

Hyperbaric Oxygen Therapy Serving the Bay Area since 1998

We are open on weekends!

Clinic location:

14589 S Bascom Ave Los Gatos, CA 95032

Call (408) 356-7438 **Fax** (408) 356-7491

Email Referral@OxygenHeals.com

Bay Area Hyperbarics.com

Medical Director

Joyce Lu, MD, RPVI, FSVS, FACS

Medical Director

Jeffrey Kaplan, MD, FACS

Consulting Medical Director John Toth, DO

Clinic Director and Founder

Lisa St. John

Practice Manager & COO

Jim Nieters

Patient Relations & Safety Director

David Roberts, CHT

Patient Coordinator Lead

Nancy Tammen

Nurse Practitioner

Rachel Kogan, RN, ANP-BC, FMP

Nurse Practitioner

Suzanne White, RN, MSN, FNP-C

Conditions Treated:

- Osteoradionecrosis
- Soft tissue radionecrosis
- Diabetic wound of the lower extremities, Wagner grade III +
- Progressive necrotizing infections
- Chronic refractory osteomyelitis
- Acute peripheral arterial insufficiency
- Preservation of skin grafts and flaps
- Crush injuries and suturing of severed limbs
- Actinomycosis
- Post-surgical healing
- Sudden hearing loss
- · Concussion/TBI
- Lyme Disease
- Post-COVID

Many other diagnoses and conditions are treatable HBOT.

DATE OF REF	ERRAL /	/			
PATIENT NAI		, , , , , , , , , , , , , , , , , , ,			
PATIENT DO	·	/			
	/				
PATIENT PHO	JNE # ()				
Fax # (408) 356	s completed prescrip -7491 or email it to R ocols are shown below.	Referral@OxygenHea	ls.com		
Rx: Treat patie	nt with hyperbaric ox	cygen therapy as spe	cified b	elow	
Diabetic non-healing wound		•			
	•		-	Tx #: [] 20, [] 40, [] 60	
	•	· · · · · · · · · · · · · · · · · · ·	-	Tx #: [] 20, [] 40, [] 60	
	odified orders to above				
· =		•		0 code:	
as tolerate	d.5 Min at pressure: doodified orders to above		-		
Osteoradionecrosis		Required ICD-10 code:			
	Min at pressure: 90	•			
Provider's m	odified orders to above	·			
Chronic ref	ractory osteomyelitis	s Require	d ICD-1	LO code:	
[] ATA 2.0	Min at pressure: 90	Air breaks: No	Daily	Tx #: [] 30, [] 60	
[] ATA 2.5	Min at pressure: 90	Air breaks: 5m, q30	Daily	Tx #: [] 30, [] 60	
Provider's m	odified orders to above	:			
[] Compromis	ed flap or graft	Require	d ICD-1	LO code:	
	Min at pressure: 90		-		
	Min at pressure: 90				
	odified orders to above				
Sudden or acoustic hearing loss				L0 code:	
	9.5 Min at pressure:		•	1x #: 20	
				10 code:	
	Min at pressure: 60		-		
	Min at pressure: 90 odified orders to above				
OTHER, specify Dx: ATA: Min at pressure:					
A1A	wiiii at piessuie.	, All bleaks		Daily, 1X #	
(See reverse side		ly patient does not hav	e pneun	ations of HBOT with my pat nothorax or a known lung iss	

	Trovider Name:
V	NPI:
X	TIN:
Provider's signature	Phone: ()
	Fax: ()

Provider Informed Consent for Hyperbaric Oxygen Therapy (HBOT)

Contraindications to HBOT:

Untreated pneumothorax Certain types of lung disease Pregnancy Pulmonary barotrauma

Risks and Side Effects of HBOT:

EARS - If any, the most likely side effect a patient may experience during a hyperbaric oxygen therapy session is middle ear barotrauma. A patient may report difficulty with ear equalization, a feeling of pressure, and possible ear discomfort during compression, which is the initial phase of HBOT. The hyperbaric technician will teach the patient the Valsalva maneuver which is a technique that allows the patient to equalize the pressure in the middle ear. Sipping water can also ease any ear pressure.

SINUS - Sinus squeeze is rare and is caused by changes in pressure. Pain or discomfort may be felt around the sinus areas of the face. This usually occurs if the patient's sinuses are blocked by mucus or tissue. Barotrauma of the paranasal sinuses is also rare and could be caused by a large difference in air pressure between the sinuses and the environment.

BLOOD PRESSURE – An increase in blood pressure may occur. The patient's blood pressure is taken prior to beginning HBOT. Blood pressure protocols are in place.

BLOOD SUGAR – A lowered blood sugar may occur. If diabetic, the patient's blood sugar is checked prior to beginning HBOT. Blood glucose protocols are in place.

OTHER - Some mild physiological changes and symptoms may present themselves over the course of treatments; some may be due to medication interactions. It is important that the patient advises the hyperbaric technician and physician if any unfamiliar symptoms arise, including but not limited to:

- Nausea.
- Changes in vision temporary changes in eyeglass prescription may occur. These changes may be permanent in about 2% of those patients; usually the change is a vision improvement.
- Numbness or tingling in the fingers or facial twitching.
- Shortness of breath or dizziness.
- Restlessness and/or irritability.
- Tinnitus (ringing of the ears).
- Out of the ordinary physical or mental changes.
- Hyperbaric Fatigue Syndrome significant fatigue that may occurs after treatments.
- Herxheimer Reaction for patients with infections, fatigue or an enhancement of symptoms may occur as a reaction to the large amount of bacteria being destroyed.
- Oxygen Toxicity in rare situations (1 in 10,000), oxygen toxicity can produce a seizure. The
 seizure has no lasting effect. Short air breaks during the treatment can prevent tissues in the body
 from taking in too much oxygen.

The patient should also contact the clinic as soon as possible if any of the above or any the following occurs during their course of treatment: colds, flu, upper respiratory infection, sinusitis, high fever, viral infection, vomiting, headache, or any other out-of-the-ordinary symptoms or concerns.

Benefits of HBOT: Hyperbaric oxygen treatment offers many therapeutic benefits, including:

- Increases oxygen concentration in all body tissues
- Shortens healing time of stubborn wounds
- Stimulates growth of new blood vessels and tissue
- Improves white blood cells' ability to control infections
- Effectively treats chronic bone infections
- Preserves skin grafts where circulation is reduced
- Reduces edema (swelling)
- Reverses tissue damage due to radiation therapy

