

To the  
- National Ski Associations

For information to:  
- World Anti-Doping Agency  
- Relevant National Anti-Doping Agencies

**INTERNATIONAL SKI FEDERATION**

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**FIS International Registered Testing Pool for season 2015/2016**

Dear Mr. President,  
Dear Ski friends,

The commitment of FIS and member National Ski Associations to doping free sport is fundamental to the integrity of our disciplines and respective organisations.

The new International Registered Testing Pool (FIS RTP), defined according to the valid end of the competition season standings/rankings 2014/2015, has been established as per the FIS Anti-Doping Rules 2015 in accordance with the World Anti-Doping Code.

Please find enclosed the list of athletes from your National Ski Association who are in the FIS International Registered Testing Pool for the season 2015/16 with immediate effect and therefore obliged to comply with the whereabouts requirements according to WADA Code article 2.4 (Whereabouts requirements), respectively Annex I of the WADA International Standard for Testing and Investigations. It is your responsibility to inform your athletes accordingly.

Athletes who are newly included in the Registered Testing Pool have a 14 day deadline to submit their Whereabouts.

**Required Whereabouts information**

It is a requirement for Athletes included in the FIS RTP to notify FIS of where they will be for each day of the next quarter, i.e for each day of the period from now on, July to September, October to December, January to March, April to June, by providing the following information:

1. For each day during the forthcoming quarter (including weekends), Athletes must provide accurate and complete information about their Whereabouts, including identifying where he/she will be living, training and competing. If plans change, an update is required.
  - a) Residence/Overnight accommodation (orange category): the athlete must provide the full address of the place where he/she will be residing (i.e. sleeping overnight). Usually, it is expected that address is in the same area as the location specified for that day's 60-minute time slot, unless the athlete will be travelling to another place during the day and thereby wishes to specify a location for the 60 minute

time slot at his/her destination. It is assumed that the athlete will be in the same location in the morning, as given for the residence where he/she will sleep.

- b) Regular Activities: the athlete must provide name/address of each location where he/she will train, work or conduct any other regular activity during the quarter, and the usual timeframes for such regular activities.
2. For each day (including weekends), athletes must specify one specific 60-minute time-slot between 05:00 and 23:00 where he/she will be available for testing at that location. This does not limit in any way the obligation to submit to Testing at any time and place upon request by FIS. Nor does it limit the obligation to provide the information outside the 60-minute time slot.
3. The quarterly information must be sent the latest by the 15<sup>th</sup> of the previous month (e.g. for July-September the whereabouts must be submitted the latest by 15<sup>th</sup> June)

ADAMS Example

21	22	23
Competition 1 15:00	Residence 07:00	Residence 06:00
Residence	Residence	Training 1
Residence	Residence	Residence

We would like to point out that Whereabouts information has to be up-to-date all the time and the addresses have to be precise. For example, only the name of a town instead of the full address or remarks such as “please ask my National Ski Association (or Organising Committee of a competition) for the address” is likely to result in an unsuccessful attempt to test the Athlete and can therefore result in a Whereabouts Failure.

### How to provide the information to FIS

For providing Whereabouts information, athletes must use the on-line system ADAMS. For new athletes in the RTP who are not yet registered to use the ADAMS system, the athlete needs to obtain a password. He/she needs to send an e-mail (indicating his/her full name, nationality, sport discipline, date of birth and FIS Code) to FIS Anti-Doping ([antidoping@fisski.com](mailto:antidoping@fisski.com)) and he/she will receive a password, as well as instructions.

### How to update Whereabouts information

It is sometimes not possible to know in advance the exact whereabouts on each day in the next quarter. Nonetheless, the athlete should be sure to meet the filing deadline and provide the required details for each day to the best of his/her knowledge.

If the plan changes after the athlete has made the initial filing, he/she should immediately update the information. The important thing is that the information that is filed is accurate at all times. Athletes are urged to communicate updates as soon as they are known to facilitate test planning. (e.g. if a location is changed 5 minutes before the one-hour testing slot from place A to place B, whereby place B is in around 300 km distance from place A, this can result in an investigation for an anti-doping rule violation for Evasion of sample collection (Code art. 2.3) and/or Tampering or Attempted Tampering with doping control (Code art. 2.5), since this information was not updated when it became known.)

Updates via SMS should be limited for short-notice changes, and only for the same and/or next day.

– Athletes can update their information directly in ADAMS

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- Athletes can register their mobile phone number in ADAMS and send text messages directly to the ADAMS system (after registering the mobile phone number in the ADAMS system)
- Athletes can send a SMS text message to the FIS text message service number. In order to do so it is necessary to register the mobile phone number through [antidoping@fiski.com](mailto:antidoping@fiski.com)

### **Sanctions for non-compliance**

A failure of the athlete to file the required whereabouts information in advance of every quarter, or a failure to provide accurate and complete whereabouts information will constitute a „Filing Failure“ under the FIS Anti-Doping Rules, in accordance with the World Anti-Doping Code.

Furthermore a failure to be available at the whereabouts specified by the athlete for the 60-minute time-slot is a „Missed Test“ under the FIS Anti-Doping Rules in accordance with the World Anti-Doping Code.

If the athlete commits three Filing Failures and/or Missed Tests during one 12-month period, this constitutes an anti-doping rule violation, for which the sanction is a ban of between 12 and 24 months for a first offence, or longer for second and subsequent offences.

*Please note that depending on the facts, also a single Whereabouts failure could amount to an anti-doping rule violation under Code Article 2.3 (Evading Sample Collection) and/or Code Article 2.5 (Tampering or Attempted Tampering with Doping Control).*

### **Personal responsibility**

An athlete may wish to have a coach, ski association staff member or agent, etc. assist in complying with these whereabouts requirements. It is permitted for the athlete to do so, however, the athlete remains personally responsible for any failure to comply with the requirements of the Anti-Doping Rules.

### **Therapeutic Use Exemptions**

As an International-Level athlete and thereby included in FIS RTP and/or competing at the FIS World Cup or World Championships level, you have in principle to obtain your TUE approval from FIS.

If you are a FIS RTP athlete and you already have a valid TUE approval at national level, please re-submit the documentation to FIS to recognise it (preferably through ADAMS).

Note: Therapeutic Use Exemption approvals issued by NADOs are automatically accepted for all non-FIS RTP athletes.

Please find enclosed the new version of the TUE application form.

### **Retirement and return to competition**

If an Athlete who is qualified for the FIS Registered Testing Pool has retired, he/she has to send the retirement form to FIS (enclosed). If the Athlete decides to return to competition, re-registration by his/her National Ski Association must be in accordance with the FIS Anti-Doping Rules art. 5.7.

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All information regarding FIS Anti-Doping, whereabouts information, forms as well as ADAMS can be downloaded from the FIS Website: <http://www.fis-ski.com/inside-fis/medical-antidoping/anti-doping/>

**To confirm receipt of this notice, please print out the enclosed list of athletes, sign it and return it at your earliest convenience to FIS by mail, email [antidoping@fisski.com](mailto:antidoping@fisski.com) or via Fax to +41 33 244 6171.**

We realise there is considerable work involved for all persons concerned: FIS, National Ski Associations, team officials and especially the athletes, but these are responsibilities. Please do not hesitate to contact FIS Anti-Doping (email: [antidoping@fisski.com](mailto:antidoping@fisski.com)) should you have further questions or require assistance.

With kind regards

INTERNATIONAL SKI FEDERATION



Sarah Lewis  
Secretary General



Sarah Fussek  
FIS Anti-Doping Coordinator

Enclosures

- List of Athletes qualified for the FIS Registered Testing Pool 2015/16
- Therapeutic Use Exemption application form (version 2015)
- Retirement form (version 2015)