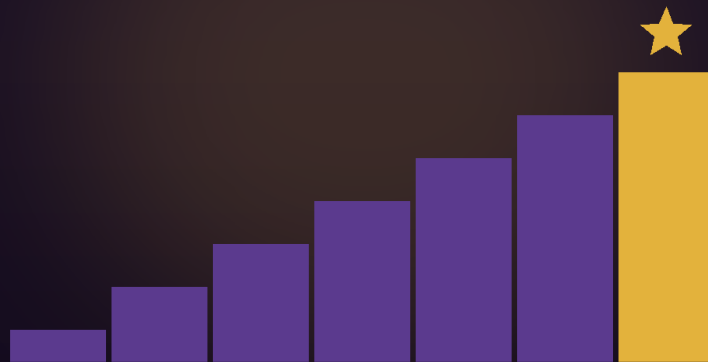


SEVEN STEPS TO YOUR BREAKTHROUGH

Find Your Purpose in the Digital World



SheysUniverse

SEVEN STEPS TO YOUR BREAKTHROUGH

A breakthrough rarely arrives all at once. It's usually built — one honest decision at a time, one small act of courage after another. This guide walks you through seven steps to help you find real clarity and purpose in the digital world, grounded in faith and practical enough to actually act on.

Take these steps in order, and don't rush past any one of them. Each step builds the foundation for the next.

Created by SheysUniverse.

1

Get Honest About Where You Are

“Commit to the Lord whatever you do, and He will establish your plans.” – Proverbs 16:3

Breakthroughs start with an honest inventory, not a fantasy. Before you can move forward, name exactly where you are right now — the frustration, the stuck points, the things you've been avoiding looking at.

What am I honestly frustrated with in my life or work right now?

What have I been avoiding admitting to myself?

2

Reconnect With Your Purpose

“For I know the plans I have for you,” declares the Lord. — Jeremiah 29:11

Purpose gets buried under busyness. Take a moment to reconnect with what you actually feel called to do — not what looks impressive, but what genuinely lights something up in you.

What have I always felt drawn to, even if I've pushed it aside?

What would I do if I knew I couldn't fail?

3

Identify What's Actually Holding You Back

Often it's not lack of opportunity — it's fear, comparison, or simply not knowing the next concrete step. Name your real obstacle so you can actually address it instead of working around it forever.

What's the real thing holding me back — not the surface excuse, but the actual root?

What would it take to face that directly?

4

Build One Small, Doable Next Step

“Do not despise these small beginnings.” — Zechariah 4:10

Big breakthroughs come from small, boring, consistent actions. Don't look for the leap — look for the next single step you can actually take this week.

What is one small, specific step I can take in the next 7 days?

What's stopping me from starting today instead of someday?

5

Show Up Consistently, Even Without Proof It's Working

“Let us not become weary in doing good, for at the proper time we will reap a harvest.” — Galatians 6:9

Consistency is the ingredient most people quit on right before it starts paying off. Commit to showing up on your plan even on the days you can't see results yet.

Where have I quit too early in the past?

What would showing up consistently look like for the next 30 days?

6

Surround Yourself With the Right Influence

Who you spend time with shapes what feels possible for you. Seek out people, content, and community that pushes you toward growth, not people who keep you comfortable and stuck.

Who or what is currently influencing how I think about what's possible?

What one change could I make to my environment or influences this month?

Walk Into the Breakthrough You've Built

“She is clothed with strength and dignity; she can laugh at the days to come.” — Proverbs 31:25

The breakthrough isn't a single dramatic moment — it's what happens after all six steps compound. When it arrives, you'll recognize it not as luck, but as the direct result of everything you did before it.

What will it feel like when I look back at this season from the other side?

What am I most proud that I didn't give up on?

Your Breakthrough Is Being Built

Come back to these seven steps whenever you need to recenter. Purpose isn't found once — it's returned to, again and again.

With love, SheysUniverse