

BOWNE'S LAB

Menu



APPETIZERS

Barbeque Brisket Flatbread 13.95 ^{NEW!}
Smoked brisket, mozzarella, red onion, barbeque sauce

Shrimp Cocktail 15.95
Six chilled jumbo shrimp with cocktail sauce and fresh lemon

Lemongrass Chicken Potstickers 12.95
Dumplings stuffed with chicken, sweet corn, scallions, and lemongrass.
Served with orange ginger sauce

Margherita Flatbread 14.95
Diced tomatoes, pesto, fresh mozzarella

Spinach & Artichoke Dip 13.95
Hot spinach and artichoke dip with tortilla chips

Mediterranean Sampler 17.95
Traditional hummus, roasted red pepper hummus, feta, Greek olives, stuffed grape leaves, warm pita

Boursin Cheese Plate 17.95
Herbed cheese spread, fig preserves, seasonal fruit, and fresh-baked bread

Caprese Salad 12.95
Fresh burrata, heirloom tomatoes, basil, and balsamic glaze

SOUP

Lobster Bisque
Cup 7.95 | Bowl 13.95

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SALADS

Summer Peach Salad 15.95 ^{NEW!}
Peaches, cherry tomatoes, cucumbers, fresh burrata, mixed greens, and balsamic vinaigrette
*Add chicken 6 Add shrimp 7 Add fish 9

Caesar Salad 15.95
Romaine, croutons, and parmesan cheese. Tossed in Caesar dressing
*Add chicken 6 Add shrimp 7 Add fish 9

Cobb Salad 22.95
Baked chicken, cucumbers, tomatoes, bacon, hard-boiled egg, avocado, and bleu cheese crumbles on mixed greens.
Served with your choice of dressing

Tuna & Chicken Salad Plate 16.95 ^{NEW!}
A scoop of tuna salad and a scoop of chicken salad served with crackers and fresh fruit

ENTREES

Add a house salad for 3.95

Chicken Alfredo 18.95 ^{NEW!}
Penne pasta topped with baked chicken, spinach, and Alfredo sauce.
Served with fresh-baked bread

Fish & Chips 19.95
Lager-battered cod served with cole slaw, and French fries

Fish of the Day - Market Price
With potatoes and mixed vegetables

Chicken Quesadilla 17.95
Chicken, black beans, sweet corn, cheddar, and mozzarella cheeses. Served with sour cream, guacamole, and salsa

Crab Cakes 25.95
Two Maryland-style crab cakes baked to perfection. Served with mixed vegetables, potatoes, and a side of remoulade.

Lasagna 18.95
Layers of Italian sausage, ground beef, herbed ricotta, and mozzarella.
Served with fresh-baked bread

Quiche of the Day 14.95
Served with fruit, mixed greens, and balsamic vinaigrette

Rick's Barbeque Platter 23.95 ^{NEW!}
Your choice of two: smoked brisket, ribs, or pulled pork.
Served with coleslaw and fresh-baked bread

Stuffed Peppers 17.95 ^{NEW!}
Green bell peppers stuffed with beef and rice in tomato sauce, topped with cheddar cheese and bacon. Served with fresh-baked bread

SANDWICHES

Served with tortilla chips or cole slaw
Substitute a side salad or French fries for 1.95

Italian Beef 15.95 **NEW!**

Beef, peppers, onions, and provolone on a hoagie roll.
Served with au jus

Fried Po' Boy **NEW!**

Choice of fried chicken or beer battered cod, lettuce, tomato, and remoulade on a hoagie roll

Fried chicken **14.95** Beer battered cod **15.95**

Mediterranean Veggie Sandwich 14.95

Hummus, roasted red peppers, leaf lettuce, cucumbers, tomato, onion, and feta on a brioche bun

Downtown Cheeseburger 15.95

Cheddar or Swiss cheese melted onto an all-American burger.
Served with French fries

Downtown Chicken Sandwich 15.95

Baked chicken, bacon, lettuce, tomato, cheddar, and ranch dressing on a brioche bun

Pulled Pork Sandwich 14.95

Pulled pork and tangy barbeque sauce on a brioche bun

Tuna or Chicken Salad Sandwich 14.95 **NEW!**

Tuna or chicken salad on a croissant with lettuce and tomato. Served with a side salad with balsamic vinaigrette

DESSERTS

Don't forget your sweet treat!

Chocolate Cake 8.95

Pecan Pie 8.95

Ice Cream Sandwich 8.95 **NEW!**

Choice of chocolate or strawberry

Fresh-Baked Sugar Cookies 4.95

Vanilla Ice Cream 3.95