

Skills Based Health EVERFI Alignment

	Analyze Influences	Access Valid & Reliable Resources	Interpersonal Communication	Decision-Making	Goal-Setting	Self-Management	Advocacy for Self & Others
Social & Emotional Learning	Character Playbook Module 1: Self-Awareness Character Playbook Module 3: Social Awareness Character Playbook Module 4: Relationship Skills Ignition Module 1: Connections & Community Honor Code Module 1: Relationships Honor Code Module 2: Leadership Honor Code Module 3: Resilience	Character Playbook Module 1: Self-Awareness Ignition Module 6: Evaluating Content Understanding Mental Wellness Module 4: Staying Healthy in Times of Uncertainty	Character Playbook Module 3: Social Awareness Character Playbook Module 4: Relationship Skills Honor Code Module 4: Courage Honor Code Module 5: Community	Character Playbook Module 5: Responsible Decision Making	Character Playbook Module 2: Self-Management Keys To Your Future Module 1: My Life Goals Keys To Your Future Module 3: Choosing a Path Understanding Mental Wellness Module 6: Creating a Supportive Mental Health Plan	Character Playbook Module 2: Self-Management Character Playbook Module 3: Social Awareness Honor Code Module 3: Resilience Understanding Mental Wellness Module 1: What is Stress?	Character Playbook Module 3: Social Awareness Honor Code Module 5: Community Understanding Mental Wellness Module 3: Mental Health Coping Strategies Understanding Mental Wellness Module 4: Staying Healthy in Times of Uncertainty Understanding Mental Wellness Module 5: Seeking & Offering Help
Health & Wellness (Prevention)	Prescription Drug Safety Module 1: The Basics Prescription Drug Safety Module 2: Science of Addiction Prescription Drug Safety Module 5: Refusal Skills Vaping: Know the Truth Modules 1 & 2: Know & Uncover AlcoholEdu Module 2: Know Your Influences	Prescription Drug Safety Module 3: Understanding Prescriptions Prescription Drug Safety Module 6: Supporting a Friend Healthcare Literacy Module 2: Seeking Care	Prescription Drug Safety Module 5: Refusal Skills Prescription Drug Safety Module 6: Supporting a Friend AlcoholEdu Module 4: Make Smart Decisions	Prescription Drug Safety Module 4: Safe Use AlcoholEdu Module 2: Know Your Influences AlcoholEdu Module 3: Brain and Body Healthier Me (Elem) Healthier Me (Middle) Healthcare Literacy Module 1: Making Healthy Choices	Healthier Me (Elem) Healthier Me (Middle) Healthcare Literacy Module 1: Making Healthy Choices	Vaping: Know the Truth Modules 3 & 4: Overcome & Change AlcoholEdu Module 2: Know Your Influences Healthier Me (Elem) Healthier Me (Middle) Healthcare Literacy Module 1: Making Healthy Choices	Prescription Drug Safety Module 6: Supporting a Friend Healthcare Literacy Module 1: Making Healthy Choices
Cultural Literacy	306: Continuing the Story Module 1: Introduction						BINAH Module 4: Being an Ally