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Subject Code BHS - 151

Roll No. 2 0 2

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B. Tech.

Year: 1<sup>st</sup>, Semester: 2<sup>nd</sup>

Major Examination: 2024-2025, Even Semester

Universal Human Values: Understanding Harmony

Time: 3 Hrs.

Max Marks: 50

Note: Attempt all questions.

Q1. Attempt any Five parts of the following.	Marks	CO	BL	PO	PI Code
a) What are the nine universal human values and their significance in daily life? ✓	2	1	1	8	8.1.1
b) Define trust as a foundational value. Why is it considered essential in human relationships?	2	1	1	8	8.1.1
c) What is meant by the term 'orders of nature' in the context of holistic living? ✓	2	1	1	8	8.1.1
d) Explain the difference between morality, values, and ethics with suitable examples. ✓	2	1	2	8	8.1.1
e) Describe the concept of 'Universal Order' from family to world family. ✓	2	1	2	8	8.1.1
f) How does love act as a complete value in human relationships?	2	1	1	8	8.1.1
g) How can you apply self-awareness to improve your self-identity and self-esteem?	2	3	1	8	8.1.1

Q2. Attempt any Two parts of the following.	Marks	CO	BL	PO	PI Code
a) How would you implement value education guidelines in your daily routine and decision-making?	5	1	3	8	8.2.1
b) In what ways can you apply the distinction between essential needs and physical facilities in your personal budgeting? ✓	5	2	3	8	8.2.1
c) Analyse how the understanding of the coexistence of 'I' (self) and the body can help in maintaining a balanced lifestyle. ✓	5	3	3	8	8.2.2

Q3. Attempt any Two parts of the following.	Marks	CO	BL	PO	PI Code
a) Compare and contrast respect vs. disrespect in a school or workplace setting. ✓	5	4	2	8	8.2.2
b) Interpret the core message of the documentary "Right Here Right Now" and how it relates to human values and philosophy of life.	5	4	2	8	8.2.1
c) Evaluate how self-exploration can transform both personal and professional relationships. ✓	5	3	3	8	8.2.1

Q4. Attempt any Two parts of the following.	Marks	CO	BL	PO	PI Code
a) Assess the role of physical facilities in contributing to overall well-being. Can they replace emotional fulfilment?	5	2	3	8	8.2.1
b) What strategies can be used to maintain self-regulation during stress, and how effective are they in real life? ✓	5	3	1	8	8.2.2
c) Design a weekly plan that balances the needs of the self and the body for a fulfilling lifestyle. ✓	5	2	3	8	8.2.1

Q5. Attempt any <b>Two parts</b> of the following.					
a) Propose a model of undivided society based on mutual respect, trust, and love. ✓	5	4	3	8	8.2.2
b) Create a set of classroom activities to promote value education among high school students. ✓	5	2	3	8	8.2.1
c) Formulate a personal philosophy of life based on the holistic perception of harmony at all levels of existence.	5	3	3	8	8.2.2

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