

## DAINESE

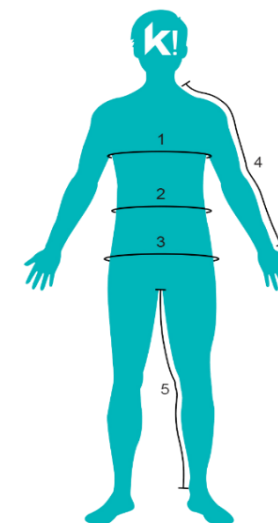
MENS							
SKI : Back protection	XS	S	M	L	XL	2XL	3XL
Waist (cm)	73-79	79-85	85-91	91-97	97-103	103-109	109-115

MENS							
BIKE : Jakets, t-shirts/Back protection	XS	S	M	L	XL	2XL	3XL
Chest (cm)	81-87	87-93	93-99	99-105	105-111	111-117	117-123
Waist(cm)	69-75	75-81	81-87	87-93	93-99	99-105	105-111
Hip (cm)	83-89	89-95	95-101	101-107	107-113	113-119	119-125
Height (cm)	163-167,5	167,5-172	172-176	176-180	180-184	184-188	188-189

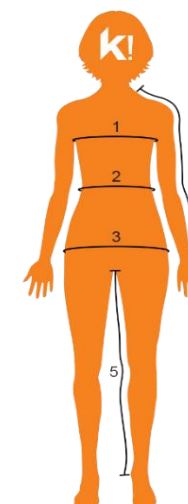
MENS							
BIKE : Trousers, shorts/Protection shorts	XS	S	M	L	XL	2XL	3XL
Size UK	32	34/36	38	40/42	44	46/48	50
Hip (cm)	83-89	89-95	95-101	101-107	107-113	113-119	119-125
Inside leg (cm)	76-78	78-80	80-82	82-84	84-85	85-86	86-87

WOMENS					
SKI : Back protection	XS	S	M	L	XL
Waist (cm)	59-65	65-71	71-77	77-83	83-89

WOMENS						
BIKE : Trousers, shorts/Protection shorts	XXS	XS	S	M	L	XL
Hip (cm)	82-86	86-90	90-94	94-98	98-102	102-106
Inside leg (cm)	73-75	75-76	76-78	78-79	79-80	80-81



To see how to take your measurements,  
See the table below, \*



MIXED				
BIKE : KNEE PROTECTORS	S	M	L	XL
Calf circumference(cm)	33	36	39	42
Thigh circumference (cm)	47	52	54	59

MIXED				
BIKE : ELBOW PROTECTORS	S	M	L	XL
Forearm circumference (cm)	27	28	29	31
Bicept circumference (cm)	29	31	32	34



#### How to measure yourself ? \*

- 1 - Chest : Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.
  - 2 - Waist : Measure around the thinnest part of your waist
  - 3 - Hip : Measure the largest part of the hips under the waist
  - 4 - Sleeve : Meaure from the base of the neck to the wrist, passing over the shoulder.
  - 5 - Inside leg : Measure from between the legs to the ankle bone
- Thigh circumference : Standing up, measure around the largest part of your thigh
- Calf circumference : Standing up measure around the largets part of the calfs
- Bicep circumference : Contract the biceps, measure in the middle of the upper arm