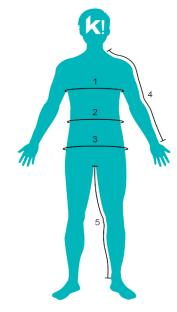
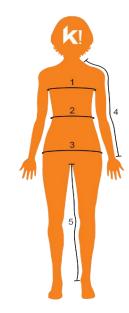
## **ONE WAY**

MENS												
TOPS (Jackets, t-shirts	.)	XXS	XS	S	M	L	XL	XXL				
Chest (cm)		82	88	94	100	106	112	120				
Waist (cm)		70	76	82	88	94	100	108				
Hip (cm)		84	90	96	102	108	114	122				
Sleeve (cm)		64	64	65	66	67	68	69				
<b>BOTTOMS (Trousers, shorts)</b>		XXS	XS	S	M	L	XL	XXL				
Inside leg (cm)		80	80	81	83	85	87	89				
Height (cm)		170	170	174	178	182	186	190				



To see how to take your measurments, See the table below, \*

WOMENS												
TOPS (Jackets, t-shirts)	XXS	XS	S	M	L	XL	XXL					
	Α											
Chest (cm)	*+/-4cm	80	86	92	98	104	112					
Waist (cm)	*+/-4cm	64	70	76	82	88	96					
Hip (cm)	*+/-4cm	88	94	100	106	112	120					
Sleeve (cm)	*+/-4cm	62	63	64	65	66	67					
<b>BOTTOMS (Trousers, shorts)</b>	XXS	XS	S	M	L	XL	XXL					
Inside leg (cm)	*+/-4cm	76	78	78	80	80	82					
Height (cm)	*+/-4cm	164	166	168	170	172	174					



## How to measure yourself? \*

- 1 Chest: Measure horizontally to the largest part of the chest, passing under the armpits level with your shoulder blades.
- 2 Waist: Measure around the thinest part of your waist
- 3 Hip: Measure the largest part of the hips under the waist
- 4 Sleeve: Meaure from the base of the neck to the wrist, passing over the shoulder.
- 5 Inside leg: Measure from between the legs to the ankle bone