







Appetizer

GOMAE	6.99
Boiled spinach salad with a sesame peanut dressing	
EDAMAME	6.99
Fresh green soy beans in the pod	
KANI SAKE TEMPURA	7.99
Salmon and crab tempura	
GYOZA	7.99
Delicious dumplings stuffed with pork and vegetables	
VEGETABLE GYOZA	7.99
Dumplings stuffed with vegetables, soy meat	
 HARU MAKI	7.99
Japanese style beef spring rolls	
AGEDASHI TOFU	7.99
Deep fried tofu with a flavourful sauce and bonito flakes	
TUNA KARRAGE	7.99
Fried tuna with ponzu sauce	
SEAFOOD CROQUETTE	7.99
Bite sized crab meat with mashed potato	
TAKO YAKI	8.99
Baked octopus balls with bonito flakes	
KANI TOFU	8.99
Deep fried tofu with crab meat	
 SALMON CANDY	8.99
Ginger candied salmon with Pae's sauce	
 SPICY CHICKEN KARRAGE	9.99
Fried chicken with sweet and spicy topping	
YAKITORI	9.99
Skewered chicken with green onions teriyaki sauce	
CRISPY ITAKO	10.99
Lightly battered deep fried baby octopus	
EBI GYOZA	10.99
Japanese dumplings with tiger prawns	
EBI SHITAKE	11.99
Tasty mushrooms stuffed with shrimp	
KAKI FRY	11.99
Deep fried breaded oysters	
 EBI MAYO	13.99
Deep fried prawn with spicy mayo	
CRISPY PRAWN	14.99
Rice flake battered deep fried prawn with sweet chili sauce	

B.B.Q

SALMON KAMA	10.99
BBQ grilled salmon cheek	
SABA SHIOYAKI	10.99
Excellent barbecued mackerel	
MOTOYAKI	12.99
Seafood and vege baked in a shell	
SIZZLING SCALLOP	15.99
Savoury butter soy sauce with two kinds of mushroom	
 BBQ IKA	17.99
Barbecued Pacific squid with spicy sauce	
HAMACHI KAMA	20.99
The delicate chin of a yellowtail, lightly grilled	
BLACK COD	22.99
Lightly salted barbecued cod	
UNAGI PLATE	27.99
Eel barbecued to your taste with our unagi sauce	

Salad

EBISU	6.99
Cold noodle and shrimp salad	
SEAWEED SALAD	6.99
Tasty seasoned seaweed salad	
TAKOSU	7.99
Cold noodle and octopus salad	
ITAKO SALAD	8.99
Roasted baby octopus with five spices	
GREEN SALAD	9.99
Tossed greens	
VOLCANO SALAD	12.99
Barbecued salmon skin with Ponzu sauce	
 SPICY OHITASHI SALAD	15.99
Delicious spicy spinach salad with crab meat and roe	
 SASHIMI SALAD	18.99
Salmon, tuna and the chef's selection of sashimi	

Tempura

VEGETABLE	11.99
Assorted deep fried vegetables	
PRAWN	13.99
Tiger prawns	
ASSORTED	15.99
An assortment of deep fried vegetables and prawns	
SEAFOOD TEMPURA	16.99
An assortment of deep fried scallop, salmon, prawns, and crab	
DELUXE ASSORTED TEMPURA	17.99
A larger assorted platter with extra seafood	

All tempura dishes are served with Nagano's dipping sauce

Donburi


OYAKO DON	13.99
Chicken with an egg topping	
TERIYAKI DON	13.99
Teriyaki chicken, beef or vegetable	
CURRY DON	14.99
Japanese apple curry with mixed vege, beef or chicken	
TEN DON	14.99
Assorted appetizer sized tempura in a rice bowl	
KATSU DON	15.99
Tasty pork cutlet with an egg topping	
 SPICY CHIRASHI DON	20.99
Chopped sashimi, vegetables and spicy sauce	
CHIRASHI DON	22.99
Assorted sashimi	
UNA DON	22.99
Barbecued fresh water eel with unagi sauce	

All donburi dishes are served on rice in a bowl and with miso soup

A La Carte

YAKI SOBA	13.99
Chicken, beef, or vegetable with Japanese style thin egg noodles	
CHICKEN or BEEF TERIYAKI	13.99
Grilled to perfection with pan fried vegetables and a tasty sauce	
YAKI UDON	14.99
Chicken, beef, or vegetable with Japanese style thick noodles	
DON or CHICKEN KATSU	15.99
Savoury deep fried chicken or pork cutlet	
SALMON TERIYAKI	22.99
Delicious grilled salmon with our signature teriyaki sauce	
BULGOKI PLATE	22.99
Barbecued beef with grilled mushrooms	
SEAFOOD TERIYAKI	25.99
Assorted prawns, scallops, mussels and salmon	
NEW YORK STEAK TERIYAKI	26.99
Perfectly seasoned, tender, juicy cuts	

Sashimi

TUNA or SALMON	16.99
POKE TUNA	16.99
Cubed tuna with our home made marinade	
TUNA TATAKI	16.99
Seared tuna with a unique dressing	
TUNA and SALMON	17.99
WILD SALMON	17.99
 SPICY TUNA or SALMON	17.99
Salmon or tuna with our spicy house dressing	
SALMON BELLY	20.99
BEEF	24.99
AAA Angus tenderloin	
HAMACHI or TORO	25.99
Yellowtail or tuna belly	
ASSORTED SASHIMI A	33.99
15pcs regular sashimi	
MINI SASHIMI	39.99
Sampling of daily fresh fish	
ASSORTED SASHIMI B	54.99
25pcs	
ASSORTED SASHIMI C	69.99
40pcs prime selection	

NAGANO

S u s h i & s a s h i m i


Combo

ASSORTED SUSHI A	14.99
Four kinds of nigiri sushi, 7 pieces	
CALIFORNIA COMBO	16.99
California roll and six pieces of nigiri sushi	
VEGGIE COMBO	16.99
Veggie roll and six pieces of veggie nigiri sushi	
ASSORTED SUSHI B	17.99
Six kinds of nigiri sushi, 9 pieces	
DYNAMITE COMBO	17.99
Dynamite roll and six pieces of nigiri sushi	
DELUXE ROLL COMBO	18.99
California roll, tuna, salmon, cucumber and avocado roll	
DELUXE COMBO	19.99
California roll and eight pieces of nigiri sushi	
CHEF'S BOAT	44.99
A dinner for two that includes a selection of sushi, sashimi 2 sunomono salads and 2 miso soups	

Noodle Soup

VEGE UDON	10.99
Mixed vegetables with Japanese thick noodles	
CHICKEN or BEEF UDON	13.99
Served in a big bowl with noodles and vegetables	
ZARU SOBA	14.99
Cold soba with dipping sauce	
SEAFOOD RAMEN	15.99
Mixed seafood with noodles	
NABEYAKI UDON	15.99
Seafood, chicken and egg, served with an appetizer tempura	

Temaki

B.C. CONE	4.50
Barbecued salmon skin with teriyaki sauce	
CALIFORNIA CONE	4.50
TUNA or SALMON CONE	4.50
DYNAMITE CONE	4.99
 SPICY TUNA or SALMON CONE	4.99
CHOPPED SCALLOP CONE	5.99
Finely chopped scallops	

Omakase

TICKLE ME TUNA	14.99
breaded spicy tuna plate with wild berry dressing	
 ODEN	17.99
Japanese fish ball with soup	
OCEAN FIZZA	20.99
Scallop, crabmeat, tobiko, smoked salmon on pita bread	
RICO RICO	22.99
Seared salmon with miso sauce	
B.B.Q TUNA	24.99
Fresh tuna grilled at the table by the chef	
 SPICY YOSE NABE	26.99
Spicy noodle soup with seafood	
CAPTAIN'S CHOICE A	44.99
Allow our Chefs to arrange dining experience	
CAPTAIN'S CHOICE B	55.99
Allow our Chefs to arrange your dining experience	

Dessert

ICE CREAM	4.99
green tea, mango, white chocolate raspberry	
DEEP FRIED BANANA PASSION	8.99
deep fried banana with delicious ice cream and chocolate drizzle	






Drinks

BOTTLE WATER, COFFEE, POP, MILK	3.00
APPLE or ORANGE JUICE	3.00

NAGANO

S u s h i & s a s h i m i

Maki

AVOCADO or KAPPA	3.49
Cucumber	
OSHINKO	3.49
Japanese style pickled radish	
SAKE or TEKA	3.49
Salmon Tuna	
CALIFORNIA ROLL	4.99
Crab combined with avocado and cucumber	
NEGITORO or GARITORO ROLL	4.99
Tuna,green onion Tuna, pickled ginger	
 SPICY TUNA or SALMON ROLL	4.99
Fresh lettuce leaves with chopped, spicy tuna	
HI PAE ROLL	4.99
tamago, cucumber, inari, oshinko, avocado and say "Hi Pae"	
AVO AND GINGER ROLL	4.99
AVO AND CUCUMBER ROLL	4.99
VEGETARIAN ROLL	4.99
Cucumber, carrot and radish combined with spinach	
YAM TEMPURA ROLL	4.99
Deep fried yam	
D. B. Roll	4.99
Tuna, smelt roe, cucumber and radish sprouts	
NEGIFRY	5.99
Tuna with green onions, battered and deep fried	
DYNAMITE ROLL	6.99
Deep fried prawns combined with roe	
B.C. Roll	5.99
Barbecued salmon skin with our signature teriyaki sauce and roe	
CALI FRY	5.99
Battered and deep fried California roll	
PEANUT CRUNCH	5.99
California roll with crunch and peanut sauce	
ELVIS ROLL	5.99
Grilled salmon with an accent of radish sprouts	
VEGETARIAN DYNAMITE ROLL	6.99
Deep fried bean with sweet potato & yam topping	
SCALLOP AND TOBIKO ROLL	6.99
Chopped scallop with flying fish roe	
UNAGI ROLL	7.99
Perfectly barbecued fresh water eel	
HOUSE ROLL	7.99
Salmon and tuna combined with crab, deep fried prawn and roe	
FUTO MAKI	8.99
Japanese style extra thick roll with egg, prawn, roe, mushroom and oshinko	
REAL CRAB CALIFORNIA ROLL	10.99
DANCING SHITAKE ROLL	10.99
Mixed vege, shitake mushroom -John's special	
NUDE MAKI	10.99
Real crab with avocado, oshinko, tamago rolled without seaweed	
ALIEN MAKI	11.99
Chicken, crab and smelt roe combined with the most tender alien pieces	
RAINBOW ROLL	11.99
Various seafood on dynamite roll	
ROCK'N ROLL	12.99
Deep fried prawns combined with smoked salmon ,roe	
SAMURAI SASHA ROLL	12.99
Jumbo tiger prawns, sweet potato with flying fish roe	
SPIDER ROLL	13.99
Absolutely delicious soft shell crab and roe	
MR. BEAN ROLL	13.99
Soy bean roll topped with avocado	
ALIEN II MAKI	14.99
Mr. Pae makes stronger Alien	
DANCING UNAGI ROLL	15.99
Real crab California roll with unagi & radish topping	
SILK WORM ROLL	17.99
Chopped scallop, tobiko, amaebi wrapped with avocado	
 MOODY FEVER	17.99
Seared tuna and smoked salmon combined in a prawn tempura roll and roe	
DRAGON ROLL	17.99
Real crab roll with avocado, unagi, tobiko on top	
ROCKY POINT ROLL	15.99
Real crab accented with whole scallop and tobiko topping	
 H.O.T MAKI	15.99
Jalapeno pepper, spicy crab, topped with salmon, roe and spicy mayo	
 GANGSTER ROLL	15.99
Crabmeat, yam, pickled jalapeno with tuna and tobiko	
IRON CHEF	17.99
Create your own style- tell me what you want	
 SPICY BLT ROLL	17.99
Beets, lettuce with seared tuna amd tobiko on top	
PINK CADILLAC	18.99
Real crab, prawn, salmon with pink fish flake on top wrapped with soy paper	
VIPER ROLL	22.99
Real crab, avocado, fresh water eel on fire - literally	
ANGUS ROLL	23.99
Green bean,yam,avo,cucumber with angus beef and radish sprout on top	
DREAM OF LOBSTER	26.99
5oz. Cuban lobster with black tobiko	

Brown rice extra \$1.00 Soybean paper extra \$2.00

Lunch Specials

Includes miso soup and rice

Special	Salad
Tempura	Fruit
	Main

1. GYOZA BENTO

13.99
2. CALIFORNIA BENTO

14.99
3. TERIYAKI BENTO

14.99

Vege, beef or chicken
4. SUSHI BENTO

15.99
5. CURRY BENTO

15.99

Vege, beef or chicken
6. SASHIMI BENTO

17.99
7. SUSHI & SASHIMI BENTO

17.99

Complete Dinner

Includes miso soup, sunomono salad
rice and ice cream or coffee

Miso	Rice	Sunomono salad
Main	Ice cream	

- TERIYAKI

21.99

Vege, beef or chicken
- CURRY DON

21.99

Vege, beef or chicken
- SUKIYAKI

21.99
- SALMON TERIYAKI

24.99
- WHITE MEAT CHICKEN TERIYAKI

24.99
- WILD SALMON TERIYAKI

27.99
- NAGANO COMBO

27.99

3pcs sushi, California roll, sashimi, teriyaki and tempura

Love Boat Lunch Special

\$44.99 (serves two)

Sushi, Sashimi, Sunomono & Maki

