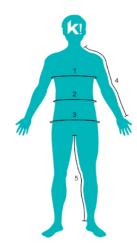
## **CASTELLI**

	MENS									
TOPS and BOTTOMS		XS	S	M	L	XL	XXL	XXXL		
Chest (cm)		88	92	96	100	105	110	115		
Waist(cm)		76	80	84	88	93	98	103		
Hip (cm)		90	94	98	102	107	112	117		
Inside leg (cm)		81	82	83	84	85	86	87		



	١	<b>NOMENS</b>			
TOPS and BOTTOMS	XS	S	M	L	XL
Chest (cm)	79	84	89	94	99
Waist(cm)	63	68	73	78	83
Hip (cm)	87	92	97	102	107
Inside leg (cm)	75	76	77	78	79



## How to measure yourself? \*

- 1 Chest: Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.
- 2 Waist: Measure around the thinest part of your waist
- 3 Hip: Measure the largest part of the hips under the waist
- 4 Sleeve: Meaure from the base of the neck to the wrist, passing over the shoulder.
- 5 Inside leg : Measure from between the legs to the ankle bone