

ASTRODDLERGY

Foundations

UNDERSTANDING
CHILDREN FROM
TODDLERS TO
TEENS

BY MICHAEL GEORGE LAND



Acknowledgements

To my daughter, Demi, whose chart first showed me how alive astrology becomes when it meets a child's heart. Thank you for being my greatest teacher, always. To Chelsea, for your patience, humor, and belief in the long process of making something that matters. To my family, both here and beyond the veil, whose love and loyalty carries me through storms; and whose absence taught me the deeper shape of devotion.

To the parents and children I've worked with: thank you for your openness, your trust, and for allowing me to witness the beauty in your growing relationships. You are the living proof that astrology, when used with compassion, can change everything.

Note on Imagery

The images throughout this book were created with the assistance of AI tools and human intuition. Each image began as a concept: a feeling, a visual metaphor, or a child's inner landscape, and was intentionally shaped, refined, and important details directed by me. While technology provided the brushstrokes, the vision and interpretation remain human.

A few screenshots appear courtesy of Astrotheme - www.astrotheme.com. Shared with permission, these are included solely to illustrate how readers can locate a complete birth chart on the Astrotheme website.

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Astroddlergy Foundations: Understanding Children From Toddlers to Teens

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Author's Note

Astrology saved my life.

That might sound dramatic, but it's the truth. My journey with astrology began early. My mother was a student of Carl Jung & somatic psychotherapy. She was a double Aquarius and had no qualms about sharing the esoteric world with her youngest son (me). From the age of six, she taught me about my Capricorn Moon, my Sagittarius Mars and a Virgo Sun & Rising which made me so very detail-oriented.

I didn't fully understand it then, but something clicked deep inside. It was more than curiosity. Astrology felt first like a grand invitation from the cosmos. And then, it became the backdrop of my very survival.

My father died suddenly when I was eight. He was my hero, and losing him tore a hole in my world. And then, at fourteen, my older brother was murdered by gun violence while at university in Ohio. I remember driving through the night with my sister Anna, holding her hand in silence, looking to the stars and asking the universe why we were being tested again.

After the funerals, after the trials, after the world forgot but I couldn't, I stumbled into a little esoteric shop on South Street in Philadelphia where I bought my first tarot deck. I was 19 and that deck flung open the door for me. The cards, the symbols, the archetypes - all of which are deeply intertwined with Astrology - coalesced in my conscious mind. From there, Astrology became something beyond powerful.

I moved to Los Angeles in 2009 and Astrology became my secret weapon at cocktail parties & nightclubs. Using it to pursue a career in the entertainment industry, I could intuit strangers' Sun or Rising signs. I got clients. I got praise. But

I told myself I was a screenwriter, that Astrology was a “side hustle”. I wasn’t yet ready to admit that it was the true calling.

Then in 2018, trauma came for me again. Anna's addictions took her from this world, and from me. She was more than an older sister - she was my best friend, my roommate, my soul twin. At the time, my partner was pregnant with our daughter, Demi. It was my breaking point.

Yet in the months that followed, the esoteric world started speaking louder than ever. Astrology became my torch in the dark, guiding me through unspeakable grief and back into life. It helped me to understand. Understand Anna’s chart, understand myself, understand the nature of human life, and death.

Then after Demi was born, something clicked in a way I still don’t have words for. Becoming a father was the most important moment of my life. Loving Demi showed me that astrology can be used for even more than understanding. It can guide our most sacred relationships.

It can help us relate to and raise children who are happy, confident and feel like they are understood.

It can help us bring up children who know themselves long before the world tells them to become someone else, as it had done to Anna.



Astroddlergy is the system I created to do exactly that. It focuses on just four key placements in your child's birth chart - their **Sun, Moon, Rising, and Mars**. These are the four core energies that shape how they express themselves, what they need emotionally, how they show up in new situations, and how they respond to challenges.

You don't need to be an astrologer. You just need to care. And to believe in something bigger than yourself.

My path into formal parenting work began the same way. Becoming a certified Positive Parenting Coach (IPHM) gave me a language and framework that paired beautifully with what astrology was already showing me. How to meet children with empathy, not control. It helped give a concrete shape to the magic outline I use to support parents today.

Ultimately, Astrology didn't just save my life. **Astrology + fatherhood** gave me a reason to live it well. And now, through Astroddlergy, I want to offer that same sense of direction and devotion to you.

With love,
Michael 🧡



chapter 1

The Basics

How This Book Will Help You Understand Your Child (And Yourself)

If you're reading this, you probably already know that responsive care-taking is one of the most beautiful yet challenging roles a human can take on. You may also know the frustration of doing everything right, and still not getting through to your child. You may know the feeling like there's something deeper shaping their behavior, but not knowing how to access it.

That's where Astroddlergy comes in.

This book is designed to help you understand your child in a way most parenting systems never can. It's not generic parenting advice. It's personalized soul guidance - grounded in real-world tactics and emotional insight.

As a **certified Peaceful Parenting Coach (IPHM)**, I can tell you this: most traditional techniques do work... sometimes, for some kids. But what they rarely tell you is when, where, and to *what extent* those tools are actually effective for your specific child.

That's why Astroddlergy is so special. It takes the catalog of time-tested tactics and removes the guesswork. It infuses a new perspective, whilst at the same time supplying you with a framework for deeper understanding.

It shows **why** your child resists gentle discipline, wilts under too much structure, or melts down even when you do everything "right." It doesn't replace other systems. It shows you how to use them more strategically.



This system shows you how to augment traditional techniques based on your child's cosmic wiring. When you align your parenting tools with your child's innate emotional and energetic blueprint, the relationship is primed for enrichment.

Power struggles give way to clarity. Emotional confusion becomes connection. Slip-ups & meltdowns are much shorter in duration. Cooperation improves.

To this day, I remain amazed how much shifts when the parent-child relationship begins to flow more smoothly. **The effects ripple outward.** Into co-parenting dynamics, marriages, even the parent's self-worth and clarity in their work.

When the parent-child bond is strong and attuned, everything else softens. Behavior becomes communication, not just disruption. Because when a parent understands how their child needs to be loved, not just that they're loved, something shifts. They gain more patience. More trust. More ease.

Who This Book is For

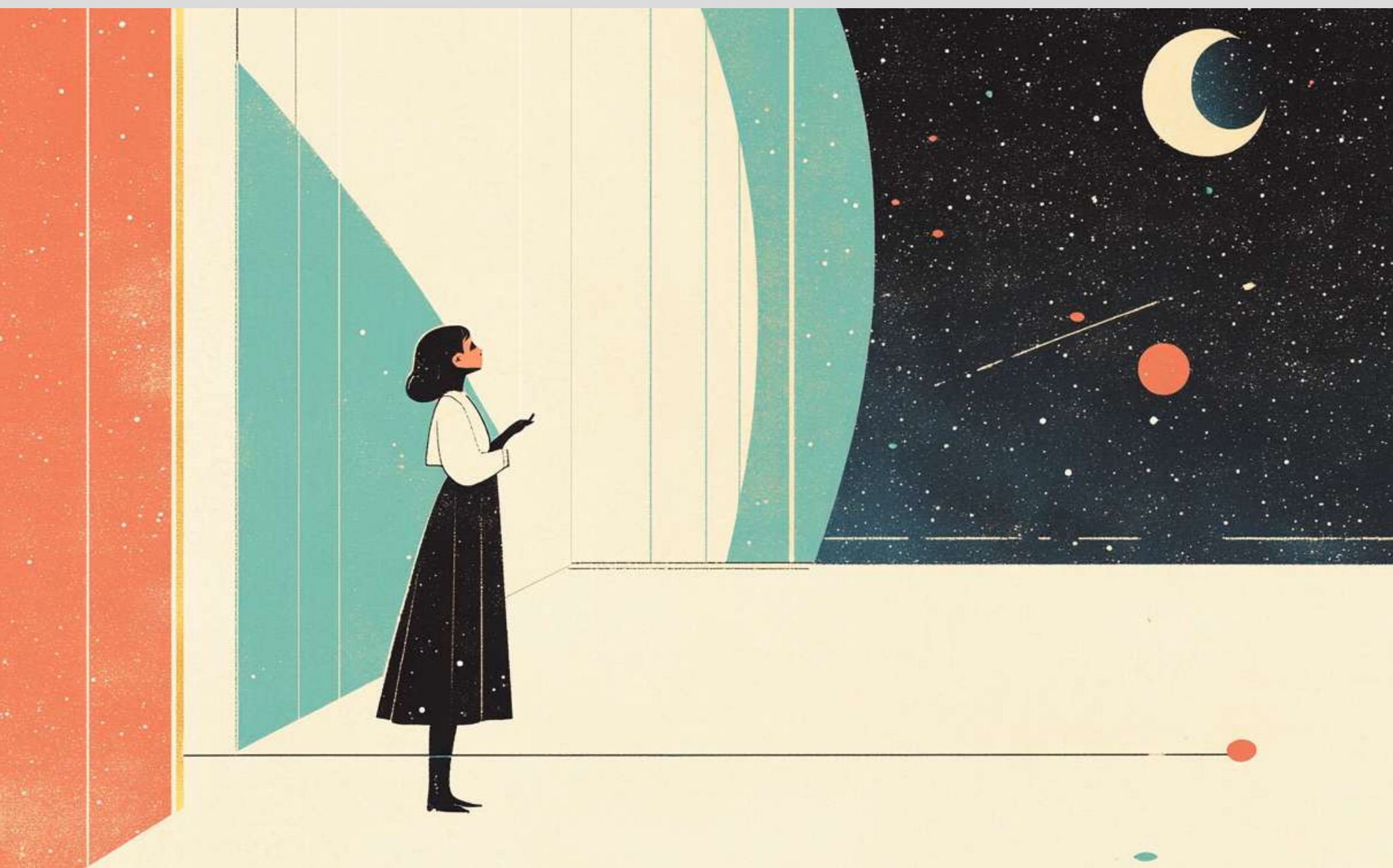
This book is for parents who feel like they're missing a piece of the puzzle. The ones who've leaned into traditional parenting frameworks, but still find themselves repeating the same battles, or wondering, Why isn't this working for my kid?

I have learned invaluable tactics & experience in my time as a certified **Positive Parenting Coach**, but I also felt something was missing from that framework. Much of it was trial and error, and even the most practical strategies sometimes weren't enough to help a parent truly connect with a child or **understand the deeper forces** shaping their behavior. I've found Astrology to be that missing piece, time and time again.

It's for the parent who wants to go **beyond "How was your day?"** and into conversations and moments that light their child up. The ones who are already doing a good job, but sense there's a deeper connection waiting to be built. Who sense there's a way to make the hours they do have together richer, and more attuned. **Transform ordinary minutes into meaningful ones**, and receive the keys to a bond that thrives no matter how busy life gets.

This book is for **anyone ready to stop guessing and start parenting from insight**, not reaction. For **devoted caregivers** who want to understand their child's internal blueprint, instead of relying on a one-size-fits-all list of dos and don'ts. For those seeking to comprehend what's **behind the moods, preferences, sensitivities, and resistance**.

No prior astrology knowledge is needed. All you need is an open heart, a birth time, and the willingness to explore your child's truest essence. This is for people willing to look deeper than their kiddo's surface behavior, and find solutions that **click**.





But First, Let's Clear Up a Few Myths...

For some people, astrology conjures images of vague horoscopes, crystal balls, and all manner of cosmic cliché.

For parents juggling daily logistics and emotional overload, astrology can seem like the last thing that could actually help.

But here's the truth: **astrology at its core is a life hack for understanding patterns.** An observational tool, in many ways similar to psychology.

It helps you recognize tendencies in behavior, emotional cycles, and the levers which pull at inner needs. It doesn't replace logic or intuition. **It enhances them.**

When you combine tools to understand your kiddo's unique wiring, you can meet them where they are. And that's when **small adjustments** - like how you phrase a request, the timing of a conversation, or the way you respond to a meltdown - can create massive breakthroughs.

Myth #1:
Astrology is
“woo-woo” and
unrealistic.

Myth #2:

I know two Geminis and they couldn't be more different, so how can astrology be accurate?

There's a lot of truth in the observation that two people with the same Sun sign can be radically different. That's because the Sun sign is just **one piece of the birth chart**. It's the headline, not the whole story.

The sun sign shines its light across the personality of the child, but it does not fully define them. Think of it like a **tint on a pair of sunglasses**. Just because 2 pairs of sunglasses share a purple tint does not mean they're identical sunglasses - or even similar.

This book goes beyond Sun signs and focuses on **four core placements** (Sun, Moon, Rising, and Mars) so you can actually start to understand why kids are so different from each other. Once you see the full pattern, it makes perfect sense.





Myth #3:

Astrology is too complicated for parents to use.

It's true that astrology can look overwhelming at first glance. Birth charts are full of symbols, degrees, houses, aspects... and if you've only ever glanced at a horoscope in the back of a magazine, it's easy to assume it's all too abstract to be useful in daily life.

But I created **Astroddlergy** to strip away the noise and give parents what they need to know, in plain language, with clear steps for putting it into action.

In fact, once you understand just these four placements: your child's **Sun, Moon, Rising, and Mars** - you'll already have access to some of the most useful and transformative parenting insights available.

These placements show how your child **feels, how they act, how they handle conflict, and how they move through the world**. You'll start to recognize the deeper reasons behind their quirks, meltdowns, bursts of energy, or moments of hesitation, and how to respond in ways that actually resonate *with them*. **Your parenting becomes more like a tailored fit.**

You don't have to master the full birth chart to begin seeing results. You just need the right guide and a willingness to start. That is exactly what **this book offers**.

Why Astroddlergy Works

Most parenting systems assume all children respond to the same tools. But if your child digs in when you try to discipline, or when you introduce minor transitions like turning off the TV, it's not because you're doing it wrong.

It's because **they're wired in ways** that don't yet make sense.

Any parent of wildly different siblings can attest to this fact. Some kids respond positively to **firm limits**. Others need **complete emotional safety** before they even start to listen.



Astroddlergy is unique because it will help you identify your child's unconscious wiring - what makes them different - and then offer practical suggestions which fit their actual nervous system, not some abstract developmental ideal which society considers "normal".

How To Use This Book

This book is structured in a way that makes it easy to flip to what you need, when you need it.

Let's say your child has **Mars in Pisces**. You can go straight to the Pisces chapter, and look under the Mars section to understand how they deal with frustration, motivation, and action.

You can do the same with their Moon sign for emotional insight, or their Rising sign to understand how they show up in new settings.

The **Table of Contents** will help you easily find every relevant placement.

That said, this book isn't only a quick-reference guide. It's also designed to give you a robust understanding of each zodiac sign. By reading **all four placements for a single sign** (Sun, Moon, Mars, Rising), you will understand the full emotional and behavioral spectrum of that energy. You'll start to see how Leo expresses differently through the Moon than it does through Mars, or

how Scorpio Rising means using different strategies than with a Scorpio Sun.

Over time, you'll begin to see these patterns more and more easily. You'll be able to instantly spot how they interact across your child's chart.

Most of all it can suggest ways to **move with that energy, instead of colliding with it**. From there, your parenting will begin to carry positive, fundamental impact.

Even just **knowing your child's Moon Sign** can change the way you respond in high-stress parenting moments. Understanding their Mars can help you set boundaries and achievement programs in a way that finally lands.

So whether you flip to a specific page or read it cover to cover, know this: You're already doing the most important thing - learning to see your child more clearly.

Let's begin.



chapter 2

Finding The Chart

Your Child's Full Birth Chart

In this section, I'll guide you step-by-step through how to **easily access** their birth chart, and focus on just the four key placements you'll need for everything else in this book. In the next chapter, we'll dive into the deeper meaning of these 4 in a way that makes intuitive sense.

But for now, let's focus on finding where they exist in your child's chart, for free.

- **Sun**
- **Moon**
- **Rising**
- **Mars**

There are plenty of free tools & apps out there to access a birth chart, and many of them work just fine.

I use **Astrotheme.com** because it's fast, signup is optional and it lays out the information in a way that's surprisingly clear and visually appealing. I've used their interface for decades and prefer it to other free tools.

In the pages ahead, I'll walk you through the simple process of **finding your child's full birth chart** - giving you the exact information you need to understand their cosmic blueprint on a deeper, more personal level.



Step 1)

Navigate to
<https://www.astrotheme.com>

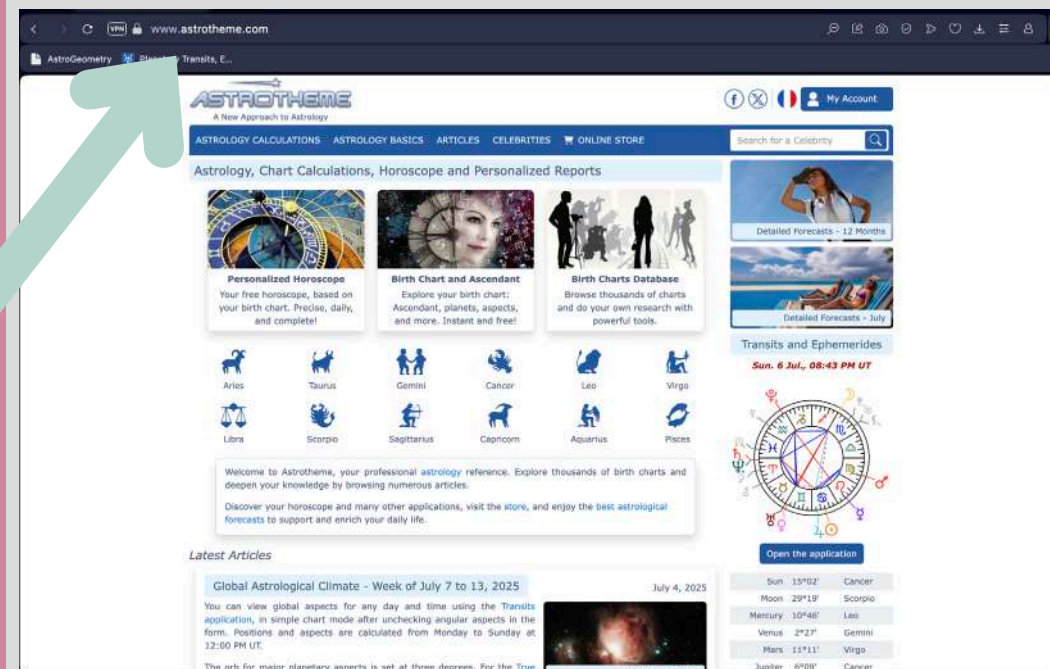


image courtesy of Astrotheme - www.astrotheme.com

Step 2)

Click "Open the Application"

This will take you to the free birth chart calculator.

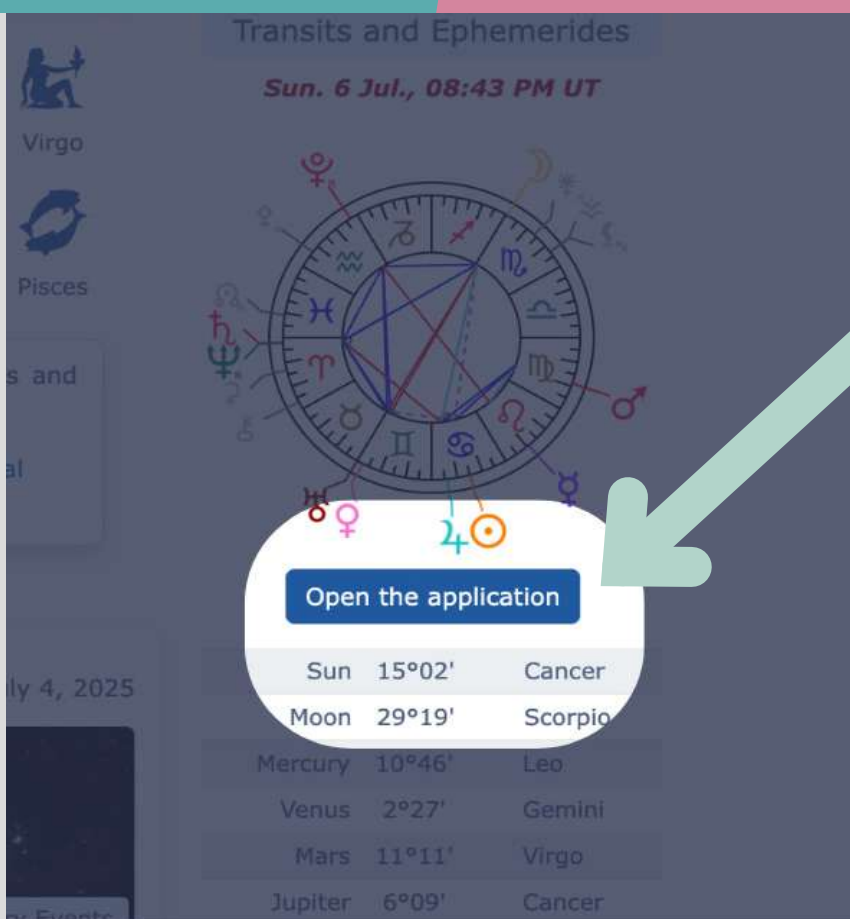


image courtesy of Astrotheme - www.astrotheme.com

Step 3)

Fill out the Date, Time, and City of Birth under the section labeled Date and Place.

Be as exact as possible with the birth time. Even 20–30 minutes can shift key placements.



Step 4)

Click "Next." Then wait a moment, and click "Next" again.

(The first click just submits the data. The second one loads the chart.)



Step 5)

Voilà! Your child's chart appears! It may look like ancient algebra at first, but don't worry.

This website makes it quite easy to get the info we need, without knowing any symbols at all...

Sunday, July 6, 2025 04:44:57 PM
New York (New York), New York
74.00W ; 40.42N / 4W00, 08:44 PM UT

Select an object to display more information

Permalink
URL: <https://www.astrotheme.com/chart/ZF4jZmbjA>
BBCode: <https://www.astrotheme.com/chart/ZF4jZmbjA>

Should you need a detailed interpretation of your transits, order our [predictive reports](#), which contain the entire Astrotheme know-how.

Immediate online delivery, round the clock.

image courtesy of Astrotheme - www.astrotheme.com

Step 6)

Look for the four tabs near the top right:
“Date/Chart – Positions –
Ephemerides – Fixed Stars.”

Click on “Positions.”

Transits, Ephemerides & Fixed Stars

chart. Change the location and select any
and 3000. Tick the "Natal chart inside" box
t and view the transits bi-wheel. Use the
tabs to set active planets and aspect orbs.
Ephemerides or the Fixed Stars tab.

S 04:44:57 PM
New York
08:44 PM UT

in House VIII

« Backward » « Forward »

General Options

☒ Display AS and MC Aspects
☒ Display Minor Aspects
☐ Display Lillith and North Node Aspects
☒ Display Asteroids
☐ Display Asteroids Aspects
☐ Display Hypothetical Planets
☒ True Lillith ☐ Mean Lillith
☒ True North Node ☐ Mean North Node

Redraw Reset

Permalink
URL: <https://www.astrotheme.com/chart/ZF4jZmbjA>
BBCode: <https://www.astrotheme.com/chart/ZF4jZmbjA>

Should you need a detailed interpretation of your transits, order our [predictive reports](#), which contain the entire Astrotheme know-how.

Detailed Forecasts -

image courtesy of Astrotheme - www.astrotheme.com

Step 7)

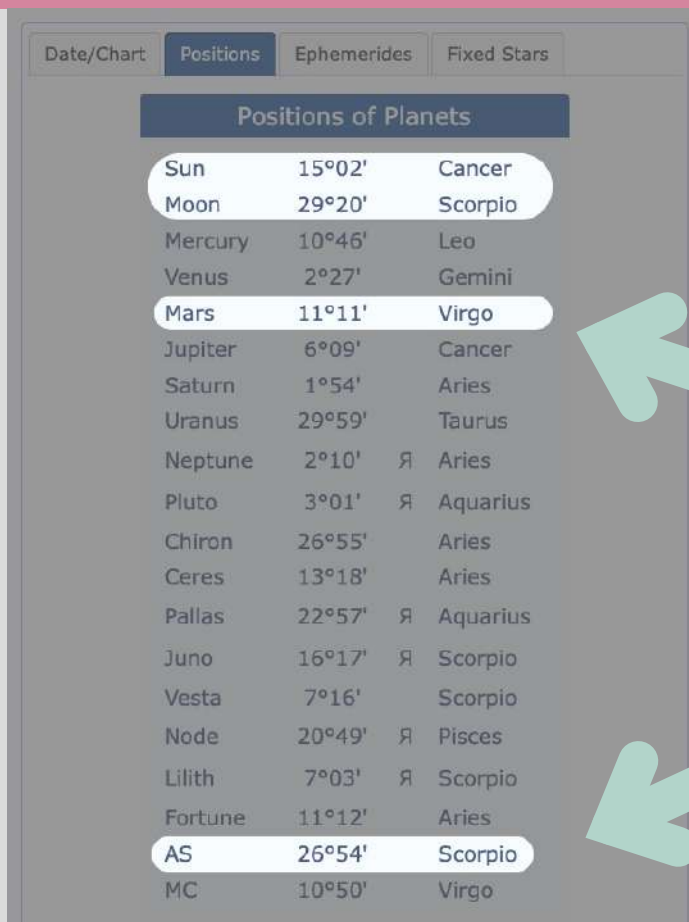
Now you'll see a list of written placements. Find the signs listed next to these four:

☉ Sun

☾ Moon

♂ Mars

AS (short for Ascendant / Rising)



Positions of Planets		
Sun	15°02'	Cancer
Moon	29°20'	Scorpio
Mercury	10°46'	Leo
Venus	2°27'	Gemini
Mars	11°11'	Virgo
Jupiter	6°09'	Cancer
Saturn	1°54'	Aries
Uranus	29°59'	Taurus
Neptune	2°10'	♈ Aries
Pluto	3°01'	♈ Aquarius
Chiron	26°55'	Aries
Ceres	13°18'	Aries
Pallas	22°57'	♈ Aquarius
Juno	16°17'	♈ Scorpio
Vesta	7°16'	Scorpio
Node	20°49'	♈ Pisces
Lilith	7°03'	♈ Scorpio
Fortune	11°12'	Aries
AS	26°54'	Scorpio
MC	10°50'	Virgo

image courtesy of Astrotheme - www.astrotheme.com

Step 8)

Write those signs down. Better yet, commit them to memory. You may find it's easy to remember these 4 because your deepest self is familiar with them already.

They are your child's four foundational placements, as well as the key to unlocking everything in the rest of this book.



chapter 3

The Placements

The Four Pillars of Personality

Sun, Moon, Rising and Mars

Before we get into what these placements mean for each specific zodiac sign, let's clarify **what they represent in a personality, and why**. Each one governs an individual energy that makes up your child's behavior, emotional life, and developmental journey

I like to think of the birth chart as a kind of personality soup. Each placement is an essential ingredient. Take one out, and the whole flavor changes. It's not about labeling, **it's about learning the recipe**.

When you start to recognize these four placements in your kiddo's personality, you get a crystal-clear picture of how your child expresses their core self, emotional constitution, drive to achieve, and social presentation. Together, they hold up much of the structure of who your child is becoming.



Why These Four?

There's actually a whole universe of astrological nuance within every chart. Over a dozen planets & asteroids, planetary angles, progressions, house placements and many more factors can all be deeply considered. In one-on-one sessions, they help paint a much more robust picture of your kiddo's personality. And in a longer resource, I'll go there.

But these four placements offer the clearest, most actionable insight into your child's personality without the overwhelm.

These four placements are the most expressive, accessible parts of the chart. And especially in during what I call the malleable years (18 months to 15 years old), the nascent personality is still forming.

The slower planets/bodies like Saturn, Chiron or the North Node become more relevant later, as the psyche matures. But right now, these four are what help a parent understand their child in an active way.

The Sun, Moon, Rising and Mars show areas of the chart which can be worked with consciously.

They are the signals a parent can respond to in real time. The deeper planets speak, once the self has roots, and **these placements are responsible for cultivating those roots.**

Now, some of these definitions will be somewhat different from what you might find in other astrology books.

These insights have developed after working with hundreds of charts of children and adults.

That is how I developed the specific connotations specific to Astroddlergy, for both the placements and the signs. Let's take a deeper look at each of the four key placements, one by one.

The Sun Placement

Your Child's Inner Light

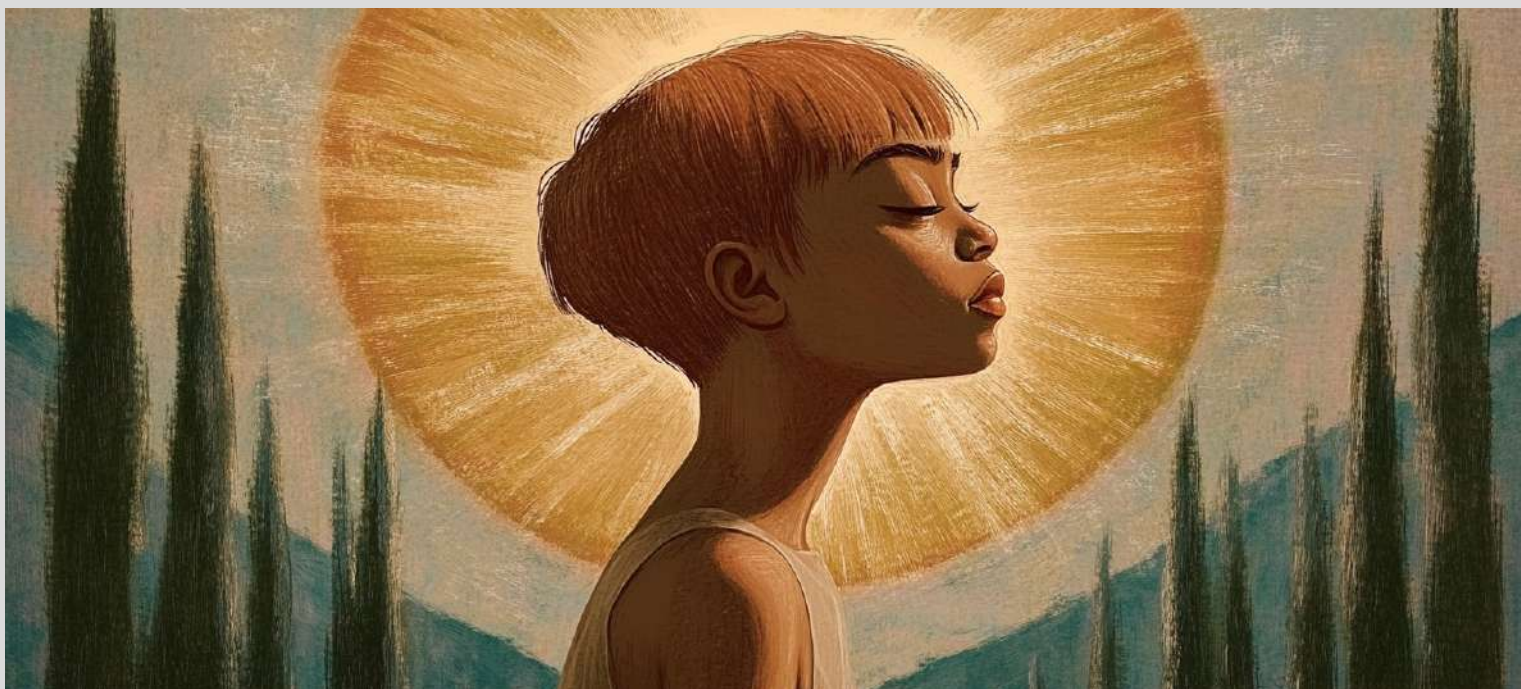
The Sun shows who your child is at their essence. It's the part of them that **develops with daily effort**, steadily maturing into something powerful and unmistakable. Like the actual Sun, which shifts through hourly arcs and yearly seasons, this part of them is **meant to evolve**.

The Sun sign is **a lifelong invitation to become**. As the Sun rises and sets, flares and cools, so too does your child's truest, most common self unfold (and indeed all of ours, for all our life). Unfolding bit by bit, through radiant phases.

But the truth about the Sun is that it doesn't just live in one part of the chart. Its light **helps illuminate all other areas of the chart**. It exerts its influence in their Mars, their Rising and their Moon.

The Sun shapes how the other planets come forward, how they move through the world, and how they take form.

The Sun is what your child brings to every other part of themselves. It clarifies, energizes, and gives each placement its own distinctive glow.



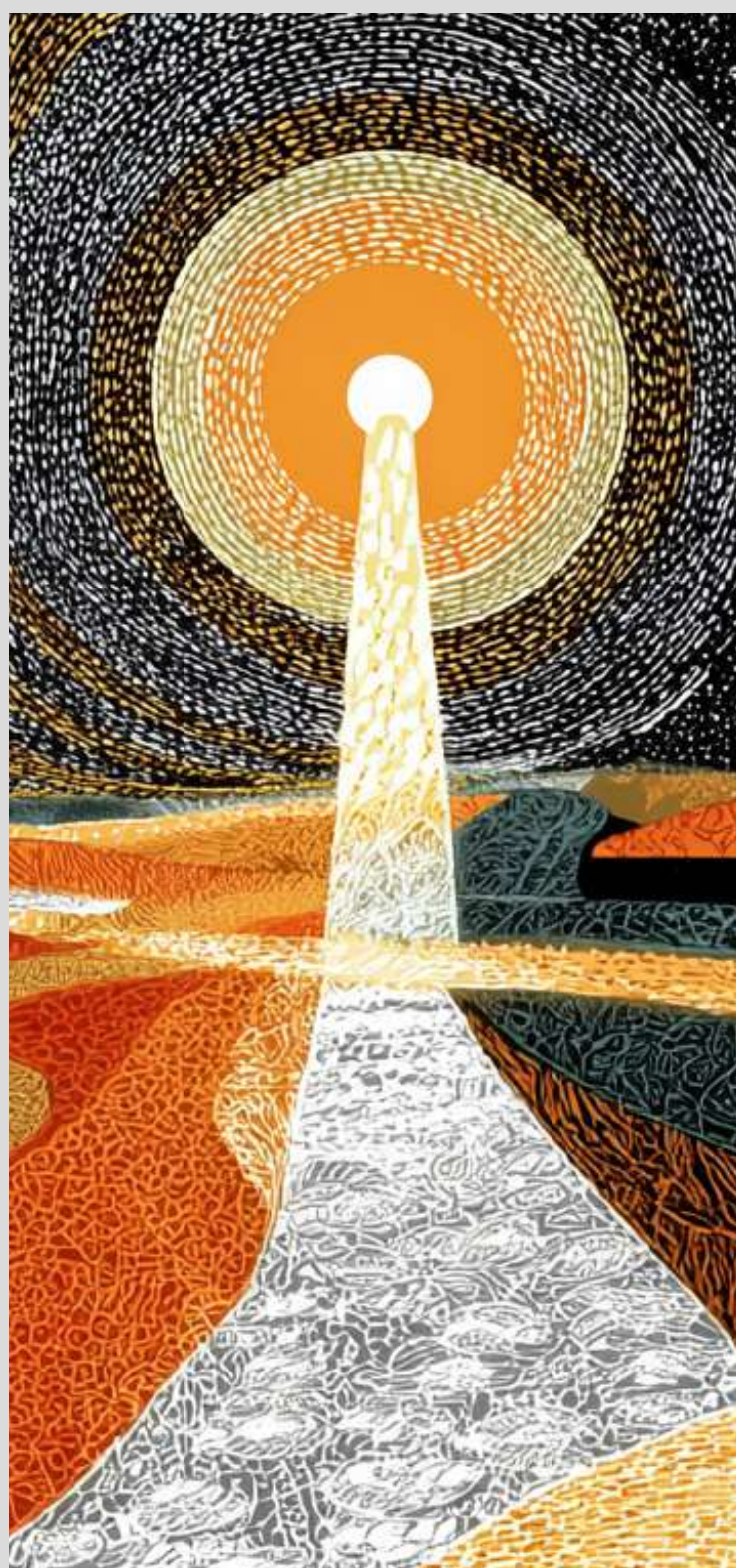


So, for example, if a child's **Sun is in ambitious Capricorn**, and their **Moon is in sensitive Cancer**, that hyper-sensitive moon placement will still carry a Capricornian tint, driven by public image and success.

In this Capricorn Sun + Cancer Moon pairing, **the Sun builds the frame** through which the heightened emotions of the Moon must flow.

Even their tender, feeling-rich Cancer Moon moves within Capricorn's measured lines. Intense though they may be, their emotions rise in deliberate waves, sorted and studied before release.

The moon may determine what will be felt, but the Sun determines **how that feeling will be integrated into the architecture of their personality.**





“

...The Sun shows up every morning, pulsing through routines and rituals.

”

However, it's important to note that this is not about replacing one placement with another or assuming the Sun ever “wins” some internal contest.

Rather, this understanding is meant to **encourage a holistic view of the chart** - to show how the interplay of placements creates a living, breathing child, not a checklist of traits. No single sign or planet exists in isolation.

From the most practical standpoint, the Sun shows up every morning, pulsing through routines and rituals. The way they approach breakfast, how they tackle a new game, or their pride in a drawing taped to the fridge.

These aren't just habits. They're solar expressions, tiny moments where the self begins to crystallize and shine with their conscious will.

So when we get to the 12 Zodiac signs themselves, and how to work with that specific energy - ask how the Sun lights it. Ask what that light reveals. Ask how it changes the texture, the tempo, the temperature of the other traits already present.

Because your child is not one placement. They are a whole sky of expression - and the Sun simply helps you see it the most clearly.

It might feel like a lot to absorb all the subtle nuance of those ideas right now, but you can soon start to see the lines between their instincts and their intentions, between who they've always been and who they are becoming.

That is the gift of the Sun: not to tell you everything at once, but to let you witness your child's essence in motion, guiding you — and them — toward a truer expression of self with every passing day.

Your Child's Sun Sign Quick Recap

- **It's who they're becoming.** The Sun shows your child's evolving core, the self they grow into each day.
- **It sets the tone.** The Sun gives color and clarity to every other planet in the chart.
- **It lives in the daily.** From breakfast habits to creative pride, it shows up in ordinary moments.
- **It doesn't replace, it illuminates.** Think of it as the light that helps you see the whole chart more clearly.

The Moon Placement

Your Child's Emotional Blueprint

The Moon governs your child's inner landscape. This is the home of the rich, reactive world that influences every deeper behavior, visible or not. It's the soft, unarmored core which feels first and makes sense later. It's the part of themselves which can feel exposed and needs protection.

It's where unspoken desire lives before it's named, where sensations rush in before language can catch up. When this part of the child is supported, they flourish emotionally. When left unseen

and unnamed, it can quietly harden into bouts of anxiety or withdrawal.

Supporting them through their Moon sign means meeting them at their deepest moments of need. It means understanding them, and then meeting them. Because what looks like defiance and stubbornness, is often just a soul that doesn't know how to ask for help.





The Moon Sign also conveys the emotional state they're always trying to return to when things feel beyond their control. **It's responsible for how they feel safe.** It's not a conscious choice. It's the emotional language they speak long before they learn to use words.

Because the Moon rules security, not just expression, your child instinctively moves toward this energy when they're seeking comfort.

The Moon Placement will also flavor the style of nurture they crave. When life gets big, this is the shape of safety they run toward – and more importantly, **the style of energy you can use to soothe tantrums, and connect with them most deeply.**

Let's take the example of a child with an **Aries Moon**. These children are **emotionally wired for immediacy**. They don't want to sit quietly and talk it out, or slowly unpack their feelings with gentle prompts. They feel safest when their emotions are **allowed to come in hot** (fast, loud, combative).

It might seem counterintuitive, but that explosive emotional expression isn't dysfunction. It's how they self-regulate. Their emotional system works like a firecracker: short fuse, big reaction, fast release. **Learning to work with that fast burning, impulsive energy** will be far more effective than saying "calm down".

When the Moon Sign is overlooked, their **emotional foundation** can become shaky.

Let's continue with the above example of an **Aries Moon**. If they're raised by a parent who values composure, structure, and rational discussion above all else, then the child's natural approach to processing feelings could be seen as chaotic, disrespectful, or "too much."

The result can be a child who does not believe their way of handling emotions is the "right way" to do it. **They learn that their instincts are wrong.** In the case of the Aries Moon child, they come to believe expressing anger quickly, or reacting with intensity, is not ideal.

And while that may seem like "maturity" on the surface, what's really happening is a quiet disconnection from their inner emotional compass. Over time, they may stop trusting their own responses. And when true challenges arise – moments that require courage, conviction, and fire – they may freeze, hesitate, or defer, because their deepest emotional tool was never allowed to sharpen.

Conversely, supporting the Aries Moon child's way of processing emotion means creating a **safe space for the intensity**, without making it feel wrong. Instead of trying to slow them down or calm them mid-explosion, you meet their energy with steadiness.



“

they may freeze, hesitate, or defer, because their deepest emotional tool was never allowed to sharpen.

”

Let their feelings come fast. Let them yell. As long as it's safe, don't interrupt. Your job becomes about holding the space, not shutting it down because of your own discomfort.

Once their fire has burned through, that will be when they're most open. **That's when you can offer language, connection, comfort and guidance which fully resonates.** You'll find in this moment they listen, love and respect you more than they ever have before.

The deeper message to send an Aries Moon child is: "You're not bad for feeling big. Your fire isn't dangerous. It's part of your magic. And I trust you to learn how to use it." It is exactly that trust which builds the foundation for resilience and true emotional confidence.

Obviously, for the other Moon Signs there are different strategies, and we'll cover each one specifically when we arrive to that section.

Your Child's Moon Sign Quick Recap

- **It's how they feel safe.** The Moon reveals your child's emotional wiring and what helps them feel calm, secure, and connected.
- **It shows up in stress.** You'll notice it most when things go sideways: meltdowns, mood shifts, or moments of emotional overwhelm.
- **It lives in the body.** Appetite, sleep, tone of voice, and how they seek comfort all carry the signature of their Moon.
- **It's never performance, it's protection.** The Moon shows you how they cope when words aren't enough, and where your support matters most.

The Rising Placement

Your Child's Behavioral Doorway

Often, their Rising sign reflects the part of themselves **they think will help them secure approval, ease tension, or earn connection**. It's not always effective or logical, but children aren't bothered by that.

As a parenting coach, my most powerful quick-results tactic has long been using the Rising Sign to connect - yet also detect where they feel they need their most defenses.

For children, whose psychic machinery is so new to them, the Rising Sign will often act as **both armor for protection and a sword to gain attention**. As they become more familiar with it - it can also become their sword.

The style of the rising sign will color the first impressions and reflexive stances. It will filter the instincts they have to protect the more tender parts beneath.



Understanding your child's Rising Sign means looking at what **they feel they need to be** in order to belong. It's the kind of behavior they consciously deploy when they walk into the world. It outlines the traits they identify with.

It's not that they're "pretending" - this is a **crucial part** of their personality - it simply takes the lead when they haven't yet been given permission to fully inhabit the rest of themselves.

Take, for instance, a child with **Cancer Rising**. Their outer self may seem ultra-sensitive, reactive, even moody. They might retreat quickly, cry easily, or cling to what's familiar with a fierce grip.

So it would be easy to assume this child is emotionally fragile, or that their softness is the totality of who they are. **But this is not the whole child - merely the outermost layer of being.** It's actually part of a shell they've learned to grow early, as both signal and shield.

But let's say this Cancer Rising child might also have a **Taurus Moon**. This would mean their deeper, more lasting emotional nature could be reserved or slow-moving. They may process



their deeper feelings more through the sense of touch while their Cancer rising, gets busy doing all the emoting for them: crying, clinging, over-caring, **all so the deeper self doesn't have to risk exposure or rejection.**

During the malleable years of childhood, kids don't have the tools or language to explain what they're feeling inside. So they often lead with their Rising Sign, because it's fast, it's visible



“

**...the Rising Sign
should be supported
without being mistaken
for the whole self**

”

and it offers them protection. They rely on this style of behavior to navigate a world that often feels overwhelming. It helps them get ahead of rejection, avoid shame, or meet unspoken expectations **long before they're fully aware of why they're doing it.**

It's so crucial to understand the Rising Sign should be **supported without being mistaken for the whole** self (although the child may wish it was their whole self).

The more complex emotional architecture underneath can be scary to face. But when the Rising is understood and welcomed **as part of the ensemble, rather than the star**, the full personality gets a chance to hum beneath the surface.

On the other hand, ignoring the signals of the Rising Sign often leads to deep misunderstandings. You might assume your child is extra shy when they're actually observant. Or think they're fearless when, in truth, they're masking a resistance to vulnerability.

You might even discipline behaviors that are, at their root, protective reflexes and unconscious strategies for navigating the social world. All of which risks hindering vital scaffolding of their personality.

With awareness, you can spot when they're acting from this Rising Sign space and choose responses that help them **feel safe enough to drop the armor**.

That's why understanding the Rising Sign is so powerful for parenting. It

gives you a way to **comprehend their outward behavior with compassion**.

Not to strip away the armor, but to gently **help your child feel safe enough to integrate the full self**, rather than simply go for what's easy and acceptable.

Your Child's Rising Sign Quick Recap

- **It's their doorway behavior.** The Rising Sign shows the traits they lead with when entering new situations.
- **It's protective.** These traits often serve as armor, helping them navigate uncertainty.
- **It can mislead.** First impressions from the Rising are often not the whole truth. Look deeper.
- **It's a guide.** Use it to connect more quickly and help them integrate more of their authentic self into the world.

The Mars Placement

Your Child's Drive to Achieve

Mars governs action & drive, but it's about so much more than winning competitions or moving fast and loud. It's the engine behind persistence, boundaries, motivation, and anger. **Mars is the energy they use to get what they want, fight for what they need, and recover after a setback.** It tells us what lights their internal fire - as well as what extinguishes it.

In children, Mars is especially visible because **impulse so often runs a child's decision-making process.** It's the reason I include Mars as a key placement within the foundational Astroddlergy framework.

As adults, we understand how and why our impulses can cause harm - both to others and ourselves. We've learned that letting our Mars run wild, typically, doesn't end well. **Kids, on the other hand, are still developing such knowledge.**



It's why understanding and supporting their Mars is so crucial. Instead of outbursts, **Mars can become a source of thoughtful, genuine confidence.** Instead of shutdown, it becomes a source of impassioned conversation and soulful expression.

Supporting your child's Mars sign means learning **how they instinctively approach effort**, motivation, and challenge. It's not just about managing their behavior. Mars points to **the style of effort that feels natural and empowering** to them.

One child might jump into a Lego build that's missing instructions, and love it because they get to build as they go (**Mars in Aries**). Another child might line up all the supplies, clear the space, and map out every step in their head before they even touch a block (**Mars in Virgo**).

Or let's take the example of a child with **Mars in Aquarius**. These children are very often wired for individuality. The way they compete, express themselves, or voice injustice is through **independence of thought and action.**

They need the freedom to invent and

innovate. Give them a clear "what" and they'll come up with their own "how." **Aquarian Mars energy shrinks when over-managed.**

Now let's take a moment and think about this in real terms. Imagine the Mars in Aquarius child in a classroom setting. They're clearly bright, curious, and full of ideas that surprise even adults. Their teacher knows they're smart. But when it comes to turning in work on time, following rigid instructions, or completing assignments the "normal" way? They resist. They stall. They disconnect.





It's not laziness. It's the Mars placement in action. **That Aquarius Mars kiddo is specifically wired to act from inspiration, not structure.**

That particular placement thrives on autonomy and invention. If you give them a goal and let them choose the method, they come alive.

Instead of, "Write the essay like this," try, "How would you explain this idea in an unexpected way? Feel free to use multimedia." Just watch them light up when they receive an A++.

Understanding their Mars sign helps you stop forcing motivation and start activating it.

That's when Mars becomes magic. **It's when kids lean into their strength and start learning what they're truly capable of.** Not because they followed every rule, but because they felt powerful doing it in the way that clicked on an inner level.

“

Understanding their Mars sign helps you stop forcing motivation and start activating it.

”

Because when their Mars is supported, your child doesn't just behave better. **They feel stronger.**

They feel they're allowed to want what they want, and that you'll help them find healthy, empowered ways to go for it. They grow into people who can

stand up for themselves, move with purpose, and **carry their own fire with wisdom.**

That's not just good parenting. That's real preparation for life.

Your Child's Mars Sign Quick Recap

- **It's how they get things done.** Mars reveals your child's action style - how they pursue goals, face obstacles, and express determination.
- **It shows up in their motion.** This is their drive made physical: the way they run, jump, compete, and sometimes, push back.
- **It lives in the spark.** You'll start noticing their Mars when they're challenged, frustrated, or trying to make something happen.
- **Not just energy, it's a strategy.** Mars shows the kind of blueprints that feel good to them. Understanding it helps you channel their motivation instead of chasing it.

Where These 4 Will Lead You

There's a reason this book focuses on just these **four placements**. Because when it comes to kids, these are the big ones. They're not subtle. They're not hidden. They show up loud, clear, and daily.

Before a child learns to filter or adapt, these four placements are already shaping everything: how they seek comfort, how they try to belong, how they chase what they want, and how they grow into who they're becoming.

Kids live by these four. **They don't just express these energies. They become them.** That's why this is where we start. Because once you understand how these four show up in your child, the guesswork drops away.

Quirks, behaviors, boldness or hesitation, and yes even the meltdowns, all of it starts to make more sense. And **when you understand the why, you can meet them with so much more patience, clarity, and care.**

You don't need to be an expert in every planet or sign. **You just need to learn to read the signals your child is already sending.**

Is their Moon begging for comfort? Is their Mars pushing them to act? Are they leading with their Rising because the deeper self doesn't feel safe in a new environment? Are they slowly growing into their Sun's call to become?

Seeing these means they feel seen by **you**, everything changes. The connection deepens. The tension softens. You stop reacting and start relating, not just as a parent, but **as someone who "gets" them.**

That's the power of these four. And indeed, this whole system. They're a parenting map that brings more communication, more peace, and **way more trust** into your relationship with your child.



chapter 4

Using The Placements

The 3-Step Method

For Applying the Placements

Before we get to the 12 Zodiac signs (soon) and the empowering strategies that accompany them... I want to take a moment to show you how effective this system can be, **even before you know the specifics.**

You don't have to memorize every detail to start using Astroddlergy. You just need to slow down, notice what's showing up, and **get curious about what your child is really asking for** in the moment through the lens of their Sun, Moon, Rising, or Mars.

Because the truth is, once you begin to see your child through these four placements, your whole approach shifts - **especially when it's needed most.**

The meltdowns, the sibling fights, the refusals, the fears... These moments become messages, and you become the translator. You stop reacting on autopilot, and start responding

with perspective, empathy, and tactics that actually work for your child, **not just some generic idea of what parenting "should" look like.**

And that is exactly where the **real magic** happens. When you understand the why behind your child's behavior, you can support them in a way that builds trust and the deepest of connections. It builds **the kind of relationship that leads to cooperation, growth and harmony.**

This framework gives you a way to meet them where they are and help them grow.

It's why I offer these 3 steps before the specifics, because once you absorb them, you'll hit the ground running and start using Astroddlergy to bring more peace and confidence to your parenting. Here's how to start:

Step 1)

Pause. Notice Which Part of Your Child is Showing Up

“

...take a moment to wonder ‘If THIS energy is leading right now, which of the 4 placements does it relate to?’

”

In the heat of those hard moments - you know the moments I’m talking about - when your child’s behavior erupts: when they shut down, get extra clingy, loud, bossy, lash out or withdraw... It’s easy to focus only on what they’re *doing*. But beneath it, there’s **one part of your child’s personality leading the charge**.

Maybe it’s their emotional center needing comfort. Maybe it’s their inner drive pushing hard for control or achievement. Or they’re simply trying to impress. To feel powerful or safe.

You don’t have to name them perfectly. Just pause and notice. Then take a moment to wonder “If THIS energy is leading right now, which of the 4 placements does it relate to? The Rising? Maybe their Moon?”

You don’t need to label it forever or even get it “right.” Way more important is to start **looking deeper** and wondering, ‘What’s really driving this?’ That curiosity is the gateway to a whole new level of understanding.

Step 2)

Learn what that part of them needs to feel supported.

“
...you’ll move out
of reaction mode
and into relationship mode.
”

Once you notice which part of your child is leading, ask: **What does that part need?** Every child (and adult) has a way they long to be met when they’re stressed, excited, overwhelmed, or determined.

When you know which part of your child is “speaking” and what it’s asking for, **you can respond in ways that help them feel seen, safe, and supported.** The 12 signs reveal powerful clues about how each part of your child asks for that support.

Even before you know the astrological details, by simply asking, “What does **this** part of them need right now?” you’ll move out of reaction mode and into relationship mode.

Now **imagine knowing exactly how to meet that need in a way that aligns with their inner wiring.** That’s what the next step, and the rest of this book, is all about.

Step 3)

Support The Trait.

“

...you teach them that their inner world is valid, even as they learn better ways to express it.

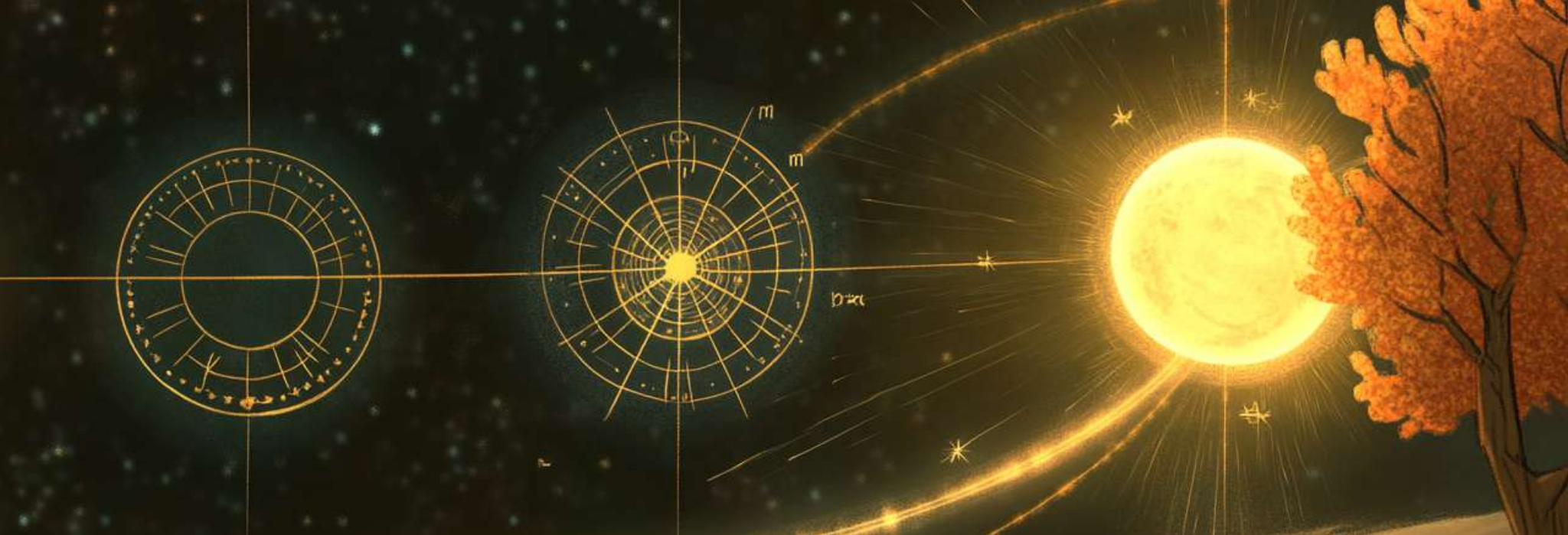
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Sometimes the part of your child that's showing up is **wildly different from you**. In those moments, it's easy to think, “Why are they like this?” or “Why can't they just... listen / do what I ask / face the problem / navigate the obstacle?”

But those differences? They matter. They're not mistakes or flaws. They're your child's way of asking: “**Can I be this way and still be loved?** Is this part of me okay, even though it's different?”

That's the question at the heart of nearly every outburst. And your response is everything. Supporting them (*especially* when it's not how you would do it) is how they learn to trust themselves, **to feel safe in their own skin, and to know you're in their corner no matter what.**

This doesn't mean every behavior is appropriate or should go unchecked. Boundaries still matter. But when you support the instinct behind the behavior, rather than trying to shut it down, **you teach them that their inner world is valid, even as they develop better ways to express it.**



The 3-Step Method + The Signs

These three steps: **Pause. Learn. Support.** are your foundation. They're simple, but powerful. They help you move out of reactivity and into understanding. This framework invites you to slow down, notice what part of your child is showing up, and respond with care and curiosity.

But in the next chapter and beyond, things get really exciting. This is where we'll start bringing this framework to life. You'll find clear, practical insights for each of the 12 signs, and how to support them.

Using the **Table of Contents** you can flip back & forth to the sections you need and start integrating it into Step

3 right away. But it is worthwhile to read the full write ups for each sign, because **every sign offers a different way of expressing itself**, depending on the placement.

When you start seeing them holistically, you realize the signs are not labels. They're guides. **They help you meet your child where they are**, in the moments that matter most.

From that place of understanding is where real cooperation begins. It's where parenting becomes something more than managing behavior, it becomes **a relationship built on trust, communication, respect, and a sense of being truly seen.**



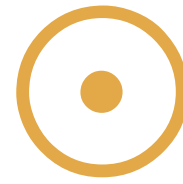
chapter 5

Aries

How To Support Aries Sun

- **Offer safe leadership.** Let them choose the route, set game rules, or lead a family activity.
- **Let them learn by doing.** Step back, then coach after mistakes.
- **Channel energy into structure.** Sports, obstacle courses, or timed races work best.
- **Praise boldness, teach empathy.** Celebrate initiative, then ask how *others* felt.
- **Respect their pace.** Use count-downs or timers to teach patience.

“
**the seed of
leadership,
courage, and
unshakable
self-trust**
”



Aries Sun **The Flame That Names Itself**

The Aries Sun child embodies the original spark. The first flicker of consciousness that says “I am here.”

They initiate life. Whilst other later signs will refine, deepen, or sustain, Aries seeks to begin. They are the child who runs before walking because the urge to become is stronger than the fear of falling.

They carry possibility. Freshness. The impulse to try what’s never been done, because something deep within them demands it.

Aries Sun children aren’t reckless, they’re just wired for forward motion. And while that might be inconvenient for authority figures who prize quiet compliance - it’s also the seed of leadership, courage, and unshakable self-trust.

It is the raw, fearless beginning from which every other sign must learn to build.



Aries Moon

The Flashpoint of Feeling

An Aries Moon child doesn't ease into their feelings. They downright collide with them. **Their emotions are immediate, alive, and intensely physical.**

Anger, joy, sadness, fear, anxiety, it can all arrive like a matchstrike. Quick, hot, undeniable. And then it's gone, leaving you wondering what just happened.

A child with an Aries Moon doesn't just act quickly - **they feel most secure when they're allowed to react quickly and emotionally.**

When their first impulse **isn't questioned**, but connected to - when it's instead cultivated as a highly important stop on their train of thoughts & feelings - you teach them their inner world is worth sharing. And they'll keep **bringing it to you**, unfiltered and alive.

How To Support Aries Moon

- **Allow fast feelings.** Let emotions arrive without shaming their speed or intensity.
- **Teach healthy release.** Model physical outlets for emotional surges (running, dancing, trampolining, drumming).
- **Value the first impulse.** Meet it with curiosity so they'll keep bringing it to you.
- **Help them name the rush.** After they've calmed down, describe the speed of what happened so they can develop a deeper sense of reflection & self-regulation (*"That frustration jumped out fast, didn't it?"*)

“

they feel most secure when they're allowed to react quickly and emotionally

”

How To Support Aries Rising

- **Pair starts with follow-through.** Break projects into small steps so finishing feels as rewarding as starting.
- **See through the performance.** Notice when “bold” is covering uncertainty, and offer quiet reassurance later.
- **Give them safe unknowns to tackle.** New parks, easy recipes, or beginner-level challenges feed their drive without overwhelming.
- **Honor their need to lead off.** Let them frequently start games, arrive first, choose seats, or open the conversation. Beginnings help them feel safe.

“**first to speak,
first to leap,
first to say
“I’m in!”**”

”

ASC

Aries Rising **The Armor of Initiation**

Aries Rising children enter life like they’re here to ignite a fire. In the best of ways, of course. First to speak, first to leap, first to say “I’m in!” Being first is how they perceive social acceptance, even when they’re not sure what it is they may have volunteered for.

This isn’t always confidence. It’s defense through momentum. For Aries Rising, starting is safety. It gives them a sense of control over the unknown.

But they may struggle to finish what they begin. That’s the key to understanding this placement: The Aries Rising child charges ahead because beginnings are their shield.

A child with Aries Rising might appear bold and adventurous - but they may not feel emotionally comfortable with boldness deep down. They may perform courage first, and process vulnerability later, sometimes much later.



Aries Mars

The First Foot Forward

One of the special things about Mars is that it can occur anywhere in the 12 signs, unrelated to the position of the sun. Being that it's the **first** planet to have that autonomy, it shares a special affinity for the first sign of the 12, Aries.

Most kids with their Mars in Aries are known to act first and reflect later. **They don't tiptoe around outcomes.** They chase what's in front of them with a uniquely optimistic fire. Their energy in competition has urgency - speed.

Aries Mars kids need to move like they need to breathe. And when this is given the proper channel, amazing accomplishments are there to be had, true mountains to be climbed.

Give that child a channel - a challenge requiring courage, a goal needing action, structure that doesn't stifle - and they focus.

How To Support Aries Mars

- **Channel speed into games.** Include timers and challenges to see who picks up the most or catches the ball the most.
- **Let them learn by doing.** Step back, let them first try to teach themselves, then coach after mistakes.
- **Notice and name their wins.** Treat quick action as a real skill, not just compliance.
- **Let them choose their own way of burn off energy.** A burst of movement before focus time keeps cooperation high.

“
**amazing
accomplishments
are there to
be had...**
”



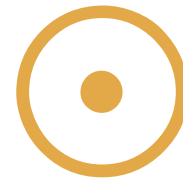
chapter 6

Taurus

How To Support Taurus Sun

- **Protect their rhythm.** Keep routines steady so they can lean on familiar patterns.
- **Engage the senses.** Use hands-on, tangible experiences like cooking, gardening, or sand.
- **Celebrate self-reliance.** Let them know you see and value their ability to stand on their own.
- **Acknowledge** their steadiness. Point out moments they manage tasks calmly and capably.
- **Show consistency in your actions.** Keep promises and follow through to build mutual trust.

“**deeply tied to the most tangible parts of our material world.**”



Taurus Sun

The Keeper of Enduring Things

With a Taurus Sun child, It's not always loud or obvious; but it's always there, **reflected in the unfolding of their persitent will to grow.**

That will of theirs can behave like a slow-moving river: powerful yet fixed. Even when the Taurus Sun gets moving, it locks into a grounded, dependable rhythm. Deeply tied to the most tangible parts of our material world.

A Taurus Sun child is truly unique because they carry something rare in a world (and childhood) that prizes speed, novelty, and constant stimulation: a sacred steadiness. While other kids might chase what's shiny, loud, or fast, the Taurus Sun child reflects deep self-sufficiency.

In astrology, the Sun sign reflects the steady current of vitality that moves through a child's actions, decisions, and long-term growth.



Taurus Moon

The Keeper of What Soothes

When a child's Moon lives in Taurus, their emotional world is **deeply sensory**. They may react to tone more than words. Texture more than text.

Before they even have faculty to speak, they will respond to vibration, warmth, and **the feeling in your voice**. Yelling will rarely reach them, whereas gentle, sense-based communication often does.

Steadiness underpins much of their emotional wiring. **Their inner world blooms in calm spaces**, where the assurance of predictability has space to take root and develop.

An ideal Taurus moon environment is somewhere nothing startles, nothing rushes, and all the sensations are as textured as warm meals, plush stuffies and familiar songs.

How To Support Taurus Moon

- **Protect their calm spaces.** Keep environments predictable, soothing, and free from sudden disruptions.
- **Be the steady anchor.** Show them, through consistency, that your care is unshakable.
- **Lead with gentleness.** Use soft tones and calm body language - Your voice is like a texture to them.
- **Honor their pacing.** Let them take the time they need to settle before moving on.

“**steadiness underpins much of their emotional wiring**”

How To Support Taurus Rising

- **Value consistency over performance.** Praise their reliability, follow-through, and steadiness.
- **Model calm in unfamiliar situations.** Your grounded energy shows them the new space is safe.
- **Give them time to warm up.** Avoid pushing quick hellos or instant participation in new settings.
- **Introduce change slowly.** Pair something new with something known so they can root before adapting.

“**their way of
gaining favor
isn't to perform.
It's to persist**”

ASC

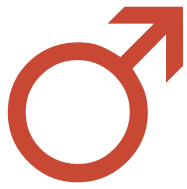
Taurus Rising **The Stillness that Builds**

Taurus Rising children protect themselves by slowing things down. In unfamiliar situations - a new classroom, a loud birthday party, or a big family gathering - they may cling to what's known: the toy in their hand, their favorite snack, the texture of a familiar fabric or stuffy.

A core Taurus Rising strategy will be to root deeply into what they know already feels good, while they decide if the new situation they're encountering is safe to trust.

They don't seek approval by dazzling or adapting. They earn it, quietly, by staying consistent. Their way of gaining favor isn't to perform. It's to persist.

They hope to gain acceptance by being solid, for being reliable, for staying trustworthy even when everything else changes.



Taurus Mars

The Will that Waits

When a child is born with Mars in Taurus, their drive lives in the body. It's low to the ground, slow to stir, but fiercely physical once moving. This is not a child who reacts on impulse. This is a child who commits.

Their will is steady, not showy. Mars in Taurus kids don't argue to convince you. They plant their feet and wait you out.

Unlike the Taurus Sun or Moon, where the holdfast nature is connected to deeper meanings, the Taurus Mars will often dig in for the sake of it. Their stubbornness is a shadow expression of a much deeper impulse - to grow.

Their essential drive is, in fact, simply choosing when they act, when they speak, when they let go. Their "no" isn't loud. It's immovable.

How To Support Taurus Mars

- **Use clear, calm requests.** Repeated pressure can make them dig in deeper.
- **Frame cooperation as shared commitment.** "Let's finish this together" works better than commands.
- **Acknowledge their staying power.** Praise when they stick with a task start to finish.
- **Offer advance notice for change.** Giving them time to adjust helps prevent shutdown or resistance.

“
**their essential
drive is, in fact,
simply choosing
when they act**
”



chapter 7

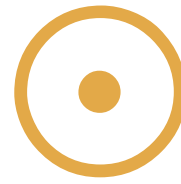
Gemini

How To Support Gemini Sun

- **Listen like it matters.** Give full attention when they share, even if it's rapid-fire.
- **Fuel their curiosity.** Offer books, questions, and new experiences to connect ideas in fresh ways.
- **Make room for verbal play.** Jokes, rhymes, and storytelling feed their joy in expression.
- **Validate their need for variety.** Change scenery or activity before boredom turns into mischief.
- **Reflect their words back.** Paraphrase or repeat key points so they feel heard and understood.

“
**this is motion
for the pure
sake of
discovery**

”



Gemini Sun **The Echo of Shifting Winds**

When a child is born with the Sun in Gemini, their light moves fast. Flickering, skipping, reaching - never satisfied to stay still for long.

They shine by connecting: ideas to words, words to people, people to questions. Their identity is shaped in conversation, even before language arrives.

Above all else, they build confidence by being understood. By being heard, reflected, and bounced back to.

It can look like performance, like fidgeting, like testing limits with their words.

But underneath is a deep hunger for genuine connection and understanding. For someone who will hold space for all the angles of their mind.



Gemini Moon

The Voice That Holds Feeling

When a child is born with the Moon in Gemini, their emotional world moves like a train of thought.

They need to talk to connect with how they feel. This is also a child who may deflect discomfort with chatter, who tells you a story instead of naming the sadness deeper down. Who cracks a joke in the middle of their pain. Who runs to the next room, or the next question, rather than sit in something heavy.

It's not because they're shallow, but because Gemini Moon children are mentally wired for emotional movement. If they can't explain what's happening inside, and become rooted, they may feel overwhelmed or alone.

That is why it's so crucial to realize they don't need fixing. They need mirroring. Their security lives in being understood and reflected back to them.

How To Support Gemini Moon

- **Let them talk it out.** Give space for chatter, jokes, or stories — it's how they process feelings.
- **Don't force stillness.** Their movement (pacing, fidgeting, bouncing) helps them regulate.
- **Encourage emotional language.** Gently add feeling words into the conversation to build their vocabulary.
- **Stay patient with deflection.** Don't rush them to the "real issue"; trust they'll circle back when safe.

“

Gemini Moon children are mentally wired for emotional movement

”

How To Support Gemini Rising

- **Notice what's underneath the charm.** Pay attention to quieter feelings that may hide behind cleverness.
- **Create safe spaces for authenticity.** Give them private moments where no performance is needed.
- **Guide them gently toward self-trust.** Remind them they don't have to match every room to belong.
- **Honor their words as armor.** Don't dismiss chatter or jokes — it's how they manage newness.

“
**let them be many
things until they
find the one that
fits with their
deeper self**
”

ASC

Gemini Rising **The Bridge to Quick Feeling**

When a child is born with Gemini Rising, they enter the world with words as their first line of defense.

This is a social armor made of brightness. They excel in quick observations, clever comments, playful distraction. But their charm is not just delight, it's strategy. A way to scan, connect, belong.

Gemini Rising children learn safety by staying a step ahead. They read the room fast, adjust their tone to match, and try on personalities like costumes to see which one wins approval.

When adults say “they're so outgoing,” they miss the truth: that performance is protection. That curiosity is camouflage. That movement keeps feelings from settling somewhere vulnerable. You must first let them experiment. Let them narrate. Let them be many things until they find the one that fits with their deeper self.



Gemini Mars

The Mind That Turns the Tables

This is not the Mars of brute force. It's the Mars of finesse. Of talking their way out of trouble, of redirecting anger into argument, of disguising their desire with distractions.

A child with Gemini Mars wants to out-think the challenge before it ever becomes a fight. Conflict, to them, feels like a puzzle to solve or a game to win - and never a place to sit still in discomfort.

They may get frustrated easily, especially when their ideas are dismissed. And when boredom hits, it's not just inconvenience, it feels like entrapment.

But give them a timed test, a rapid-fire challenge, a chance to prove how fast they can think or otherwise prove themselves? They light up.

Their victories rarely come from grinding one skill to perfection — but from dancing across many, dazzling in the moment, and then moving on before mastery has the chance to grow stagnant.

How To Support Gemini Mars

- **Acknowledge their finesse.**
Praise clever solutions and quick thinking, not just effort.
- **Avoid dismissing their ideas.**
Even hasty thoughts need to be heard to prevent frustration.
- **Frame goals as quick wins.**
Break larger tasks into bite-sized accomplishments so they can shine in the moment.
- **Channel conflict into puzzles.**
Turn arguments into problem-solving games rather than power struggles.

“
**conflict, to them,
feels like a puzzle
to solve or a game
to win**
”



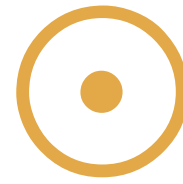
chapter 8

Cancer

How To Support Cancer Sun

- **Be patient with retreat.** If they withdraw or pout, remember it's not defiance, it's self-protection. Gentle reassurance brings them back out.
- **Value their loyalty.** They guard what (and who) they love most. Acknowledge this devotion and show them it's appreciated.
- **Create a sense of safety.** When they feel protected, their natural warmth and comforting presence can shine freely.
- **Encourage their nurturing side.** Give them small ways to care for others

“
**the force behind
it is among the
fiercest in the
12 signs**
”



Cancer Sun **The Keeper of Tender Things**

Cancer Sun children lead with feeling, even if they don't always show it. Their world is made of moods, impressions, and emotional undercurrents.

Their light shines with a subtle, internal compass that guides their choices long before logic gets a say. What they do may look quiet or soft, but the force behind it is among the fiercest in the 12 signs.

What they love most, they guard with their loyalty - ensuring they can keep it safe no matter what.

When Cancer Sun children feel protected themselves, they shine from the inside out. They comfort others naturally and intuitively. But when the world feels harsh or unpredictable, they can retreat into the shell, becoming passive or overly pouty and reactive. It's not out of spite (though it can seem that way), it's because their Sun was built for protection, nurturing and emotional power.



Cancer Moon

The Deep Waters Beneath

If Cancer Sun is emotional warmth you can see, Cancer Moon is the ocean underneath it: deeper, more guarded, more private.

A Cancer Moon child feels everything, whether or not they show it. Their emotional memory runs deeper than logic, deeper than words, often deeper than they will ever explain.

Cancer Moon takes the Cancer principles of loyalty, sensitivity, intuition - and amplifies them. But here is a key distinction: the Moon doesn't express, it reacts.

When hurt, the Cancer Moon child will often withdraw, cling, or lash out unexpectedly. But when understood, they're astonishingly nurturing. They comfort without being taught how. They notice what's needed emotionally long before most others do. They love in ways that become legacy.

How To Support Cancer Moon

- **Be their emotional lighthouse.** Stay steady and calm, even when their moods shift.
- **Acknowledge their nurturing gift.** Celebrate the moments they comfort or notice others. It affirms their instinct to care.
- **Permit the ebb, invite the flow.** Let them recede as long as they need to, then welcome their return with warmth.
- **Validate invisible feelings.** Say, "That seemed hard for you" or "I can see this mattered," even if they don't put it into words.

“
**their emotional
memory runs
deeper than
logic**
”

How To Support Cancer Rising

- **Allow guarded beginnings.** Let them hide behind you or hold a toy until they feel safe.
- **See outbursts as armor.** Respond with calm steadiness, not punishment, so they learn safety works without reactivity.
- **Offer unconditional approval.** Make it clear they already belong with you, no matter what mood or defense shows up.
- **Model calm in new settings.** Your steadiness signals the environment is safe to enter.

“**more than “sensitivity” - it’s a child who leads with emotional radar**”

ASC

Cancer Rising **The Shell That Meets the World**

A Cancer Rising child enters the world guarded by feelings. Before they speak, before they move, they sense. This is more than “sensitivity” - it’s a child who leads with emotional radar, scanning for safety, warmth, belonging. Their Rising sign is their shell, and they wear it like armor made of instinct.

Where Sun or Moon in Cancer reveals tenderness over time, Cancer on the Ascendant shields it up front.

In unfamiliar settings, they may hide behind a parent’s leg, cling to a favorite toy, or go suddenly quiet while taking in the emotional landscape. It’s not shyness - it’s strategy.

Tears, pouting, and sudden outbursts can all be part of their defense system. Because reactivity for cancer rising - sending up warning flares whenever they feel threatened or uncomfortable- is an effective style of armor.



Cancer Mars

The Protective Instinct

A child with Mars in Cancer rarely charges forward, they are much more likely to guard the gate.

Their will is tied to emotion, and their anger often comes from feeling unsafe, unseen, or unprotected. This isn't classic firepower. It's the slow boil, the quiet siege, or the sudden snap when boundaries are crossed.

They don't fight for attention. They fight for loyalty, for home, for memory. Their reactions may feel disproportionate. Mars in Cancer feels first, reacts second, and only later sorts out the "why."

They will often seek control through emotional leverage: withholding, caring things opposite of you, or retreating into sullenness. They'll do anything to avoid direct conflict, but once they're in it, they remember everything that hurts, and they fight with that full force of feeling.

How To Support Cancer Mars

- **See anger as protection.** Understand their outbursts as guarding loyalty, home, or safety, not solely aggression.
- **Model strength in openness.** Show how voicing needs calmly is more powerful than guarding them silently.
- **Teach safe shields.** Encourage healthy ways to set boundaries without shutting down or lashing out.
- **Value their protectiveness.** Praise when they stand up for others or defend what they care about.

“
**they fight for
loyalty, for home,
for memory**
”



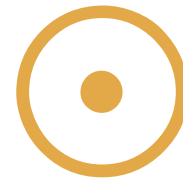
chapter 9

Leo

How To Support Leo Sun

- **Let them feel chosen.** Give them meaningful roles at home or in play, so they know they belong.
- **Name their loyalty.** Point out how their presence makes others feel safe and confident.
- **See beyond performance.** Recognize their effort and heart, not just the show they put on.
- **Guide pride gently.** Teach them they're worthy even without applause or attention.

“
**they offer their
core self to be
chosen and
lifted up**
”



Leo Sun **The Spark of Being Seen**

A Leo Sun child is born to shine, but not in the way the world often assumes. This isn't just about being loud, bold, or dramatic. Their light comes from something so much deeper than the surface: a need to be recognized, to be felt.

They don't just perform to be admired. They offer their core self to be chosen and lifted up. Instinctively stepping between two arguing siblings, trying to fix the vibe in the room by leading from the heart.

It isn't just that they burn brightly; it's that their fire holds. It sustains the kind of confidence that makes others want to follow. Yet underneath it all is a steady yearning for the answer to a core question: *Am I still worthy if no one's watching, if no one's following?*



Leo Moon

The Heart That Needs to Matter

It's not only about being included - not only about feeling loved - their emotional needs are wired to demand recognition. Their feelings and reactions project more outwardly

If they feel like just another kid in the room, something inside them wilts and they feel further and further from inner security. In their emotional world, they may say: "If I'm special to you, then I'm safe."

They don't need the spotlight for its own sake. They need the warmth of being someone's favorite audience, favorite helper, favorite child - even if only for a moment. It's how they calibrate connection.

When hurt, they may respond with a classic flare for Leo drama, but it's a defense. The Leo Moon child is trying to protect their mission, their heart, their deepest sense of self all at the same time.

How To Support Leo Moon

- **Offer consistent warmth.** Extra attention (like a secret treat or laugh) reassures them they're deeply safe and cherished.
- **Celebrate their presence, not performance.** They thrive when adored for being them, not only what they achieve.
- **Treasure them openly.** They need to feel singled out and emotionally chosen, not just generally loved.
- **Protect their dignity.** When they flare up with "drama," recognize it as a defense of their heart and sense of self.

“

**if I'm special to
you, then I'm
safe**

”

How To Support Leo Rising

- **Let them shine safely.** Give them low-stakes chances to be “on” (family skits, storytime).
- **Model steady self-worth.** Show them that being accepted doesn’t always mean dazzling — sometimes it means just being.
- **Reflect their courage.** Acknowledge how brave it is to step forward in new spaces, even if they feel unsure deeper down.
- **Uplift their leadership.** Highlight when their brightness inspires others to join in or feel included.

“
**in their minds,
confidence
earns safety**
”

ASC

Leo Rising **The Spark They Step Into**

A Leo Rising child meets the world like a spotlight just flicked on. Like it’s their chance to demonstrate their confidence. In their minds, confidence earns them safety. Their brightness is intentional. Strategic. A performance of certainty that can mask just how much they’re hoping to be liked.

It’s survival through sparkle. And it works well as a protective armor.

But when the performance isn’t met with applause - when a joke falls flat, when someone else gets the praise - they may feel more vulnerable than most.

Not because they’re self-absorbed, but because their sense of safety can often tether to how brightly they are received. That is why it’s so crucial to emphasize just how okay it is when some people, inevitably, do not accept them.



Leo Mars

The Will to Be Worthy

A child with Mars in Leo takes action like it's a statement: I matter. Watch me prove it. Their drive is bold, expressive, and tied to higher levels of confidence.

They don't just want to win... they want the win to mean something big. Conflict, challenge, even basic tasks become performances of self-respect.

They push hardest when they feel their dignity's on the line. Correct them too harshly and they will feel it to their core. Their willpower is tied to identity, so failure doesn't just sting. It can threaten everything they believe they're capable of.

They'll fight to be respected. To lead. To feel important. They come alive when trusted with real responsibility. Give them an audience, yes. But also give them purpose, and watch them soar.

How To Support Leo Mars

- **Celebrate effort as noble.**
Praise the heart they put into trying, not just the outcome.
- **Give them a stage with purpose.** Performance matters more when it's tied to something real, like helping the family or protecting a friend.
- **Guide their pride gently.**
Encourage confidence without slipping into comparison or showboating.

“
**they push hardest
when they feel
their dignity's on
the line**
”



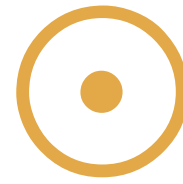
chapter 10

Virgo

How To Support Virgo Sun

- **Give them meaningful roles.**
Small responsibilities build their confidence and sense of purpose.
- **Appreciate the little things.**
Notice the care in their details, and let them feel how much it matters.
- **Show them they belong.** Make space for their contributions *and* for their presence, so they know both are cherished.
- **Protect their pride in usefulness.** Don't dismiss their help, acknowledge it sincerely and see them shine.

“
**motivated by a
deep desire to
contribute**
”



Virgo Sun **The Light in the Details**

A Virgo Sun child finds meaning through doing things right. Their identity is built around being capable. They are quietly competent, attuned to the needs of others, and motivated by a deep internal desire to contribute. Their light shines not by seeking attention, but by being helpful, reliable, and needed.

A common misconception about Virgos is that they are critical. In reality, Virgo Sun children shine their light by trying to make things better. Their urge to perfect things is rooted deeply in care — a desire to bring harmony and order to their world.

When they feel overlooked, that energy can turn critical. And often, Virgo kids may direct it inward. Beneath it is a deep wish to feel valued and valuable. It's their way of showing devotion, steadily tending to life with a special kind of intention.



Virgo Moon

The Safety in Serving Love

In order to feel emotionally secure Virgo Moon children strive to feel helpful and have that help valued.

They are nourished by roles, by rituals, by feeling like a trusted part of someone's emotional ecosystem. Their inner wiring says: If I'm helping, I'm safe.

This is not a child who demands attention. In fact, they may flinch from it. But they long to be included in meaningful ways.

When they feel their thoughtful efforts are brushed aside, they don't explode. They contract. A part of them quietly folds inward.

Their small acts of care hold a quiet plea: See me. Need me. Let me belong. When their care is received with trust and warmth, the Virgo Moon child blossoms into a steady source of dependability and devotion.

How To Support Virgo Moon

- **Use rituals as anchors.** Bedtime routines, family habits, and repeatable tasks build emotional security.
- **Receive their devotion warmly.** Accept their care with gratitude, so they learn their love has a place with you.
- **Include them meaningfully.** Don't spotlight them for attention; give them roles that feel purposeful.
- **Notice when they fold inward.** Withdrawal often signals they feel unneeded or brushed aside. It's okay to acknowledge it.

“
**their inner wiring
says: if I'm helping,
I'm safe**
”

How To Support Virgo Rising

- **Model flexibility.** Let them see that plans can shift without things falling apart.
- **Model steady self-worth.** Show them that being accepted doesn't always mean dazzling — sometimes it means just being.
- **Show joy in their improvements.** When they adjust or fix something, celebrate the beauty they add.
- **Interrupt overthinking with trust.** Step in with, “You’ve got this” or “Good enough is enough” when they’re caught in loops.

“
**if I can prove I’m
competent, I’ll be
accepted**
”

ASC

Virgo Rising **The Need to Get It Right, Right Away**

Virgo Rising children believe approval must be earned through usefulness. In unfamiliar environments, they might immediately try to help, follow directions perfectly, or overthink simple tasks. It’s all part of their rising strategy: If I can prove I’m competent, I’ll be accepted.

They don’t wing it. They prepare. Giving themselves every conceivable advantage ahead of time. It’s not about anxiety, it’s about stacking the deck, making sure they don’t get caught off guard. Preparedness becomes their protection.

Adults often love them - because they’re “easy.” But what gets missed is how much pressure they’re putting on themselves just to not be a problem.

A small mistake can lead to enormous self-doubt because they often think getting it wrong means getting left out.



Virgo Mars

Driven to Perfect the World

As kids, their energy often feels more sharp, focused, and constantly scanning for how to improve, correct, or fine-tune... everything.

They're rarely motivated by attention or dominance. Rather driven by the quiet thrill of getting it exactly right.

These are kids of great action, but they will prefer to act when the system is clean, the plan is clear, and the variables are under control (part of the plan).

When things aren't under control... If things feel messy, rushed, or inefficient, frustration may kick in fast. Virgo Mars doesn't always explode, but it simmers.

It may come out as snapping, nitpicking, or silently redoing everything from scratch.


How To Support Virgo Mars

- **Give them space to prepare.** Let them organize, practice, or review before asking them to act.
- **Encourage progress over perfection.** Praise effort, persistence, and small wins, not just flawless outcomes.
- **Keep instructions clear and structured.** Ambiguity fuels anxiety; clarity builds confidence.
- **Let them feel mastery in the small things.** Routine tasks (like setting the table or organizing supplies) give them daily outlets for precision.

“

**Virgo Mars
doesn't always
explode, it
simmers**

”



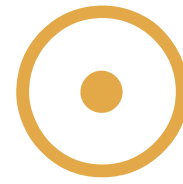
chapter 11

Libra

How To Support Libra Sun

- **Prioritize fairness.** Keep rules, attention, and praise balanced — they thrive when the environment feels just.
- **Notice their diplomacy.** Acknowledge when they share, mediate, or create harmony — but also praise when they stand their ground.
- **Teach self-trust alongside kindness.** Model that caring for others can coexist with caring for oneself.
- **Create safe conflict practice.** Show through family conversations that relationships can hold both love and disagreement

“
**harmony is
like being
home**
”



Libra Sun

Harmony Within the Whole

Much like the idea of scales themselves, A Libra Sun child's identity is relational. It comes into focus when they're connecting, collaborating, or creating beauty side-by-side. This isn't about people-pleasing. It's about belonging through balance with the other.

The Libra Sun child shines brightest when the environment feels fair and full of mutual care - because harmony is like being home.

But this harmony isn't passive. It's an active, sometimes exhausting pursuit.

Underneath all that diplomacy is a child trying to stay connected without disappearing. Their core challenge is learning they can disagree and still be loved. That peace isn't keeping everyone happy. It's staying whole while staying close.



Libra Moon

The Need to be In Sync

If Libra Sun is charm and connection on display, Libra Moon is the emotional tightrope underneath: always adjusting, always scanning for imbalance. A Libra Moon child is wired to keep things smooth. It's not for performance. It's for the texture of their inner cocoon.

They don't just sense conflict - they feel responsible for it. A sharp tone, a sibling squabble, a forgotten thank you can stick with them longer than most.

Not because they're fragile, but because they're trying to hold the room together with their emotional posture. Balance is where they feel safe.

Libra Moon takes Libra's gifts of fairness, harmony, and charm, and internalizes them. It's not because they're unsure or indecisive - those are manifestations - their core assumption is rocking the boat leads to turbulent waters.

How To Support Libra Moon

- **Name conflict as safe.** Show them that disagreement doesn't break love or connection.
- **Reassure when tensions rise.** A calm word or steady presence helps release responsibility for keeping peace.
- **Encourage honest feelings.** Gently invite them to share what they truly feel, even if it disrupts harmony.
- **Balance praise.** Acknowledge both their kindness and their courage to disagree.

“
**balance is
where they
feel safe**
”

How To Support Libra Rising

- **Affirm inclusion without performance.** Remind them they belong even when they're not "easy."
- **Model honest boundaries.** Show that kindness can coexist with saying no.
- **Value depth, not just ease.** Praise their thoughtfulness and sincerity, not only their charm.
- **Show relationships hold steady.** Let them see that being liked isn't the only way to stay loved.

“
light, likable,
and gifted
at keeping
disapproval
at bay
”

ASC

Libra Rising

The Charm that Guards

A Libra Rising child learns early that charm is a shield. Their first instinct in any new situation is to smile, smooth things over, and give people what they seem to want.

Their Rising sign makes for a tactician made of grace: light, likable, and gifted at keeping disapproval at bay. Often-times, they'd rather feel small than make someone else uncomfortable - which can be particularly noticable in sibling dynamics.

If they're easy to be around, they believe they'll be included. If there aren't any waves, no one will leave.

Being liked becomes their way of staying accepted & protected. While this can be a great way to make friends fast, it can create barriers to deeper layers of connection.



Libra Mars

The Drive for Graceful Impact

A child with Libra Mars will be driven by the want for things to look good, sound good, and feel good, inside & out. Beauty is not just something they enjoy; it's something that energizes them.

In conflict, Libra Mars will rarely attack outright. They'll try to mediate, distract, or find a middle ground that keeps things intact.

They don't want to win alone. They want a win that feels good to everyone involved. That can make them excellent collaborators... or extremely avoidant, depending on how safe they feel asserting themselves.

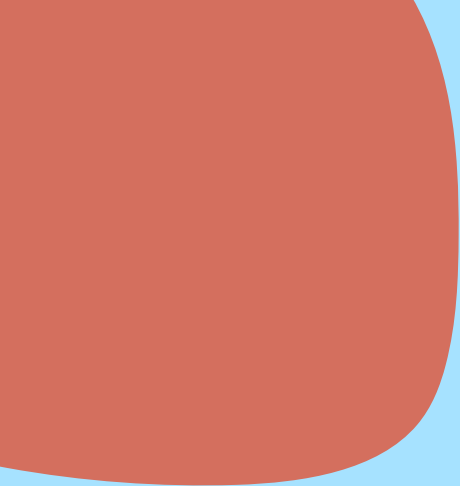
How To Support Libra Mars

- **Validate their eye for balance.** Praise when they find elegant, fair, or creative solutions.
- **Celebrate collaborative wins.** Frame success as shared so they feel energized, not isolated.
- **Reassure them it's safe to assert.** Teach that their voice adds beauty, not conflict, when spoken with truth.
- **Watch for simmering resentment.** Gently invite them to share feelings before withdrawal or passive pushback takes over.

“

**they want a win
that feels good
to everyone
involved**

”



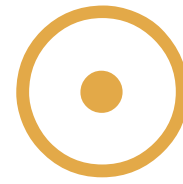
chapter 12

Scorpio

How To Support Scorpio Sun

- **Build trust with consistency.** Follow through on promises — broken trust cuts deeply for them.
- **Respect their privacy.** Give them space to process; don't force disclosure before they're ready.
- **Reassure them that closeness endures.** Teach that relationships can survive conflict, silence, and stormy emotions.
- **Guide intensity into outlets.** Writing, art, movement, or deep projects help them channel big feelings.

“
**their identity
forms through
emotional depth,
loyalty and truth**
”



Scorpio Sun

Power Beneath the Surface

Here's the thing about Scorpio Sun children: They are not loud about who they are... But they feel who they are fiercely. Their identity forms through emotional depth, loyalty, and truth. Their light isn't showy. It's subterranean. Magnetic. And often misunderstood.

They want to be known deeply, but only by the few who've earned it. This is the child who watches before speaking, who tests trust slowly, who asks sharp questions to assess whether or not you, or anyone they have strong feelings for, will stay.

They don't shine for praise. They shine when something feels real. When they're given responsibility that matters. If they sense the room's unspoken emotions and know they're not the only one feeling them - that's when their power and core self truly comes alive.



Scorpio Moon

The Deep Waters Beneath

A Scorpio Moon child doesn't just feel deeply... they tend to feel in secret. If they have a bad day, the last thing they'll think to do is talk about it. They're born with the instinct that feelings aren't always safe in the open. Trust, for them, is never automatic. It has to be earned. Slowly. Repeatedly.

Small moments matter tremendously to them. Being left out without explanation or a joke that goes too far... These aren't things they bounce back from instantly. They internalize. They build walls.

But when they do trust you - when you're instrumental in making them feel safe - they love with an intensity that's astonishing.

They will defend you. They will see you. They will never forget the people who made them feel protected.

How To Support Scorpio Moon

- **Protect their trust fiercely.** Keep confidences and never use their feelings against them.
- **Look beneath the surface.** Recognize that anger, withdrawal or sharpness often hide hurt.
- **Reassure them of safety.** Consistency and reliability help soften their walls.
- **Honor their loyalty.** Acknowledge and appreciate the depth of their devotion once they trust you.

“

**they love with an
intensity that's
astonishing**

”

How To Support Scorpio Rising

- **Respect their pace.** Don't push introductions or demand openness; let them come forward when ready.
- **Protect their privacy.** Avoid putting them on the spot or forcing compliments they don't want.
- **Don't mistake reserve for rejection.** Their distance is self-protection, not disinterest.
- **Let them keep control.** Small choices and autonomy help them feel safe in new environments.

“
**they learn
quickly that
mystery keeps
them protected**
”

ASC

Scorpio Rising

The Guarded Gaze

A Scorpio Rising child walks into a room reading it. Their rising sign is armor made of observation: they don't introduce themselves first. They assess.

This isn't shyness. It's strategy. To them, connection is not automatic. It's something that has to feel earned. In new environments, even a Scorpio Rising with Leo Sun won't outwardly ask for attention. They'll wait and watch. Gauge who's safe, who's posturing, who's playing fair. Even as toddlers, there's often a sense they're holding something back until you prove you're worthy of it.

They learn quickly that mystery keeps them protected. And they prefer to be underestimated, because it gives them control of expectations. They may reject being put on the spot, deflect compliments, or glare when someone makes a wrong assumption. It's not about drama. It's about preserving power in a world that often feels too quick to demand access.



Scorpio Mars

The Protective Instinct

A Scorpio Mars child rarely acts impulsively. Their will is focused, strategic, and fueled by emotion - but not controlled by it.

They don't charge ahead, they watch, plan, and commit when they feel like the outcome is worth it.

This is the child who is a master of quiet resistance from their first breath. Expert at waiting their parents out. Their power lives in restraint. In knowing when to act, and when to hold the line.

Scorpio Mars is good at remembering what hurt, and they fight hardest when something feels personal, emotionally meaningful, or control-based in nature.

How To Support Scorpio Mars

- **Stay calm when intensity shows.** Respond with steadiness, not escalation.
- **Channel their focus.** Give them meaningful, high-stakes tasks where commitment pays off.
- **Respect their pace.** They act when ready — forcing action only fuels resistance.
- **Protect their sense of dignity.** Manipulation or disrespect will backfire fast.

“

**a master of quiet
resistance from
their first breath**

”



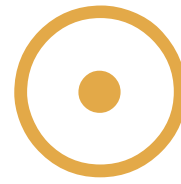
chapter 13

Sagittarius

How To Support Sagittarius Sun

- **Give them freedom with trust.** Offer safe boundaries while letting them roam, explore, and try new things.
- **Keep life expansive.** Break up routine with variety, spontaneity, and open-ended opportunities.
- **Channel restlessness into movement.** Sports, hikes, or even just long walks help them thrive.
- **Guide without controlling.** Offer options, not ultimatums — they shine when they feel choice.

“
**their identity is
built through
discovery**
”



Sagittarius Sun

The Seeker in Motion

A Sagittarius Sun child needs freedom like oxygen. Their identity is built through discovery. Trying new things, exploring big ideas, chasing what feels just out of reach - these desires are what animate the core of a Sagittarius Sun.

They're allergic to boredom, and thrive when life offers them open skies instead of small boxes. The Sagittarius Sun is a good example of kids who *don't* shine with routine. With other air or fire placements present, a Sagittarius Sun can shrink from the rigidity that would serve a Capricorn or Taurus.

They're at their brightest when trusted to roam - excelling mentally, physically and spiritually. Yet this is the same child who might challenge authority, test boundaries, or suddenly check out when things feel too repetitive or narrow. They struggle with rules that lack a reason they understand. They thrive most when there's room to improvise, wander, and make meaning for themselves.



Sagittarius Moon

The Need for Emotional Altitude

A Sagittarius Moon child resists being pinned down, especially by feelings. Emotional structure doesn't soothe them, it stifles their ability to process experiences. Sit-down talks, rules around tone, being told how to feel or when to talk? It's like locking the door to their inner world.

Their emotional safety depends on freedom: to move, to laugh, to believe that whatever comes next will feel better than what just passed. A change of scenery, a funny thought, a sense of possibility; these are their coping tools.

Forcing them to slow down can sometimes be necessary, but the Sagittarius Moon child will feel most secure in that moment they rise above the moment. Not to escape it. But rather, in the attempt to reframe it. They need to believe in something hopeful, even while they're still hurting.

How To Support Sagittarius Moon

- **Pair movement with conversation.** Walk-and-talks, car rides, or active play make sharing feel natural.
- **Don't trap their feelings.** Avoid rigid sit-down talks; let them process while moving, joking, or imagining.
- **Use stories and wisdom.** Parables, adventures, and hopeful reframes feel safer than direct emotional rules.
- **Encourage hopeful reframing.** Guide them toward possibility: "What could feel better tomorrow?"

“

**their emotional
safety depends
on freedom**

”

How To Support Sagittarius Rising

- **Give them room to move.**
Let them step outside, fidget, or shift activities when energy runs high.
- **Celebrate when they stay.**
Acknowledge the trust it shows when they choose closeness over escape.
- **Invite connection gently.**
Offer presence without pressure; let them linger because they want to, not because they must.
- **Use humor and lightness.**
Meet their jokes or playful shifts as valid ways of easing tension.

“
**to them, stillness
means exposing
their deeper
layers**
”

ASC

Sagittarius Rising

The Motion That Holds Safety

A Sagittarius Rising's first response isn't to push back, it's to pull away. Their armor is momentum. They outrun discomfort before it fully lands.

If the room feels heavy, the conversation too serious, or the attention too pointed, they'll shift gears or suddenly need to escape to the outdoors.

Their instinct is to keep moving. To them, stillness means exposing their deeper layers. Staying one step ahead of expectations, emotions, keeps them feeling safe. Underneath all that motion is a real desire for connection, they just don't want it to cost their freedom to move in order to have it.

If they feel cornered, they'll disappear. But when they choose to stay, when they feel like the door's open and they're free to leave, they'll often linger longer than expected. Not because they were chased, but because they were trusted.



Sagittarius Mars

The Motion That Holds Safety

A Sagittarius Mars child is driven by big possibilities. Their energy comes alive when there's something to explore, solve, chase, or believe in.

This is the child who acts fast and learns through doing, sometimes before they're fully ready. They'll leap before they've double-checked the landing. Not because of impulse or a thrill - but because they're so fully propelled by faith. If something looks interesting or important to them, they're already halfway to accessing their magic.

This Mars doesn't respond well to restriction. Tightly structured tasks, micromanagement, or rules without reason drains their fire fast. They may resist by procrastinating, turning everything into a joke, or simply deciding not to try.

If you inspire them to ask "Why am I doing this?" and actually offer an answer that resonates, they'll light up with self confidence.

How To Support Sagittarius Mars

- **Use challenges, not constraints.** Frame goals as adventures or quests rather than chores.
- **Offer freedom with guidance.** Give them room to move, explore, and test ideas without over-control.
- **Watch for avoidance cues.** Joking, stalling, or ignoring often signal boredom or lack of meaning.
- **Link action to purpose.** Show how tasks connect to a bigger picture they care about.

“

their energy comes alive when there's something to explore, solve, chase, or believe in

”



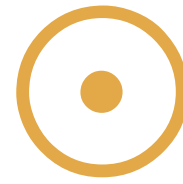
chapter 14

Capricorn

How To Support Capricorn Sun

- **Give them meaningful roles.** Small responsibilities build their confidence and sense of purpose.
- **Appreciate the little things.** Notice the care in their details, and let them feel how much it matters.
- **Show them they belong.** Make space for their contributions *and* for their presence, so they know both are cherished.
- **Protect their pride in usefulness.** Don't dismiss their help, acknowledge it sincerely and see them shine.

“**achievement
gives them a
sense of identity**”



Capricorn Sun

The Self That Earns Its Way

A Capricorn Sun child often comes into the world with a plan in their back pocket. You'll see it in how they take themselves seriously. That seriousness appears in a way that says, I want to be trusted with something real.

These are the kids who set up lemonade stands with handwritten signs and calculated prices. Who ask to be in charge of picking the fruit, counting coins, or organizing everyone's schedule. They're not just playing at adulthood. They're trying it on, because achievement gives them a sense of identity.

You might notice they light up most when they're given meaningful responsibility. They love routines, checklists, and the sense of accomplishment that comes from doing something all the way through. Their self-esteem is built brick by brick - through follow-through, reliability, and proving that they can be counted on.



Capricorn Moon

The Need to Feel Steady Inside

A Capricorn Moon child's emotional world is private, carefully managed, and often mistaken for distance. These are the kids who stay composed when others cry, who hold it together while carrying far more than they show. Their instinct is to stay strong, useful, and contained... because to them, vulnerability feels risky.

They're safest when life is predictable and purposeful. Routine and responsibility give them the sense of control they long for. leaning into structure and reliability.

It isn't coldness; it's the way reliability and order create security in a world that can otherwise feel overwhelming.

At their best, Capricorn Moon children are profoundly grounded. They bring steadiness under pressure, wisdom beyond their years, and a love language built on showing up. When they feel safe, their devotion is quiet but unwavering. Oft a calm anchor in the middle of chaos.

How To Support Capricorn Moon

- **Protect against shame.**
Treat mistakes or slips as part of learning, not weakness.
- **Name feelings gently.**
Offer language ("That seemed disappointing") without demanding openness.
- **Normalize softer moments.**
Show they don't need to stay composed to be loved.
- **Keep routines steady.**
Predictable structure helps them feel safe when emotions run deep.

“
**their instinct is
to stay strong,
useful, and
contained**
”

How To Support Capricorn Rising

- **Balance dependence.** Let them help, but also remind them it's safe to lean on others too.
- **Create safe connection.** When they trust they don't have to "earn" closeness, they begin to show their tender side.
- **Offer clear expectations.** Structure and rules help them feel steady in unfamiliar spaces.
- **See behind the armor.** Notice when their "maturity" is masking softness or vulnerability.

“
**they want to be
seen as capable and
grown-up**
”

ASC

Capricorn Rising

The Guarded First Impression

Capricorn rising has the feel of a perfectly tailored jacket: clean, structured, and meant to conceal what feels soft or unacceptable underneath. Their instinct is to be the calm one, the helpful one, and most of all, the child who doesn't need much.

They want to be seen as capable and grown-up, especially in unfamiliar situations. They will often gravitate toward the adult in charge and try to find acceptance through them. They're often more comfortable being depended on, than depending on others.

But this polished, "mature for their years" exterior is purely protective. Depending on their other placements, they may cling extremely tightly to this armor as a way to stay safe in a world that at times feels too fast, too loud, or too unpredictable. They feel they must first *earn* trust to build connection.



Capricorn Mars

Driven to Perfect the World

Capricorn Mars kids are imbued with the ability to practice the same skill quietly for weeks until they've mastered it. It's the child who willingly gets up early to gain a head start, who finds pride in doing things the "right" way. Above all, their drive is based in efforts that *build* something.

Their will is deeply self-contained. If they feel micromanaged or publicly corrected, they'll often disengage entirely. This is almost always because they feel their competence was dismissed.

They thrive when given a goal they can chip away at - particularly in tasks that require maturity.

At the heart of the Capricorn Mars driven nature is the desire to prove themselves. This can be achieved by giving them structure and space, plus a challenge they can conquer slowly, methodically, and without constant supervision.

How To Support Capricorn Mars

- **Challenge them with structure.** Provide long-term projects they can chip away at steadily.
- **Hand them the reins.** Let them own pieces of the process so progress feels like it's fully theirs.
- **Spotlight discipline.** Notice the small, repeated steps they take, not just the finish line.
- **Step back, but stay present.** Guidance lands best when it feels supportive, not controlling.

“
**their drive is
based in efforts
that build
something**
”



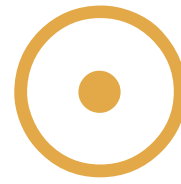
chapter 15

Aquarius

How To Support Aquarius Sun

- **Invite their perspective.** Ask what they think and show curiosity about their take on things.
- **Avoid boxing them in.** Rigid rules or conformity can dim their spark; explain the “why” behind limits.
- **Model authenticity.** Show that staying true to yourself matters more than fitting in.
- **Fuel their deep dives.** Whether it’s robots, mythology, or insects, let them lose themselves in what fascinates them.

“
**when their
originality is
respected, they
shine brightly**
”



Aquarius Sun

The Self That Stays True

If there’s one thing to understand about Aquarius Sun children it’s this: They’re not here to follow rules & instructions blindly. They are here to understand the system, question it, and improve it.

Their identity forms through originality, intellect, and the unshakable need to be real. They aren’t trying to be different for attention. Their inner compass is just always pointing toward their truest self.

They want to be taken seriously for their ideas. They are innately social and do very well in friend groups, but they need freedom from the group just as much.

When their originality is respected and lifted up as unique, they shine brightly. If they’re allowed to explore, invent, and dive into their niche passions without being redirected toward “normal”, they will always feel cherished.



Aquarius Moon

The Logic That Guards

The Aquarius moon child will almost always choose logic over vulnerability. They may want to solve the problem before naming how it hurt them. What they long for most is to be accepted without having to explain every feeling as it happens.

They often connect best through shared activities or ideas. Building something, watching a documentary, or talking about “big things” and “big ideas” like fairness, the future, or space. These shared experiences create a direct conduit for emotional closeness, with a sign that naturally struggles with it.

Their coping tools are consistently mental by design: reframing the moment, creating emotional distance or offering support to classmates instead of feeling for themselves. Underneath the calm exterior may be a longing for closeness they don't quite know how to ask for - especially if they have other more emotionally-geared placements.

How To Support Aquarius Moon

- **Stay present without pressing.** Offer closeness even when they don't verbalize feelings.
- **Create connection through activity.** Bond over shared projects, big questions, or imaginative explorations.
- **Accept their logic-first style.** Don't demand emotional displays; let solutions and ideas be part of their coping.
- **Give space for processing.** Allow them to step back and reframe before they re-engage.

“

They may want to solve the problem before naming how it hurt them

”

How To Support Aquarius Rising

- **Value their perspective.** Treat their unusual opinions and humor as contributions, not distractions.
- **Avoid emotional demands.** Invitations to share work better than expectations to explain.
- **Create freedom within connection.** Show that belonging doesn't mean conformity.
- **Honor their difference quietly.** Accept their style and quirks without making them a spectacle.

“
Underneath the boldness is a quiet hope: I can be myself and still belong
”

ASC

Aquarius Rising

The Bold that Guards the Soft

Many Aquarius Rising kids carry a cool, creative, ahead-of-their-time energy. Their style might be unusual and their opinions unexpected. They may seem untouchable or disinterested in what others think, but that's rarely the full story. Underneath the boldness is a quiet hope: *I can be myself and still belong.*

Individuality often forms as a shield: if they define the terms of their difference early on, they avoid the risk of being defined or rejected by someone else. The armor is cleverly preemptive.

It's not that they don't want connection. It's just that they want to feel safe while having it. They're not pushing others away as much as they're creating a filter for who gets close. When that closeness is built on mutual respect and freedom, they can become fiercely loyal and the central hub of social networks.



Aquarius Mars

The Will to Do It Their Way

An Aquarius Mars child is wired to act on their own terms. Their motivation doesn't come from rules, praise, or urgency - it comes from ideas.

When something makes sense to them, they move quickly and cleverly. When it doesn't, they dig in their heels - not out of defiance, but because they won't waste energy on something they don't believe in.

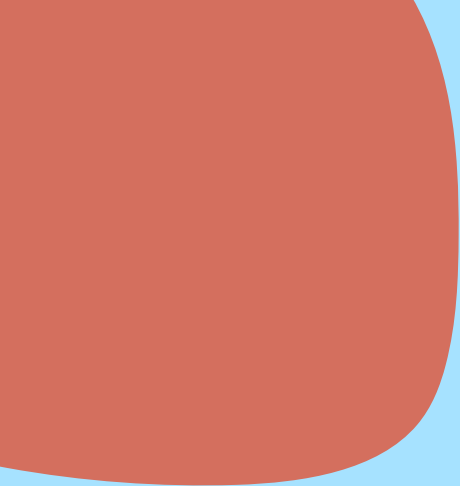
These kids thrive when they feel like part of something bigger. Give them a cause, a mission, or even a quirky little system to improve on, and they'll surprise you with their focus and originality.

But try to force them into a mold, and they may resist entirely. Going so far as sabotaging the task with quiet rebellion or flippant disregard.

How To Support Aquarius Mars

- **Protect their agency.** Too much control shuts them down; freedom and trust bring out their originality.
- **Celebrate their different way.** When their creativity is valued, their drive can become visionary.
- **Give them a mission, not a chore.** Frame tasks as part of a bigger goal or cause.
- **Let them hack the system.** They need room to tinker, question, and improve. If they can adjust the plan, they'll own it more fully.

“
**thrive when they
feel like part of
something
bigger**
”



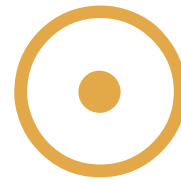
chapter 16

Pisces

How To Support Pisces Sun

- **Create safe spaces for wonder.** Encourage art, music, stories, or spiritual practices that connect them to meaning.
- **Notice their wisdom.** Acknowledge when their insights bring clarity or compassion beyond their years.
- **Take their big questions seriously.** Even the strange or spiritual ones — that's how they build identity.
- **Honor imagination as real.** Treat daydreams, stories, and inner worlds as meaningful, not dismissible.

“
**their imagination
isn't an escape,
it's a sanctuary**
”



Pisces Sun

Power Beneath the Surface

A Pisces Sun child carries the light of the last sign. Not as an ending, but as a reminder that life is bigger than what we can see.

To outsiders, they may seem dreamy or lost in thought. In truth, they are deeply present, just in a different way. Their imagination isn't an escape, it's a sanctuary. It's where they process the world until it becomes something they can carry.

Their nature is highly spiritual, even if they can't name it yet - often searching instinctively for purpose, for the thread beneath the surface. At their best, they remind everyone around them that life is richer when we honor what can't be measured.

When supported, they become luminous guides: creative, compassionate, and wise in ways that feel far beyond their years. They show us that imagination is not a distraction from reality. It is a bridge into reality's deepest meaning.



Pisces Moon

The Deep Waters Beneath

A Pisces Moon child is at home in uncertainty. Where others may seek clarity, they lean into mystery. What unsettles them is being rushed through it, dismissed, or told it isn't real.

On the surface, they may seem fine, but unprocessed feelings can quietly build until they spill sideways into withdrawal or self-doubt. Not because they're fragile, but because they weren't given safe ways to bring their inner life into an acceptable form.

What makes them feel secure is permission to unfold in their own time, with a parent who holds space instead of demanding explanations.

Creative expression fuels their inner power: music, myth, imagination honored as intelligence. Meet them there, without applying pressure, and they'll grow adept at not just their own healing, but creating medicine for others.

How To Support Pisces Moon

- **Validate what's unseen.** Never dismiss or minimize emotions that seem vague or hard to explain.
- **Encourage creative outlets.** Music, art, storytelling, or imagination help them translate inner life into form.
- **Hold firm in their waves.** When you remain grounded, they learn it's safe to ride out big emotions.
- **Make space without demands.** Let them share in their own time — presence matters more than answers.

“

**Where others
may seek
clarity, they
lean into
mystery**

”

How To Support Pisces Rising

- **Give them choices that are theirs.** Invite preferences without pressure, so they learn to recognize their own voice.
- **Create safe identity anchors.** Rituals, routines, or private hobbies help them root into who they are.
- **Celebrate authenticity.** Notice and reflect back the moments when their true self shines through.
- **Name what they're absorbing.** Gently remind them, "That mood isn't yours to carry."

“
**they shape-shift
to meet the needs
they feel will bring
their acceptance**
”

ASC

Pisces Rising **The Mirror and the Mist**

Pisces Rising children are masters of becoming what the moment demands. They read the room, take its temperature, and then reflect it back. They sense when something is “off” before anyone names it. And then they shape-shift to meet the needs they feel will bring their acceptance.

The danger for Pisces Rising kids is: over time, they forget which version of themselves is real. When asked what they want, they may hesitate endlessly and it's not because they're indecisive. It's because they've trained themselves to reflect rather than generate.

Pisces Rising kids don't need to be taught empathy - they embody it. What they need is help separating what they reflect from who they are. When you remind them they're more than the roles they play, they start to truly see themselves - and that recognition feels like meeting their own reflection for the very first time.



Pisces Mars

The Quiet Flame

Pisces Mars kids move like tides: slow to rise, slow to recede. But if the current catches something worth believing in, they become unstoppable. They're guardians of the unseen. Their strength often shows up quietly - protecting the underdog, staying loyal when others walk away, knowing when to back off because someone else's heart is breaking.

They don't often clamor for attention or demand credit. But underneath that softness is profound persistence. They keep showing up emotionally, even when others have tapped out. Celebrate that. Not just their effort, but the heart behind it.

It's rare that pushing harder will help a Pisces Mars child, though many parents' first instinct is to do exactly that. They need to be reminded that softness isn't the opposite of strength. That stillness isn't failure. And that the quietest kids often carry the fiercest light.

How To Support Pisces Mars

- **Sit beside, not above.** Gentle companionship helps them begin without pressure.
- **Celebrate devotion.** Notice the quiet ways they stay loyal or keep showing up for others.
- **Encourage their natural pace.** Remind them they don't need to move fast to matter - persistence is their strength.
- **Frame tasks as meaningful.** Recast chores as care, missions, or stories so they feel purposeful.

“
**underneath
the softness
is profound
persistence**
”



chapter 17

Common Patterns

The Same, But Different

Through the Cosmic Lens

By now, you have everything you need. You've found your child's chart, you've practiced the 3-step method, and you've walked through the 12 signs for each of the four key placements: Sun, Moon, Rising, and Mars. The map is in your hands.

But what does it actually look like, in real life?

When parenting gets messy, it rarely announces itself with clarity. You don't hear, "This is their Moon speaking." At least not at first. You just see the bedtime battle, the tears at school drop-off, the fight over a toy. On the surface, these moments all blur together.

What the 12 signs give us is the language to separate them. To see that not every tantrum is the same. Not every protest is rooted in the same need. In this chapter, we'll take a few of the most ordinary parenting moments - the ones every child cycles through at some point - and listen for how differently they sound when you trace them back to the chart.





Scenario 1: Bedtime Refusal

Every parent knows the bedtime battle. Teeth brushing becomes a standoff, or maybe they act like their pajamas are made of sandpaper. But bedtime struggles aren't always just about being "overtired." It can be the moment a child's Moon sign (their emotional world) shows itself quite clearly.

All the feelings they've carried through the day, all the places where their inner needs were thwarted or ignored, tend to spill out at night, when the defenses are exhausted.

An **Aries Moon** child might fight bedtime because their efforts to lead had been shut down on the playground. By evening, the fire that fuels their inner world is still restless. Their protest is really saying: *"Don't put my spark out again."* Meeting that with validation, a firm line on bedtime, and a playful redirect (like racing down the hall and letting them win) gives their fire an outlet before rest.

Or let's look at a child with **Taurus Moon**. Unexpected shifts can be a trigger. Rooting is crucial to their sense of emotional safety. After a tough day, Bedtime can feel like one more uprooting they can't bear. What works here would be steadiness: a calm voice, a familiar ritual, the same soft blanket or stuffed animal welcoming in bed. Consistency becomes the balm.

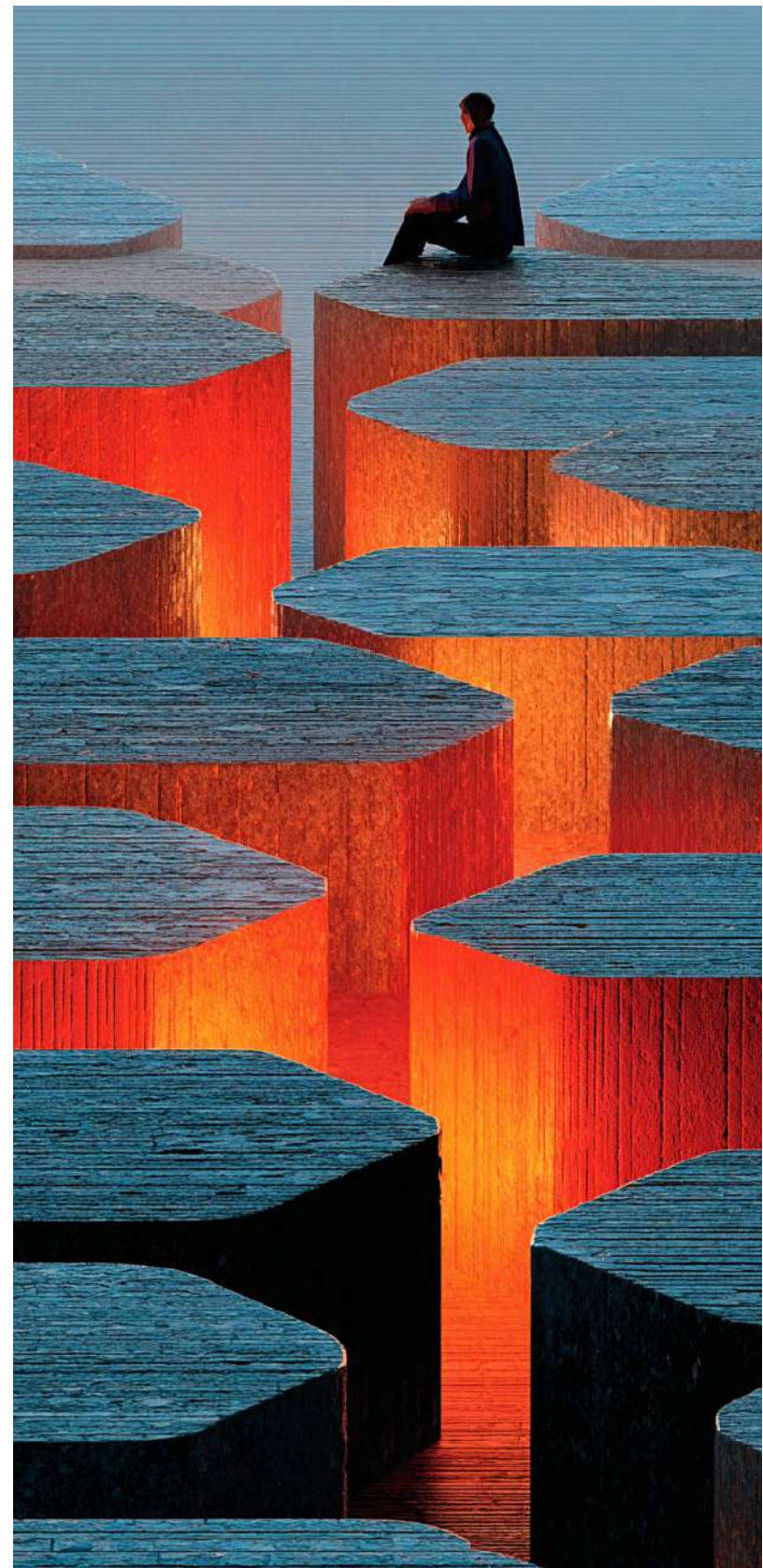
When a child feels excluded, the Rising sign is often the first to flare. It's the armor that responds before the deeper Moon reaction spills out. If you catch it and support the Rising Sign strategy here, you can soften the blow and prevent the hurt from hardening into a long-term story.

A **Virgo Rising** child might turn self-critical upon feeling left out: *"I wasn't good enough to be included."* They often believe acceptance comes from being useful and competent. When they're excluded, that belief takes a hit, and *that's your cue* - interrupt the spiral with self-kindness: *"Just because they wanted to play on their own doesn't mean you did anything wrong."* A small but steady reassurance keeps one moment of being left out from turning into a lasting story of, *"I only belong if I'm perfect."* (Or conversely, *"everyone else is stupid and I'm the only perfect one."*)

A **Cancer Rising** child might sulk or exaggerate their pain, signaling loudly just how much it stings. Their armor is vulnerability on display - hoping it will pull love back in. What they're really saying is: *"If I show you my hurt, you won't forget me."* Support here is connecting emotionally: *"I see you. I feel how much it hurts."*

Both are pleas for belonging. Reading the Rising in these moments helps you meet the protest before a storm of the Moon unfolds.

Scenario 2: Feeling Left Out





Scenario 3: Sharing a Toy

Toy battles are almost always Mars territory.

Mars is how a child asserts themselves, how they fight for what they want, how they handle frustration when things don't go their way. If you listen closely, you can hear Mars speaking in the way they grab, cling, or lash out.

A **Capricorn Mars** child doesn't usually scream. They clamp down, holding the toy like a fortress. Their protest is steady, immovable. So as caretaker you can reframe it as persistence: *"Ok, you get to decide when your turn with the toy ends because I trust you to make the right choice."* Their control will become responsibility they cherish.

A **Gemini Mars** child tries to outthink you. They spot loopholes, twist rules, or invent clever reasons why the toy should stay theirs. Reframe it by stepping out of the logic trap: *"Smart idea, but it's still their turn with the toy."* Then redirect their cleverness: *"Can you help me design how we play the next activity?"*

Each Mars will look different: a steady grip, a clever twist, a wild roar or seething intensity... What matters isn't shutting it down, but showing them how to use that drive with purpose.

Sharing isn't just about the toy. It's a lesson in how their Mars learns to live in the world.

Seeing It in Real Life

These are only a handful of very brief examples, and they're meant to show you how the signs you've studied begin to breathe in the real world, every day. Bedtime, sharing, feeling left out... none of these moments are new to you as a parent. What changes is how you see them.

Suddenly, the meltdown isn't "just a meltdown," it's your child's Moon showing you that the day may have bruised their emotional world. The toy fight isn't random selfishness, it's their Mars teaching you how they handle power and frustration.

These everyday struggles become powerful clues. And when you start to notice which part of your child is speaking, you'll find that you can support them in a way that helps them feel not just managed, but recognized.

If you've come this far, I hope you recognize that you have the ultimate tool in your hand - a way to not just see your child more profoundly, but meet them with actions and language

that resonate more than most parents ever even attempt.

And this is exactly where genuine and unmistakable transformation begins: when your child senses that their inner world is legible to you, and that you're willing to meet them there.

Of course, no child lives out their chart in clean categories, and not every moment will look textbook. That's why in the next chapter, I'll take you inside real case studies with actual kids - including my own daughter - to show you how these placements weave together in daily life.

We're going to move from brief examples to in-depth ones. You'll see how messy, layered, and human it all is, and how you can use this system to find the thread that helps your child feel connected, secure, and seen.



chapter 18

Recognizing the Placement

Let Your Intuition Lead

How to Spot the Heavy Lifter

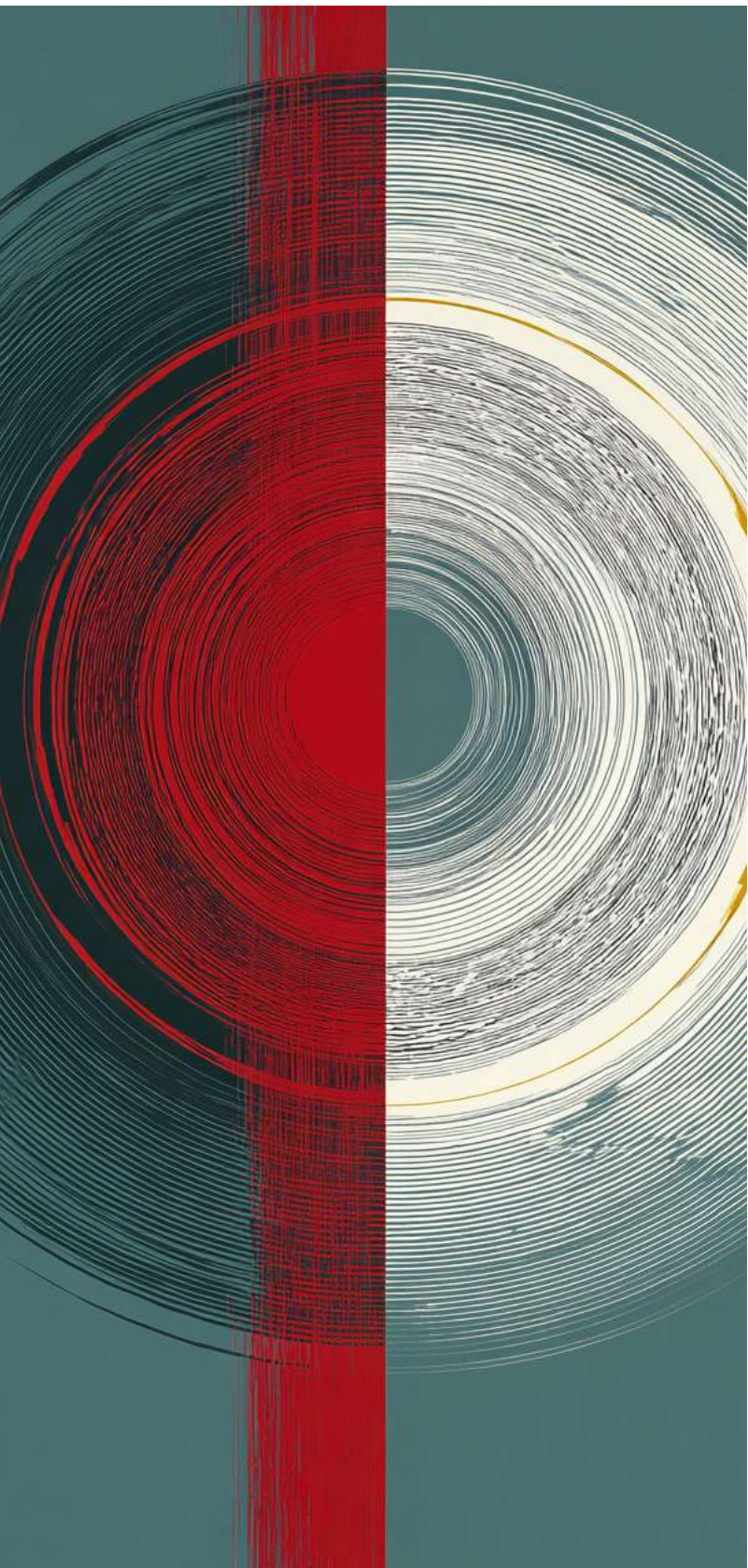
The power of Astroddlergy lies in noticing which part of your child's chart is carrying the moment. Because once you know who's leading, you can develop a strategy to support them - a strategy that makes your life easier and helps your child feel more secure, more seen, and more *themselves*.

It's rarely just one placement. Most of the time, it's a blend. A child whose Moon has been bruised all day may act it out through their Mars, or their Rising. When you can spot the placement doing the heavy lifting, you then have powerful intel on how to meet that energy

This doesn't come from memorizing behaviors. It comes from building a feel for the energy of each placement. That's why it helps to read all four placements for a single sign. Even if your child only carries one of them, the full picture trains your intuition. You begin to recognize not just isolated traits, but the living texture of that sign. Even getting it half-right often makes all the difference, because it tells your child: "I see you."



Scenario 1: The Morning Rush



Shoes are missing, the backpack isn't packed, and you're already late. You've got to get out the door, and your child picks this exact moment to dig in. Most often, this is Mars at work. If you know your child's Mars, you know their tactics. You know how to defuse them.

A child with **Mars in Pisces**, for example, might resist the morning rush by disappearing into fantasy. They're still building Lego castles or daydreaming at the breakfast table, escaping into a world that feels safer than the demand of shoes, schedules and quizzes.

Spotting that tells you the move. Acknowledge the drift, then pivot: *"I know you'd rather build your mansion... put your shoes on and we'll brainstorm some new rooms in the car."* You redirect the escape without shaming it, pulling them back into reality with gentleness, and a bridge.

On the flip side, when a child's Sun has been nourished, daily routines tend to click. That smoothness isn't a fluke. It's a sign the Moon feels safe, Mars has an outlet, the Rising isn't all armor. This gives the Sun space to do what it does best: shine daily.

The point isn't that every morning is always perfect. That wouldn't be human. But when you can start spotting the placement, you know exactly how to handle the mood they're in, and bring them back to their center.

Homework time is a battlefield in many homes. They sit at the table, pencil in hand, but the minutes crawl by, excuses stack up. When you look closer, it's often Moon heaviness or Mars resistance doing the heavy lifting. Each shows up differently depending on the placement, and each would need its own strategy.

A **Moon in Aquarius** child, for example, feels an emotional reaction to being boxed in by rote assignments. To them, the work may feel painful to their core - but they still have to do it. The support here is to reframe: *"I know you don't like being told exactly how to do things, but this shows you can learn the rules so you have the power to change them later."* Their Moon feels less trapped because their drive for change has been honored.

If it's Mars leading, the avoidance looks different. This is the pencil snapping, the page crumpling, the groans and whining. Do you notice a trend with Mars yet? Whenever your child digs in with that kind of fight, you know their Mars is behind the wheel. The gift is that once you spot it, you'll get better and better at how to pivot in a way that resonates.

A **Mars in Capricorn** child, for example, might refuse flat-out, clamping down. The move here is to channel that persistence into responsibility: *"You don't have to love this, but finishing it shows you can handle the challenge. Let's set the timer and prove you can stick with it."*

Scenario 2: Homework Avoidance



Scenario 3: Restaurant Battle



They're sliding under the table, bouncing in and out of the booth, running laps toward the door. When you finally coax them back, they fold their arms and declare: "I'm not eating this." For a parent, especially in public, the pressure mounts fast. You feel the stares, the judgment, the heat rising in your chest.

At first glance, it looks like Mars; and often, it is. Restlessness, refusal, outright protest. Starting with Mars is usually safe because it's the planet of action and pushback. But when your Mars tactics are ineffective, you'll notice other placements carrying the moment.

If the Sun is leading, the struggle is about recognition. A Leo Sun might turn the refusal into a performance if they feel invisible, while a Virgo Sun might critique the food to reclaim significance. Both are shadow expressions of not feeling seen.

If Rising is carrying the moment, what you're seeing is armor. Each Rising sign has its own way of managing discomfort in public, some louder, some quieter. But the common thread is a child scrambling to feel safe in how they're being seen.

On the surface the behaviors blur together. But once you start to see the distinction, the way forward is clearer: **support the placement that's loudest**, rather than trying to silence all of them at once.

The Power of Noticing

These examples are just a starting point. Every family has their own flashpoints: the mornings when you're late, the homework nights that drag into tears, the public moments that leave you tense and embarrassed.

These aren't abstract scenarios. They're the heartbeat of parenting, the places where patience gets thin and connection feels out of reach.

What Astroddlergy gives you is a way to see beneath the surface. Instead of lumping every delay, protest, or refusal into the same category of "bad behavior," you start noticing which part of your child's chart is carrying the weight in that moment.

Maybe it's Mars digging in, or Rising putting on armor, the Sun's pride feeling threatened, or Moon tenderness spilling out. You won't always name it perfectly, but even trying, even speaking to the one you see most clearly, changes everything.

That shift is the heart of this work.

Once you learn to spot the heavy lifter, you stop bracing against your child and start moving with them. What once felt like a fight for control becomes a chance to learn their rhythms.

And this isn't just about getting through today. Each time you respond with that kind of attunement, you're building a pattern. You're teaching them that their feelings are legible, not shameful; that their intensity or sensitivity is something that can be understood and guided, not feared or punished. Over time, those lessons sink in. They grow into the quiet confidence of a child who knows: *"When I'm feeling too much, I'm still loved. I'm still safe."*

In the next chapter, we'll step into real stories: textured, messy, human moments from actual parents I've coached, as well as my own daughter. You'll see how the theory bends and flexes in daily life, and how this system can guide you even when nothing looks so clean or simple.



chapter 19

Real World Case Studies

Demi

Age 3

The first case study I want to share is also the most personal, because it's about my own daughter, Demi. Her chart was my first real proving ground for this work, before I had words like "Astroddlergy" to describe it.

Demi carries an ocean of **Cancer energy**: her **Sun + Rising** both in



Cancer, her **Moon in Scorpio**, and her **Mars in Leo**. It's a combination that creates an emotional world that's both tender and intense. Her Mars in fiery Leo would push those feelings outward in dramatic ways.

At the time, Demi had just turned

three. Her mom was working long, demanding hours in the entertainment industry, and Demi was struggling without the steady maternal presence her chart was wired to crave.

I was still healing from the loss of my sister, and looking back, was ill-equipped to fill that void at the time.

My **Capricorn Moon** knew how to build walls and keep the schedule, not tend to the softness her Cancerian placements were longing for.

One night it all came to a head at bath time. She was exhausted, undone. Thrashing about the tub demanding her mommy, louder and louder. Sobbing and resistant. And myself, just as drained, let my own exhaustion spill over. My voice rose sharper than I meant it to.

And something told me to pause.

To calm down and look. I could see it as much as I could feel it - her **Cancer Sun + Rising** crying for safety, for comfort, for closeness... And I was giving her the opposite. I was giving her my **Capricorn Moon**.

But then something astonishing

happened... Something I can only describe as grace breaking through. For the first time, I knew there was a key to genuine change. In myself. And also in Demi.

I could drop the armor I had relied on since my own childhood, since the losses and traumas that taught me survival meant trying to control things.

I had built walls to keep myself safe. But those walls were now standing between me and my daughter.

A Cancer child, missing her mother, flailing not because of defiance but because her emotional world felt too big to carry alone. A **Scorpio Moon** too intense to explain in words. A Leo Mars that turned every feeling into action. I saw her placements speaking out, in real time.

I let the water flow. I let her splash outside the tub, let her soak my shirt. Instead of trying to corral her emotions, and pen them in - as I had so often done with my own - I entered them with her.

I held her through the storm instead of “being strong” against it. And then, I let my own tears fall. I met her emotions

with my own. She could truly feel me, her daddy, not just as an authority who cared deeply about her - but as a force of love who wanted to connect with her innermost self. It didn't take long for the sobs to turn into laughter. The chaos became connection. The meltdown became play.

This wasn't about the perfect phrase or technique to calm her down - quite the opposite.

It was about finally seeing her more clearly, through the lens of her chart - and adjusting myself to meet it.

That night, astrology stopped being theory and became a lived-in practice. It was the first flicker of what would later grow into Astroddlergy.

- **Cancer Sun + Rising:** She needed comfort and safety, not rules. Presence mattered more than the bath getting done “on time.”
- **Scorpio Moon:** She couldn't name the depth of her feelings, but I could honor them by sitting with her instead of demanding explanations.
- **Leo Mars:** Once her fire had space, it flipped from fury into play - the

very same energy, but finally held in connection.

That night, I learned that **parenting isn't about getting it perfectly right**. It's about daring to see what's underneath. In them, and in us. The moment I stopped resisting Demi's chart and started responding to it, connection became possible.

And it changed everything.

Mason

Age 9

The power of Astroddlergy lies in noticing which part of a child's chart is doing the heavy lifting in any given moment. Mason (*name changed to protect the privacy of the client*), age nine, showed me this vividly.

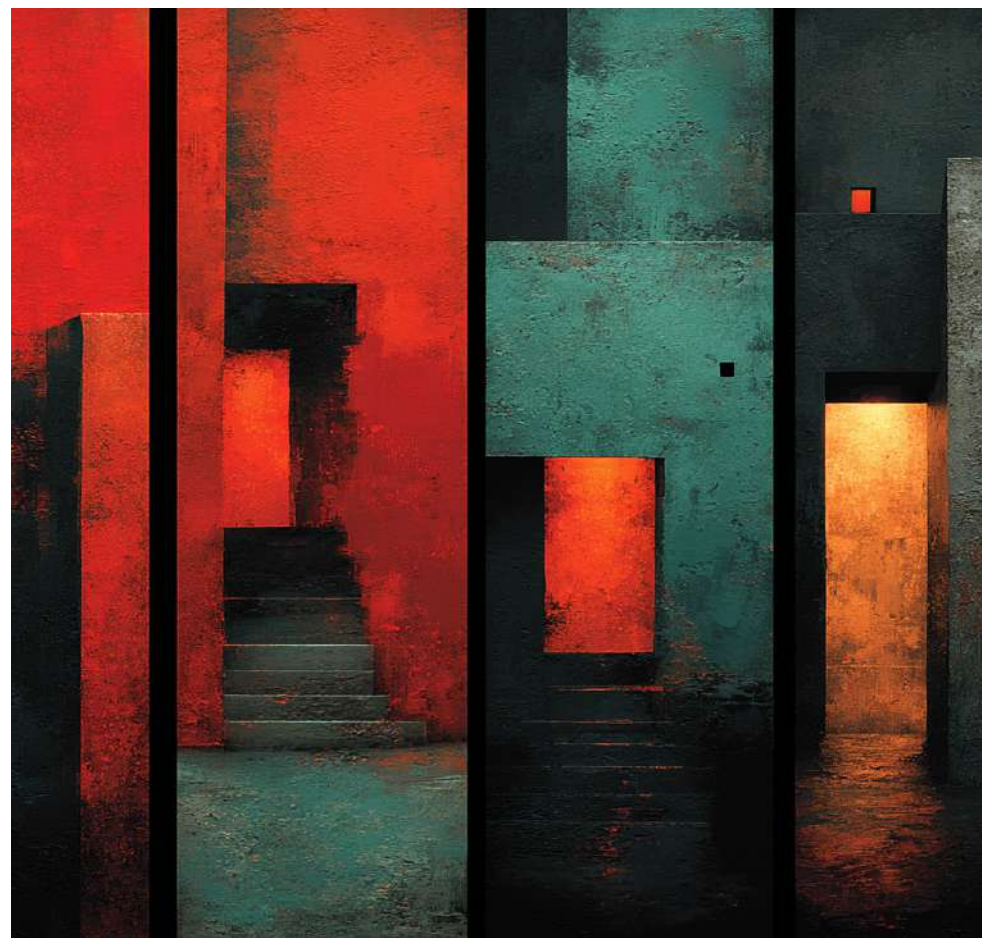
Mason's father was a touring musician, often away for weeks at a time, across the world. That absence weighed heavily on Mason's **Capricorn Sun**, the sign so often associated with the archetype of "the father". Capricorn kids crave reliability and meaningful responsibility, and when Mason's dad was gone, we could feel the cracks in his self-confidence.

Then there was his **Scorpio Moon**. Scorpio Moons feel so much more than they ever say. Mason rarely admitted missing his dad directly. His feelings ran deep, unspoken, and heavy, like he was carrying something too big for words. Those emotions sometimes burst sideways in sharp ways, like swearing. It wasn't rebellion; it was grief trying to find an outlet.

His **Taurus Rising** was the armor. and Mason leaned hard on physical comforts: familiar stuffies, asking for favorite foods, or bouncing into play when he felt on the edge of being

accepted. It was his way of showing, "I'm here, I matter," without having to expose the more vulnerable parts underneath.

And then, the Scorpio Mars. While the Moon held his emotions in silence, Mars in Scorpio gave them a determined, sometimes explosive edge.



This was the part of him that didn't just feel abandonment but tried to reclaim control of it. And on Father's Day, with Dad on tour in Europe, Mason coaxed a girl in his class into kissing him. She later admitted she was afraid he'd be angry if she refused. On the surface,

it looked like childhood mischief. Underneath, it was every placement in his chart in clear motion:

- **Capricorn Sun:** He needed the steady presence of his father to anchor his sense of self. What he was really asking for was guidance and belonging, not independence.
- **Scorpio Moon:** His feelings of abandonment ran deep, but he couldn't speak them aloud. Silence was his shield, intensity his language.
- **Taurus Rising:** He sought safety through the tangible: stuffed animals, food, physical proof. He was trying to root himself in things he could touch when people felt too far away.
- **Scorpio Mars:** When the longing grew too big, it burst into action. His need for closeness took the form of intensity and control.

Rather than viewing Mason as “misbehaving,” I helped his parents see which placement was speaking most loudly.

His Sun & Rising were the keys: he needed the fatherly anchor (Capricorn) and something tangible (Taurus) to hold onto when his dad was away.

Together, we came up with a ritual. Mason loved 3D printing (very Taurus Rising), and I suggested printing a little treasure chest. From the road, his father could mail home tiny trinkets - coins, beach shells, guitar picks - along with a short video describing its significance. Each one was placed into the chest when it arrived. The chest became a physical reminder: “Dad is still here. Dad is thinking of me.”

This was both astrological and practical. It honored Capricorn's need for steady father-presence, Taurus Rising's craving for touchable things, and Positive Parenting's core principles of empathy, structure, and connection.

The shift was almost immediate. Mason's swearing went away, the sharp edges softened. He still missed his dad, of course. But now he had a ritual that made the absence feel less like a wound and more like a bridge. He felt seen.

Astroddlergy didn't erase Mason's longing. It gave his parents a way to meet it with creativity, consistency, and a deep respect for who he was becoming.

Dane

Age 14

Dane is fourteen, tall, broad-shouldered, and had received an autism diagnosis in early childhood. He treated his mom, **Kate**, with open disrespect and pushed boundaries constantly: arguing over curfews, demanding freedoms he hadn't earned, and insisting on things like an ultra-expensive e-bike because "everyone else had one." For Kate, it was a daily battle.

The breakthrough came when Kate and I began working together.

In our sessions, I helped her see that Dane's **Capricorn Rising** was currently running the show, and that it *wasn't* his true self - it was stemming from a fear of vulnerability. Once Kate could hold that perspective, things began to shift.

Instead of reacting to the disrespect itself, she learned to address the deeper placements driving his behavior. She began setting boundaries more calmly and consistently, meeting his **Leo Sun + Moon** need for validation, while refusing to let his **Gemini Mars** bait her into endless debates.

The clearest expression of his **Capricorn Rising** armor was through

an alternate identity Dane invented, someone he called Trent. Trent was everything Dane wanted to be: admired, respected, effortlessly cool. It was Dane's way of protecting the possibility that the real Dane might never become the strong and admired leader his **Leo Sun + Moon** longed to be.



The pride of Leo made it difficult to admit this longing, so it came out instead as defiance, entitlement and fictional personas.

His **Gemini Mars** added the fuel, driving him to test rules through rapid-fire words, negotiations, and all manner of provocations.

It wasn't instant. But through our one-on-one work, Kate began using what would later grow into the Astroddlergy system: parenting Dane's placements with patience, empathy and communication - rather than just reacting to his behavior. The framework gave her language for what was happening:

- **Capricorn Rising:** Masked vulnerability with an invented persona ("Trent") to secure respect. Supporting him meant steady boundaries and seeing past the mask.
- **Leo Sun:** Needed validation of his identity. His constant demands were really a plea to be valued.
- **Leo Moon:** Carried pride and sensitivity in equal measure. When unseen, it leaked out through defiance or dramatic behavior.
- **Gemini Mars:** Tested limits with words, arguments, and rewriting a statement's meaning.

The first turning point was finding a channel for his energy. Deep down, he had a beautiful heart, evidenced by his impulse to be the protector. True to his **Leo** nature, protecting the weak compelled him. So Kate enrolled him in jiu-jitsu and regular

gym sessions as an expression of his strength. It gave his inner pride a place to shine through real world achievement. It also gave his restless **Gemini Mars** a disciplined outlet. For the first time, Dane's drive to prove himself had a constructive home.

Alongside that, Astroddlergy gave Kate tools to shift their dynamic at home. Instead of fighting his disrespect head-on, she began setting boundaries in a way he could relate to - the **Capricorn** way: calm, clear, and steady.

Simultaneously, She acknowledged the Leo needs underneath his demands, showing him she understood why things mattered to him, even when she still had to tell him no.

She also stopped letting his Gemini Mars bait her into endless arguments, replacing debates with short, specific expectations he could actually meet.

Over time, Kate wasn't fighting with *Trent* anymore. She was reaching her real son, beneath the armor, and she was helping him build a genuine sense of self as a result.



chapter 20

What's Next?

Insight Into Action

The iPad Showdown

Up until now, you've walked through theory, placements, brief examples, and case studies.

But what does Astroddlergy **actually** look like when you're in the trenches? When your child is melting down and you feel your cool melting fast? How is it embodied? Let's take one of the most universal flashpoints in modern parenting: **turning off the screen.**

Here's the setup: let's say your child has a **Capricorn Sun, Mars in Cancer, Aries Rising,** and an **Aquarius Moon.**

Picture them curled up on the couch, wrapped in a blanket, fully absorbed in the game "Minecraft" on the iPad. You tell them it's time to hand it back, and instantly - their calm collapses. They clutch the tablet tighter, their voice instantly rises.

They're pushing hard, and your first instinct is to push back even harder. You feel yourself ready to blurt out something like, "Give it up now or no

iPad for a week!" or maybe "No TV for the rest of the month!"

Now, deep down, you know it's an empty threat. You won't stick to it, and even if you did, all it would breed is resentment and power struggles that drag out for days.



This is the moment to **pause**. To step back from the spiral and ask the question that changes everything: "Which part of them is leading right now?"

Their **Capricorn Sun** isn't leading.

Capricorn energy is steady, composed, often responsible beyond their years. But a child mid-meltdown isn't in their Sun self.

Aries Rising wouldn't quite fit as leading here either... Rising Signs usually show up as armor for the outside world, and here they're at home, safe in the blanket. That leaves two louder voices: **Mars in Cancer** and the **Aquarius Moon**.

So let's say your intuition recognizes this is symbolic of **Mars in Cancer**. The clutching, the protectiveness, the unwillingness to let go. Those are Cancerian tendencies.

At its core, Cancer is the sign of protection and nurturing, of building a safe home and guarding what's inside. When fiery Mars lands here, it becomes highly defensive.

The object of desire (in this case, the iPad) becomes a stand-in for "home." It's not just about the game; it's about keeping what they've built safe, as if letting go will tear down the walls and expose them, invalidating all the work their Capricorn Sun was fervently intent on building.

So instead of forcing the iPad from their hands, you meet that **Cancer Mars** instinct to protect. You might say something along the lines of: *"I know it feels like if you stop now, everything you've built will fall apart, right?"*

Just that tiny shift; naming what their **Mars in Cancer** is really doing will lower the temperature. They feel understood instead of opposed, and the fortress they've built around the iPad is one you're respecting, not trying to raze.

Once their Mars has been acknowledged, and the energy has relaxed, you can pivot to comforting the **Aquarius Moon**, which is the emotional fuel underneath Mars' will to act.

Minecraft isn't just a game here. It's feeding their Aquarian need to invent, to build something different, to push against the expected.

So you connect with **that**. *"I love how creative you are with this. You're making something no one else would even think of! But let's take that same creativity and use it somewhere else for a bit."*

Can you see how we've reframed the struggle? It's not about losing the screen — it's about **shifting** their need to build out an original creation into another space.

What happens? The iPad gets handed back. Maybe not instantly, maybe with a grumble, but without the screaming match or the empty threats.

More importantly, your child feels seen in the places that matter most. And if you remain consistent, using similar tactics they understand to be regular and unnegotiable, the change becomes immense. The next time this same battle comes around, the distance between fight and cooperation is much shorter.

This is Astroddlergy in practice. It's not about memorizing every sign or guessing perfectly every time.

It's about familiarizing yourself with the placements. Understanding how to work with those 4 modalities. Then noticing the heavy lifter, naming it, and offering the kind of support that matches who your child actually is.

When you do, even the messiest, tangled up knots, turn into opportuni-

ties for trust and connection.

Of course, this doesn't mean you'll nail it every time. There will be moments when you miss the signal, or when your own exhaustion or frustration takes the wheel. Discipline styles that resonate with a child, along with proper consequences, should be available if their Mars still refuses to cooperate.

That's all part of being human, and part of being a parent. This work takes practice. It takes repetition. And it's not something most of us can do in a vacuum.

That's why the next, final section in this book is about support. Because when you have someone walking beside you, helping you spot the heavy lifter, offering strategies that fit your child's unique chart, and keeping you inspired to practice this new language, the learning curve gets shorter, the results come faster, and the bond with your child grows even deeper.

Astroddlergy can be lived one step at a time, but you do not have to walk it alone...

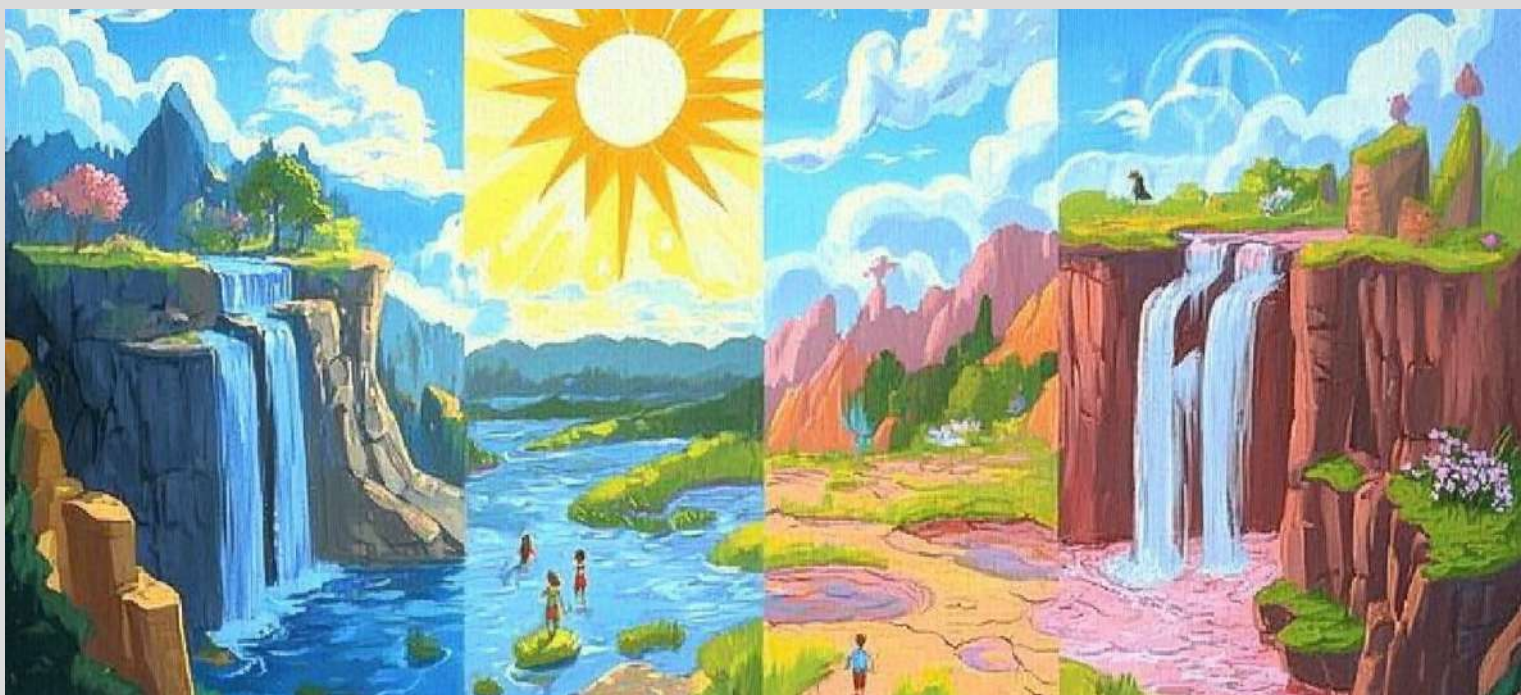
From Reading to Living

You've come a long way.

By now, you know how to find your child's chart, you've learned the 3-step method, and you've walked through the four key placements across all twelve signs. You've seen how those voices show up in everyday life, from bedtime battles to homework meltdowns to the morning rush. And most importantly, you've practiced noticing

them is leading right now?" **and then letting the atmosphere of the moment support them.**

Even before reading this book, you may have sensed your child is carrying a weight they can't quite put into words - the way Mason did when his Capricorn Sun longed for his father's presence, and his Scorpio Moon turned that grief into sharp edges. Or maybe you've seen them reach for attention



which placement is doing the heavy lifting in the moment, and how to meet it with presence instead of struggle. How to ask "*Which part of*

in louder ways, the way Dane did: inventing personas, pushing boundaries, testing every limit, when really his Leo Sun and Moon just needed to be

seen and valued. Or perhaps, like my own daughter Demi, your child simply needs more room to feel, to let their emotions spill over before they can come back into themselves.

These aren't random outbursts. They're the chart speaking in real time. And once you fully absorb how to listen — once you can spot which placement is doing the heavy lifting — those moments stop being mysteries.

They are opportunities. To connect in the storm, to steady when things feel uncertain, to build trust that will last far beyond the heat of the moment.

That's the shift Astroddlergy creates. It doesn't require perfection. Just a few key moments of noticing and responding differently can change the entire rhythm of your home. The morning rush no longer has to end in shouting. Homework time doesn't always have to spiral into tears. Even the most public meltdowns can become places where your child feels seen instead of shamed.

And this is where the journey deepens. Reading this book is the first step. The next step is practice. And practice is *always* easier with support.

That's why I created the **Astroddlergy 12-Week Coaching Framework**. A season-long, hands-on process where you get my full attention, twice a month, and I walk with you through your child's chart (as well as your own), applying the 3-step method to your family's specific flashpoints. Then I help build strategies that fit your guys' unique rhythms.



In three months of bi-weekly, one-on-one sessions with me you'll walk away with:

- A deep, intuitive grasp of your child's Sun, Moon, Rising, and Mars.

- A personalized, placement-based game plan for everyday parenting flashpoints.
- Tools to meet emotion with empathy and structure.
- Confidence that you know how to support your child — even on the hard days.

You'll gain more than just clarity. You'll leave with a living, breathing blueprint for your child's emotional world.



Together, we'll decode their chart, unlock the patterns behind meltdowns, transitions, and resistance, and co-create rituals, scripts, and strategies that feel aligned.

You'll discover how to regulate with your child instead of reacting to them. We'll turn chaos into comprehension, tantrums into turning points, and power struggles into real connection. This isn't a parenting theory. It's a cosmic toolkit built just for your child's wiring.

One season is enough to see the shift: calmer mornings, fewer fights, a child who trusts that you see them for who they really are.

If you're not ready for 1-on-1 coaching yet, stay close. There's more valuable resources coming. I'm currently creating a **90-minute course** that takes everything you've read here and takes it even deeper, with added insight and examples. **Placement-specific modules** are also on the way, along with future expansions into houses, transits, and **outer planets**.

The best way to stay connected is through my email list. It's where I share my most in-depth guidance and first announce new resources.

For everyday tips, follow along on Instagram **@Astroddlergy**. And if you'd like to reach me directly, you can always email me at

Michael@AstrologerMGL.com. I try my very best to respond promptly.

You've come this far because you know parenting isn't about managing behavior. It's about raising a child who feels known, safe, and deeply seen. And when a child is seen, they soften. The opportunity is here. Don't wait for another season to pass the same way.

Let's begin the transformation now.

Further Reading

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**Astroddlergy
shows you how
to see the whole
child, not just
the behavior,
not just the
feelings, but the
soul underneath
it all.**

