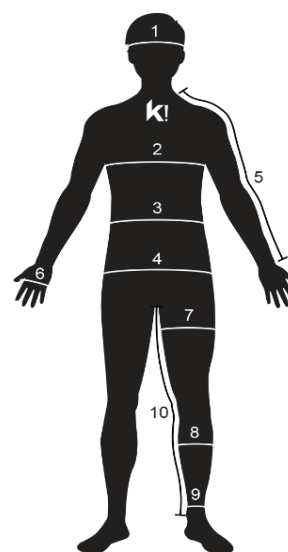


# THUASNE

| MIXED             |         |       |       |
|-------------------|---------|-------|-------|
| SOCKS             | S       | M     | L     |
|                   |         |       |       |
| Calfs (cm)        | 32-41   | 35-44 | 38-47 |
| Ankles (cm)       | 19-22   | 22-25 | 25-28 |
| Shoe size         | 35-38   | 39-42 | 43-46 |
|                   |         |       |       |
| SLEEVE - NORMAL   | S       | M     | L     |
|                   |         |       |       |
| Calfs (cm)        | 32-41   | 35-44 | 38-47 |
| Ankles (cm)       | 19-22   | 22-25 | 25-28 |
| Ankle length (cm) | < 44 cm |       |       |
|                   |         |       |       |
| SLEEVE - LONG     | S       | M     | L     |
|                   |         |       |       |
| Calfs (cm)        | 32-41   | 35-44 | 38-47 |
| Ankles (cm)       | 19-22   | 22-25 | 25-28 |
| Ankle length (cm) | > 44 cm |       |       |



To see how to take your measurements,  
See the table below, \*

| KNEE PAD                | S     | M     | L     | XL    | XXL   |
|-------------------------|-------|-------|-------|-------|-------|
| Knee circumference (cm) | 32-34 | 35-37 | 38-41 | 42-45 | 46-49 |

| ANKLE BRACE              | S     | M     | L     | XL    | XXL   |
|--------------------------|-------|-------|-------|-------|-------|
| Ankle circumference (cm) | 19-21 | 21-23 | 23-25 | 25-27 | 27-30 |

| LUMBAR BELT | S     | M     | L      | XL      | XXL     |
|-------------|-------|-------|--------|---------|---------|
| Waist (cm)  | 60-70 | 71-86 | 87-102 | 103-121 | 121-140 |

| WRIST STRAPPING          | S       | M       | L     |
|--------------------------|---------|---------|-------|
| WRIST CIRCUMFERENCE (cm) | 14-15,5 | 16-17,5 | 18-20 |

## How to measure yourself ? \*

- 1 - Head: Measure above the ears and eyebrows, all the way around the head
- 2 - Chest: Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades
- 3 - Waist: Measure around the thinnest part of your waist
- 4 - Hip: Measure the largest part of the hips under the waist
- 5 - Sleeve: Measure from the base of the neck to the wrist, passing over the shoulder.
- 6 - Hand: Measure around your most active hand at the palm without including the thumb, close the fingers around the tape measure to take the measurement
- 7 - Thigh: Standing up, measure around the largest part of your thigh
- 8 - Calfs: Standing up measure around the largest part of the calfs
- 9 - Ankles: standing up measure the thinnest part of the ankles
- 10 - Inside leg: Measure from between the legs to the ankle bone