the location of the upcoming Conference.
4. All General Meetings are planned ideally 6- 12months in advance through council agreement.
5. Every effort is made to accommodate the availability of all Council members for all meetings. It is important to note that attendance at these meetings and full participation in ALCI educational events are encouraged, minutes from meetings will be communicated to all Council as soon as possible after meetings.
6. Council members are required to comment on Gmail items twice weekly, which takes about an hour. Each Council member has a designated area of responsibility (such as Secretary, PR, education, and others), requiring approximately 50 hours over the year.
7. Between meetings, the Council communicates officially on email thread or through WhatsApp Messenger.
8. These hours can be logged and used as part of the IBLCE's "250 hours in practice,"



3. Are expenses refunded for ALCI Council members?

ALCI Council members are provided with complimentary admission to ALCI Members Study Days and the National ALCI Conference. Travel expenses are covered for the two educational days, council meetings, and any other Council-related travel (once previously approved by finance). Meals and accommodation are included on the night preceding the spring study day and conference. Generally, serving on ALCI Council does not incur out-of-pocket expenses.

4. How does the nomination process work?

1. You may nominate yourself or another ALCI member. To do so, please fill Page 4 and send to info@alcireland.ie by 5pm Tuesday 4th March, 2025. Note, if you are nominating another person, their permission for their nomination to proceed will be sought by the ALCI Administrator.
2. Should Council receive more new nominations than available vacancies, then this will proceed to a members vote. Ballots will be sent to ALCI members, if required, a minimum of 14 days before ballot return date.
3. All information on Page 4 of this document will be shared with all ALCI members so that they can make an informed vote. Permission for this information to be shared will be sought by Administrator.

Excerpt From ALCI Constitution dated January 2022:

7.2 Nominees for election to National Council must:

- a. be members of the Association for 12 months previous to nomination
- b. be qualified and registered IBCLCs.
- c. subscribe to the purpose, aims, and policies of ALCI without reservation.
- d. agree not to accept direct or indirect funding from any commercial entity not in compliance with the International Code of Marketing of Breast-milk Substitutes and its subsequent relevant World Health Assembly resolutions for the duration of their time in office.
- e. disclose any real, perceived, or potential conflict of interest when in a position to influence a decision of ALCI Council or membership that will result in personal or professional gain for them or a family member.
- f. agree to not endorse any literature or product in their official capacity as a Council Member of the Association, whether current or former, but are free to do so as private persons.



4. Current Council

President	Mairead O'Sullivan	Kerry
Vice President & Elacta Rep	Naomi Hurley	Dublin
Treasurer	Nicola Clarke	Dublin
Assistant Treasurer & Education Officer	Claire Ferris	Tipperary
Council Secretary & Education Officer & WHO	Maria O'Sullivan	Cork
PRO	Niamh Cassidy	Dublin
PRO	Kathryn Downey	Dublin
PRO	Anabela Almeida	Kilkenny
PRO	Kiri Mulqueen	Limerick
Education Officer	Aine Lavin	Sligo
General	Sonya Quinn	Westmeath

All Council is supported by ALCI Events Coordinator & Administrator, Tracy McGuinness.



5. National Council Nomination Form 2025

(If you agree to be nominated, the information contained in this form may be sent to all ALCI voting members in advance of the AGM, to allow them to make an informed choice. Successful candidates will be announced at the AGM. Please email info@alcireland.ie with any questions).

1. Name of Nominee	
2. Nominated By (you may nominate yourself):	
3. Strengths	
4. Area(s) of work of nominee (to ensure a variety of professions is represented on ALCI Council where possible):	
5. County nominee is residing in (to ensure a variety of geographical locations is represented on ALCI Council where possible):	

**Please return the Nomination Form to ALCI on or before
5PM on Tuesday 4th March 2025
to ALCI's Administrator info@alcireland.ie.**