

Career Clusters Exploration

Health & Wellness Careers



We've all been asked the question and we probably ask our students, "**What do you want to be when you grow up?**" It's a complex question but one we can help students explore by introducing them to a variety of careers.

Materials Needed

- YouTube Videos
- EVERFI Class[es] created
- Student devices

Learning Objectives

- Identify various career opportunities in Health & Wellness
- Identify skills important to gain for Health & Wellness careers

Lesson Activities

Part 1* [10 mins]

- Watch the [Health & Wellness Career Exploration](#) playlist on the EVERFIK12 YouTube Channel

Think-Pair-Share [10 mins]

- What is one thing you learned from this career that you didn't know before?
- Why do you think this career was of interest?
- Is there a career highlighted that you'd like to do? Why or why not?

Individual Work [10 -30 mins]

- Utilize a lesson from Understanding Mental Wellness, Ignition-Digital Wellness & Safety, Vaping-Know the truth, Character Playbook, OR Health Literacy Curriculum

*Note that Part 1 and 2 can be completed in whole or small groups