

INTERNATIONAL SKI FEDERATION

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FOR IMMEDIATE RELEASE

FIS FACT SHEET**Falun 2015: FIS Anti-Doping Programme at the FIS Nordic World Ski Championships**

This FIS Fact Sheet is intended to provide an update on FIS Anti-Doping Activities during the 2014/15 season. The fight against doping is an important focus for FIS, through a zero-tolerance policy on doping and cheating in sport to protect clean athletes.

The beginning of 2015 has seen the implementation of the new [World Anti-Doping Code](#), which further strengthens and improves the tools to fight against doping in sport.

During the FIS Nordic World Ski Championships, FIS will join forces with WADA, the Swedish Anti-Doping Agency and Local Organising Committee through a [“Clean As Snow”](#) Legacy Outreach Programme to educate and assist the athletes and coaches.

1. Testing Programme at the FIS World Championships

At the 2015 FIS Nordic World Ski Championships in Falun, the Local Organising Committees has appointed the National Anti-Doping Agency (RF Sweden) to conduct the In-Competition Testing. Every medal competition will see the top 4 plus 2 at random undergoing urine testing with blood testing of selected athletes.

FIS will complement the in-competition testing programme at the 2015 FIS Nordic World Ski Championships in Falun (SWE) with athlete biological passport testing on Cross-Country and Nordic Combined skiers before and during the event, as well as potential target urine tests if the profile returns atypical.

2. Out-of-Competition Testing Programme

No notice, out-of-competition target tests remain a primary focus of the FIS Anti-Doping Programme. The International Testing Pool of FIS currently consists of 358 athletes in the six FIS Olympic disciplines.

The FIS Athletes' Biological Passport programme is an essential part of FIS' anti-doping approach. It involves unannounced and intelligent testing, combined with random testing, making it impossible to figure out when a doping control will take place.

FIS Anti-Doping Expert Rasmus Damsgaard explains: *"The FIS out-of competition programme runs all year round and is aimed to keep a level playing field. In an anti-doping context, FIS has continued to evolve it's programme, as a first mover on the implementation of urine and blood profiles. Transparency and communication provided for in the WADA Code create a reliable and accountable anti-doping programme."*

Fruitful cooperation and agreements are in place with numerous National Anti-Doping Agencies through exchanging all year out-of-competition results, which is another important element in the overall programme. It allows both sides to use resources and budgets in the best possible way.

Another key preventative measure to deter any athlete from using prohibited substances or methods, FIS will store samples for later re-analyses. There is a constant refinement of the sensitivity of the present analyses and new developments are anticipated to be implemented in the near future, which make storage of samples a strong tool in detecting positive samples later on.

From 1st May to 16th February 2015, FIS has conducted the following number of out-of-competition tests:

FIS Out-of-Competition Tests 1st May-16th February 2015					
	Urine	ESAs in Urine	Blood tests	ESAs in Blood	Blood passport
Cross-Country	239	144	186	22	498
Nordic Combined	45	20	31		102
Ski Jumping	56	17	26		26
Alpine	137	60	63		119
Freestyle	4				
Snowboard	7				
Total	488	241	306		745

*ESA (incl recombinant EPOs and analogues)

The above numbers do not include the out-of-competition tests conducted by the National Anti-Doping Organisations (NADOs) under their responsibility.

To view a statistical summary of tests conducted during the 2012/2013 and 2013/2014 season, please click here:

http://www.fis-ski.com/mm/Document/documentlibrary/Medical/03/30/83/fis-ooct-2012-13-season-final_Neutral.pdf

http://www.fis-ski.com/mm/Document/documentlibrary/Medical/05/46/77/FIS-WADASTatistics2013-14seasonfinal_Neutral.pdf

3. FIS' Anti-Doping awareness campaign "Clean As Snow – SAY NO! TO DOPING"

SAY NO! TO DOPING is an awareness campaign created by the World Anti-Doping Agency (WADA) for organisations to unite behind in support of doping-free sport.

With the support of the FIS Athletes' Commission chair Kikkan Randall, as well as her colleagues representing the Nordic disciplines in the Commission, the campaign will see a WADA/FIS Outreach education for athletes and team personnel during the 2015 FIS Nordic World Ski Championships in Falun, Sweden.

Follow #CleanAsSnow during Falun 2015 on twitter and facebook!

4. FIS Anti-Doping Rules 2015

Based on the new WADA Code 2015, the FIS Anti-Doping Rules have been adapted in compliance with the Code and include main changes that are summarised as follows:

- The Code amendments provide for longer periods of Ineligibility for real cheats, and more flexibility in sanctioning in other specific circumstances
- Consideration of the Principles of Proportionality and Human Rights
- The Code amendments support the increasing importance of investigations and use of intelligence in the fight against doping
- Amendments to the Code have been included to better reach Athlete Support Personnel who are involved in doping
- The Code amendments place additional emphasis on the concepts of smart test distribution planning, and smart menus for Sample analysis
- The Code amendments attempt to be both more clear and fair in balance the interests of International Federations and national Anti-Doping Organisations
- Making the Code clearer and shorter.

To view the FIS Anti-Doping Rules in their version valid from 1st January 2015 on, please refer to http://www.fis-ski.com/mm/Document/documentlibrary/Medical/05/87/39/FISanti-dopingrules2015-final_English.pdf

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The overall investment by FIS in its Anti-Doping programme during the 2014/2015 season is budgeted with the same amount as in the previous season and amounts to approximately CHF 1.5 million. This includes both the in- and out-of-competition testing programmes and various preventive, informational and educational efforts.

About FIS

FIS is the governing body for international skiing and snowboarding, [founded in 1924](#) during the first Olympic Games in Chamonix, France. Recognized by the International Olympic Committee (IOC), FIS manages the Olympic disciplines of [Alpine Skiing](#), [Cross-Country Skiing](#), [Ski Jumping](#), [Nordic Combined](#), [Freestyle Skiing](#) and [Snowboarding](#), including setting the international competition rules. Through its 122 member nations, more than 7'000 FIS ski and snowboard competitions are staged annually. Specific initiatives are undertaken by FIS to promote snow activities as a healthy leisure recreation, [notably for the young](#). For more information, please visit www.fis-ski.com.