

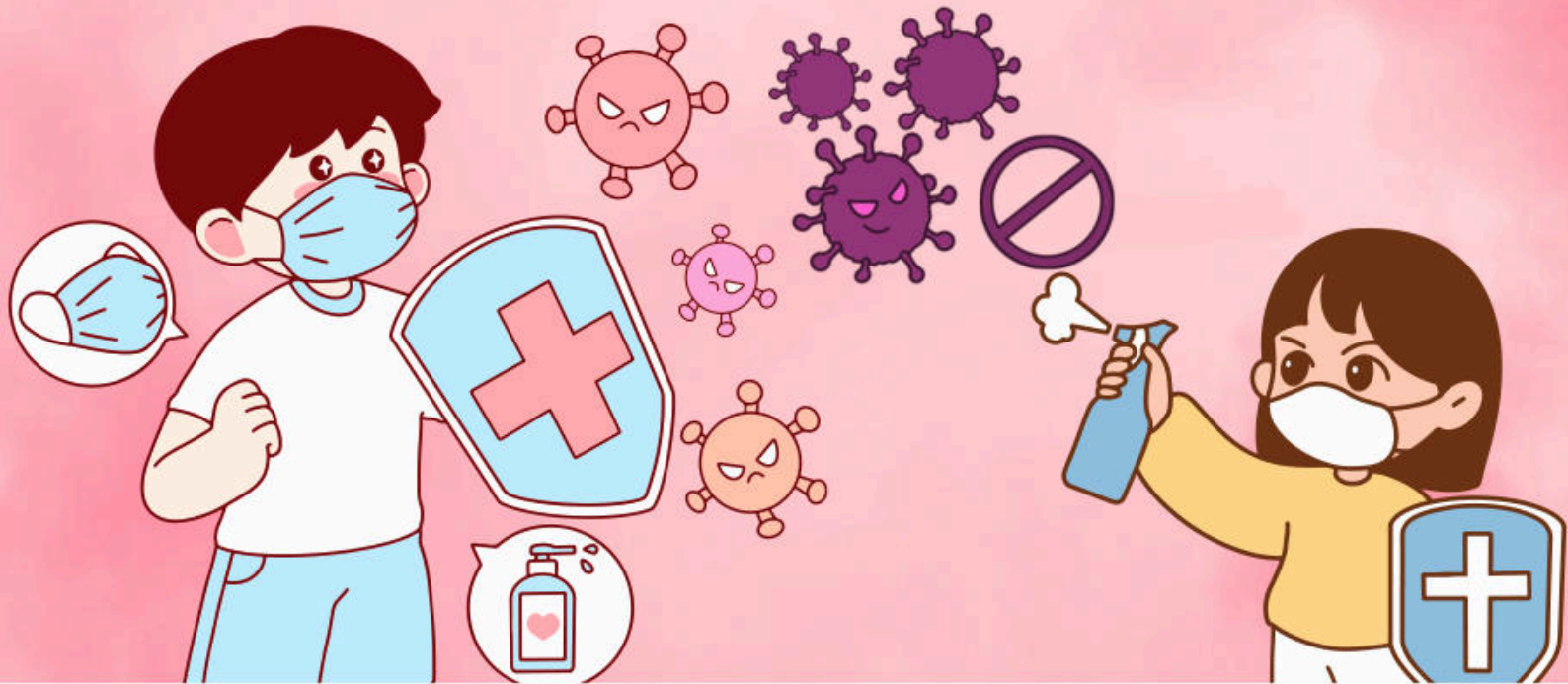
ROTARACT DISTRICT ORGANISATION, ROTARY INTERNATIONAL DISTRICT 3012

presents

HOPE 7.0

Day 1

1ST JULY 2026



Disease Prevention & Treatment

Rtr. N V Aruna Devi
District Rotaract
Treasurer

PHF. Rtr. Harshita Dhakad
District Rotaract
Representative

Rtr. Ayush Raj
District Rotaract
Secretary

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What is **HOPE?**

PROJECT H.O.P.E. (***HELPING OTHER PEOPLE EVERYDAY***) is an initiative by the Rotaract District Organization RID 3012, launched in 2020. It was started with an aim to celebrate the commencement of the Rotary year, organised in each tenure from July 1st to July 8th.

This event is dedicated to addressing and raising awareness about the seven Rotary Focus Areas and District Community Projects, with each day dedicated to a different focus area. Our District Projects cater to diverse fields.

The seven Rotary Focus Areas represent key areas of humanitarian concern and action for Rotary International, a global service organization dedicated to promoting peace, fighting diseases, providing clean water, saving Mothers and Children, supporting Education, growing local Economies, and protecting the Environment. These areas serve as guiding principles for Rotaract clubs worldwide in their efforts to make a positive impact in their communities and beyond. HOPE aims to create sustainable solutions and foster a better world through service projects, partnerships, and advocacy initiatives.

With the seventh edition of HOPE i.e. HOPE 7.0, RID 3012 plans to achieve greater heights with the greatest impact ever through its commitment to "SERVICE ABOVE SELF" and "FELLOWSHIP THROUGH SERVICE" to cultivate leadership, promote fellowship, and inspire young adults to serve humanity with integrity and compassion in their pursuit of positive social change and global understanding.

Focus Area of the Day **DISEASE PREVENTION & TREATMENT**

Rotary International's commitment to Disease Prevention and Treatment is pivotal in addressing global health challenges. Through extensive vaccination campaigns and support for disease eradication efforts, such as the ongoing initiative to end polio, Rotary has made substantial strides in protecting vulnerable populations. By promoting health education and conducting screenings for diseases like HIV/AIDS and cancer, Rotary not only detects illnesses early but also provides necessary treatment and support. Through partnerships and advocacy efforts, Rotary International continues to advocate for policies that strengthen healthcare systems globally, aiming to create sustainable improvements in health outcomes worldwide.

At the Rotaract District Organization level, young leaders focus on Disease Prevention and Treatment through grassroots initiatives and community projects. Our Rotaract clubs often collaborate with local healthcare providers and organisations to organise health camps, vaccination drives, and disease awareness campaigns. They contribute to improving access to healthcare by volunteering in clinics, conducting health screenings, providing essential medical supplies in underserved regions, and promoting preventive measures such as hygiene education and nutrition workshops. Rotaract members also engage in fundraising efforts to support medical supplies and treatment for communities in need. By leveraging their energy and passion for service, Rotaract clubs play a vital role in advancing Rotary's goals of disease prevention and treatment at the local level, making a meaningful impact on public health within their communities.

In Rotary International District 3012, we aim to reduce the burden of preventable diseases and improve the overall health and well-being of communities in need. This year, we have raised our expectations and implementation to new heights, striving to create an even greater impact through innovative initiatives, wider outreach, and sustained community engagement.

Message from Rotary International President

RTN. OLAYINKA H. BABALOLA

Dear Rotarians and Rotaractors,

As we begin a new Rotary year, I invite each of you to embrace a simple yet powerful purpose: Create Lasting Impact.

For generations, Rotary has been known for changing lives through service. We have fought disease, promoted peace, strengthened education, supported communities, and brought hope where it was needed most. But our greatest impact begins long before any project. It begins with each one of us.

Rotary transforms those who choose to serve. It shapes our character, broadens our perspective, and reminds us that true leadership is rooted in compassion, integrity, and action. When we grow as individuals, our clubs grow stronger. When our clubs grow stronger, our communities flourish.

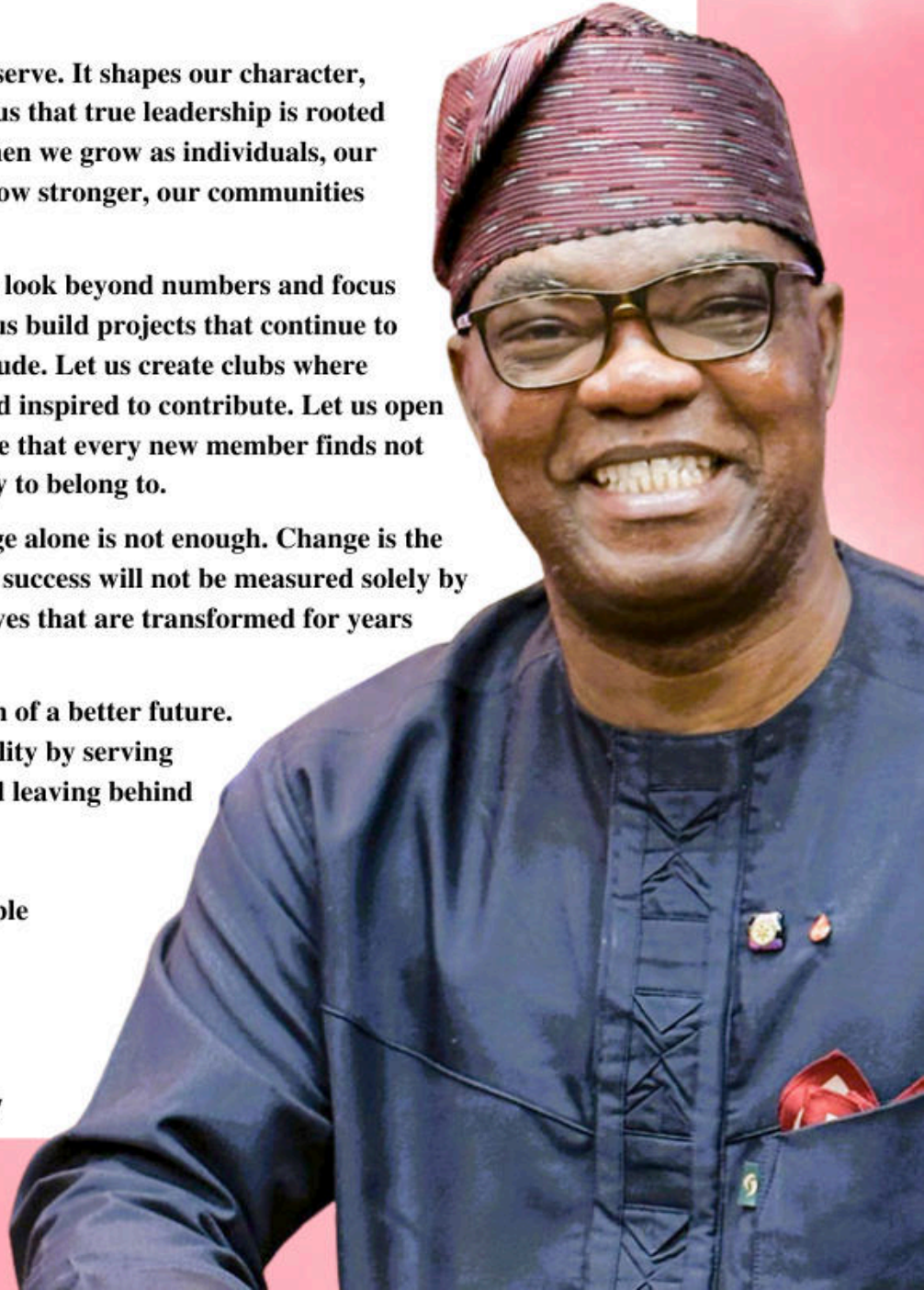
This year, I encourage every member to look beyond numbers and focus on meaningful, sustainable impact. Let us build projects that continue to uplift communities long after they conclude. Let us create clubs where every person feels welcomed, valued, and inspired to contribute. Let us open our doors, embrace diversity, and ensure that every new member finds not only an organisation to join, but a family to belong to.

Creating change is important, but change alone is not enough. Change is the beginning. Impact is what endures. Our success will not be measured solely by what we accomplish today, but by the lives that are transformed for years to come.

As members of Rotary, we share a vision of a better future. Together, let us turn that vision into reality by serving with purpose, leading with humility, and leaving behind a legacy that inspires generations.

I look forward to witnessing the incredible difference we will make together.

Yours in Rotary Service,
Rtn. Olayinka H. Babalola
President, Rotary International 2026–27



District Governor & First Lady

RTN. AMIT GUPTA & DR. SWATI GUPTA

Amit Gupta is a distinguished educationist and committed Rotarian, known for his unwavering dedication to community service and leadership. An alumnus of the prestigious Delhi Public School, Ghaziabad, he holds a graduate degree in Science and an MBA in management.

He currently serves as the Chairman of the esteemed Sanskar Educational Group, Ghaziabad. Additionally, he is the General Secretary of Shree Bankey Bihari Dental College and Research Centre. His family has been actively engaged in the cement C&F business for over five decades.

Driven by the belief that “The purpose of human life is to serve and show compassion,” Amit Gupta joined Rotary in 2009 as a proud member of Rotary Club of Ghaziabad Central. Demonstrating remarkable leadership, he served as Club President in the year 2012-13, and since then, has been wholeheartedly devoted to the service of Rotary.

His wife, Dr. Swati Gupta, has been his constant source of strength and support. A committed Rotarian herself, she served as President of RC Ghaziabad Central in RY 2014-15, receiving the Kohinoor President Award, and served as Assistant Governor in 2020-21. Her key area of interest lies in literacy, where she has contributed immensely as DLCC over the years. Amit and Swati remain deeply committed to serving society with compassion and purpose, continuing their Rotary journey with greater zeal.



Message from District Rotaract Representative

PHF. RTR. HARSHITA DHAKAD

Rotaract is more than just a community; it is a feeling of belonging, a shared passion for service, and a constant journey of personal growth. It is a privilege for all of us to be part of one of the biggest NGOs in the world,

to have a platform dedicated to the welfare of all. Ultimately, this is a journey of community service and personal growth where we discover our own potential while uplifting others.

I believe we must always put our best foot forward in serving society, for together we can make a lasting difference. No effort is ever too small; you never know how deeply it might touch and transform someone's life. All my best wishes to you as you embark on this journey of creating a better tomorrow. I wish to walk alongside you, so that no step feels uncertain and no challenge feels overwhelming. After all, Rotaract is about fellowship through service- let us come together to truly bring meaning to our motto.

Yours in Rotaract,
PHF Rtr. Harshita Dhakad
District Rotaract Representative,
RDO RID 3012



Message from District Rotaract Secretary

RTR. AYUSH RAJ

Rotaract is built on the belief that every act of service has the power to inspire hope and create lasting change. Project H.O.P.E. (Helping Other People Everyday) beautifully reflects this spirit by encouraging us to serve with purpose, compassion, and commitment.

As we begin this Rotary Year, let us come together to address the seven Rotary Areas of Focus through meaningful community service. Each project we undertake is an opportunity to make a difference, strengthen our fellowship, and remind ourselves that even the smallest efforts can leave a lasting impact.

I encourage every club and every Rotaractor to participate wholeheartedly in this initiative. Together, let us lead with empathy, serve with dedication, and make Project H.O.P.E. a true celebration of "Service Above Self."



Message from the **DISTRICT CORE TEAM**



Rtr. Kyra Mehra
Deputy District Rotaract
Representative

Every meaningful change begins with a single step, and Rotaract gives us the opportunity to take that step together. It is not just a platform for service but a journey that shapes our character, strengthens our bonds, and inspires us to become leaders who create a positive impact. As we continue this journey, I encourage each one of you to serve with sincerity, lead with humility, and embrace every opportunity to learn.

Let us strengthen our fellowship, uphold the values of Rotaract, and work hand in hand to make a meaningful difference!

As we begin a new Rotary year, I wish every Rotaractor of District 3012 a year filled with meaningful service, lasting friendships, and inspiring achievements. May we continue to lead with integrity, serve with compassion, and create a positive impact in our communities.

Here's to new opportunities, stronger collaborations, and an unforgettable year ahead. Wishing you and your club a successful tenure.



Rtr. Ishan Porwal
District Sergeant- at- Arms

Message from the DISTRICT CORE 26-27



Rtr. Tarun Aggarwal
Joint District Rotaract Secretary

Every journey of impact begins with a single act of service, and Rotaract gives us the chance to walk that path together. Beyond projects and events, it is the people we meet, the lives we touch, and the values we carry forward that truly define our journey.

As we move ahead, let us lead with compassion, serve with purpose, and never underestimate the difference even the smallest effort can make. Together, we can create meaningful change and leave a legacy that lasts.

They say one person can't change the world... good thing Rotaract never works alone! Every project, every laugh, every late-night planning session, and every act of service brings us one step closer to making a real difference.

So let's keep showing up, lifting each other up, and serving with big hearts. Here's to creating memories, making an impact, and proving that together, we really can make the world a little brighter.



Rtr. N V Aruna Devi
District Treasurer

OUR NUMBERS

5180+ PEOPLE IMPACTED

68

NO. OF EVENTS CONDUCTED

95

NO. OF COLLABORATIONS

185

TOTAL NO. OF VOLUNTEERS

20

NUMBER OF PARTICIPATING CLUBS

ZONAL ROTARACT REPRESENTATIVE ZONE 1



RTR. BHUMIKA SINGH
ZONAL ROTARACT
REPRESENTATIVE (ZRR)
ZONE 1

Leadership, to me, has never been about standing ahead—it's about walking beside people, understanding their journeys, and empowering them to discover their own potential. As a Trainee Psychologist, I believe that empathy is one of the strongest forms of leadership, and my years in Rotaract have only strengthened that belief. From leading a club as President to serving across district initiatives, every experience has shaped me into someone who values people before positions and purpose before recognition. As your Zonal Rotaract Representative, I hope to build a zone where collaboration replaces competition, ideas are celebrated, and every club feels inspired to create meaningful change. Together, let us make this tenure not just a collection of successful projects, but a journey remembered for the lives we touched, the bonds we built, and the hope we spread.

ROTARACT CLUB OF JIMS

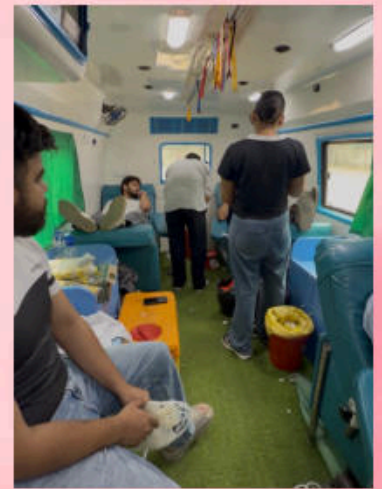
VASANT KUNJ

People impacted: 20

No. of collaborations: 02

No. of volunteers: 05

The Rotaract Club of JIMS Vasant Kunj organized a Blood Donation Camp on 1st July at the Community Centre, Sector 40, Noida, in collaboration with the RWA of Sector 40, Noida, and Om Charitable Blood Centre. The initiative focused on disease prevention by promoting voluntary blood donation and raising awareness about thalassemia, a condition requiring regular blood transfusions. The drive witnessed active community participation and successfully collected 20 units of blood. The event highlighted the importance of collaboration, social responsibility, and community engagement while strengthening awareness about the need for safe blood availability to support patients, save lives, improve public healthcare, and encourage regular voluntary blood donation as a lifelong humanitarian responsibility.

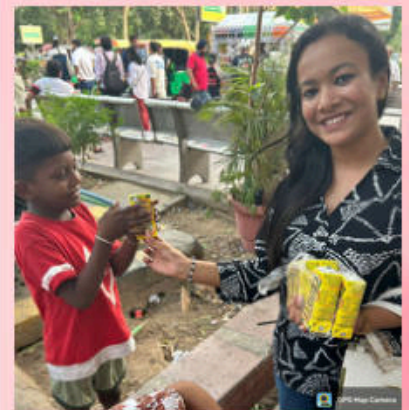


ROTARACT CLUB OF ASHOKA

ARTISANS

People impacted: 250
No. of collaborations: 00
No. of volunteers: 03

The Rotaract Club of Ashoka Artisans, sponsored by the Rotary Club of Delhi Ashoka, RID 3012, successfully conducted Project आरोग्य under Day 1 of HOPE 7.0 with the objective of promoting hydration and preventing heat-related illnesses during Delhi's extreme summer conditions. To maximize outreach, the club organized a dual-location hydration drive, conducting a Chabeel Distribution Drive at one location while distributing Frooti at another. Refreshing beverages were served to commuters, daily wage workers, pedestrians, and local residents, providing immediate relief from the scorching heat and encouraging healthy hydration practices. The initiative reached 350+ beneficiaries, ensuring timely support to those most affected by the harsh weather. By addressing a critical seasonal public health concern, the project contributed to improving community well-being, spreading awareness about the importance of staying hydrated, and reinforcing the values of compassion, preventive healthcare, and meaningful humanitarian service through a simple yet impactful community intervention.



ZONAL ROTARACT REPRESENTATIVE

ZONE 2



RTR. ISHITA SANDUJA
ZONAL ROTARACT
REPRESENTATIVE (ZRR)
ZONE 2

Wishing you all a wonderful start to your tenure! May you all achieve tremendous benchmarks and take your club, your zone, your district and rotaract as a whole to another heights!!

From leading my home club as the President to continuing as the Zonal Rotaract Representative; the journey has been truly mesmerising and full of many surprises. You'll never get to know how certain things help you in ways you can't even think of, so always embrace being a rotaractor with the bottom of your heart and carry it with prestige wherever you go.

I hope to be able to grow our zone into the most impactful one and stay as a family that nurtures, provides and encourages one another in every aspect. This H.O.P.E. let us make sure that people's hope in us does not go in vain.

After all, great leaders do not desire to lead but to serve.

ROTARACT CLUB OF CAPITAL CITY OF NEW DELHI

People impacted: 65

No. of collaborations: 00

No. of volunteers: 05

Project created awareness about dental hygiene and common oral diseases among children, encouraging them to adopt healthy oral care habits for long-term well-being.

A Dental Hygiene and Disease Awareness workshop was conducted at Ek Nayi Pehel, Noida, led by Dr. Parul Chandra. The session educated children on proper brushing techniques, oral hygiene practices, and the prevention of common dental diseases. An interactive quiz was conducted to reinforce learning, and Colgate toothpaste and toothbrushes were distributed as prizes to the quiz winners.

A total of 65 children from Ek Nayi Pehel, Noida, actively participated in the workshop and interactive activities.

The session enhanced children's awareness of oral hygiene and disease prevention, encouraged positive dental care practices, and motivated them to maintain better oral health through engaging learning and practical reinforcement.



ROTARACT CLUB OF USME

People impacted: 94

No. of collaborations: 07

No. of volunteers: 09

Project Sehatsetu promoted preventive healthcare by providing free medical screenings, encouraging early disease detection, and spreading awareness about the importance of regular health check-ups.

Five volunteers from RaC USME participated in Project SEHATSETU under HOPE Week – Day 1 at PANKH NGO, Rohini, alongside District Project Power of Ponytails, Aaina, and Annpushthi in collaboration with PANKH NGO, Rotary Club of Delhi Maurya (RID 3012), and Rajiv Gandhi Cancer Institute & Research Centre, supporting the successful execution of the health camp. The camp included blood pressure and blood sugar tests, physical oral cancer screening, Pap smear tests, and physical breast cancer examinations.

71 beneficiaries received health screenings and preventive healthcare awareness. The initiative promoted early disease detection, encouraged timely medical intervention, and supported menstrual hygiene through the distribution of 60 sanitary pads.

Project Aarogyam aimed to educate children from underprivileged communities about common diseases, their causes, prevention methods, and the importance of adopting healthy habits to promote a healthier lifestyle.

RaC USME organised Project AROGYAM under HOPE Week – Day 1 at Amrit NGO, Shahdara. Volunteers conducted an interactive storytelling session for children, using creative characters like Macchar Maharaja and Coughsaurus to explain diseases, hygiene, cleanliness, and preventive healthcare practices. Worksheets were also provided to reinforce the children's understanding of the concepts covered during the session.

25 children gained awareness about common diseases, personal hygiene, healthy habits, and preventive measures. The initiative transformed health education into an engaging learning experience, empowering children with knowledge to make healthier choices and prevent illnesses.



ROTARACT CLUB OF DELHI

People impacted: 140

No. of collaborations: 00

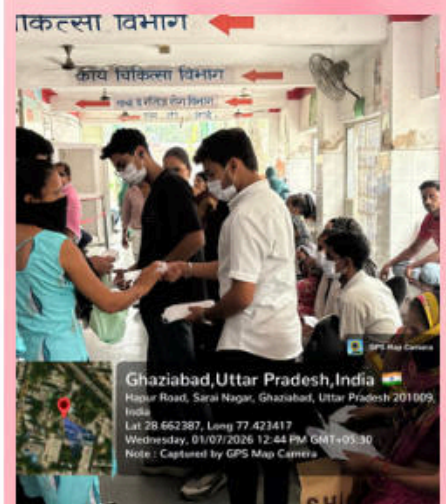
No. of volunteers: 04

Project promoted disease prevention by encouraging the use of face masks and spreading awareness about personal hygiene among patients, attendants, and visitors at the government hospital.

The Rotaract Club of Delhi organized a Mask Distribution Drive at a government hospital. Club members distributed face masks to patients, attendants, and visitors while educating them on the importance of wearing masks to reduce the spread of infections and protect public health.

Patients, their attendants, hospital visitors, and members of the local community visiting the government hospital.

The initiative increased awareness about preventive healthcare, improved access to protective masks, and encouraged the consistent use of masks in public spaces. The drive contributed to creating a safer hospital environment while reinforcing the importance of individual responsibility in preventing the spread of communicable diseases.



ROTARACT CLUB OF GL BAJAJ

People impacted: 200+

No. of collaborations: 04

No. of volunteers: 07

Project Nivaran was conducted on HOPE Day 1 by Rotaract Club of GL Bajaj. It had the objective of promoting Disease Awareness among slums, women's health awareness and menstrual awareness among underserved communities. The initiative included pad donation drives, distribution of period and women's health pamphlets, pharmacy awareness campaigns, public posters on disease prevention and an online video campaign. Executed in collaboration with District Project Aaina, two Rotaract Clubs and one Interact Club, the project reached over 200 individuals across two slum areas and 10+ pharmacies. A total of 100 sanitary pads, 150 informational pamphlets on periods and women's health and 100 disease prevention posters were distributed. Through these efforts, the project successfully enhanced awareness regarding menstrual health and preventive healthcare, encouraging informed health practices and improving access to essential information within the community.



ROTARACT CLUB OF DOC DSE

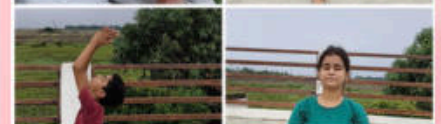
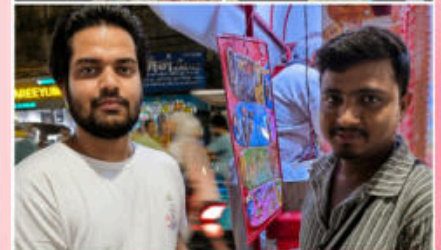
People impacted: 150+
No. of collaborations: 03
No. of volunteers: 18

Project Nirogya promoted holistic health and wellness by creating awareness about healthy living, encouraging preventive healthcare practices, and equipping participants with essential knowledge and resources for maintaining good physical and mental health.

Day 1 featured a Yoga Campaign, an expert Speaker Session, a Drink Distribution Drive, First Aid Kit Distribution, a Health-Related Quiz, and a collaborative health awareness session with Aarogya Path. These activities combined awareness, practical learning, and community outreach to engage participants effectively.

Students, faculty members, community residents, volunteers, and members of the general public who participated in the awareness sessions and outreach activities.

Participants developed greater awareness of healthy lifestyle practices, preventive healthcare, and emergency preparedness. The distribution of first aid kits and refreshments addressed immediate community needs, while the interactive quiz and collaborative session reinforced health knowledge and encouraged participants to adopt healthier habits.



SAANJH: ROTARACT CLUB OF DELHI ROHINI

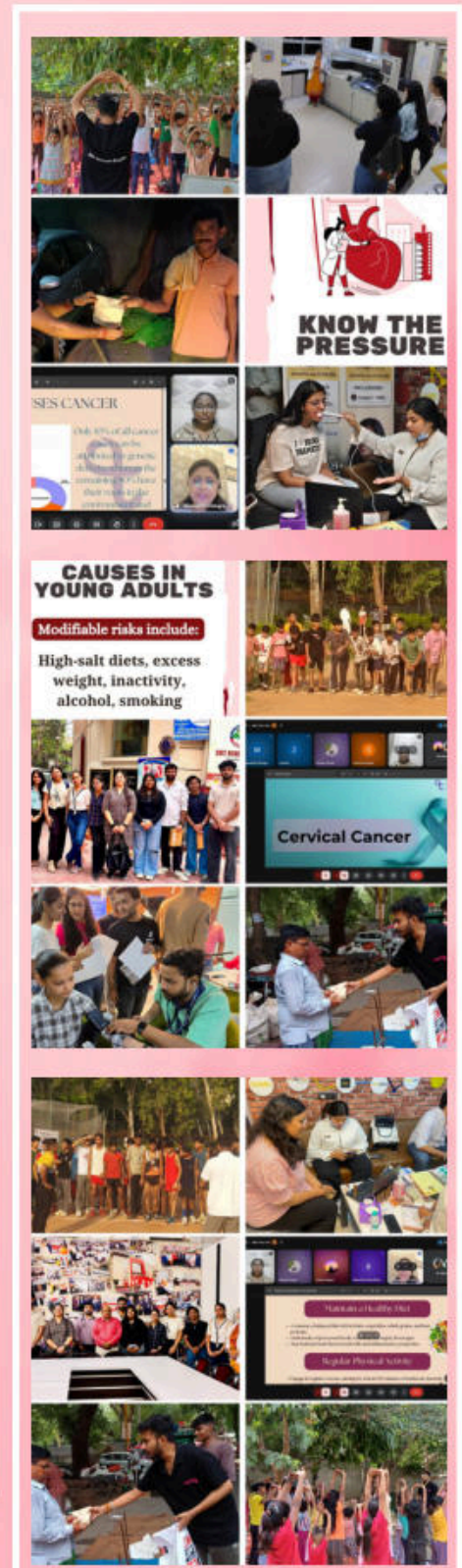
People impacted: 1240+
No. of collaborations: 34
No. of volunteers: 16+

In a nation battling rising lifestyle diseases and healthcare inaccessibility, Saanjh envisioned Day 1 of AAROGYA to bridge the gap between communities and quality healthcare — making prevention a movement, not just a message.

Seven powerful initiatives unfolded simultaneously: Kits of HOPE delivered medicines to the underserved; a Hypertension Awareness Campaign, organized in collaboration with the District Mental Health Team Elysium, sparked awareness among youth around silent lifestyle risks; Run for Fit turned fitness into a movement alongside Delhi Police; Cancer Mukht united 5 organizations to fight cancer stigma, engaging 110+ participants; Rakht took members on a guided visit to the Lions Blood Bank, where experts walked them through the entire blood donation process; Nirog brought hospital-grade health camps to corporate offices and Sattva restored balance through yoga.

1230+ lives touched — from cancer-awareness seekers to marathon runners, blood bank visitors, and families receiving free healthcare.

A community empowered with screenings, awareness, and process-knowledge — proving prevention saves more than just money; it saves lives.



ROTARACT CLUB OF SHAHEED SUKHDEV COLLEGE OF BUSINESS STUDIES

People impacted: 75+

No. of collaborations: 07

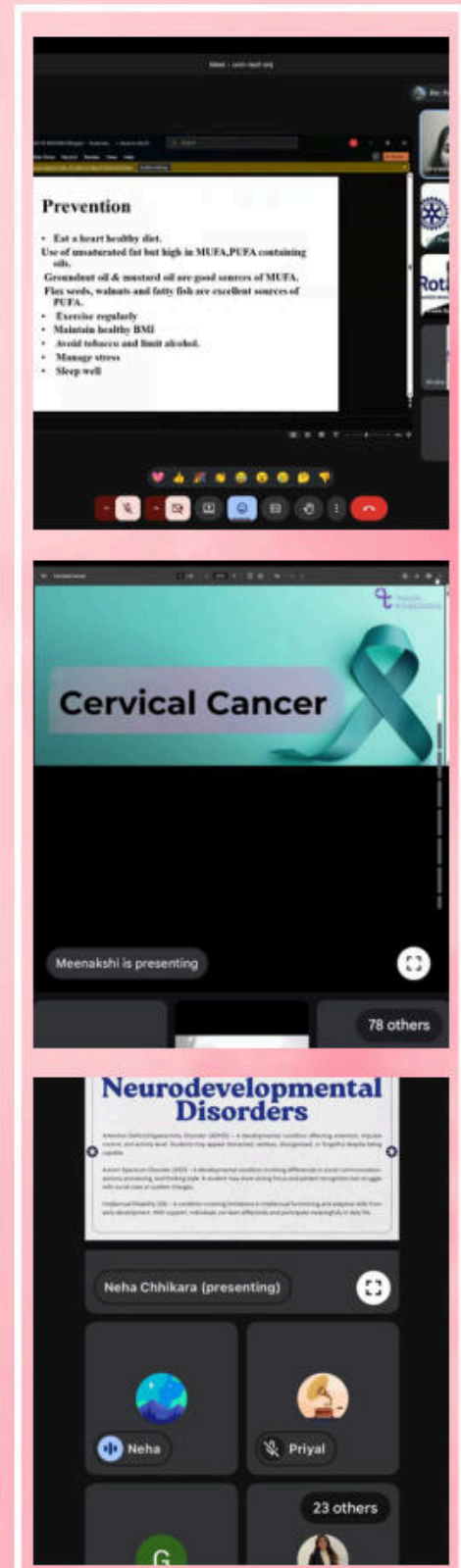
No. of volunteers: 50+

Project promoted awareness of disease prevention through expert-led sessions, with a special emphasis on preventive mental healthcare, lifestyle disorders, cancer awareness, cognitive disorders, and community health education under HOPE 7.0.

Rotaract Club of SSCBS organized Project Manas alongside four collaborative webinars hosted by partner clubs on 1st July 2026 via Google Meet. Subject expert, doctor, counsellor, and public health professional conducted interactive sessions featuring practical insights, preventive strategies, and Q&A discussions, while clubs ensured participation through inter-club collaborations.

Rotaractors, college students, and members from collaborating clubs across different RIDs.

The initiative enhanced participants' understanding of preventive healthcare, mental well-being, lifestyle-related diseases, cancer awareness, and cognitive disorders, strengthened inter-club collaboration, encouraged informed health practices, and expanded awareness through active participation and knowledge-sharing.



ZONAL ROTARACT REPRESENTATIVE

ZONE 3



RTR. SARTHAK GUPTA
ZONAL ROTARACT
REPRESENTATIVE (ZRR)
ZONE 3

Stepping into the role of Zonal Rotaract Representative after serving as a Club President has been a profound shift in perspective one that deepened my understanding that true leadership isn't about titles, but about listening, uplifting, and standing firm through challenges. Zone 3 is brimming with energy and potential, and my vision is to cultivate an environment where collaboration replaces competition, where clubs don't operate in silos but as a connected ecosystem of shared learning and collective strength. I see my role not as a supervisor, but as a connector someone who amplifies your voices at the district level, clears obstacles from your path, and genuinely rejoices in every milestone you achieve. Because at the end of the day, leadership is not about walking ahead with a pointer, it's about walking alongside, rolling up our sleeves together, and building something that outlasts any single term. That's the energy I'm bringing, and I can't wait to see what we create together.

ROTARACT CLUB OF NIET

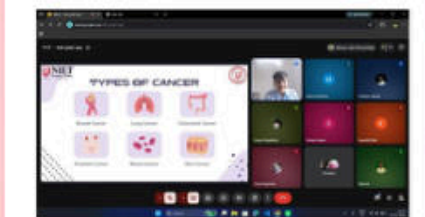
People impacted: 250
No. of collaborations: 01
No. of volunteers: 50

Project raised awareness about cancer prevention, early detection, and available treatments, while promoting emotional well-being and reducing illness-related fear.

Conducted educational discussions covering cancer symptoms, healthy habits, and medical solutions. Collaborated with Clownsolor NGO to perform interactive clowning activities designed to spread hope, positivity, and emotional support.

Community participants and individuals dealing with health challenges.

Successfully increased participants' knowledge regarding early cancer detection, preventive measures, and lifestyle choices. The initiative effectively reduced stress, fostered a positive environment, and demonstrated the vital role of happiness and mental strength in healthcare.



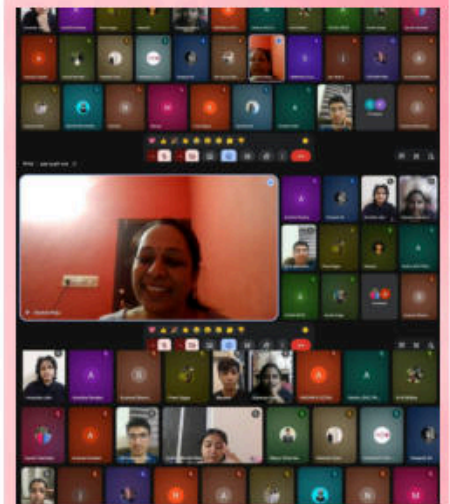
ROTARACT CLUB OF DYAL SINGH COLLEGE

People impacted: 245

No. of collaborations: 16

No. of volunteers: 16

Day 1 of H.O.P.E 7.0 introduced Project Prana – Living Beyond Illness, Thriving in Wellness, featuring four events focused on disease prevention and treatment. Hridaya Setu, held at Delhi Cantt, trained 85 participants in essential CPR skills through hands-on practice, building confidence to respond during cardiac emergencies. Manthan, hosted at ITO, engaged 60 participants in understanding stress management and emotional well-being, offering practical tools to build resilience and navigate everyday mental health challenges. Sehat Sutra, held at Ishwar NGO, educated 35 participants about nutritional deficiencies and hormonal health, highlighting the link between diet and long-term wellness. Aarogya Path, conducted online via Google Meet, guided 65 participants on preventing common yet overlooked health issues. Together, these events inspired healthier lifestyles and greater health awareness across communities, marking a strong and truly meaningful start to H.O.P.E 7.0 for the week ahead.



ROTARACT CLUB OF INMANTEC

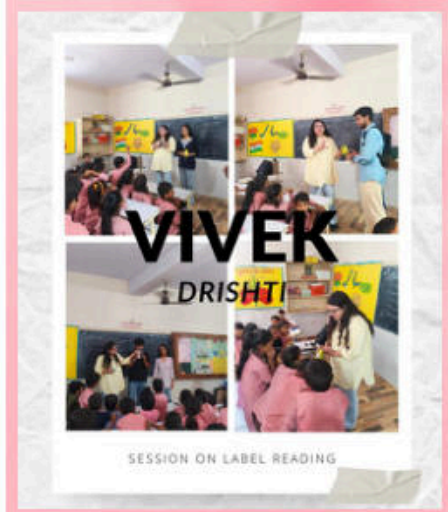
People impacted: 65
No. of collaborations: 03
No. of volunteers: 09

Project weaved prevention into every layer of life body, mind, and community and proving health is a culture built together, not just the absence of illness.

The day opened with Nirogya, an energizing yoga session in collaboration with the Rotaract Club of DOC DSE. At Govt. School, Kazipura, Suaahar nurtured healthy eating habits in young minds through craft, while Vivek Drishti empowered seniors to decode food labels and outsmart junk food. The Kintsugi Workshop in collaboration with Elysium helped teachers transform stress into strength through mindful art. In the slums, our Soap Distribution & Handwash Masterclass turned hygiene into habit. Compassion extended to animals through Karunya, treating stray dogs with anti-lice care. The day culminated with Aroogya, a webinar on lifestyle disorders with Rotaract Club of SBSEC, and Nivaran, in collaboration with Rotaract Club of GL Bajaj.

Students, teachers, underserved families, webinar audiences, and animals an entire ecosystem touched.

Measurable Impact: Stronger hygiene habits, sharper nutrition and label-reading awareness, healed minds, greater lifestyle-disorder awareness, and a kinder, healthier community.



ZONAL ROTARACT REPRESENTATIVE

ZONE 4



RTR. TISHYA JAIN
ZONAL ROTARACT
REPRESENTATIVE (ZRR)
ZONE 4

Every new journey begins with a shared purpose, and I truly believe the greatest achievements are never accomplished alone. They are built through trust, collaboration, and the willingness to grow together, which inspires others to believe in the power of this organisation.

As your ZRR, I hope to foster a Zone where every club feels connected, supported, and empowered. My goal is to strengthen collaboration between clubs, encourage meaningful networking, create opportunities to learn from one another, and ensure that every club has the platform to grow.

Together, let's build such an environment that celebrates every success, embraces every challenge, and leaves behind a legacy of service, leadership, and unity.

This HOPE Week, let's look beyond numbers and milestones. Let's use these days to build trust, strengthen our bonds, and create such impact that carries the spirit of hope throughout the year.

ROTARACT CLUB OF SBSEC

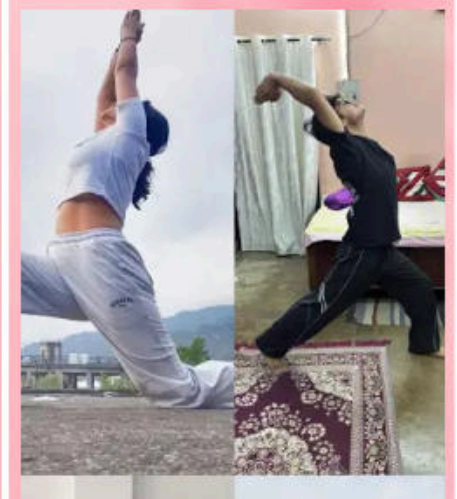
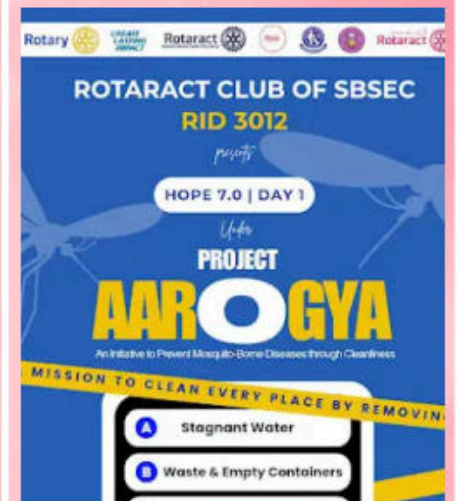
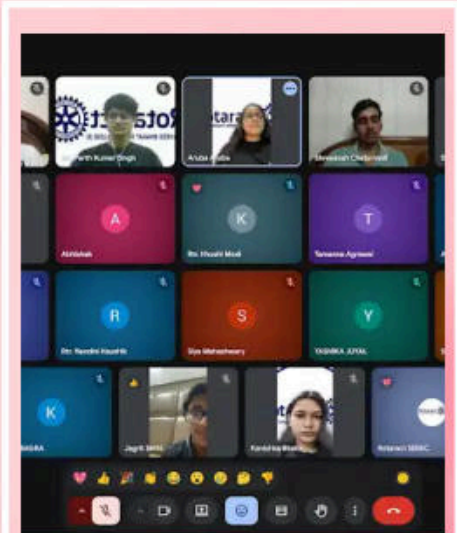
People impacted: 120+
No. of collaborations: 04
No. of volunteers: 15

Objective: To support the healthcare system by promoting voluntary blood donation and raising awareness about the importance of donating blood under the Rotary focus area of Disease Prevention and Treatment.

Execution: The Rotaract Club of Delhi Mayur Vihar, in association with ICAI (NIRC), organized a Blood Donation Camp at NIRC Bhawan, Vishwas Nagar, Delhi. Club members and volunteers managed donor registration, coordinated the camp, and encouraged participation throughout the event.

Beneficiaries: Around 40–50 individuals came forward to donate blood, benefiting patients requiring life-saving transfusions.

Measurable Impact: Nearly 20 units of blood were successfully collected, strengthening the local blood supply and inspiring greater awareness about regular voluntary blood donation. The initiative reinforced the message that a single blood donation can save multiple lives while encouraging the community to actively participate in this noble cause.



ROTARACT CLUB OF ASHOKA UNIVERSITY YOUTH

People impacted: 23

No. of collaborations: 01

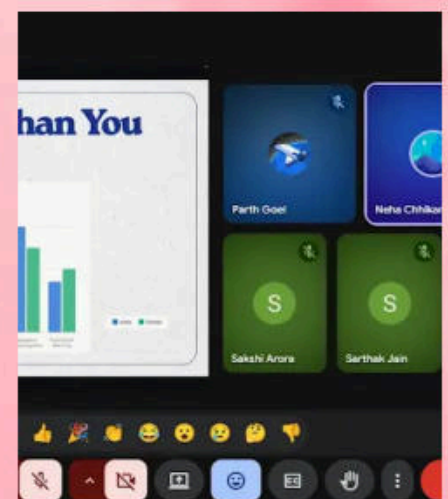
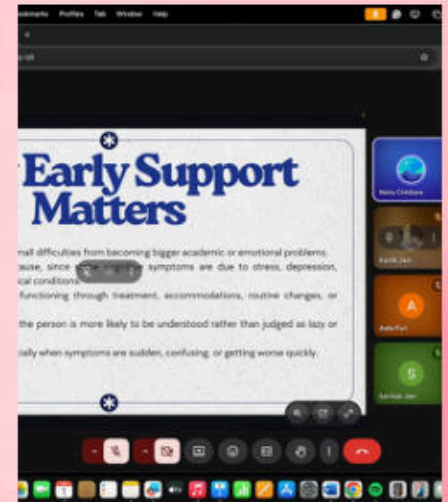
No. of volunteers: 23

Objective: To spread awareness about cognitive disorders and how to approach it.

Execution: Through an informative online session with a counselling psychologist

Beneficiaries: attendees of the session and community at large

Measurable Impact: views and understanding about cognitive disorders



ROTARACT CLUB OF DELHI MAYUR VIHAR

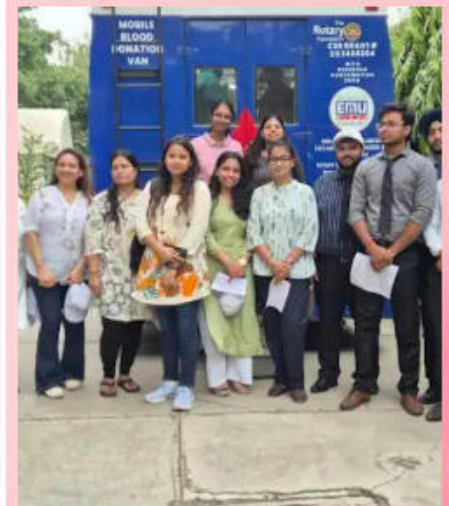
People impacted: 40-50
No. of collaborations: 00
No. of volunteers: 04

Objective: To support the healthcare system by promoting voluntary blood donation and raising awareness about the importance of donating blood under the Rotary focus area of Disease Prevention and Treatment.

Execution: The Rotaract Club of Delhi Mayur Vihar, in association with ICAI (NIRC), organized a Blood Donation Camp at NIRC Bhawan, Vishwas Nagar, Delhi. Club members and volunteers managed donor registration, coordinated the camp, and encouraged participation throughout the event.

Beneficiaries: Around 40–50 individuals came forward to donate blood, benefiting patients requiring life-saving transfusions.

Measurable Impact: Nearly 20 units of blood were successfully collected, strengthening the local blood supply and inspiring greater awareness about regular voluntary blood donation. The initiative reinforced the message that a single blood donation can save multiple lives while encouraging the community to actively participate in this noble cause.



ROTARACT CLUB OF HANSRAJ COLLEGE

People impacted: 30-40

No. of collaborations: 03

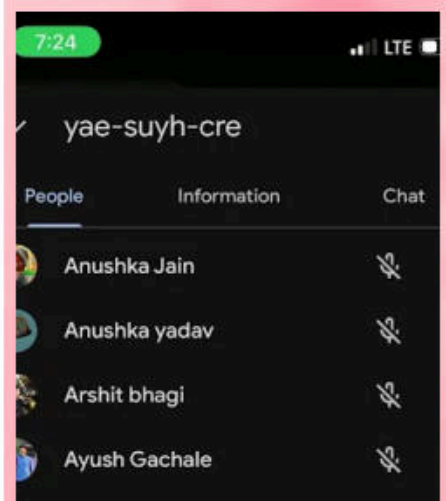
No. of volunteers: 05

Objective: To prevent mosquito borne diseases by spreading awareness, reducing breeding sites, and supporting people most vulnerable to mosquito bites during night duty.

Execution: Volunteers visited different areas of Dwarka and distributed mosquito repellent incense sticks to security guards working overnight. The team identified stagnant water spots, cleared them wherever possible, and educated nearby residents about preventing mosquito breeding. The club also collaborated with other Rotaract clubs by participating in online awareness sessions focused on cancer and general health awareness.

Beneficiaries: Security guards, local residents of Dwarka, and participants of the online awareness sessions.

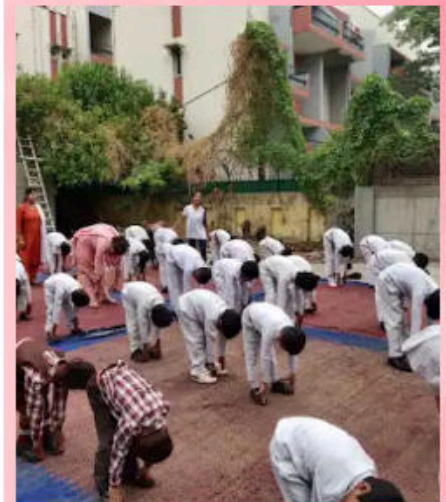
Measurable Impact: Security guards received protection against mosquitoes during night shifts, potential breeding sites were reduced by clearing stagnant water, community awareness about mosquito borne disease prevention increased, and the collaborative online sessions further promoted health awareness among participants.



ROTARACT CLUB OF DELHI PEGASUS

People impacted: 400+
No. of collaborations: 03
No. of volunteers: 07

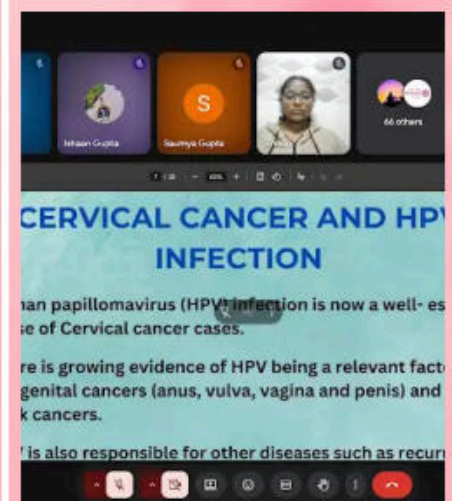
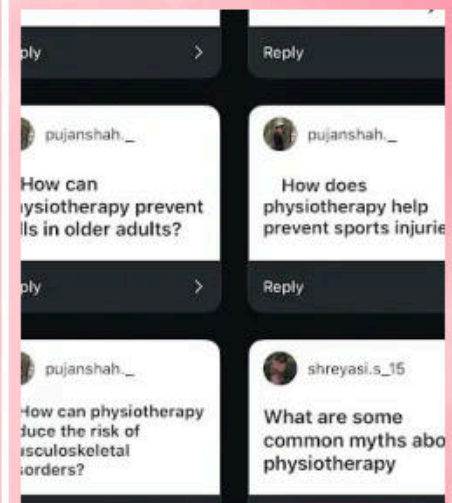
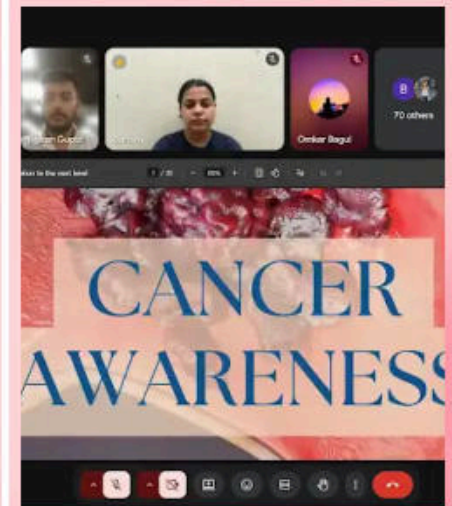
Rotaract club of Delhi Pegasus presents Project Praan under Project H.O.P.E. 7.0- Day 1 featured five impactful healthcare initiatives dedicated to Disease Prevention & Treatment. The day began with a Yoga & Wellness Session (Aarogyam) engaging 60+ participants to promote physical and mental well-being, followed by a Doctors' Appreciation Drive (Noble Notes) honoring 20+ doctors across 20+ clinics with appreciation letters, flowers, and tokens of gratitude. An Online Cancer Awareness Session (Health Talk) educated participants on the importance of early detection, timely screening, and preventive care, while a Malaria Awareness Drive (Sachet) reached 150–200 community members with essential knowledge on symptoms, prevention, and control measures. The initiative concluded with the distribution of 25+ Medical Kits (Sanjeevani) to individuals in need, supporting better access to basic healthcare essentials. Overall, the project successfully conducted five healthcare initiatives, directly impacting over 400+ individuals, while promoting preventive healthcare, recognizing healthcare professionals, and strengthening community awareness through meaningful service.



ROTARACT CLUB OF ARDENT CREATORS

People impacted: 1500+
No. of collaborations: 02
No. of volunteers: 05

As part of Project HOPE 7.0, the Rotaract Club of Ardent Creators organized "Hope in Motion" to spread awareness about physiotherapy, its role in rehabilitation, injury prevention, posture correction, and overall well-being. The initiative was conducted through interactive social media content and an open question box where participants could ask physiotherapy-related questions and receive evidence-based guidance. The campaign aimed to dispel common myths while encouraging people to seek timely professional care. The beneficiaries included students, young adults, and members of the general public who engaged with the initiative. The campaign successfully increased awareness about physiotherapy, promoted healthier lifestyle choices, and encouraged participants to become more informed about musculoskeletal health and preventive care.



Message from **TEAM PUBLIC RELATIONS**

In a world that often rushes past, Hope Week reminds us to pause, connect, and care. As the PR Team of RID 3012, it fills us with pride to witness how each project, post, and partnership during this week echoed our collective spirit of service and solidarity. Hope is not just an idea—it is in every meal served, every smile shared, and every hand extended to those in need.

Through the power of communication, we aimed to amplify the voices of change and compassion across districts and digital spaces. This week is not just about visibility—it is about impact. And every club, every volunteer, every story make a difference.

To all the Rotaractors who went the extra mile—your efforts are the reason hope continues to shine in every corner we reach. Here's to keeping the momentum alive, and to telling stories that move hearts and inspire action.

With gratitude and pride,
Public Relations Team
RDO RID 3012



