



BOWNE'S LAB

Menu

50
years

APPETIZERS

Tomato & Goat Cheese Flatbread 13.95 **NEW!**

Marinated heirloom tomatoes, red onion, goat cheese, and olive oil

Shrimp Cocktail 15.95

Six chilled jumbo shrimp with cocktail sauce and fresh lemon

Lemongrass Chicken Potstickers 11.95 **NEW!**

Dumplings stuffed with chicken, sweet corn, scallions, and lemongrass.

Served with orange ginger sauce

Margherita Flatbread 14.95

Diced tomatoes, pesto, fresh mozzarella

Spinach & Artichoke Dip 13.95

Hot spinach and artichoke dip with tortilla chips

Mediterranean Sampler 16.95

Traditional hummus, roasted red pepper hummus, feta, Greek olives, stuffed grape leaves, warm pita

Boursin Cheese Plate 16.95

Herbed cheese spread, fig preserves, seasonal fruit, and fresh-baked bread

Beef Queso Dip 10.95 **NEW!**

Melted cheddar cheese, seasoned ground beef, diced tomatoes.

Served with tortilla chips

SOUP

Lobster Bisque

Cup 7.95 | Bowl 13.95

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SALADS

Harvest Salad 15.95 **NEW!**

Raspberries, blackberries, feta cheese, and marinated heirloom tomatoes over mixed greens. Served with raspberry vinaigrette

*Add chicken 5 Add salmon 9

Caesar Salad 15.95

Romaine, croutons, and parmesan cheese. Tossed in Caesar dressing

*Add chicken 5 Add salmon 9

Taco Salad 16.95 **NEW!**

Seasoned ground beef, black beans, corn, marinated heirloom tomatoes, and cheddar cheese over mixed greens. Served with salsa, sour cream, and guacamole

Cobb Salad 21.95

Baked chicken, cucumbers, tomatoes, bacon, hard-boiled egg, avocado, and bleu cheese crumbles on mixed greens.

Served with your choice of dressing

ENTREES

Add a house salad for 3.95

Lasagna 16.95

Layers of Italian sausage, ground beef, herbed ricotta, and mozzarella.

Served with fresh-baked bread

Fish & Chips 18.95 **NEW!**

Lager-battered cod served with cole slaw, French fries, and fruit

Fish of the Day - Market Price

With potatoes and mixed vegetables

Chicken Quesadilla 16.95

Chicken, black beans, sweet corn, cheddar, and mozzarella cheeses. Served with sour cream, guacamole, and salsa

Herb-Roasted Chicken 19.95

Roasted half chicken served with potatoes and mixed vegetables

Taco Bowl 17.95 **NEW!**

Seasoned ground beef, black beans, corn, and cheddar cheese over rice.

Served with salsa, sour cream, and guacamole

Quiche of the Day 14.95

Served with fruit, mixed greens, and raspberry vinaigrette

Rick's Barbeque Platter 16.95

Pulled pork with tangy barbeque sauce. Served with cole slaw, seasonal fresh fruit, and fresh-baked bread

Slow Baked Short Ribs 21.95 **NEW!**

Boneless beef short ribs, mashed potatoes, mixed vegetables

SANDWICHES

Served with tortilla chips or cole slaw
Substitute a side salad or French fries for 3.95

Mediterranean Veggie Sandwich 14.95 **NEW!**
Hummus, roasted red peppers, leaf lettuce, cucumbers, tomato,
onion, and feta on a brioche bun

Downtown Cheeseburger 15.95
Cheddar or Swiss cheese melted onto an all-American burger.
Served with French fries

Downtown Chicken Sandwich 14.95
Baked chicken, bacon, lettuce, tomato, cheddar, and ranch dressing
on a brioche bun

Pulled Pork Sandwich 14.95 **NEW!**
Pulled pork and tangy barbeque sauce on a brioche bun

DESSERTS

Don't forget your sweet treat!

Chocolate Cake 8.95

Bourbon Pecan Pie 8.95

Blueberry White Chocolate Cheesecake 8.95 **NEW!**

Fresh-Baked Sugar Cookies 4.95

Vanilla Ice Cream 2.95