

BOWNE'S LAB

Menu



APPETIZERS

Spinach & Goat Cheese Flatbread 14.95 **NEW!**

Fresh spinach, goat cheese, heirloom tomatoes, and a touch of olive oil

Roasted Beet Stack 13.95 **NEW!**

Roasted beets, goat cheese, balsamic reduction, and pesto

Shrimp Cocktail 15.95

Six chilled jumbo shrimp with cocktail sauce and fresh lemon

Lemongrass Chicken Potstickers 12.95

Dumplings stuffed with chicken, sweet corn, scallions, and lemongrass.

Served with orange ginger sauce

Margherita Flatbread 14.95

Diced tomatoes, pesto, fresh mozzarella

Spinach & Artichoke Dip 13.95

Hot spinach and artichoke dip with tortilla chips

Mediterranean Sampler 17.95

Traditional hummus, roasted red pepper hummus, feta, Greek olives, stuffed grape leaves, warm pita

Boursin Cheese Plate 17.95

Herbed cheese spread, fig preserves, seasonal fruit, and fresh-baked bread

SALADS

Mediterranean Salad 15.95 **NEW!**

Heirloom tomatoes, olives, cucumbers, roasted red peppers, and goat cheese. Served on mixed greens with a side of tzatziki

*Add chicken 6 Add shrimp 7 Add salmon 9

Roasted Beet Salad 15.95 **NEW!**

Roasted beets, goat cheese, heirloom tomatoes, toasted walnuts, and cucumbers. Served on mixed greens with zinfandel vinaigrette

*Add chicken 6 Add shrimp 7 Add salmon 9

Caesar Salad 15.95

Romaine, croutons, and parmesan cheese. Tossed in Caesar dressing

*Add chicken 6 Add shrimp 7 Add salmon 9

Cobb Salad 22.95

Baked chicken, cucumbers, tomatoes, bacon, hard-boiled egg, avocado, and bleu cheese crumbles on mixed greens.

Served with your choice of dressing

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SOUP & QUICHE

Lobster Bisque

Cup 7.95 | Bowl 13.95

Quiche of the Day 14.95

Served with fruit, mixed greens, and zinfandel vinaigrette

ENTREES

Add a house salad for 3.95

Salmon Piccata 23.95 **NEW!**

Baked salmon filet in a lemon caper sauce. Served with mashed potatoes and mixed vegetables

Chicken Carnitas 15.95 **NEW!**

Shredded chicken marinated in citrus and garlic. Served with rice and salsa verde

Beef Barbacoa 15.95 **NEW!**

Smoked pulled brisket served with rice and salsa verde

Fish & Chips 19.95

Lager-battered cod served with cole slaw, and French fries

Roast Chicken Burrata Tortellini 19.95 **NEW!**

Cheese tortellini topped with roast chicken and burrata in a lemon cream sauce.

Served with fresh baked bread

Wild Mushroom Ravioli 18.95 **NEW!**

Cremini and portabella mushrooms in egg pasta, pomodoro sauce, parmesan cheese. Served with fresh baked bread

Chicken Quesadilla 17.95

Chicken, black beans, sweet corn, cheddar, and mozzarella cheeses. Served with sour cream, guacamole, and salsa

Slow Roasted Pork Shank 16.95 **NEW!**

Roasted pork shanks served over mashed potatoes with country gravy, with a side of mixed vegetables

Fire Braised Chicken Breast 15.95 **NEW!**

Seared chicken breast served over mashed potatoes with country gravy, with a side of mixed vegetables

Crab Cakes 25.95

Two Maryland-style crab cakes baked to perfection. Served with mixed vegetables, potatoes, and a side of remoulade.

Rick's Barbeque Platter 23.95

Smoked brisket, pulled pork, cole slaw, and fresh-baked bread

SANDWICHES

Served with tortilla chips or cole slaw
Substitute a side salad or French fries for 1.95

Brisket Waffle Sandwich 19.95 **NEW!**

Belgian waffles, smoked brisket, cheddar cheese and maple syrup.
Served with French fries

Mediterranean Veggie Pita 14.95

Hummus, roasted red peppers, leaf lettuce, cucumbers, tomato,
onion, and feta on pita

Crab Cake Sandwich 17.95 **NEW!**

Maryland-style crab cake served on a brioche bun, with fresh lettuce,
tomato, and a side of remoulade

Downtown Cheeseburger 15.95

Cheddar or Swiss cheese melted onto an all-American burger.
Served with French fries

Downtown Chicken Sandwich 15.95

Baked chicken, bacon, lettuce, tomato, cheddar, and ranch dressing
on a brioche bun

Pulled Pork Sandwich 14.95

Pulled pork and tangy barbeque sauce on a brioche bun

DESSERTS

Don't forget your sweet treat!

Chocolate Cake 8.95

Belgian Waffle a la Mode 8.95 **NEW!**

Pecan Pie 8.95

Banana Ice Cream Sandwich 8.95 **NEW!**

Fresh-Baked Sugar Cookies 4.95

Vanilla Ice Cream 3.95