



Spencer Lacrosse Club

The Spencer Club, Fieldview, SW18 3HF
(www.spencerlax.co.uk)

JUNIOR LACROSSE

Half-Term Skills Clinic

Thursday 29th and Friday 30th October 2020

INVITATION

for young Players aged roughly 9 - 12 playing Men's Rules Field Lacrosse

What? - A Two Day Clinic which will focus on progressing individual skills during morning sessions and team skills in the afternoon. The programme will be challenging and good fun but limited to the first 20 applicants.

Who? - The programme will be ideal for experienced players but those new to the Sport will also be welcome.

Where? - The Camp will be run on grass at the Spencer Club. Entrance will be through the single gate in front of the Spencer Clubhouse, turn right and pass around the Clubhouse.

Equipment? - will be available to borrow and be allocated for the period of the Clinic but players may also bring their own. Players will need: weather appropriate sporty clothing including a waterproof if rain is forecast; a packed lunch, a snack or two, some water (ideally not a sugary drink); a hand sanitiser.

Each day? - registration and equipment collection will open at 9.30am with the Clinic day starting at 10am. There will be a supervised break for lunch between 12.30 and 1.30pm and the Clinic will close each day at 3.30pm. An early drop off from 9am is possible by arrangement.

Leadership? - The Lead coach for the Clinic will be Peter Compton, the Spencer Lacrosse Club Head Coach supported by experienced coaches from the Senior Club – most are players who have started in our own Junior Programme but are now playing at University. Peter has successfully coached domestic and international teams for over 30 years, is a qualified Lacrosse Association Level 2 coach, holds a Postgraduate Certificate in Education, is DBS checked and First Aid trained.

Covid – 19? - The event will be run in compliance with the current Covid – 19 regulations. This will mainly be a management issue but any specific player requirement updates will be issued to attendees in the days before the Camp. Players who have been asked to 'self-isolate' during the period of the Clinic should advise the Head Coach and withdraw from the Clinic – the fee will be returned.

Weather - In severe weather, we may have to cancel all or part of the event. If that is the case, the relevant Clinic fee will be returned.

How Much? - One day = £30; Two days = £50

To book a place? – please go to: <https://www.tickettailor.com/events/spencerlacrosse/435848>

Queries? - please contact the Head Coach - Peter Compton
07714 340582/petercompton@hotmail.co.uk

5th October 2020

