



# Spencer Lacrosse Club

The Spencer Club, Fieldview, SW18 3HF  
([www.spencerlax.co.uk](http://www.spencerlax.co.uk))

## JUNIOR LACROSSE Christmas Skills Day

Thursday 3<sup>rd</sup> January 2019  
INFORMATION

*for young Players (boys and girls) roughly aged 9 – 12 playing Men's Rules Field Lacrosse*

**What?** - A One Day Camp which will focus on progressing individual skills during morning sessions and team skills in the afternoon. The programme will be challenging and good fun but limited to the first 20 applicants.

**Who?** - The programme will be ideal for experienced players but those new to the Sport will also be very welcome.

**Where?** - The Camp will be run on grass on the field at the Spencer Club, Fieldview, SW18 3HF

**Equipment ?** - will be available to borrow but players may also bring their own. Players will need sporty clothing suitable for the weather including a waterproof if rain is forecast, a packed lunch, a snack or two and some water (ideally not a sugary drink).

**On the day?** - registration and equipment collection will open at 9.30am with the Camp day starting at 10am. There will be a supervised break for lunch between 12.30 and 1.30pm and the Camp will close at 4.00pm. An early drop off from 9am is possible by arrangement.

**Leadership?** - The lead coach for the camp will be Peter Compton, the Spencer Lacrosse Club Head Coach supported by experienced coaches from the Senior Club – most are players who have started in our own Junior Programme but are now playing at University and beyond. Peter has successfully coached domestic and international teams for over 30 years, is a qualified Lacrosse Association Level 2 coach, holds a Postgraduate Certificate in Education, is DBS checked and First Aid trained

**How Much?** - One day £10.00

**Reserve a place?** – by email to 'petercompton@hotmail.co.uk'

**More information about Spencer Lacrosse Club?** – go to the Club website - [www.spencerlax.co.uk](http://www.spencerlax.co.uk)

**Queries?** - please contact the Head Coach - Peter Compton  
07714 340582/petercompton@hotmail.co.uk

10<sup>th</sup> December 2018



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APPLICATION

Please reserve a place for:..... by email to [petercompton@hotmail.co.uk](mailto:petercompton@hotmail.co.uk) then complete the remainder of this form and bring it with your child and the fee of £10.00 on the day of the event. A place on the Skills Day will be confirmed by return email or you will be advised otherwise.

I give permission for my child, named above, to participate in Spencer Junior Lacrosse Christmas Skills Day as noted above.

I understand that the Field Lacrosse is a contact sport.

I will ensure my child is appropriately with sports clothing suitable for the weather.

I will ensure my child brings a packed lunch and water/a drink to the course.

I will drop off and pick up my child from inside the Fieldview Site unless I have advised The Head Coach otherwise and he has accepted the alternative arrangements.

I understand that in the event of any injury or illness all reasonable steps will be taken to contact me, and to deal with that injury/illness appropriately. I understand that my child will be expected to behave according to Spencer Lacrosse Club's code of conduct during the Camp (this can be found on all Club membership forms on our website – [www.spencerlax.co.uk](http://www.spencerlax.co.uk)) and my child may be excluded from participating in the activities if my child does not behave in an appropriate manner.

Registration commences for morning sessions from 9.30am

### NOTE:

We reserve the right to cancel the course for reasons of safety or extremely inclement weather. A full refund will be given in the event that the course is cancelled by us.

Signed: .....(parent/carer)      Name:.....

Date:.....

Contact Telephone Number (usable during the course).....