



Hyperbarics Has Been Clinically Proven to Heal Erectile Dysfunction

Erectile dysfunction (ED) or erectile insufficiency, the inability to achieve or maintain a satisfactory erection, is a condition that affects many men as they age. By age 40, nearly 40% of men have experienced some degree of ED, and by age 70, the prevalence rises to nearly 70%. The causes of ED are multifaceted, ranging from psychological factors to physical issues, including reduced blood flow. Recent research has shown that hyperbaric oxygen therapy (HBOT) improves ED in over 70% of men.

How Hyperbarics Helps

- Opens blood vessels to increase blood supply
- Decreases inflammation starting in the first session
- Rebuilds new blood vessels
- Increases oxygen carried in blood plasma, enabling more oxygen to reach erectile tissues
- Reduces scar tissue that would prevent erections
- Corrects restricted blood flow, which improves blood flow to penile tissues

What the Research Says

Dr. Efrati, a leader in the field of HBOT research, has undertaken extensive studies on its effects on various conditions, including ED. In one of his studies, men with ED were treated with 40 sessions of HBOT. The results were promising: many participants experienced significant improvement in their erectile function, with

some even achieving full restoration.

Furthermore, Efrati's research showed that the benefits were not merely short-term. The improvements in erectile function were maintained for a considerable time after the conclusion of the HBOT sessions.

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How does HBOT Address ED?

1. Enhanced Oxygenation:

HBOT floods the body with oxygen. This super-saturated oxygen can reach tissues that are not accessible by the red blood cells, leading to enhanced oxygen delivery to damaged areas, including the penile tissue.

2. Improved Blood Flow:

A lack of proper blood flow is a common cause of ED. HBOT promotes angiogenesis. With more blood vessels, there's a better blood supply to the penile tissues, which can enhance erectile function.

3. Reduced inflammation:

Inflammation is known to cause and exacerbate ED. HBOT reduces inflammation and supports the body's natural healing processes. Reduced inflammation permits greater blood flow and oxygenation and supports the body's natural healing process.

4. Stimulates Healing:

For the penis to function, it requires healthy arteries, healthy nerves and healthy smooth muscle. HBOT helps with each: Chronic or untreated ED can lead to fibrosis or the development of scar tissue in penile tissues. Fortunately, HBOT has been shown to decrease fibrosis, which helps with smooth muscle function. HBOT also promotes the regeneration of tiny blood vessels in the penis and decreases ischemias which improves blood flow. It also decreases inflammation and increases oxygenation, which help rebuild nerves.

5. Antioxidant Effect:

HBOT also provides an antioxidant effect. Oxidative stress is a known factor in the pathogenesis of ED. By reducing oxidative stress, HBOT can enhance the functional ability of the penile tissue.

Patient Experiences

Listen to what real patients have to say about their experiences.

Jesus, 58



Jesus came to Bay Area Hyperbarics concerned because his physician said he would probably need to have a foot amputated because of a diabetic foot wound with neuropathy. After 60 treatments, Jesus' wound was almost completely healed, and his neuropathy went away.

Jesus was at first shy about sharing the side-effect: Hyperbaric oxygen therapy healed his erectile dysfunction, which he had for the previous eight years. His wife felt that she had her younger husband back. They could hike and be active in ways they had not for nearly a decade.



Patient Experiences



Jim, 58



Jim had migraine headaches on average every six weeks, each of which lasted three to five days and left him unable to work. He had to lie quietly in a dark room, and even medication at times did not work. His physician prescribed hyperbaric oxygen therapy, saying, "Some patients tell me it helps."

Throughout his hyperbaric treatments, Jim noticed increased energy, but the most surprising benefit was that his erectile insufficiency was completely gone. He said that he felt 20 years younger. He was able to run, and to experience an erection whenever he and his partner wanted.

How to Get Started

It's quick and easy for you or your family member to get started with Hyperbarics:

- 1 Give us a call**
Did a physician refer you? If so, they can download and fax us back a patient referral form. If not, our medical staff will discuss whether hyperbaric is right for you.
- 2 We talk with your insurance**
Our medical staff contacts Medicare or private insurance to receive authorization and create a plan with you.
- 3 You get on the road to recovery**
We do a medical intake, explain everything you need to know, and get started on your hyperbaric oxygen therapy sessions.

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