

# Hyperbaric Oxygen Can Improve Rheumatoid Arthritis

Many research studies show that rheumatoid arthritis patients who receive hyperbarics make a remarkable recovery, including a surprising relief from pain.



## How Hyperbarics Helps



Increases oxygen in the bloodstream 1,200% above normal



Dramatically decreases inflammation



Relieves pain

## These results suggest that HBO therapy may be an effective treatment for patients with rheumatoid arthritis.

Rheumatoid arthritis, (RA) is a painful and debilitating disease. Our experience at Bay Area Hyperbarics has resulted in surprising relief for patients who come in during an acute flare-up. One patient could not work and was fully incapacitated. Her hands were swollen, red, very painful and her ability to move them and perform basic daily tasks was greatly reduced. For example, holding a pen was painful. She came in desperate for relief. After only a week of hyperbaric oxygen

sessions, her inflammation, swelling and pain were negligible. She went back to work and her husband was so grateful he sent us a case of wine as a thank you.

The studies and articles on hyperbaric oxygen therapy have been quite positive for both animal studies and human studies. For example on study found the following:

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“SOD activity, lipoperoxide value in serum, ESR, and Lansbury's index of the patients with rheumatoid arthritis under hyperbaric oxygen (HBO) therapy were ... investigated. SOD values of synovial fluid and of leukocytes in synovial fluid from rheumatoid arthritis group were found to be higher than those from osteoarthritis group. No significant difference was found the SOD values in leukocytes of blood and synovial membrane between two groups. In the patients with rheumatoid arthritis under HBO

therapy the SOD activity was increased, whereas lipoperoxide values was decreased. Furthermore, ESR and Lansbury's index showed a remarkable recovery. These results suggest that HBO therapy may be an effective treatment for the patients with rheumatoid arthritis.”

If you are considering hyperbaric oxygen therapy for you or someone you love, give us a call and we can help you evaluate your situation and if HBOT is the right choice.

## Patient Experiences

We have helped numerous patients with rheumatoid arthritis live a life with significantly decreased pain, so they could again engage in their daily activities.

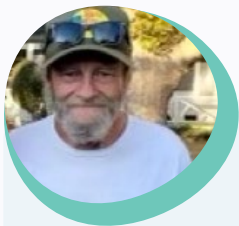


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Ruth was a retired school teacher, who loved volunteering as a docent at museums. However, her rheumatoid arthritis made simple tasks, such as picking up a piece of paper or writing, extremely painful and difficult. After 40 hyperbaric treatments, Ruth was virtually pain free and actually wept for joy at how she felt thirty years younger and was able to hike and return to her volunteer work!

### **Ruth, 68**

Hyperbaric oxygen therapy significantly reduced Ruth's pain for the three years we stayed in contact.



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Sam loved working as a Runner for a contractor, and handling small jobs. It kept him feeling young and engaged. However, his arthritis made his hands look—as he said—like hooks, rather than hands. After two sets of 20 treatments, Sam was able to go back to work and feel like a productive member of society! It gave him his life back.

### **Sam, 76**

Hyperbaric oxygen therapy allowed Sam to continue to keep active by working as long as he wanted.

# Patients: Get Started with Hyperbarics

Its easy to get started with Hyperbarics. Just follow these simple steps.

## 1 Give us a call

Did a physician refer you? If so, they can download and fax us back a patient referral form. If not, our medical staff will discuss whether hyperbarics is right for you.

## 2 We talk with your insurance

Our medical staff contacts Medicare or private insurance to receive authorization and create a plan with you.

## 3 Patient starts HBOT

Our medical staff meets with the patient to ensure that HBOT is appropriate, and contacts Medicare or private insurance to receive authorization.



# Physicians: Refer a Patient

Refer a patient in three easy steps.

## 1 You submit patient's information

As a provider, your office fills out and faxes back the Patient Referral Form. Have questions? Call us!

## 2 We get authorizations

We make sure the patient understands treatment and then follow the prescribed protocol to get the patient on the road to recovery!

## 3 Patient starts HBOT

Our medical staff meets with the patient to ensure that HBOT is appropriate, and contacts Medicare or private insurance to receive authorization.



# Reach out to us

**We're here to help.**

Contact us today to learn more about how hyperbaric oxygen therapy can help you.



**Call Us: (408) 356-7438**

**FOR PATIENTS**



**Scan for free  
consultation**

**FOR PHYSICIANS**



**Scan for Patient  
Referral Form**