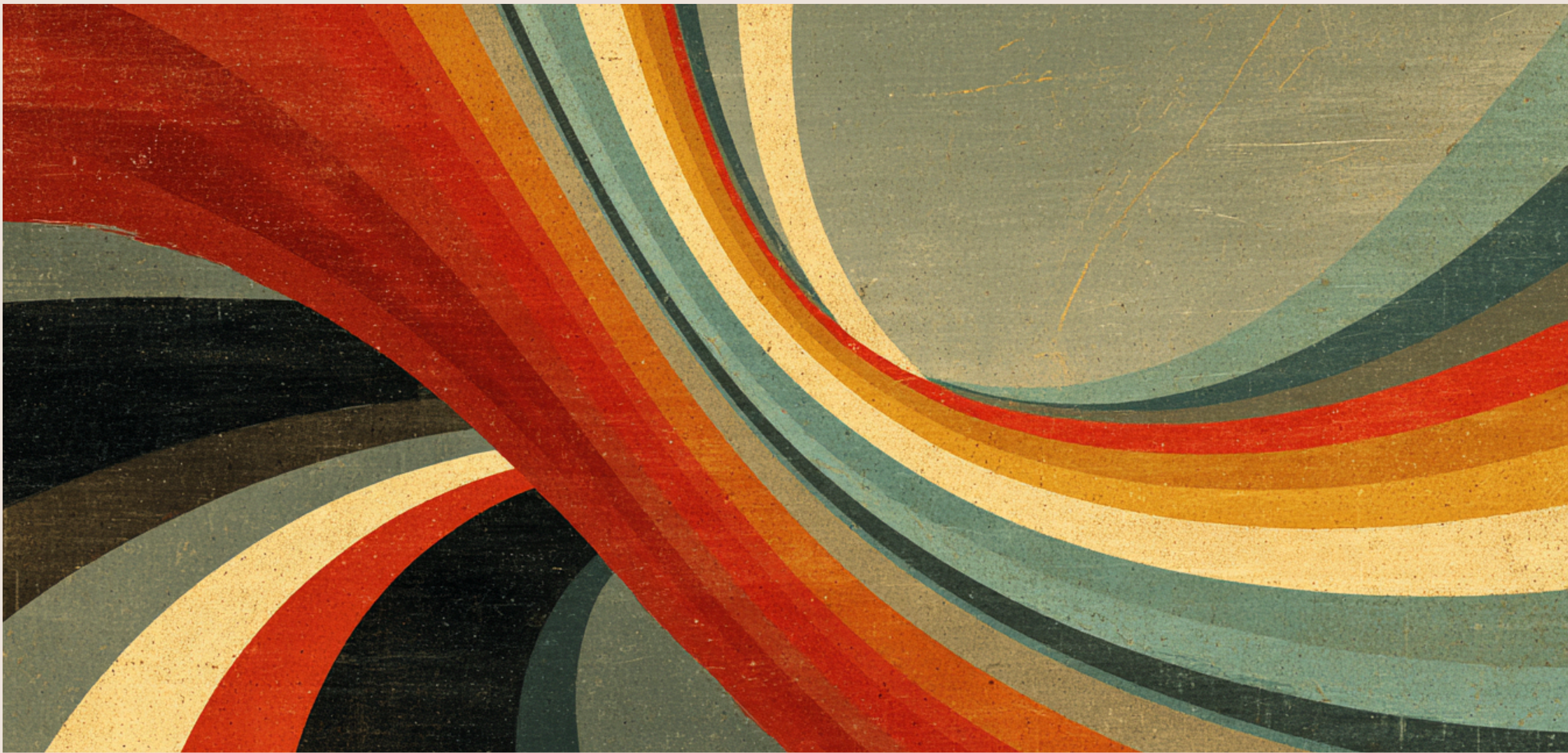


Mars embodies a need in motion - it's where a parent can most easily recognize where emotion becomes energy, and energy becomes action.



MARS LAYER

*HOW ENERGY
AND IMPULSE
TAKE SHAPE*

When parents understand Mars, they finally see that behavior is not defiance; it's communication. A slammed door, a hooray, a refusal - each one is Mars' way of saying, "Something in me must be heard."

As the apex of the Celestial Pyramid: it's where all the needs of the layers beneath converge into visible action.

AGENCY • DRIVE • MOVEMENT • RELEASE

EXAMPLES

Aries Mars fights to prove freedom, mistaking motion for agency if the self beneath feels unseen.

Gemini Mars uses language and data as a means to connect - or armor against the ache of not being understood.

Virgo Mars may actively fix, refine, or perfect everything it can - as an attempt to tidy the chaos other layers' unmet needs could not soothe.

Scorpio Mars tests loyalty, truth and intimacy to define safety. If lower layers' core needs have been met, those tests create deep presence without the push to control.

WHEN CORE NEEDS ARE SUPPORTED:

- Energy becomes constructive. It helps express big feelings, not suppress them.
- Frustration turns into action plans instead of explosions.
- Boundaries feel clear, safe and understood, not punitive.
- Their impulses move through connection rather than against it.

WHEN CORE NEEDS ARE UNMET:

- Emotions bypass words and appear as "bad behavior."
- They act out to feel in control when connection feels out of reach.
- Rules trigger rebellion or retreat; compliance hides resentment.
- Their movement feels reactive or circular: energy without direction.

Parent's Task :

Mars doesn't feel the need, it acts on it. When emotions spill over, behavior can become a clear messenger. Meet the action with meaning: name what the body's trying to say. Instead of judging the energy - guide it back toward meeting the core needs. Mars then learns to move in service of connection, not defense.

Part of
The Celestial Bond Method™
Parenting Toolkit