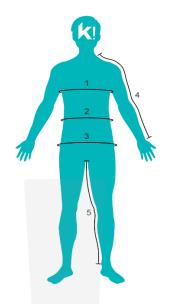
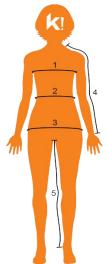
## **ICEBREAKER**

| MENS                                  |      |      |       |       |       |  |  |  |
|---------------------------------------|------|------|-------|-------|-------|--|--|--|
| TOPS (Jackets, t-shirts) S M L XL XXL |      |      |       |       |       |  |  |  |
|                                       |      |      |       |       |       |  |  |  |
| Chest (cm)                            | 90,5 | 98,5 | 106,5 | 114,5 | 122,5 |  |  |  |
| Waist (cm)                            | 77,5 | 84,5 | 91,5  | 98,5  | 105,5 |  |  |  |
| Hip (cm)                              | 93,5 | 100  | 106,5 | 113   | 119,5 |  |  |  |

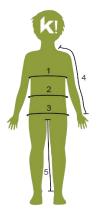


To see how to take your measurments, See the table below, \*

| WOMENS                   |    |    |     |     |     |  |  |  |
|--------------------------|----|----|-----|-----|-----|--|--|--|
| TOPS (Jackets, t shirts) | S  | M  | L   | XL  |     |  |  |  |
|                          |    |    |     |     |     |  |  |  |
| Chest (cm)               | 82 | 88 | 94  | 100 | 107 |  |  |  |
| Waist (cm)               | 64 | 70 | 76  | 82  | 89  |  |  |  |
| Hip (cm)                 | 90 | 96 | 102 | 107 | 113 |  |  |  |



| JUNIOR      |    |      |     |      |     |     |     |     |     |
|-------------|----|------|-----|------|-----|-----|-----|-----|-----|
| AGE (years) | 2  | 3    | 4   | 5    | 6   | 8   | 10  | 12  | 14  |
|             |    |      |     |      |     |     |     |     |     |
| Height (cm) | 92 | 98   | 104 | 110  | 116 | 128 | 140 | 152 | 164 |
| Chest (cm)  | 52 | 54   | 56  | 58   | 60  | 66  | 72  | 78  | 84  |
| Waist (cm)  | 51 | 52   | 53  | 54   | 55  | 59  | 63  | 67  | 71  |
| Hip (cm)    | 54 | 56.5 | 59  | 61.5 | 64  | 70  | 76  | 82  | 88  |



| MIXED     |  |       |       |      |  |  |
|-----------|--|-------|-------|------|--|--|
| HEADBAND  |  | S     | M     | L    |  |  |
|           |  |       |       |      |  |  |
| Head (cm) |  | 57-58 | 59-60 | 61 + |  |  |

| MIXED            |  |      |      |    |      |      |  |  |
|------------------|--|------|------|----|------|------|--|--|
| Gloves           |  | L    | XL   |    |      |      |  |  |
|                  |  |      |      |    |      |      |  |  |
| Hand length (cm) |  | 17   | 18   | 19 | 20   | 21   |  |  |
| Hand (cm)        |  | 18,5 | 19,5 | 21 | 22,5 | 23,5 |  |  |





## How to measure yourself?\*

- <u>1 Chest:</u> Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.
- 2 Waist: Measure around the thinest part of your waist
- <u>3 Hip:</u> Measure the largest part of the hips under the waist
- <u>4 Sleeve:</u> Meaure from the base of the neck to the wrist, passing over the shoulder.
- <u>5 Inside leg:</u> Measure from between the legs to the ankle bone

 $\underline{\mathsf{Hand:}}\,\mathsf{Measure}\,\mathsf{around}\,\mathsf{your}\,\mathsf{most}\,\mathsf{active}\,\mathsf{hand}\,\mathsf{at}\,\mathsf{the}\,\mathsf{palm}\,\mathsf{without}\,\mathsf{including}\,\mathsf{the}\,\mathsf{thumb,}$ 

close the fingers around the tape measure to take the measurement