BOWNE'S LAB

Menu



APPETIZERS

Antipasto Plate 15.95 NEW!
Salami, pepperoni, creamy mozzarella, sun-dried tomato pesto, and briny olives, with baguette

Shrimp Cocktail 15.95
Six chilled jumbo shrimp with zesty cocktail sauce and fresh lemon

Lemongrass Chicken Potstickers 13.95
Golden dumplings packed with chicken, sweet corn, scallions, and lemongrass. Served with a citrusy orange ginger sauce

Sun-Dried Tomato Flatbread 15.95 NEW!
Crisp flatbread with pepperoni, sun-dried tomato pesto and creamy mozzarella

Margherita Flatbread 15.95
Crisp flatbread with juicy diced tomatoes, pesto, and creamy mozzarella

Spinach & Artichoke Dip 14.95
Hot, creamy spinach and artichoke dip. Served with tortilla chips

Mediterranean Sampler 18.95
Traditional hummus, roasted red pepper hummus, tangy feta, Greek olives, and stuffed grape leaves. Served with warm pita

Boursin Cheese Plate 18.95
Herbed cheese spread with sweet fig preserves, seasonal fruit, and fresh-baked bread

SOUPS & SALADS

Cup 8.95 | Bowl 14.95

Lobster Bisque

Soup of the Day

Southwest Salad 17.95 NEW!
Seasoned ground beef, sweet corn, black beans, cucumbers, tomatoes, avocado, and shredded cheddar. Served with a smoky chipotle ranch dressing

Caesar Salad 16.95
Crisp romaine, croutons, and Parmesan cheese. Tossed in Caesar dressing
**Add chicken 7 Add shrimp 8 Add salmon 9*

Cobb Salad 22.95
Baked chicken, cucumbers, tomatoes, bacon, hard-boiled egg, avocado, and bleu cheese crumbles over mixed greens. Served with your choice of dressing

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

ENTREES

Add a house salad for 4.95 or a side Caesar for 6.95

Penne Bolognese 18.95 NEW!
Penne topped with a rich tomato Bolognese of ground beef, celery, carrots, and onions. Topped with Parmesan cheese and served with fresh-baked bread

Sun-Dried Tomato Salmon 24.95 NEW!
Baked salmon filet in a sun-dried tomato cream sauce. Served with mashed sweet potatoes and mixed vegetables

Chicken & Biscuits 17.95 NEW!
Flame-braised chicken in a creamy sauce with peas, carrots and celery. Served over Southern-style biscuits

Fish & Chips 21.95
Lager-battered cod with crisp coleslaw and French fries

Grilled Vegetable Penne 17.95 NEW!
Grilled eggplant, zucchini, and red and yellow peppers in a sun-dried tomato cream sauce over penne. Served with fresh-baked bread
**Add chicken 7 Add shrimp 8 Add salmon 9*

Chicken Quesadilla 17.95
Chicken, black beans, sweet corn, cheddar, and mozzarella cheese. Served with sour cream, guacamole, and salsa

Crab Cakes 33.95
Two Maryland-style crab cakes baked to perfection. Served with mixed vegetables, potatoes, and a side of remoulade

Slow-Braised Boneless Short Ribs 24.95 NEW!
Boneless beef short ribs in demi-glace with celery, carrots, and onions. Served over mashed sweet potatoes

Quiche of the Day 15.95
Fresh-baked and ever-changing. Served with fruit, mixed greens, and balsamic vinaigrette

Chicken Bacon Mac & Cheese 16.95 NEW!
White cheddar mac & cheese with grilled chicken and bacon crumbles. Served with fresh-baked bread

Southwest Beef Tacos 16.95 NEW!
Two flour tortillas stuffed with seasoned ground beef, black beans, sweet corn, cheddar, and mozzarella. Served with sour cream, guacamole, and salsa

Rick's Barbeque Platter 17.95
Pulled pork in tangy barbeque sauce. Served with cole slaw, fruit, and fresh-baked bread

SANDWICHES

Served with tortilla chips or cole slaw
Substitute a side salad or French fries for 1.95

Mediterranean Veggie Pita 14.95
Hummus, roasted red peppers, leaf lettuce, cucumbers, tomato, onion, and feta on pita

Crab Cake Sandwich 21.95
Maryland-style crab cake served on a brioche bun, with fresh lettuce, tomato, and a side of remoulade

Downtown Cheeseburger 16.95
Cheddar or Swiss cheese melted onto an all-American beef burger. Served with French fries

Downtown Chicken Sandwich 17.95
Baked chicken, bacon, lettuce, tomato, cheddar, and ranch dressing on a brioche bun

Pulled Pork Sandwich 14.95
Tender pulled pork and tangy barbeque sauce on a brioche bun

DESSERTS

Chocolate Cake 9.95

Seasonal Cheesecake 8.95

Chocolate Ice Cream Sandwich 8.95

Pecan Pie 8.95

Fresh-Baked Sugar Cookies 4.95

Vanilla Ice Cream 3.95