

Spencer Lacrosse Club

The Spencer Club, Fieldview, SW18 3HF (www.spencerlax.co.uk)

JUNIOR LACROSSE Summer Camp 2019

Wednesday 24th July, Thursday 25th July and Friday 26th July 2019 INFORMATION

for young Players (boys and girls) roughly aged 9 – 12 playing Men's Rules Field Lacrosse

What? - A Three Day Camp which will focus on progressing individual skills during morning sessions and team skills in the afternoon. We will also provide the opportunity to develop specialist skills - such as 'face off'. The programme will be challenging and good fun but limited to the first 20 applicants.

Who? - The programme will be ideal for experienced players but those new to the Sport will also be very welcome.

Where? - The Camp will be run on grass on the field on 'Openview' – the field on other side of the Spencer Astro from the Spencer Club. Entrance will be through the Spencer Club, across the field and through the gated passage alongside the bottom end of the Astro.

Equipment ? - will be available to borrow but players may also bring their own. Players will need sporty clothing suitable for the weather including a waterproof if rain is forecast, a packed lunch, a snack or two and some water (ideally not a sugary drink).

Each day? - registration and equipment collection will open at 9.30am over on the Openview Field with the Camp day starting at 10am. There will be a supervised break for lunch between 12.30 and 1.30pm and the Camp will close each day at 4pm. An early drop off from 9am is possible by arrangement.

Leadership? - The Lead coach for the camp will be Peter Compton, the Spencer Lacrosse Club Head Coach supported by experienced coaches from the Senior Club – most are players who have started in our own Junior Programme but are now playing at University. Peter has successfully coached domestic and international teams for over 30 years, is a qualified Lacrosse Association Level 2 coach, holds a Postgraduate Certificate in Education, is DBS checked and First Aid trained

How Much? - One day = £20; Two days = £35; Three days = £45

Reserve a place? - by email to 'petercompton@hotmail.co.uk'

Queries? - please contact the Head Coach - Peter Compton 07714 340582/petercompton@hotmail.co.uk

26th May 2019



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Please reserve a place for your child(ren) by email (<u>petercompton@hotmail.co.uk</u>) then complete the remainder of this form and return with fee:

Please reserve a place for (child[ren's] name[s]) on the Summer Camp which I give permission to attend on: Wednesday 24th/Thursday 26th/Friday 26th July 2019. *{please enter the correct camp fee and delete the days not attending]*

I will ensure my child is appropriately with sports clothing suitable for the weather.

I will ensure my child brings a packed lunch and water/a drink to the course.

I will drop off and pick up my child from inside the Openview Site unless I have advised The Head Coach otherwise.

I understand that in the event of any injury or illness all reasonable steps will be taken to contact me, and to deal with that injury / illness appropriately. I understand that my child will be expected to behave according to Spencer Lacrosse Club's code of conduct during the Camp (please see reverse) and he / she may be excluded from participating in the activities if he / she does not behave in an appropriate manner.

NOTE:

We reserve the right to cancel the course for reasons of safety or extremely inclement weather. A full refund will be given in the event that the course is cancelled by us. Registration commences for morning sessions from 9.30am.

Signed:	(parent/carer)	Name:
Date:		
Contact Telephone Number (usable during	the course)	