

EVERFI Healthcare Literacy Courses

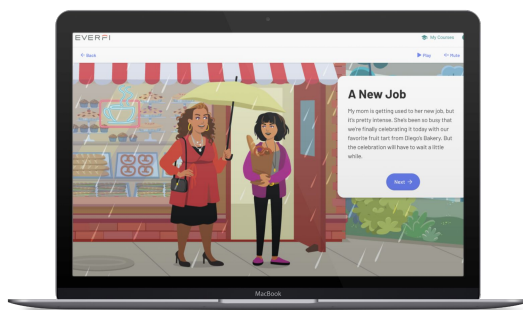
FREE DIGITAL LESSONS



Empower Teens to Understand the World of Healthcare

Research finds that 88% of adults in the U.S. have a low level of health literacy, lacking the skills needed to fully manage their health care and prevent disease.¹ Lack of healthcare literacy can affect students' physical, emotional and financial wellbeing.

EVERFI's Healthcare Literacy courses empower students to become advocates for their own health and financial wellness, helping them understand when and where to ask for help when making health care decisions.



Healthcare Literacy: Making Healthy Choices

THE LEARNING EXPERIENCE

- EVERFI's self-guided, interactive lessons help students develop simple, actionable strategies.
- Real-world scenarios prime students for long-term behavioral change using problem-solving and self-reflection activities.
- Detailed score reports and offline extension activities help teachers maximize their impact across all students.



Two Short Digital Courses for High School

Healthcare Literacy: Making Healthy Choices

Topics Include:

- Healthy Behaviors & Choices
- Risk & Protective Factors
- Financial Impact of Healthcare Choices

Healthcare Literacy: Navigating Medical Care

Topics Include:

- Importance of Health Insurance
- Healthcare Options
- Accessing the Healthcare System
- Reading & Negotiating Medical Bills
- Avoiding Medical Debt

Grade Level: 9th - 12th

Total Lessons: Two digital courses with a total of 4 lessons; 15 minutes each

Curriculum Fit: Health, PE, FACS, Economics, CTE, Business, Advisory

Standards Alignment: Jump\$tart Personal Finance Education Standards, National Health Education Standards (NHES), Common Career Technical Core (CCTC) Standards

“EVERFI is a great program and is one of the most helpful educational tools I have used in 26 years of teaching.”

— Lisa Meyers, South Doyle High School, Tennessee

TWO DIGITAL COURSES: LESSON BREAKDOWN

Healthcare Literacy: Making Healthy Choices

Lesson 1: Making Healthy Choices

- What is healthcare literacy?
- Managing your own health and financial well-being
- Active vs. passive Healthcare mindset

Healthcare Literacy: Navigating Medical Care

Lesson 1: Healthcare Coverage

- What is health insurance?
- Where to access health insurance?
- Payment considerations with health insurance
- Employee sponsored Choice Activity

Lesson 2: Seeking Care

- Preparing for a medical care visit
- Making an appointment
- During medical care visit
- After the Medical Care visit

Lesson 3: Paying for Care

- Strategies on how best to avoid medical debt
- Breaking down your bills
- Cost saving payment options
- Importance of emergency funds for avoiding medical debt



LESSON ACTIVITIES:

Understanding Health Literacy

Health Literacy

I was upset with Coach Mehta for sending Lena home. But Coach Mehta just wanted to protect Lena and I had to support that. Lena's coach also shared some information on health literacy to help me understand her decision.

Select a topic to learn more.

What is health literacy?

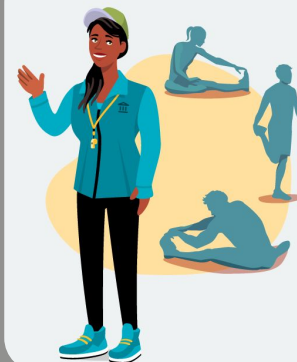
Health literacy is the ability to find and understand information that helps you make well-informed decisions about your health.

What does it mean to be well-informed?

How can you become well-informed?



Situation-Based Learning



Make a Prediction

As a coach, I need to predict what will happen with my decisions and think a few steps ahead. The health of my runners is really important to me.

If Lena continued running that day, what do you think **have** happened?

Select all that apply.

- More injuries
- Possibly needing surgery
- Unable to run for the season
- Unable to run ever again

Submit

Ready to Start? Register now at EVERFI.COM/NewTeacher

EVERFI

EVERFI, Inc. empowers educators to bring real-world learning into the classroom and equip students with the skills they need for success - now and in the future. 3 of 5 U.S. school districts use EVERFI's digital resources to teach topics like financial literacy, social-emotional learning, career readiness, and prevention education.

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