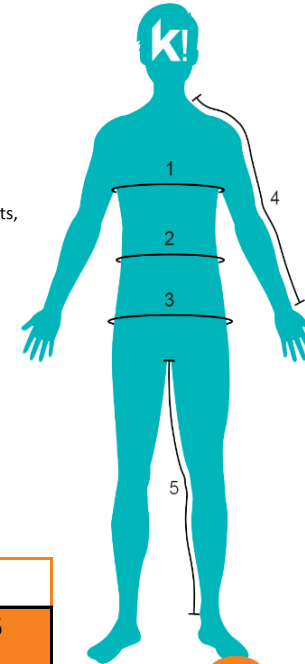


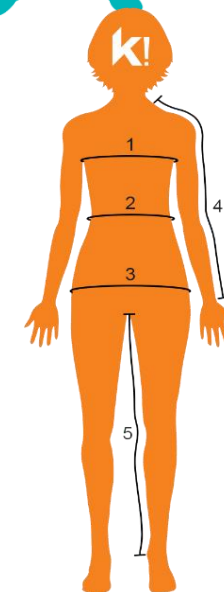
PRANA

MENS						
Tops and Bottoms	XS 28	S 30-31	M 32-33	L 34-35	XL 36	XXL 38-40
Waist (cm)	76	81-84	86-89	91-94	96	102-107
Chest (cm)	84-86	89-94	96-101	104-109	112-117	119-124
Sleeve (cm)	81	83	86	89	91	91
Inside leg (cm)	76	79	81	84-86	86	86

To see how to take your measurments,
See the table below, *



WOMENS									
Tops and Bottoms	0 XS	2	4 S	6	8 M	10	12 L	14	16 XL
Chest (cm)	81	84	86	89	91	94	98	102	105
Sleeve (cm)	58	58	60	60	61	61	62	62	64
Waist (cm)	71	74	76	79	81	84	88	91	95
Hip (cm)	88	90	93	95	98	100	104	108	112



How to measure yourself ? *

1 - Chest: Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.

2 - Waist: Measure around the thinnest part of your waist

3 - Hip: Measure the largest part of the hips under the waist

4 - Sleeve: Meaure from the base of the neck to the wrist, passing over the shoulder.

5 - Inside leg: Measure from between the legs to the ankle bone