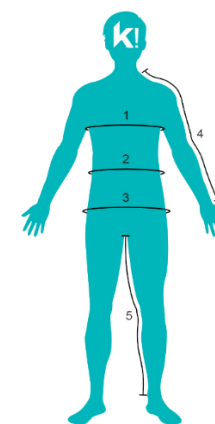


POC

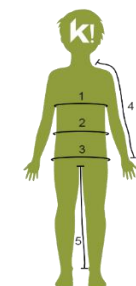
MENS						
TOPS and BOTTOMS	XS	S	M	L	XL	XXL
Chest (cm)	86	92	98	104	110	116
Waist(cm)	75	81	87	93	99	105
Hip (cm)	89	95	101	107	113	119
Sleeve (cm)	62,5	63	64,5	66	67,5	69
Inside leg (cm)	79,5	81	82,5	84	85,5	86

WOMENS						
TOPS and BOTTOMS	XS	S	M	L	XL	XXL
Chest (cm)	86	92	98	104	110	116
Waist(cm)	75	81	87	93	99	105
Hip (cm)	89	95	101	107	113	119
Sleeve (cm)	62,5	63	64,5	66	67,5	69
Inside leg (cm)	79,5	81	82,5	84	85,5	86

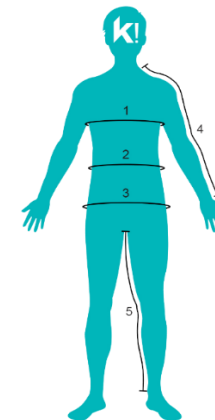
JUNIOR						
TOPS and BOTTOMS	110/3XS	120/XXS	130/XS	140/S	150/M	160/L
Chest (cm)	55	61	66	71	76	81
Waist(cm)	54	57	60	63	66	69
Hip (cm)	61	66	71	76	81	86
Sleeve (cm)	41,5	44	46,5	49	51,5	54
Inside leg (cm)	50	55	60	65	70	75



To see how to take your measurements, See the table below, *



MENS						
BACK PROTECTION	S		M		L	
	Small Slim	Small Regular	Medium Slim	Medium Regular	Large Slim	Large Regular
Lenght (cm)	150-165	150-165	165-180	165-180	> 180	> 180
Chest (cm)	86	92	98	104	110	116
Waist(cm)	75	81	87	93	99	105

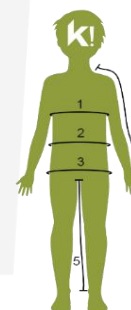


WOMENS						
BACK PROTECTION	S		M		L	
	Small Slim	Small Regular	Medium Slim	Medium Regular	Large Slim	Large Regular
Lenght (cm)	150-165	150-165	165-180	165-180	> 180	> 180
Chest (cm)	78	84	90	96	102	108
Waist(cm)	65	70	75	80	86	92



To see how to take your measurements, See the table below, *

JUNIOR			
BACK PROTECTION	S	M	L
Lenght (cm)	100-120	120-140	140-160
Chest (cm)	55	66	76
Waist(cm)	54	60	66



MIXED					
Knee protectors/Elbow protectors					
Joint VPD System Knee, Joint VPD System Elbow, VPD Air Sleeve, VPD Air Leg, VPD System Light Knee, VPD System Light Elbow					
	XS	S	M	L	XL
Bicep circumference (cm)	29	31	33	35	37
Forearm (cm)	25	26,5	28	29,5	31
Circumference : 10 cm above knee cap (cm)	39	42	45	48	51
Circumference : 10 cm below knee cap (cm)	35,5	37	38,5	40	41,5

MIXED					
Knee protectors/Elbow protectors					
VPD 2.0 Knee, VPD 2.0 Elbow, VPD 2.0 Long Knee, VPD Air Elbow, VPD Air Knee					
	XS	S	M	L	XL
Bicep circumference (cm)	22	27	32	37	42
Forearm (cm)	20	25	30	35	40
Circumference : 10 cm above knee cap (cm)	37	41	45	49	53
Circumference : 10 cm below knee cap (cm)	30	34	38	42	46

How to measure yourself ? *

- 1 - Chest : Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.
 - 2 - Waist : Measure around the thinnest part of your waist
 - 3 - Hip : Measure the largest part of the hips under the waist
 - 4 - Sleeve : Measure from the base of the neck to the wrist, passing over the shoulder.
 - 5 - Inside leg : Measure from between the legs to the ankle bone
- Bicep circumference : Contract the biceps, measure in the middle of the upper arm