

# BOWNE'S LAB

## Menu



50  
years

## APPETIZERS

### Italian Sausage Flatbread 13.95 **NEW!**

Italian sausage, mozzarella cheese, and marinara sauce

### Shrimp Cocktail 15.95

Six chilled jumbo shrimp with cocktail sauce and fresh lemon

### Lemongrass Chicken Potstickers 11.95

Dumplings stuffed with chicken, sweet corn, scallions, and lemongrass.

Served with orange ginger sauce

### Margherita Flatbread 14.95

Diced tomatoes, pesto, fresh mozzarella

### Spinach & Artichoke Dip 13.95

Hot spinach and artichoke dip with tortilla chips

### Mediterranean Sampler 16.95

Traditional hummus, roasted red pepper hummus, feta, Greek olives, stuffed grape leaves, warm pita

### Boursin Cheese Plate 16.95

Herbed cheese spread, fig preserves, seasonal fruit, and fresh-baked bread

### Beef Queso Dip 10.95

Melted cheddar cheese, seasoned ground beef, diced tomatoes.

Served with tortilla chips

## SOUP

### Lobster Bisque

Cup 7.95 | Bowl 13.95

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*

## SALADS

### Strawberry Summer Salad 21.95 **NEW!**

Fried chicken, strawberries, cucumbers, heirloom tomatoes, feta, spring mix, and balsamic reduction

### Caesar Salad 15.95

Romaine, croutons, and parmesan cheese. Tossed in Caesar dressing

\*Add chicken 6 Add fish 9

### Oriental Chicken Salad 21.95 **NEW!**

Fried Chicken, mandarin oranges, fried noodles, cucumbers, heirloom tomatoes, and spring mix. Served with sesame dressing

### Cobb Salad 21.95

Baked chicken, cucumbers, tomatoes, bacon, hard-boiled egg, avocado, and bleu cheese crumbles on mixed greens.

Served with your choice of dressing

### Tuna & Chicken Salad Plate 15.95 **NEW!**

A scoop of tuna salad and a scoop of chicken salad served with crackers and fresh fruit

## ENTREES

Add a house salad for 3.95

### Penne Marinara 17.95 **NEW!**

Penne pasta in marinara sauce, with choice of Italian sausage or chicken, topped with mozzarella cheese. Served with bread sticks

### Fish & Chips 18.95

Lager-battered cod served with cole slaw, and French fries

### Fish of the Day - Market Price

With potatoes and mixed vegetables

### Chicken Quesadilla 16.95

Chicken, black beans, sweet corn, cheddar, and mozzarella cheeses. Served with sour cream, guacamole, and salsa

### Barbeque Chicken 20.95 **NEW!**

Half chicken roasted in barbeque sauce, served with potatoes and mixed vegetables

### Teriyaki Chicken Bowl 17.95 **NEW!**

Teriyaki chicken breast, mixed vegetables, and fried noodles over rice

### Quiche of the Day 14.95

Served with fruit, mixed greens, and raspberry vinaigrette

### Rick's Barbeque Platter 16.95

Pulled pork with tangy barbeque sauce. Served with cole slaw, seasonal fresh fruit, and fresh-baked bread

### Marinated Pork Bowl 17.95 **NEW!**

Marinated pork with gravy and mixed vegetables over rice

## SANDWICHES

Served with tortilla chips or cole slaw  
Substitute a side salad or French fries for 3.95

### Mediterranean Veggie Sandwich 14.95

Hummus, roasted red peppers, leaf lettuce, cucumbers, tomato, onion, and feta on a brioche bun

### Downtown Cheeseburger 15.95

Cheddar or Swiss cheese melted onto an all-American burger.  
Served with French fries

### Downtown Chicken Sandwich 14.95

Baked chicken, bacon, lettuce, tomato, cheddar, and ranch dressing on a brioche bun

### Pulled Pork Sandwich 14.95

Pulled pork and tangy barbeque sauce on a brioche bun

### Tuna or Chicken Salad Sandwich 14.95 **NEW!**

Tuna or chicken salad on a croissant with lettuce and tomato. Served with a side salad and raspberry vinaigrette

## DESSERTS

Don't forget your sweet treat!

Chocolate Cake 8.95

Pecan Pie 8.95

Peach Cheesecake 8.95 **NEW!**

Fresh-Baked Sugar Cookies 4.95

Vanilla Ice Cream 2.95