

# Career Development Month Lesson Plan



This November, help students kickstart their futures during National Career Development Month. Students are repeatedly asked, “what do you want to be when you grow up?” It's a complex question; help students explore a variety of career pathways through first-hand *Day in the Life* videos.

## Learning Objectives

- Identify various career opportunities in the field of health & wellness
- Identify skills important to gain for careers in the health & wellness field

## What You'll Need

- Create your EVERFI account or log back in
- Assign your students one or more courses listed below in "Individual Time" ([Quick Start Guide](#))
- Pull up the [YouTube Playlist](#) or share it with small groups directly

## Lesson Plan



[Downloadable  
Student Quick Start](#)

### Introduction [10 mins]

As a class or in small groups, watch the [Health & Wellness Career](#) Exploration playlist (three videos available) on the EVERFI K-12 YouTube channel

### Think-Pair-Share [10 mins]

Discuss the following questions as a class or in small groups:

- What is one thing you learned about this career field that you didn't know before?
- What do you think would be the benefits and drawbacks of this type of career?
- Would you like to pursue one of these careers? Why or why not?

### Individual Time [10-20 mins]

Instruct your students to start one of the following EVERFI digital courses:

- **Healthier Me: Elementary School** (grades 1-4)
- **Vault: Understanding Money – Lesson 3: Income and Careers** (grades 4-6)
- **FutureSmart – Lesson 4: Investing in You** (grades 6-8)
- **Prescription Drug Safety: Know the truth** (grades 8-12)

