International Student Welcome Guide 2024 / 2025

Paris Campus





Table of contents

A brief word from our PresidentP.3
Paris campusP.3 Campus presentation Coming to the campus Campus map
Your partner to settle in FranceP.5
Settle in FranceP.6 Formalities to enter France Cost of living Loans Accommodation in Paris To take with you on your journey
Transports Banking Phone providers Get equipped at a bargain
Health and InsuranceP.10 The French healthcare system La carte Vitale Finding and declaring a General Practitioner Additional healthcare cover Civil liability International Insurance Health and Wellbeing center Urgency numbers
Registration and life on campusP.12 Administrative Integration (IAEL) Student card Library Makers'lab Wi-Fi and IT support Sports around the campus Eating on campus Security on campus
Living in ParisP.14 Tourism Culture Student Associations Pub and restaurants Groceries



Click on the desired section to directly access the page.

A brief word from our President

Dear International Students,

Welcome to **emlyon** business school! Triple accredited, **emlyon** is one of the best high-ranked institution!

You have decided to join **emlyon** business school as part of your studies abroad and I would like to congratulate you on joining us.

The Faculty and Administrative teams are deeply committed to offer you not only a unique high-quality educational experience but also a rich, stimulating and challenging new stage of your life.

This information pack will be your guide for months ahead and help you to integrate and complete the required procedures. In addition, The Student Services Center will be there to support you throughout your stay.

I am convinced that your experience with us will be determinant, full of success and fulfilment.

I thank you for your trust and wish you the best for your studies and your stay in France!

Prof. Isabelle Huault
Executive President & Dean

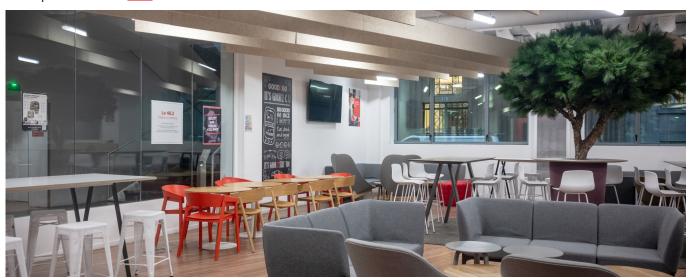


Paris campus

Campus presentation

Studying on emlyon business school campus is a rich and unique experience.

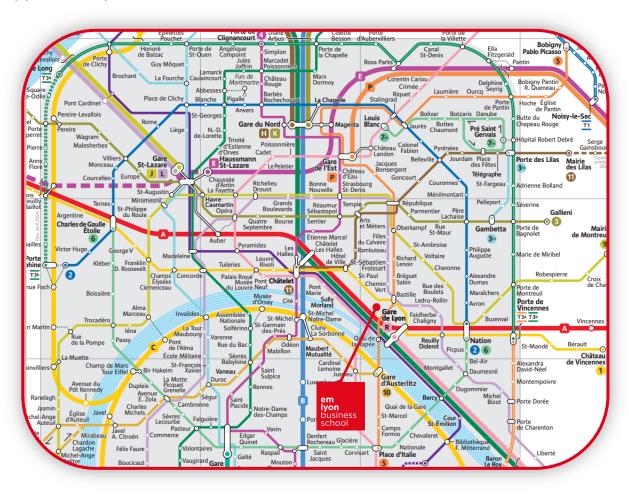
Every campus has innovative tools to learn, exchange ideas and create. Paris campus is located in the heart of the French capital, next to « Paris gare de Lyon » train station. We can visit remotely the campus with this link.



Coming to the Campus

Campus address: 15 boulevard Diderot, 75012, Paris

Thanks to its central location, **next to « gare de Lyon » train station**, the Paris campus is easily accessible by public transport.



You can come to gare de Lyon with metro line 1 and line 14 or with regional train RER A and RER D.

Quai de la Rapée station on Line 5 and Gare d'Austerlitz station on line 5, 10 and RER C are at a walkable distance from the campus.

Numerous **bus stops and velib' stations** can be found near the campus. Use <u>IDF mobilités</u> to plan your journey.

For more information on public transport in Paris and France, please refer to the « <u>Transport</u> » section of this guide.

Campus map



To help yourself find your way on campus, we recommend you use **Maps People**, available on **Makersboard**.

Your partner to settle in France

To make your move in France easier, we have partnered with LivinFrance.

This platform will help you with all the formalities before and during your stay in France.

Create your account for free on <u>livin-france.com/EMIyon</u>



Housing



Visa application



Student life



CAF housing Allowance



Civil liabilty



Banking



Health insurance





The free platform for international students

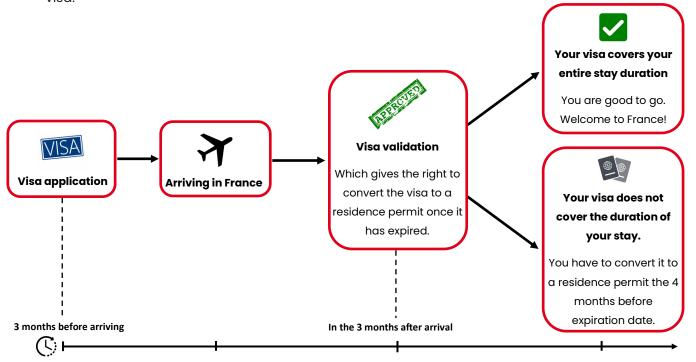






Formalities to enter in France

⇒ **If you are a citizen of a member country of the EU, the EEA or from Switzerland**; you don't need a visa.



Visa application

Do you **need a visa** to study in France? You can check **here.**

You can also check on this <u>website</u> if you are entitled to the **pre-consular process "Etudes en France".**

You will find more information on this process in the « Before arriving in France » section on <u>makers-board</u>.

If you are not subject to the « Etudes en France » pre-consular procedure, you will have to apply directly with the **French consulate**. Check on <u>France-visas</u> website to find out how and where you can apply depending on your country of residence.

Please note that you will first have **to be accepted** to **emlyon** business school and have **completed your administrative integration** (see IAEL section) to apply for your visa. This application <u>must be filled at least 3 months before arrival in France.</u>

Visa validation once arrived in France

If you have a **long-stay visa type D**, you have to validate it on the <u>ANEF</u> platform. Log in and follow the instructions.

The validation is mandatory and must be done in the three months following your arrival in France.

Looking for information on renewing your residence permit or on postgraduate permits?

Check on <u>Makersboard</u> « Residence permits » section

If you have any question:

internationaloffice@em-lyon.com

<u>Livin'France</u> free platform

Cost of living

Monthly Budget: about €1600-1800*

- Rent: €1000 (Paris)
- Charges (electricity, gas, internet, water...): about €130
- Transport (Navigo): €86,40
- Food: €250
- Miscellaneous (Insurances, other costs...): €100
- Phone provider: €10 à €15
- Leisure: €150

*These are just **estimates** which can vary depending on your lifestyle.



Loans

You can request a loan with **emlyon business school**'s bank partners only if you **have a garant who pays tax in France**. Otherwise, we recommand you to get a loan **before arriving in France** or via the **Prodigy Finance** program, if eligible.

<u>Prodigy Finance</u> offers advantagious loans for graduated international students enrolled in the best universities. All students in Master of Science (MSc) in emlyon business school are eligible.



Accommodation in Paris

We have prepared a detailed accommodation guide. You will discover our partners, the allowances and our recommandations for finding the ideal accommodation for your stay in France.

Download the guide **here** or check the « Housing » section on **makersboard**

To take with you on your journey

Documents to take along:

- Passport (or ID card for european citizens)
- Your birth certificate in its original copy (in your native language). You will have to translate it in French using a <u>certified translator</u>.
- European Health Insurance Card (only for EU citizens) running for the academic year duration (from September 1st to August 31st)
- ID pictures (passport type)
- Health records (vaccination records, special case, etc.)
- Emergency contacts



Remember to scan your documents and upload them to the cloud, or e-mail them to yourself to access them at any time.

Remember to bring the following:

- Some cash for your arrival in France
- A power supply adaptor: in France, we use the type-E plug at 230V / 50Hz.
- Clothes that match the weather in Paris: summers are warm, with temperatures averaging 30°C, and the remainder of the year is cold, with temperatures from 0°C to 10°C. Expect covered skies most of the year.

Transport



National transport

Train



The **SNCF** is a company managing the railway **network** in **France**. Visit the <u>SNCF Connect</u> website to book a journey.

You can also purchase subscriptions to reduce the cost of your journeys. We recommend the <u>Carte Avantage Jeune</u> or <u>MAX JEUNE</u> for those traveling a lot.

Carpool and coaches



<u>BlaBlaCar</u> provides carpools or coaches between cities at an attractive price.

FLixBUS

Flixbus offers coaches between major European cities at a competitive price.

Getting to Paris city center from the airport



From Paris Charles-de-Gaulle, take RER B or RoissyBus.

From Paris Orly, take **Orlyval** or **OrlyBus** which connects to **RER B**. Starting June 2024, you can take metro **line 14** which connects to the city center.

Visit <u>parisaeroport.fr</u> to find out more about airport connection and <u>IDF mobilités</u> to plan your journey.



RATP

RATP manages Paris public transport. The network is dense with numerous **metro lines, bus lines, tram lines and regional trains.** With the **Navigo pass,** You can travel as much as you want on the network. A monthly subscription will cost you €86,40. For students aged under 26, you can pay a yearly fee with a 50% discount thanks to **ImagineR**.

Visit <u>île-de-France mobilités</u> to discover the network and prepare your journeys.



Did you know? For your transport subscription, you can ask your employer to reimburse 50% of your fees during your internship or apprenticeship in France.

Vélib'

You will find many self-service bikes and bike lanes in Paris. All the information on the service and its subscriptions can be found on this <u>website</u>.



To prepare for your journey, we recommend the <u>Citymapper</u> app. It gathers the means of transportation from all the major cities in Europe.

Banking

There are many banks in France. Either with branches (physically) or a direct bank (online). To create a bank account in France, you usually need the following documents:

- An ID or passport
- · an enrollment certificate
- a proof of address

French banks cannot refuse to open you an account. If they refuse, you can refer to Banque de France. For more information on your right, refer to <u>service-public.fr</u>

emlyon business school has many bank partners. You can check **emlyon banking partners'** offers on <u>IAEL platform</u> in the **« droits de scolarité » section.**

Phone providers



Get equipped at a bargain

If you need **dishes and appliances** for your new home at a low price, we recommend you to check on **charity shops and apps**.



- <u>Emmaüs</u> is an association which collects and sells back clothes and everyday products at a low price.
- Geev, <u>Donnons.org</u>, and <u>toutdonner.org</u> are online platforms where individuals give objects for free.
- <u>Leboncoin</u>, is an online second-hand selling platform which can also help you find what you are looking for.
- You can check <u>la Maison étudiante</u> website for a list of aids dedicated to students.

Health and Insurance

The French healthcare system

For **stays longer than 90 days** in France, **it is mandatory to register** for Sécurité sociale (French healthcare). This healthcare is free and covers part of your health spending.



To register for Sécurité social, please refer to the **Ameli** website.

Attention! Being completely registered takes several weeks. Subscribe to international insurance to cover the first 90 days of your stay. (see section at the bottom of this page)

Citizen of a member country of the EU, the EEA or from Switzerland? You can ask for a European Health Insurance Card in your country. This card will cover your health spending during your stay.



La carte vitale

Once registered with the Sécurité sociale, you will be assigned a **13-digit ID number**, and you will be able to order your carte vitale. This free card is **to be shown to the practitioner or specialist** at every visit to be reimbursed.

Finding and declaring a General Practitioner

A General practioner **knows your medical records** and **guides you** to the right specialist. You can **declare a G.P.** on your <u>Ameli</u> account.

Doctolib The Doctolib platform helps you book a visit with your G.P. or specialist of choice. You can filter your search to find a professional who speaks your language.

You can also use the app **Qare** to find online visit.

Additional healthcare coverage

The additional healthcare coverage (or mutuelle in French) is private insurance that cover cost not reimbursed by the Sécurité sociale. We recommend that you compare different offers before choosing.

<u>Heyme</u> is our insurance partner to cover your additional cost. You can get a **10% discount** with the code **EMLYON-10**



Civil liability

It is a **mandatory insurance** that covers you in case of damage inflicted to a third party during your study or your private life.

This guarantee **may already be included** in one of your insurance contracts, such as housing insurance, banking contract, etc.

If none of your contract cover civil liability, **emlyon** business school **has a partnership** with Saint Christophe Insurance that can be subscribed during your IAEL integration.

International Insurance

For stays under 90 days or if you have a **medical condition** that requires regular visits, we recommend you **subscribe to international insurance** starting at the date of your arrival.

emlyon business school **provides international insurance** to its international students who arrive in France to study for more than 6 months.

Attention! If you are an international student who will study at **emlyon** business school for **less than 6** months, you are not covered and have to subscribe to your own insurance.

You will find all the information on health and insurance in France on Makersboard.

Health and Insurance

Health and Wellbeing center

The Health and Wellbeing center by APICIL, provides free preventive medical actions which promotes healthcare and wellbeing for students while respecting their confidentiality

01. 02. 03. 05. 04. Un service Une équipe Un service Des ateliers & conférences **Un dispositif** handicap médico-sociale de lutte contre d'accompagne & inclusion ment les psychologique discrimination et d'écoute et les VSS Vous proposer des Vous accompagner quels que soient soins, yous conseiller. dans la prise en Libérer la parole, charge de votre vos questions et vos ou vous orienter vers échanger, recueillir handicap et lutter doutes. le bon thérapeute votre témoignage contre les discriminations

For the **Paris campus**, you can book **remote appointments** with a psychologist, a prevention doctor and a disability referent. A **nurse is present** on the 1st floor of the Paris campus twice a week.



A psychological support and a listening unit.

Psychologist - Merryl Martinez - from Monday to Friday remotly https://calendly.com/martinez-merryl // psychologue@em-lyon.com 04 72 18 46 26

Two listening lines are available for free:

- •Psychological Hotline, confidential and free, available **24/7** in French and English: **01 84 78 27 07**
- •Listening night line, confidential and anonymous- (student volunteer) from 9 p.m. to 2.30 a.m., 7/7: **04 85 30 00 10** Chat: nightline-lyon.fr

A health and social unit

Nurse - Margaux Alidières - On Monday and Thursday from 8:30A.M. to 1:30 P.M. on-campus

alidieres@em-lyon.com

01 53 34 23 67

Prevention doctor - Thierry Bussière - Thursday from 9 p.m. to 12:30 p.m. remotly infirmerie@em-lyon.com



A disability and inclusivity unit

Point of contact - Maxence Rogue - from Monday to Friday remotly https://calendly.com/rogue-maxence // handicap@em-lyon.com 04 72 18 46 37

Measures against sexual and gender-based violence.

emlyon has created measures against sexual and gender-based violence thanks to an internal protocol and an online reporting platform, <u>speakup.emlyon.com</u>.

Urgency numbers

Suicide prevention hotline : 3114 (for person in needs or relatives, assistants... to get advices on how to proceed)



Registration and life on campus

Administrative Integration (IAEL)

You have to fill in your registration on the <u>IAEL platform</u>.

Completing this step is critical for accessing the campus and fulfilling other administrative processes in France. At the end, you will receive an enrollment certificate and your student card.



Do not forget to click on **« valider votre dossier »** at the bottom right of the screen!

Student card

Once your IAEL registration is completed, you will receive your student card by mail. This ISIC card is recognized in over 100 countries and gives you access to many advantages and services.



Attention! Always have your card with you. Otherwise, you won't be able to pass the gates at the campus entrances.



This card can be charged with money to pay at CROUS university restaurants and at the printers. All the information on how to recharge your card can be found on the Makersboard section « Ma carte étudiante »

Library

Located on the second floor, you can access large collections of books and publications to borrow. You will also find individual and collective workspaces, as well as information specialists to guide you in your research.

The library website offers access to online resources like news, academic databases and elearning platforms.



More information on the «Library» section on Makersboard.

The Makers' lab

Emlyon business school's makers' lab is a unique prototyping workshop open to every emlyon member. You can quickly prototype all your ideas thanks to numerous resources (devices, materials, electronic components, software, etc.) and a **dedicated team** to assist you.

More information on the «Makers' lab» section on Makersboard.

Wi-Fi and IT support

Free Wi-Fi is available on campus. Choose EMLEDUC network and log in using your emlyon credentials.



For any IT issue, the Help Desk is available to help you:

- Using **Support** platform (on Makersboard)
- On the campus with the Help Desk
- Using the hotline (+33 4 72 18 46 28)

Registration and life on campus

Eating on the campus



The cafeteria:

Located on the ground level at « Espace 48.2 », the cafétéria offers meals and a variety of snacks that you can pay for using your credit card, cash or your **emlyon** business school student card.



Smart fridges:

Located on the ground level at « Espace 48.2 », you will find fresh meals all day long with 5 recipes each week. Jars are made up at 90% of glass and are cleaned and reused after each meal.



Coffee and water fountains:

Remember to bring your cup and bottle with you. To reduce waste, you won't find any paper cups on campus.

More information about catering on your Makersboard.

Security on campus

Direct phone line: 04 78 33 77 75

□« Facility Management » (Outlook list: security-reception-cleaning and technical issues):

• <u>security-par@em-lyon.com</u>

An automatic defibrillator is located on the ground level on Bercy street side

/!\

To learn about the right actions for your security and that of others, please check the dedicated guide and Makersboard page.



Living in Paris

Being the French capitale, Paris has an important cultural offer (museums, festivals, theaters, monuments, parks, etc.) and is well known globally for its cuisine and its artistic scene.



Tourism

To discover Paris and its many monuments, we recommend you to check the tourist office website. You can also visit visitparisregion.com to discover the surrounding region.



Culture

Do you want to go out and experience Paris' many facets?

You can stay up to date on the upcoming concerts, events and trendy spots (in French) via:

- 1. Sortir à Paris.com
- 2. **TimeOut**

The city of Paris offers good deals for young people under 30 thanks to « Kiosque Jeunes » measure.

Many museums and cultural institutions in Paris are free for young people. Use this link to discover them all.

Welcome Desk

For any queries regarding your stay in France, you can contact the Paris Welcome Desk. They will help you with your administrative process such as Visa/residence permit application, housing, health and employment.





Did you know? With the <u>Buddy System</u>, you can be sponsored by a French student.

Living in Paris

Pubs and restaurants



Do you want to go out and discover food from across the globe? In Paris, you will find all sorts of pubs and restaurants. You can also discover French cuisine by eating in a Parisian bistro.

Here are 2 useful links:

- 1. The Fork: a website to find and book a table for your next diner
- 2. Guide Michelin: the reference gastronomic guide

Groceries



Epiceries exotics

Paris is a cosmopolitan city where you will find many exotic stores and specialized restaurants to discover tastes from across the globe.

Whether you want to try new flavours or want to find products from your home country, you can use this link to discover more.



Paris and its markets

Want to eat fresh and local food at a low price? Discover the numerous markets in Paris where greengrocers, butchers, bakers, craftspeople, and booksellers meet. A visit to a market is also a good experience to discover the city and its people.

Visit the <u>city website</u> to discover all the market and their schedule.



Food banks

Food banks sell products at a very low price compared to usual supermarkets. However, they are dedicated to persons who need it the most. You need to meet certain criteria to be able to access them.

We recommend the following food banks dedicated to students:

AGORAÉ.

The city of Paris has listed all the available food supports on their <u>website</u>.



Food-loss reduction apps

Every year, 10 million tons of food are wasted in France, which costs approximately 16 billion euros each year.

The fight against food loss and waste is a major issue, and we can all have an impact when buying and eating food.

Here is a list of food-loss reduction apps in Lyon:

- Too Good to Go
- <u>Phenix</u>



Your contacts

Student Services Center



International Student Support

Immigration, insurance, health et daily life in France

internationaloffice75@em-lyon.com

Housing

Housing-lyon@em-lyon.com



Student Support

Administrative integration, student card, diplomas

Paris campus: <u>iael75@em-lyon.com</u>

Certificates, transcripts

certificateonline@em-lyon.com



Financial Support

Mobility grants (Erasmus +, OFAJ, Bourse de la Région Auvergne Rhône, Bourse EIFFEL):

scholarships@em-lyon.com

Social grants (CROUS, Urgency fund, emlyon foun-

scholarships@em-lyon.com



Academic exchanges

Incoming exchanges

BBA : incoming.globalbba@em-lyon.com

Outgoing exchanges

BBA : <u>outgoing.globalbba@em-lyon.com</u>

Intercampus mobility

intercampusbba@em-lyon.com

Shanghai mobility

guo@em-lyon.com



IT support Help Desk https://support.em-lyon.com/



Health and Wellbeing Center

- Nurse: infirmerie@em-lyon.com
- Psychologist: psychologue@em-lyon.com
- Disabilities: handicap@em-lyon.com