

INTERNATIONAL SKI FEDERATION

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FOR IMMEDIATE RELEASE

FIS FACT SHEET

FIS Anti-Doping Programme Season 2014-2015

This FIS Fact Sheet is intended to provide an update on FIS Anti-Doping Activities leading up to and during the 2014/15 season. The fight against doping is an important focus for FIS, through a zero-tolerance policy on doping and cheating in sport to protect clean athletes.

2015 sees the implementation of the new [World Anti-Doping Code](#), which further strengthens and improves the tools to fight against doping in sport.

During the FIS Nordic World Ski Championships, FIS will join forces with WADA, the Swedish Anti-Doping Agency and Local Organising Committee through a “Clean As Snow” Outreach Programme to educate and assist the athletes and coaches.

The FIS Anti-Doping Programme focuses on unannounced out-of-competition testing and a key activity involves collecting athlete biological passport (ABP) tests.

1. Out-of-Competition Testing Programme

No notice, out-of-competition target tests remain the primary focus of testing. The International Testing Pool of FIS currently consists of 362 athletes in the six FIS Olympic disciplines.

FIS Anti-Doping Expert Rasmus Damsgaard explains: *“For years now, the FIS blood profile programme has been an essential part of our anti-doping approach. With its’ unannounced and intelligent testing regime combined with random testing, it is impossible to figure out when a doping control will knock on the door.”*

The deterrent effect of this approach should confirm FIS' anti-doping philosophy to create a level playing field and not to measure the success of the programme in the number of positives.

An important element to implementing the FIS anti-doping work is cooperation with the NADO's. Agreements on exchanging data and test schedules prevents unnecessary double testing as well as joining forces in evaluating profiles in blood and urine as well as whereabouts behaviour.

Lastly and on the initiative of the IOC, FIS has improved its' blood and urine retention and reanalyses procedures, which makes it possible to store and reanalyze samples until new methods have been approved. With our current knowledge on i.e. the many precursors of EPO stimulation, we know methods are underway and could be applied long before the carrier of the athletes have come to an end. We believe this approach could have a further deterrent effect on athlete behaviour."

From 1st May to 24th November 2014, FIS has conducted the following number of out-of-competition tests:

FIS Out-of-Competition Tests 1st May-24th November 2014				
	Urine	EPO	Blood tests	Blood passport
Cross-Country	163	120	126	156
Nordic Combined	32	18	20	31
Ski Jumping	37	11	20	20
Alpine	82	41	45	68
Freestyle	2			
Snowboard	3			
Total	319	190	211	257

The above numbers do not include the out-of-competition tests conducted by the National Anti-Doping Organisations (NADOs) under their responsibility.

To view a statistical summary of tests conducted during the 2012/2013 and 2013/2014 final_Neutral.pdf and

http://www.fis-ski.com/mm/Document/documentlibrary/Medical/03/30/83/fis-ooct-2012-13-season-final_Neutral.pdf

http://www.fis-ski.com/mm/Document/documentlibrary/Medical/05/46/77/FIS-WADASTatistics2013-14seasonfinal_Neutral.pdf

2. In-Competition Testing Programme at World Cups and World Championships

FIS conducts in-competition testing at selected FIS World Cup events. Additionally, testing is coordinated with many National Anti-Doping Organisations (NADOs) who carry out in-competition testing at a number of FIS World Cup events.

At the 2015 FIS World Championships, the Local Organising Committees have appointed the National Anti-Doping Agencies to conduct the In-Competition Testing, whereby at every medal event the top 4 plus 2 at random will undergo urine testing, in the Alpine and Nordic

disciplines with a small number of additional blood testing. The FIS will accomplish the testing programme at the 2015 FIS Nordic World Ski Championships in Falun (SWE) with additional athlete biological passport testing before and during the event.

3. FIS Anti-Doping Rules 2015

Based on the new WADA Code 2015, the FIS Anti-Doping Rules have been adapted in compliance with the Code and include main changes that are summarised as follows:

- The Code amendments provide for longer periods of Ineligibility for real cheats, and more flexibility in sanctioning in other specific circumstances
- Consideration of the Principles of Proportionality and Human Rights
- The Code amendments support the increasing importance of investigations and use of intelligence in the fight against doping
- Amendments to the Code have been included to better reach Athlete Support Personnel who are involved in doping
- The Code amendments place additional emphasis on the concepts of smart test distribution planning, and smart menus for Sample analysis
- The Code amendments attempt to be both more clear and fair in balance the interests of International Federations and national Anti-Doping Organisations
- Making the Code clearer and shorter.

To view the FIS Anti-Doping Rules in their version valid from 1st January 2015 on, please refer to http://www.fis-ski.com/mm/Document/documentlibrary/Medical/05/87/39/FISanti-dopingrules2015-final_English.pdf

4. FIS' Anti-Doping awareness campaign "Clean As Snow – SAY NO! TO DOPING"

SAY NO! TO DOPING is an awareness campaign created by the World Anti-Doping Agency (WADA) for organisations to unite behind in support of doping-free sport.

With the support of the FIS Athletes' Commission chair Kikkan Randall, as well as her colleagues representing the Nordic disciplines in the Commission, the campaign will see a WADA/FIS Outreach education for athletes and team personnel during the 2015 FIS Nordic World Ski Championships in Falun, Sweden.

For more information please visit: <http://www.fis-ski.com/inside-fis/medical-antidoping/clean-as-snow/index.html>

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The overall investment by FIS in its Anti-Doping programme during the 2013/2014 season is budgeted with the same amount as in the previous season and amounts to approximately

CHF 1.5 million. This includes both the in- and out-of-competition testing programmes and various preventive, informational and educational efforts.

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About FIS

FIS is the governing body for international skiing and snowboarding, [founded in 1924](#) during the first Olympic Games in Chamonix, France. Recognized by the International Olympic Committee (IOC), FIS manages the Olympic disciplines of [Alpine Skiing](#), [Cross-Country Skiing](#), [Ski Jumping](#), [Nordic Combined](#), [Freestyle Skiing](#) and [Snowboarding](#), including setting the international competition rules. Through its 122 member nations, more than 6'500 FIS ski and snowboard competitions are staged annually. Specific initiatives are undertaken by FIS to promote snow activities as a healthy leisure recreation, [notably for the young](#). For more information, please visit www.fis-ski.com.