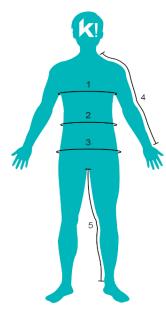
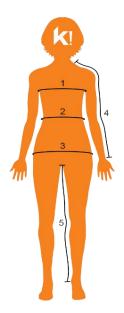
ASICS

MENS								
TOPS and BOTTOMS	XS	S	M	L	XL	XXL	3XL	
Chest (cm)	87	94	101	108	115	124	133	
Waist (cm)	71	77	83	89	95	103	111	
Hip (cm)	87	94	101	108	115	124	133	
Height (cm)	168-1	74 174-178	178-182	182-186	186-190	190-194	194-198	



To see how to take your measurments, See the table below, *

WOMENS								
TOPS and BOTTOMS	XS S		M	L	XL	XXL		
Chest (cm)	82	88	94	101	109	117		
Waist (cm)	62	68	74	81	89	97		
Hip (cm)	86	94	92	98	104	110		
Height (cm)	160-164	164-168	168 -172	172-176	176-180	180-184		



MIXED								
Compression socks	35-37	38-40	41-43	44-46	47-49			
Womens calfs (cm)	30-33	33-36	36-39	39-45				
Mens calfs (cm)		33-36	36-39	39-42	42-48			

How to measure yourself? *

- 1 Chest: Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.
- 2 Waist: Measure around the thinest part of your waist
- 3 Hip: Measure the largest part of the hips under the waist
- 4 Sleeve: Meaure from the base of the neck to the wrist, passing over the shoulder.
- 5 Inside leg: Measure from between the legs to the ankle bone

Calfs: Standing up measure around the largets part of the calfs

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