Fountain of Life

If you had to use just one product

- The One -

10 drops a day to protect & preserve your health

High performance natural antioxidant with powerful benefits
The Experience Age is upon us.

The foods we eat have become refined, and we have lost the nutritional value we once experienced. The quality and quantity of lignans have decreased, opening the doors for damaging oxidative stress from the formation of free radicals. This impacts our health as our refined foods have eliminated their natural, protective value.

Free radicals from pollution, UV exposure and pesticides can damage our DNA from free radical damage. As well, studies show that chronic inflammation leads to serious cardiovascular issues.

For years lignans from our food have served us to protect our bodies from this potential harm. Unfortunately, progress has eliminated much of this from our diets.

We need to embrace the challenges and supplement our lignan-poor food sources with a supplement that boosts their ability to neutralize free radicals and address chronic inflammation.

**Fountain of Life (FOL)** accesses the power of the spectrum of lignans from the Norwegian Spruce Tree. Its incredible antioxidant and anti-inflammatory properties serves to supplement our nutrient poor, refined foods.

What are Lignans?

Lignans are our best source for dietary antioxidants. These plant nutrients neutralize the impact of free radicals on our body. The highest quality of lignans have been discovered in the Norwegian Spruce Tree.

Health professionals recommend an increase in foods containing lignans.

A 30 year study showed 30% less cancer, and 30% less heart disease for those following a high lignan diet.

**Fountain of Life** is the complete lignan source, including 7 essential lignans providing the strength and variety unmatched by any product, fruit or vegetable on the market: 7-hydroxymatairesinol (HMR), 7-hydroxymatairesinol (HMR2), alpha conidendrin, lariciresinol, liovil, secoisolariciresinol, and matairesinol.
The highest quality of lignans have been discovered in the Norwegian Spruce Tree.

10 DROPS
of FOUNTAIN OF LIFE's
LIGNANS CONCENTRATION
Compared to different food sources

50 cups of Green Tea

or

100 cups of Tomatoes

or

510 cups of Lettuce

or

1800 cups of Apples

or

70 cups of Oranges

or

30 cups of Cauliflower

or

150 cups of Onions

or

40 cups of Cherries

or

160 cups of Cabbage

or

50 cups of Strawberries

or

40 cups of Kiwi

or

77 cups of Oats
Benefits of Antioxidants from Lignans:

**Protect Heart Health**
Studies show that people who eat plenty of antioxidant-rich fruit and vegetables, lower their risk of heart disease by up to 65%. There are many studies that prove that antioxidants are important for cardiovascular health.
ALEXANDRA K. ADAMS, M.D., PH.D., ELLEN O. WERMUTH, M.D., M.S., and PATRICK E. MCBRIDE, M.D., M.P.H., University of Wisconsin Medical School, Madison, Wisconsin

**Defend Against Dementia**
There is evidence that free radicals damage the brain cells of people diagnosed with devastating cognitive conditions. Free radicals seem to cause the clumps of proteins in the brain that are characteristic of Alzheimer's Disease.
Free radicals in Alzheimer's dementia: currently available therapeutic strategies.

**Protect Prostate Health**
As men age, benign growth of their prostate can occur that can lead to lower urinary tract issues. Lignans in the diet will help alleviate the symptoms of benign prostate issues that can cause discomfort and voiding difficulties.
Inhibition of 5 alpha-reductase in genital skin fibroblasts and prostate tissue by dietary lignans and isoflavonoids.
Evans BA1, Griffiths K, Morton MS.

**Improve Hair Health**
When testosterone in its more potent form is converted in men, it can lead to hair follicle shrinkage and significant hair loss. Lignans can slow this progression by slowing the conversion, improving hair health while significantly reducing hair loss.

**Control Diabetes Complications**
There is much promise that antioxidants can alleviate some diabetes symptoms and relieve the pain and discomfort of diabetic neuropathy.

*Not recommended for pregnant, and/or breast feeding women and children*
PMCID: PMC2048577
Effects of a Flaxseed-Derived Lignan Supplement in Type 2 Diabetic Patients: A Randomized, Double-Blind, Cross-Over Trial
An Pan,1 Jianpin Sun,2 Yanqiu Chen,2 Xingwang Ye,1 Huaxing Li,1 Zhijie Yu,1 Yanfang Wang,1 Wenjia Gu,1 Xinyi Zhang,2 Xiafei Chen,2 Wendy Demark-Wahnefried,3 Yong Liu,1 and Xu Lin1,1* Joel Gagnier, Academic Editor
Reduce Breast Cancer Risk
A recent French study conducted over 7 years with 58,049 women participants concluded that… “High dietary intakes of plant lignans were associated with reduced risks of breast cancer in a Western population that does not consume a diet rich in soy”.
Published Journal National Cancer Institute 2007;99:475-86. Touilland, Thiebout, et al.

Protect Your DNA
Free radicals can damage the DNA in healthy cells which may alter their operating instructions and cause them to reproduce uncontrollably to form cancerous tumours. Lab studies show that phytochemicals (lignans) can stifle tumour development in many ways including scavenging and neutralizing free radicals.
Pharmacogn Rev. 2010 Jul-Dec; 4(8): 118–126
doi: 10.4103/0973-7847.70902  PMCID: PMC3249911
Free radicals, antioxidants, and functional foods: Impact on human health
V. Loco, A, Patil, A Phatak, and N. Chandra

Other Benefits of Antioxidants:

- Anti-inflammatory
- Decrease Colon Cancer Risk
- Improve Metabolism
- Reduce Hot Flashes
- Antimicrobial

Disclaimer: The above antioxidant benefits claims are based on third party research. Webernetics Pte Ltd assumes no responsibility, completeness or timeliness of any third party research. This research is subject to change without notice at any time. Webernetics does not provide any medical advice. Each individual’s responsibility includes consulting their family doctor or specialist before adjusting or adding any additional supplement to their current diet or prescription regiment. Under no circumstance is the information contained within such third party research to be used or considered as a direct or indirect study of Fountain of Life.

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Fountain of Life Usage

Oral Consumption - Adults Only
The daily dosage of Fountain of Life is dependent upon the user's body weight.

We recommend taking a minimum of 5 drops per day for users weighing 50 kg (110 lb) or less and 10 drops for those weighing over 50 kg. The users weighing over 100 kg (220 lb) should consider taking more than 10 drops to receive the maximum anti-oxidant benefit from Fountain Of Life. The general rule is to add 1 drop per every 10 kg (22 lb) of body weight.

Taste... Like Wood
Fountain of Life has the natural bitter taste of the Norwegian Spruce Trees. FOL can be taken straight, or added to food or beverages, such as yogurt, water, juice, tea, coffee or beer.

Topical Usage
Lignans have proven to offer wound healing properties when placed directly on cuts and abrasions. When used topically in the mouth, lignans have helped address gum inflammation. Place Fountain of Life directly on the tongue and move it around your mouth. The lignans will adhere naturally to your teeth and gums. For this application, do not use juice or water as a mixer as it will wash the lignans away.

There are reports that skin conditions such as acne have improved with lignans while issues such as nail fungus, ingrown nails and cuticle issues have improved with topical applications.

For those with hemorrhoids, direct application of lignans reduces the inflammation and discomfort.

Fountain of Life may be used topically, however it should never be used in the eyes or in the ears.

For Hair Health
Fountain of Life can be used in your shampoo and conditioner to address scalp issues and flakes. Add 5 ml for every 100 ml of shampoo or conditioner to effectively reduce flakes and improve scalp health.
For Pets Health
Fountain of Life can also protect and preserve your pets’ health. If your pets are spayed or neutered, lignans can help with their hormonal balance. As well, lignans have shown to improve the health of dogs suffering from Cushing’s Disease. Add 1 drop of FOL per 10 kg of the pet’s weight to their food on a daily basis.

Your Gateway to Better Health
Fountain of Life is an easy to use regimen that ensures you receive your daily allowance of antioxidants in a few drops daily.

It is our commitment to bring the highest quality of products to the market that improve your life, from fashion, beauty and now health.

FAQs

1. What is the shelf life of an unopened bottle of Fountain of Life?
   2 years

2. What is the shelf life of an opened bottle of Fountain of Life?
   There is no toxicity, however, Fountain of Life should be ideally consumed within 3 months to ensure that the user receives its maximum benefits from the product.

3. How should Fountain of Life be stored?
   Fountain of Life should be stored in a cool, dry place to preserve freshness. Do not use the product if the safety seal is broken.

4. After opening, would it be better stored in the fridge?
   It may be stored at room temperature, but preferably a cool, dry place. Storing Fountain of Life in the fridge will not extend its shelf life.

5. What is the youngest safe age to consume Fountain of Life?
   We do not recommend Fountain of Life for children under 12 years of age. It may be consumed by young adults. The dosage is dependant upon their body mass.

6. Is it safe for everyone to consume Fountain of Life?
   Anyone taking medication should seek the advice from their doctor to ensure that using a powerful antioxidant will not impact its efficiency.

7. Is Fountain of Life pregnancy safe?
   Fountain of Life is not recommended for pregnant and/or breast feeding women.

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