

MODEL FOR REGULATIONS FOR POPULAR XC SKI MARATHON

*all text in Italic print must be replaced/adapted by the organiser
organisers may choose to replace model text entirely, but the information must be
provided (event name) (event date)*

RACE REGULATIONS

Organising body

The (*event name*) is organised by (*name, address, telephone and e-mail of the organising body*) under the regulations of the (*FIS, local Ski Federation, etc*) and is part of the following series (*FIS Marathon Cup, Worldloppet, Euroloppet, etc.*) It is to be held on (*event date*).

1. Distance and technique

The event will be held in (*CL/ FT*) technique on a (*distance*) course.

The race course is marked with kilometre markers every *x km / x m*.

Sprints are marked *x m* before the timing line.

In case of several distances, add the schedule of the events identifying Worldloppet gold master events race and silver master events.

2. Age limits

The (*event name and distance*) is open to all skiers, men or women who are *xx* years old or older the day of the race.

3. Registration

a) Registration can be made via online registration system on www.xxx.xx from *dd.mm.yyyy* at 00:00 up to *dd.mm.yyyy* at 00:00 or until limit of *xxxx* entries has been reached.

b) Registration can be made at the Race Centre (*address*) from (*opening hours*).

c) Registration can be made via bank transfer from *dd.mm.yyyy* until *dd.mm.yyyy* at 00:00 to the following bank account (*bank payment details*).

d) Registration can be made via postal mail by sending your registration form and payment to the Race Center (*address*) until *dd.mm.yyyy*.

To take part in the race it is necessary to be physically and technically prepared. When entering the race every participant assumes the responsibility of assuring they are properly trained to participate.

All racers must provide a medical certificate furnishing proof of medical aptitude for participation in Nordic ski races on a competitive level.

4. Entry fees and registration deadlines.

	<i>Distance 1</i>	<i>Distance 2</i>	<i>Distance 3</i>
<i>1 deadline date</i>	10 €	15€	20 €
<i>2 deadline date</i>	20 €	25 €	30 €
<i>3 deadline date</i>	30 €	35 €	40 €

Registration is valid only after payment of the entry fee and after all necessary documents are received by the organizing committee.

The entry gives the right to complete the race and to use all the services provided by the Organising Committee: (*list of services: start bib, x feeding stations, technical assistance on the course, pole exchange, medical assistance, transport of clothes from start to finish (max weight x kg and value), ski stickers, timing, finisher medal, diploma, participants' pin, meal after the race, parking and transportation*).

All other expenses will be charged to the competitor.

5. Liability/insurance

All participants are entirely responsible for his/her state of health during the race and must have personal medical and liability insurance.

The organiser cannot be held responsible on any account in the event of an accident or failure due to bad health or to insufficient preparation.

The Organising Committee disclaims all liability in case of loss, theft or deterioration of equipment during transport, before, during and after the event.

The organisers of the competition have carry liability insurance for all its members (jury included) for the duration of the event.

The organisers decline liability towards spectators and third parties.

6. Start number distribution time & location

The start numbers will be handed out at the Race Centre (*address*), from:

Friday, January xx: 00:00 – 00:00

Saturday, January xx: 00:00 – 00:00

At the start area (*address*):

Sunday, January xx: 00:00 – 00:00

7. Competitor cancellation and entry re-registration

In the case of illness or injury, it is possible to transfer xx% of entry fee to the next year's participation, if doctor's notice has been sent to OC before *dd.mm.yyyy* (attested by date on postmark).

In the case of not showing up, the entry fee will not be refunded.

Competitors who are unable to take part in the race may transfer their entry fee (not bib number) to a person of their choice. It is also possible to change the race distance provided that replacement numbers are available. The re-registration takes place by written application to xxx@xxx.xx sent before *dd.mm.yyyy* at 00:00.

Re-registration costs as follows:

Name change – x €

Distance change from long to short – x €

Distance change from short to long – x €

Change of technique for the same distance - x €

Participants starting under a false name shall be disqualified. In case of lost/left behind start bib xx € replacement fee must be paid.

8. Race cancellation

Procedures of cancellation date of the latest notice about cancellation, amounts and procedures of refund.

For example:

- a) For circumstances beyond one's control (force majeure) the OC can decide to make course changes or cancel the race. If the race must be cancelled due to

unforeseen circumstances the OC reserves the right to keep x% of the entry fee to cover the already existing costs and the expenses caused by returning the fees.

9. If the race is forced to cancel due to lack of snow or *force majeure* the entry fee will not be refunded, 50% of the entry fee will be transferred to the next year's participation fee. *Force majeure* is an extraordinary event or circumstance beyond the control of the organisers, such as a war, strike, riot, fire, flooding, earthquake, hurricane, storm etc.).

Starting blocks and seeding procedures

Xx km	Bib numbers	Start time	Result in 2014	Result in 2013	Result in 2012
Wave 1 / Elite	1-200	8:00	Up to 0:00	Up to 0:00	Up to 0:00
Wave 2	201-500	8:05	0:00-0:00	0:00-0:00	0:00-0:00
Wave 3	501-1000	8:10	0:00-0:00	0:00-0:00	0:00-0:00
Wave 4	1001-1500	8:20	0:00-0:00	0:00-0:00	0:00-0:00
Wave 5	1501-2000	8:30	No result in last 3 years	No result in last 3 years	No result in last 3 years
Wave 6	2001-2500	8:40	New skiers	New skiers	New skiers

The FIS Marathon Cup is open to all skiers who have an active FIS code and who qualify for the elite line.

The previous results will be taken into consideration in assigning start numbers if indicated upon registration before *dd.mm.yyyy* according to the chart above. The result on the same distance has priority. Organiser does not guarantee a start number in the same group as the previous result would have provided. If the group is full, the skier will move to the next lower available starting group.

Results of the other Worldloppet races of the three previous seasons are taken into account if indicated upon registration before *dd.mm.yyyy*.

The re-seeding requests with one's results should be sent to xxx@xxx.xx by no later than *dd.mm.yyyy*. Later complaints shall not be taken into consideration.

Re-seeding/changing of start group costs x € which must be paid at the start bib hand-out or in advance via a bank transfer (*bank payment details*).

Skiers who have not participated during last three seasons will get start numbers in the last start groups in the order of registration.

All skiers must enter the start gate according to his/her start number. Participants who start from an earlier start corridor than their number are subject to disqualification.

The start list by start numbers will be published on the website (*indicate link*) xx days before the race at the latest.

10. Start procedure

- The start order is mass start; the time starts from the moment of the gunshot for all the waves together. The start gates will be open x *min* before the start.
- The start will be given in waves according to the timetable above. The start gates will be open x *min* before the start of according wave.

11. Feeding stations and cut-off times

	Distance	Cut-off time	Services
Start	<i>0 km</i>	<i>15 min after last start</i>	<i>Drinks, waxing, pole exchange</i>
Station 1	<i>10 km</i>	<i>00:00</i>	<i>''</i>
Station 2	<i>20 km</i>	<i>00:00</i>	<i>''</i>
Finish	<i>30 km</i>	<i>00:00</i>	<i>''</i>

All skiers must pass all check points to be ranked. Any skier who does not pass these stations within the indicated cut-off times will be pulled out of the race; the timing chip will be removed, and transported by OC to the finish site.

In the case of withdrawal or abandon from the event, regardless of the motives, participants must inform the closest first aid post, or member of the organising committee at the nearest feeding station and hand over the timing chip.

Transportation will be provided by the organizing committee to the finish area. Skis may be changed during the race only if the skis or bindings are broken or damaged. The Competition Jury must be notified of the problem with damaged equipment immediately after finishing the event.

12. Medical service during the race and emergency number

Ambulances and medical staff are available at (*all service stations and finish area*). If you see someone in trouble call xxx.

Write the name of your emergency contact person on the reverse side of your bib.

13. Shuttle service/transportation/parking

The transportation to the start from xxx, xxx and xxxx and back from the finish area is *included in the entry fee/is not included in the entry fee*. Bus tickets cost x € and must be purchased *via website www.xxx.xx/from the Race Centre/from the bus driver*.

Time tables of the shuttle service/transportation information will be available *HERE (link)* at least *one month/one week before the race*.

Parking at the start and finish areas is *free/is to be paid for*. Parking costs x €, permits are available *via website www.xxx.xx/from the Race Centre/from the parking personnel*.

Please take your time while driving and allow for enough time to accommodate slow traffic.

14. Accommodation

For all accommodation requests and travel arrangements please turn to our partner agency X X by e-mailing xxx@xxx.xx

15. Luggage service

The OC provides a clothing bag identified with the start number for each participant for the transport of personal belongings with a maximum weight of x kg from start to the finish area.

Bags must be deposited by the participant in the provided trucks parked near the start area to be transported to the finish.

16. Finish services

Technical assistance return area, finish feeding area, clothing area, shower location, ski storage, diplomas, medals, participation awards, results board location, Worldloppet stamping location, etc)

17. Timing procedures

Start numbers must be visible from the front and back during the entire race and the timing chip must be attached properly to assure racer's results. After exiting the finish corridor, the timing chip must be returned to the organiser. In the event of a lost chip, please notify the organisers immediately. If a racer abandons or does not participate in the event, the timing chip must be returned to organisation. Participants are responsible for the chip from the moment the start bib is handed out until it is returned at the finish. Lost or non-returned chips will result in a penalty of xx€.

Requests regarding missing results/timing errors can be brought up until dd.mm.yyyy by 00:00 by e-mail xxx@xxx.xx.

18. Awards ceremony

The awards ceremony will take place at (*time and location*). X first men and x first ladies of the x km will be awarded with monetary prizes as follows: 1st place: xxx€, 2nd place: xxx€, 3rd place xxx€.

The sprint winners will be awarded as follows: 1st sprint: xxx€, 2nd sprint: xxx €, 3rd sprint: xxx€.

Any competitor called on to the podium during the awards ceremony must wear his/her race bib. An athlete who is not present during the awards ceremony loses their right to the award.

Top XX of every age group will be awarded. The age groups are:

Ladies: L 17 (birth years 2000-1998), L 20 (1997-1995), ...

Men: M 17 (birth years 2000-1998), M 20 (1997-1995), ...

Monetary prizes will be paid out in cash (*working hours and location of financial office*)/transferred to the competitors' bank accounts after the official result lists have been validated and the results of the doping tests have been confirmed. The income tax x% is withheld from all of the cash awards in accordance with the national legislation.

19. Doping control

Doping tests will be carried out in accordance with the regulations of (*the responsible anti-doping agency*) and all participants must cooperate. Refusal of the test will be considered equal to a positive doping result.

20. Data protection

Personal details given upon registration will only be used for the race database and will not be given out to third parties.

21. Image rights

By entering the competition, participants allow the organizing committee, its partners and media in general, to use images in which he/she appears, taken on

the occasion of his/her participation in the competition, on any media including promotional and/or advertising documents, all over the world and for the longest statutory duration.

22. Littering/waste areas

Participants are asked to respect the environment. There will be marked waste areas on the race course before and after every feeding station and at other specially signed sections. Please dispose of your waste (drink bottles, gel tubes etc.) next to the course. Do not throw waste into the forest or in road ditches as it will be hard for the cleaning crew to find it after the event.

It is prohibited to litter outside of the waste areas, violators will be sanctioned or disqualified.

23. Respect of volunteers and race officials

All skiers must respect the volunteers and OC members. Inappropriate behaviour towards the volunteers and organiser may result in a penalty or disqualification.

24. Use of audio equipment during the race

For safety reasons it is forbidden to use audio equipment (earphones) during the race.

25. Racer conduct

Ski marathons involve competitors with a wide range of experience and ability, good sportsmanship and courtesy toward other competitors is essential.

26. Accepting the regulations

By completing the registration each participant acknowledges having read the race regulations and accepts them unconditionally. Offenses may lead to disqualification for current or future events and the forfeit of any or all awards.

27. Protests

All protests concerning race results and breaking the regulations etc. must be brought up to the Jury as follows:

- Concerning first xxx finishers during 1 hour after first xxx participants have finished;
- Concerning all the others, before the closing time of the finish.

The amount of xx € must be deposited with the submittal of the protest. This deposit will be returned if the protest is upheld.

Jury consists of FIS Technical Delegate (chairman), Assistant Technical Delegate and Race Director.

28. Other unforeseen cases will be solved by the Organising Committee.