International Student Welcome Guide 2024 / 2025

emlyon Campus



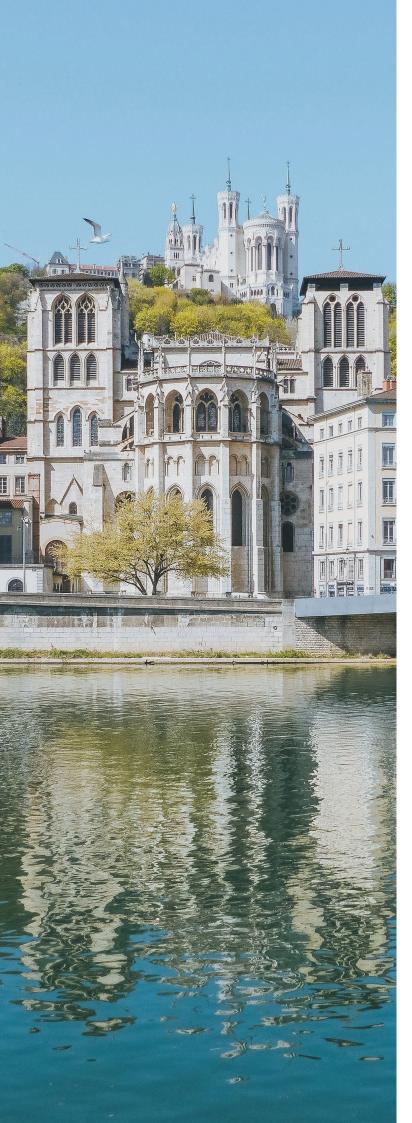


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A brief word from our President

Dear International Students,

Welcome to **emlyon** business school! Triple accredited, **emlyon** is one of the best high-ranked institution!

You have decided to join **emlyon** business school as part of your studies abroad and I would like to congratulate you on joining us.

The Faculty and Administrative teams are deeply committed to offer you not only a unique high-quality educational experience but also a rich, stimulating and challenging new stage of your life.

This information pack will be your guide for months ahead and help you to integrate and complete the required procedures. In addition, The Student Services Center will be there to support you throughout your stay.

I am convinced that your experience with us will be determinant, full of success and fulfilment.

I thank you for your trust and wish you the best for your studies and your stay in France!

Prof. Isabelle Huault
Executive President & Dean



Our new campus in Lyon

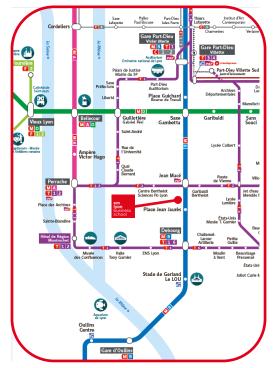
Campus presentation

In September 2024, **emlyon** business school returns to the heart of the city with a new campus located in Gerland. This new campus offers an ideal study environment thanks to efficient architecture and incredible connectivity.



Coming to the Campus

Campus address: 144 avenue Jean Jaurès, 69007, Lyon



The new campus is perfectly connected to the rest of the city thanks to many nearby public transport.

It is located near the **Jean Jaurès** metro station on the **Line B**.

Jean Macé, up the avenue is a transport hub where metro line B, tram line T2 and bus lines C4, C7, C12, C14 connect.

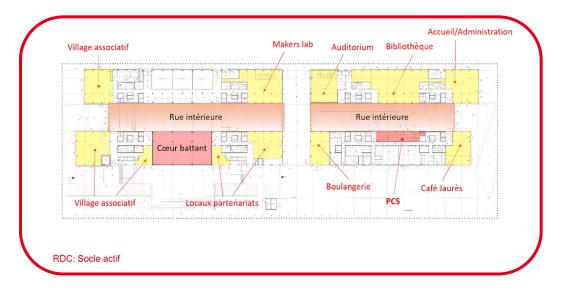
For more information on public transport in Lyon and France, please refer to the « <u>Transport</u> » section of this guide.



You can also bike to the campus thanks to the **4 self-service Vélo'v stations** nearby and the **350 secured bike racks** available.

Campus map

The campus is divided into **4 buildings** connected by an **internal thoroughfare**. From this street, you will easily access the library, the makers'lab, the student association villages, and catering spaces.





To help yourself find your way on campus, we recommand you use **Maps People,** available on **Makersboard**.

Your partner to settle in France

To make your move in France easier, we have partnered with LivinFrance.

This platform will help you with all the formalities before and during your stay in France.

Create your account for free on livin-france.com/EMIyon



Housing



Visa application



Student life



CAF housing Allowance



Civil liabilty



Banking

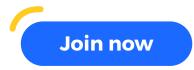


Health insurance





The free platform for international students

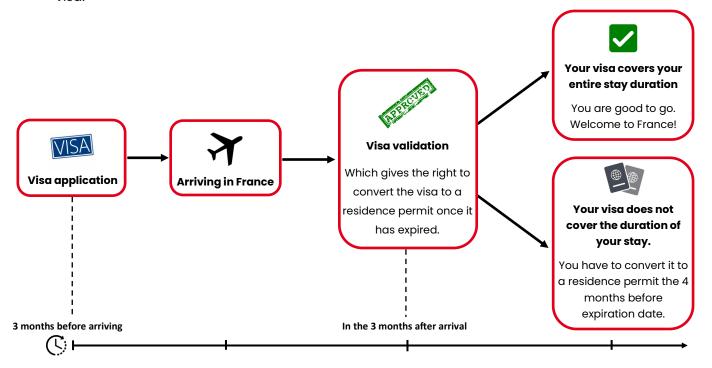






Formalities to enter in France

⇒ **If you are a citizen of a member country of the EU, the EEA or from Switzerland**; you don't need a visa.



Visa application

Do you **need a visa** to study in France? You can check **here.**

You can also check on this <u>website</u> if you are entitled to the **pre-consular process "Etudes en France".**

You will find more information on this process in the « Before arriving in France » section on <u>makers-board</u>.

If you are not subject to the « Etudes en France » pre-consular procedure, you will have to apply directly with the **French consulate**. Check on <u>France-visas</u> website to find out how and where you can apply depending on your country of residence.

Please note that you will first have **to be accepted** to **emlyon** business school and have **completed your administrative integration** (see IAEL section) to apply for your visa. This application <u>must be filled at least 3 months before arrival in France.</u>

Visa validation once arrived in France

If you have a **long-stay visa type D**, you have to validate it on the <u>ANEF</u> platform. Log in and follow the instructions.

The validation is mandatory and must be done in the three months following your arrival in France.

Looking for information on renewing your residence permit or on postgraduate permits ?

Check on Makersboard « Residence permits » section

If you have any question:

internationaloffice@em-lyon.com

<u>Livin'France</u> free platform

Cost of living

Monthly Budget: about €1000-1200*

- Rent: €500-600 (Lyon)
- Charges (electricity, gas, internet, water...): about €130
- Transport: €25 under 25 years old, €72 above
- Food: €200
- Miscellaneous (Insurances, other costs...): €100
- Phone provider: €10 à €15
- Leisure: €100

*These are just estimates which can vary depending on your lifestyle.



Loans

You can request a loan with **emlyon business school**'s bank partners only if you **have a garant who pays tax in France**. Otherwise, we recommand you to get a loan **before arriving in France** or via the **Prodigy Finance** program, if eligible.

<u>Prodigy Finance</u> offers advantagious loans for graduated international students enrolled in the best universities. All students in Master of Science (MSc) in emlyon business school are eligible.



Accommodation in Lyon

We have prepared a detailed accommodation guide. You will discover our partners, the allowances and our recommandations for finding the ideal accommodation for your stay in France.

Download the guide **here** or check the « Housing » section on **makersboard**

To take with you on your journey

Documents to take along:

- Passport (or ID card for european citizens)
- Your birth certificate in its original copy (in your native language). You will have to translate it in French using a <u>certified translator</u>.
- European Health Insurance Card (only for EU citizens) running for the academic year duration (from September 1st to August 31st)
- ID pictures (passport type)
- Health records (vaccination records, special case, etc.)
- Emergency contacts



Remember to scan your documents and upload them to the cloud, or e-mail them to yourself to access them at any time.

Remember to bring the following:

- Some cash for your arrival in France
- A power supply adaptor: in France, we use the type-E plug at 230V / 50Hz.
- Clothes that match the weather in Lyon: summers are warm, with temperatures averaging 35°C, and winters are cold, with temperature going down to −5°C. Expect clear skies most of the year.

Transport

National transport



Train



The **SNCF** is a company managing the railway network in France. Visit the <u>SNCF Connect</u> website to book a journey.

You can also purchase subscriptions to reduce the cost of your journeys. We recommend the <u>Carte Avantage Jeune</u> or <u>MAX JEUNE</u> for those traveling a lot.

Carpool and coaches



<u>BlaBlaCar</u> provides carpools or coaches between cities at an attractive price.

FLiXBUS

Flixbus offers coaches between major European cities at a competitive price.

Getting to Lyon city center from the airport



From Lyon Saint -Exupéry airport :

- Rhônexpress directly joins Part-Dieu train station in **30 minutes**. A one-way ticket will cost you **€10 for people between 12-25 years old** (€15 for those over 25)
- <u>TCL</u> connects to Part-Dieu train station in 1 hour for the price of a single ticket (€2). Prepare your journey on tcl.fr.

From Paris airports:

- **From Paris Charles de Gaulle,** take a high-speed train (TGV) from the airport train station that goes directly to Lyon in less than 2 hours. Visit <u>SNCF Connect</u> website.
- **From Paris Orly, go to** Paris inner-city and take a high-speed train at Gare de Lyon train station that goes to Lyon in 2 hours. Prepare your journey to the city center on IDF Mobilités.



To prepare for your journey, we recommend the <u>Citymapper</u> app. It gathers the means of transportation from all the major cities in Europe.

Transport in Lyon



Metro-Bus-Tram

The **Transports en Commun Lyonnais (TCL)** manages a large network of metro lines, tram lines and bus lines. For people under **25 years old and students between 26 and 27 years**, the monthly subcription costs **€25.** Above **27 years old**, the subscription costs **€72.**

Visit TCL website to discover the network and prepare your journeys.



Did you know? For your transport subscription, you can ask your employer to reimburse 50% of your fees during your internship or apprenticeship in France.

Bikes & e-scoots

- **VELO'V**: You will find many **self-service bikes** in Lyon. All the information on the service and its subscriptions can be found on the <u>vélo'v</u> website.
- DOTT and TIER: to rent an e-scoot or a bike, you can use DOTT or TIER apps!

Banking

There are many banks in France. Either with branches (physically) or a direct bank (online). To create a bank account in France, you usually need the following documents:

- An ID or passport
- · an enrollment certificate
- a proof of address

French banks cannot refuse to open you an account. If they refuse, you can refer to Banque de France. For more information on your right, refer to <u>service-public.fr</u>

emlyon business school has many bank partners. You can check **emlyon banking partners'** offers on <u>IAEL platform</u> in the **« droits de scolarité » section.**

Phone providers



Get equipped at a bargain

If you need **dishes and appliances** for your new home at a low price, we recommend you to check on **charity shops and apps**.



- <u>Emmaüs</u> is an association which collects and sells back clothes and everyday product at a low price.
- Geev, <u>Donnons.org</u>, and <u>toutdonner.org</u> are online platforms where individuals give objects for
- <u>Leboncoin</u>, is an online second-hand selling platform which can also help you find what you are looking for.
- <u>ESN Cosmolyon</u> is one among many student associations in Lyon. They organize second-hand object sales. You can also check <u>lyoncampus.com</u> website to discover every solidarity initiatives.

Health and Insurance

The French healthcare system

For **stays longer than 90 days** in France, **it is mandatory to register** for Sécurité sociale (French healthcare). This healthcare is free and covers part of your health spending.



To register for Sécurité social, please refer to the **Ameli** website.

Attention! Being completely registered takes several weeks. Subscribe to international insurance to cover the first 90 days of your stay. (see section at the bottom of this page)

Citizen of a member country of the EU, the EEA or from Switzerland? You can ask for a European Health Insurance Card in your country. This card will cover your health spending during your stay.



La carte vitale

Once registered with the Sécurité sociale, you will be assigned a **13-digit ID number**, and you will be able to order your carte vitale. This free card is **to be shown to the practitioner or specialist** at every visit to be reimbursed.

Finding and declaring a General Practitioner

A General practioner **knows your medical records** and **guides you** to the right specialist. You can **declare a G.P.** on your <u>Ameli</u> account.

The <u>Doctolib</u> platform helps you **book a visit** with your G.P. or specialist of choice. You can **filter your search** to find a professional who **speaks your language.**

You can also use the app **Qare** to find online visit.

Additional healthcare coverage

The additional healthcare coverage (or mutuelle in French) is private insurance that cover cost not reimbursed by the Sécurité sociale. We recommend that you compare different offers before choosing.

<u>Heyme</u> is our insurance partner to cover your additional cost. You can get a **10% discount** with the code **EMLYON-10**



Civil liability

It is a **mandatory insurance** that covers you in case of damage inflicted to a third party during your study or your private life.

This guarantee **may already be included** in one of your insurance contracts, such as housing insurance, banking contract, etc.

If none of your contract cover civil liability, **emlyon** business school **has a partnership** with Saint Christophe Insurance that can be subscribed during your IAEL integration.

International Insurance

For stays under 90 days or if you have a **medical condition** that requires regular visits, we recommend you **subscribe to international insurance** starting at the date of your arrival.

emlyon business school **provides international insurance** to its international students who arrive in France to study for more than 6 months.

Attention! If you are an international student who will study at emlyon business school for less than 6 months, you are not covered and have to subscribe to your own insurance.

You will find all the information on health and insurance in France on Makersboard.

Health and Insurance

Health and Wellbeing center

The Health and Wellbeing center by APICIL, located on the campus, provides free preventive medical actions which promotes healthcare and wellbeing for students while respecting their confidentiality

A psychological support and guidance unit

Open to all for any doubt or question

O2.
A medicosocial team

Providing healthcare,
advise or redirecting
you to the right
therapist

O3.
A disability & inclusion unit

Providing support and help for people with a disability,

and fight against

discriminations

Workshops & conferences

Raising awareness of high-risk behaviors

04.

Provisions
to fight against
discriminations
and SGBV

Providing a safe space
for anyone to speak
freely, talk, collect
testimonies.



A psychological support and a listening unit.

Psychologist - Merryl Martinez - from Monday to Friday https://calendly.com/martinez-merryl // psychologue@em-lyon.com 04 72 18 46 26

Two listening lines are available for free:

- Psychological Hotline, confidential and free, available 24/7 in French and English: 01 84 78 27 07
- Listening night line, confidential and anonymous- (student volunteer) from 9 p.m. to 2.30 a.m., 7/7: **04 85 30 00 10** Chat: **nightline-lyon.fr**



A health and social unit

Nurse - Anouk Chaumentin - Monday, Tuesday, Thursday, Friday https://calendly.com/chaumentin // infirmerie@em-lyon.com 04 72 18 46 38

Prevention doctor - Thierry Bussière - Thursday from 9 p.m. to 12:30 p.m. infirmerie@em-lyon.com



A disability and inclusivity unit

Point of contact - Maxence Rogue - from Monday to Friday https://calendly.com/rogue-maxence // handicap@em-lyon.com 04 72 18 46 37

Measures against sexual and gender-based violence.

emlyon has created measures against sexual and gender-based violence thanks to an internal protocol and an online reporting platform, <u>speakup.emlyon.com</u>.

Urgency numbers

Suicide prevention hotline : 3114 (for person in needs or relatives, assistants... to get advices on how to proceed)



Registration and life on campus

Administrative Integration (IAEL)

You have to fill in your registration on the <u>IAEL platform</u>.



Completing this step is critical for accessing the campus and fulfilling other administrative processes in France. At the end, you will receive an enrollment certificate and your student card.

Do not forget to click on « valider votre dossier » at the bottom right of the screen!

Student card

Once your **IAEL registration is completed**, you will receive your student card by mail. This <u>ISIC</u> card is recognized in over 100 countries and gives you **access to many advantages and services**.



Attention! Always have your card with you. Otherwise, you won't be able to pass the gates at the campus entrances.



This card can be charged with money to pay at CROUS university restaurants and at the printers. All the information on how to recharge your card can be found on the Makersboard section « Ma carte étudiante »

Library

Located at ground level in Building B, you can access large collections of books and publications to borrow. You will also find individual and collective workspaces, as well as information specialists to guide you in your research.

The <u>library website</u> offers access to online resources like news, academic databases and elearning platforms.



More information on the «Library» section on Makersboard.

The Makers' lab

Emlyon business school's makers' lab is a unique **prototyping workshop** open to every emlyon member. You can quickly prototype all your ideas thanks to **numerous resources** (devices, materials, electronic components, software, etc.) and a **dedicated team** to assist you.

More information on the «Makers' lab» section on Makersboard.

Wi-Fi and IT support

Free Wi-Fi is available on campus. Choose EMLEDUC network and log in using your emlyon credentials.



For any IT issue, the **Help Desk** is available to help you:

- Using <u>Support</u> platform (on Makersboard)
- On the campus with the Help Desk
- Using the hotline (+33 4 72 18 46 28)

Registration and life on campus

Sports around the campus

Sports at **emlyon** are dispatched to installations close to the campus. To discover which sport you can practice, visit the «<u>Le sport</u>» section on Makersboard and connect to IAEL to select your slots.



Eating on the campus



Food corner:

Located on the ground level and open every day, you will find:

- 4 counters each with different cuisines where meals are prepared and served on site.
- A connected catering space to eat at anytime thanks to smart fridges and microwaves.



Bakery:

Located on the ground level, before the campus entrance, and open to the public.

• This bakery, like every other, offers sandwiches, beverages, breads and pastries.



Bistro:

Located on the ground level, before the campus entrance, and open to the public.

• Serves higher-quality meals



Coffee and water fountains:

Remember to bring your cup and bottle with you. To reduce waste, you won't find any paper cup on campus.

Security on campus

The security desk is located at the entrance of building A

Direct phone line: 04 72 70 71 32

□« Equipe agents de sécurité » (Outlook list) : security-lyon@em-lyon.com

An automatic defibrillator is located next to the security desk



To learn about the right actions for your security and that of others, please check the dedicated <u>quide</u> and <u>Makersboard</u> page.



Living in Lyon

Located south-east of France, Lyon is a vibrant city to live in. With a large variety of cultural and touristic activities (museums, festivals, plays, monuments, etc.) and its title of the «capital of French gastronomy», you will live an experience rich in discoveries and sensations. In addition to its lush green spaces, Lyon is surrounded by many natural sights easily accessible and is perfectly connected to the Meditarranean Sea and the Alps.



Tourism

To discover Lyon and its many monuments, you can check the tourist office website.

The Auvergne-Rhône-Alpes region has a rich heritage and a variety of landscapes that you can discover departing from Lyon, its capital city. Rendez-vous on the <u>Auvergne-Rhône-Alpes Tourisme</u> website to discover your next journey.



Culture

Do you want to go out and experience Lyon's vibrant cultural offer?
You can stay up to date on the upcoming concerts, events and trendy spots (in French) via:

- 1. <u>Le Bonbon Lyon</u>
- 2. Le petit Bulletin
- 3. <u>@Culturel lyon</u> on Instagram

For book and museum fans, you can subscribe to <u>La Carte Culture</u> which, for €15 a year, gives you access to the 6 public museums as well as all the services of the <u>public library</u>.

Discover other cultural discounts for students on <u>lyoncampus.com</u>.

Student associations

There are many student associations at **emlyon** business school. Whether you are interested in sports, politics, luxury or simply want to make new friends, there probably is an association for you.

For international students, we recommend the **Bureau des internationaux (BDI)** which will help you meet new people and integrate **emlyon** business school. You will find a list of all the associations in emlyon on <u>Makersboard</u>.



Did you know? With the <u>Buddy System</u>, you can be sponsored by a French student.



Living in Lyon

Pubs and restaurants



Do you want to go out and discover food from across the globe ? In Lyon, you will find all sorts of pubs and restaurants. You can also try Lyon's own cuisine in a Bouchon, a traditional restaurant which serves local specialities.

Here are 2 useful links:

- 1. Le <u>Petit Paumé</u>: this guide, made by an emlyon association, gathers the best addresses to go out, drink and eat.
- 2. <u>TheFork</u>: a website to find and book a table for your next diner. Enjoy your meal!

Groceries



Exotic stores

Exotic stores can help you find product from your country.

With many addresses across Lyon, you will find a concentration of exotic stores in «Guillotière» and «Saxe-Gambetta» districts.

The most renowned stores are «Paris Store», «Rize Market», «Leaf Market» and «Madras Bazar».



Lyon and its markets

Want to eat fresh and local food at a low price? Discover the numerous markets in Lyon where greengrocers, butchers, bakers, craftspeople, and booksellers meet. A visit to a market is also a good experience to discover the city and its people.

Visit the <u>city website</u> to discover all the market and their schedule.



Food banks

Food banks sell products at a very low price compared to usual supermarket. However, they are dedicated to persons who need it the most. You need to meet certain criteria to be able to access them.

We recommend the following food banks dedicated to students:

- AGORAÉ.
- Episcia

The CROUS listed all the available food supports on their website.



Food-loss reduction apps

Every year, 10 million tons of food are wasted in France, which costs approximately 16 billion euros each year.

The fight against food loss and waste is a major issue, and we can all have an impact when buying and eating food.

Here is a list of food-loss reduction apps in Lyon:

- Too Good to Go
- Phenix



Your contacts

Student Services Center

Welcome Desk

welcomedesk@em-lyon.com



International Student Support

Immigration, insurance, health et daily life in France

• internationaloffice@em-lyon.com

Housing

Housing-lyon@em-lyon.com



Student Support

Administrative integration, student card, diplomas

Lyon Campus: <u>iael@em-lyon.com</u>

Certificates, transcripts

<u>certificateonline@em-lyon.com</u>



Financial SupportMobility grants (Erasmus +, OFAJ, Bourse de la Région Auvergne Rhône, Bourse EIFFEL):

scholarships@em-lyon.com

Social grants (CROUS, Urgency fund, emlyon foundation):

scholarships@em-lyon.com



Academic exchanges

Incoming exchanges

- Master: incoming.master@em-lyon.com
- BBA: incoming.globalbba@em-lyon.com

Outgoing exchanges

- Master: internationalmobility@em-lyon.com
- BBA: <u>outgoing.globalbba@em-lyon.com</u>

Shanghai mobility

guo@em-lyon.com



IT support

https://support.em-lyon.com/



Health and Wellbeing Center

- Nurse: infirmerie@em-lyon.com
- Psychologist: psychologue@em-lyon.com
- Disabilities: handicap@em-lyon.com