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FOR IMMEDIATE RELEASE

**FIS FACT SHEET****FIS Anti-Doping Programme Season 2013-2014**

This FIS Fact Sheet is intended to provide an update on FIS Anti-Doping Activities leading up to and during the 2013/14 season. The fight against doping remains an important focus for FIS, through a zero-tolerance policy on doping and cheating in sport.

The FIS Anti-Doping Programme focuses on unannounced out-of-competition testing and this strategy was reinforced during the recent World Conference on Doping at which the World Anti-Doping Code 2015 was adopted. The main activity in the FIS programme involves collecting athlete biological passport (ABP) tests from athletes in the registered testing pool.

FIS Anti-Doping Expert Rasmus Damsgaard explains:

*“The latest spectacular doping revelations with cyclists have shown how important a fully comprehensive out-of-competition programme is. This cannot be implemented unless a flawless and by the athletes respected “Whereabouts” system is in place. The revelations have clearly shown that the cyclists did not fear the tests and their analyses; these were easily circumvented. But it was the out-of-competition testing based on precise “Whereabouts” that made them feel the heat.*

*Although the importance of out-of-competition testing it has been common knowledge for many years inside the anti-doping community, it’s vital for FIS to underline that unannounced, out-of-competition testing has been the backbone of FIS anti-doping programme since 2008 and it may simply explain why FIS has experienced the relative few anti-doping violations in the past five years, in comparison to the previous decade. However, we strongly believe that the combination of a robust out-competition-programme combined with a smart selection of tests and analyses designed to target each of the athletes is an even better way to ensure a level playing field. Thus, the thousands of unannounced, all-year, out-of-competition tests collected on FIS athletes makes the FIS anti-doping programme well-rounded and very strong.”*

## 1. Out-of-Competition Testing Program

No notice, out-of-competition target tests remain the primary focus of testing. The International Testing Pool of FIS currently consists of 334 athletes in the six FIS Olympic disciplines.

From 1<sup>st</sup> May to 24<sup>th</sup> November 2013, FIS has conducted the following number of out-of-competition tests:

<b>FIS Out-of-Competition Tests 1st May-24<sup>th</sup> November 2013</b>				
	<b>Urine</b>	<b>EPO</b>	<b>Blood tests</b>	<b>Blood passport</b>
<b>Cross-Country</b>	139	103	5	135
<b>Nordic Combined</b>	30	12		28
<b>Ski Jumping</b>	36	24	1	
<b>Alpine</b>	96	35	1	91
<b>Freestyle</b>	31			
<b>Snowboard</b>	14			
<b>Total</b>	<b>346</b>	<b>174</b>	<b>7</b>	<b>254</b>

In addition, during the same time period, WADA (the World Anti-Doping Agency) has conducted the following number of out-of-competition tests:

<b>WADA Out-of-Competition Tests 1st May-24<sup>th</sup> November 2013</b>				
	<b>Urine</b>	<b>EPO</b>	<b>Blood tests</b>	<b>Blood passport</b>
<b>Cross-Country</b>	39	19	38	38
<b>Nordic Combined</b>	1	1	1	1
<b>Snowboard</b>	1	1		1

The above numbers do not include the out-of-competition tests conducted by the National Anti-Doping Organisations (NADOs) under their responsibility.

Extensive testing will take place in coordination with WADA in the build up to the Olympic Winter Games in Sochi.

To view a statistical summary of tests conducted during the 2011/2012 and 2012/2013 seasons, please refer to [http://www.fis-ski.com/mm/Document/documentlibrary/Medical/03/30/84/fis-ooct-2011-12-season-final\\_Neutral.pdf](http://www.fis-ski.com/mm/Document/documentlibrary/Medical/03/30/84/fis-ooct-2011-12-season-final_Neutral.pdf) and [http://www.fis-ski.com/mm/Document/documentlibrary/Medical/03/30/83/fis-ooct-2012-13-season-final\\_Neutral.pdf](http://www.fis-ski.com/mm/Document/documentlibrary/Medical/03/30/83/fis-ooct-2012-13-season-final_Neutral.pdf)

## 2. In-Competition Testing Programme

FIS conducts in-competition testing at selected FIS World Cup events. Additionally, testing is coordinated with many National Anti-Doping Organisations (NADOs) who carry out in-competition testing at a number of FIS World Cup events.

### 3. FIS Anti-Doping Rules 2014

There have been no significant changes done to the 2014 Edition of the FIS Anti-Doping Rules. A minor adaptation concerns an expedited result management process for Filing Failures and Missed Tests, as is already the case for a rule violation hearing process during FIS World Championships' and the IOC Anti-Doping Rules for Sochi 2014.

To view the FIS Anti-Doping Rules in their version valid from 1<sup>st</sup> January 2014 on, please refer to [http://www.fis-ski.com/mm/Document/documentlibrary/Medical/04/42/17/FISanti-dopingrules2014\\_Neutral.pdf](http://www.fis-ski.com/mm/Document/documentlibrary/Medical/04/42/17/FISanti-dopingrules2014_Neutral.pdf)

### 4. FIS' Anti-Doping awareness campaign "Clean As Snow – SAY NO! TO DOPING"

SAY NO! TO DOPING is an awareness campaign created by the World Anti-Doping Agency (WADA) for organisations to unite behind in support of doping-free sport.

FIS shows its commitment to clean sport by incorporating WADA's guidelines and campaign into its own "Clean as Snow" campaign. The "Clean as Snow" campaign is FIS's and FIS Athletes' Commission's message in the interest of fair and clean sport. The campaign was implemented by FIS beginning with the season 2011/2012. As was already done last two seasons, the "Clean as Snow" logo will be present on the Cross-Country and Nordic Combined training bibs for all athletes, team officials and FIS officials. The campaign will also include other activities and athletes will be provided with promotional items such as sport bags and wrist bands branded with the campaign logo.

For more information please visit: <http://www.fis-ski.com/inside-fis/medical-antidoping/clean-as-snow/index.html>

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The overall investment by FIS in its Anti-Doping programme during the 2013/2014 season is budgeted with the same amount as in the previous season and amounts to approximately CHF 1.5 million. This includes both the in- and out-of-competition testing programmes and various preventive, informational and educational efforts.

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#### **About FIS**

FIS is the governing body for international skiing and snowboarding, founded in 1924 during the first Olympic Games in Chamonix, France. Recognized by the International Olympic Committee (IOC), FIS manages the Olympic disciplines of Alpine Skiing, Cross-Country Skiing, Ski Jumping, Nordic Combined, Freestyle Skiing and Snowboarding, including setting the international competition rules. Through its 116 member nations, more than 6'500 FIS ski and snowboard competitions are staged annually. Specific initiatives are undertaken by FIS to promote snow activities as a healthy leisure recreation, notably for the young.

For more information, please visit [www.fis-ski.com](http://www.fis-ski.com).

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