GUARDS fit and care

As body types vary from person to person and the closures on Race Face protective pads are constructed of either elasticized straps or various technical stretch fabrics, physically trying on the style in stores is always the best way to determine accurate sizing for your body type. As such, the following charts should only be used as a guide: Review the description and technical details of each protection style to select the Race Face protective wear that will best suit your needs.

1 Chest: Measure fullest circumference, keeping tape up under arms and across shoulder blades.
2 Waist: Measure at narrowest circumference. Don't suck it in - nobody's watching
3 Hip: Measure around the widest part of the pelvis, around the buttocks.
6 Bicep: $\quad$ Measure around your bicep at the widest part.
7 Forearm: Measure around your forearm at the widest part.
8 Thigh: Measure around your thigh 10 cm up from your knee.
9 Calf: Measure around your calf at the widest part.

PROTECTIVE CORE SIZING

|  | S | M | L | XL | XXL |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | $37^{\prime \prime}(94 \mathrm{~cm})$ | $39112^{\prime \prime}(100 \mathrm{~cm})$ | 42" (107 cm) | $45^{\prime \prime}(114 \mathrm{~cm})$ | $48^{\prime \prime}(122 \mathrm{~cm})$ |
| Waist | $29^{\prime \prime}$ (74 cm) | $311 / 22^{\prime \prime}(80 \mathrm{~cm})$ | $34^{\prime \prime}(86 \mathrm{~cm})$ | $37^{\prime \prime}(94 \mathrm{~cm})$ | $40^{\prime \prime}(102 \mathrm{~cm})$ |
| Hip | 353/4" (91 cm) | $381 ⁄ 2$ " $(98 \mathrm{~cm}$ ) | 411/4" (105 cm) | 44" (112 cm) | $471 / 4^{\prime \prime}(120 \mathrm{~cm})$ |

HIGH STRETCH FABRIC, ULTRA-TIGHT, SECOND-SKIN FIT DESIGNED TO LOCK D30 ${ }^{\circledR}$ REMOVABLE PROTECTION IN PLACE.

## MEN'S LEG

| S | M | L | XL | XXL |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Thigh | $16^{\prime \prime}(41 \mathrm{~cm})$ | $17^{\prime \prime}(43 \mathrm{~cm})$ | $18^{\prime \prime}(46 \mathrm{~cm})$ | $19^{\prime \prime}(48 \mathrm{~cm})$ | $20^{\prime \prime}(51 \mathrm{~cm})$ |
| Calf | $13^{\prime \prime}(33 \mathrm{~cm})$ | $14^{\prime \prime}(36 \mathrm{~cm})$ | $15^{\prime \prime}(38 \mathrm{~cm})$ | $16^{\prime \prime}(40 \mathrm{~cm})$ | $17^{\prime \prime}(43 \mathrm{~cm})$ |

MEN'S ELBOW

|  | S | M | L | XL | XXL |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Bicep | $10^{\prime \prime}(25 \mathrm{~cm})$ | $11^{\prime \prime}(28 \mathrm{~cm})$ | $12^{\prime \prime}(30 \mathrm{~cm})$ | $13^{\prime \prime}(33 \mathrm{~cm})$ | $14^{\prime \prime}(36 \mathrm{~cm})$ |
| Forearm | 8" (20 cm) | $9^{\prime \prime}(23 \mathrm{~cm})$ | $10^{\prime \prime}(25 \mathrm{~cm})$ | $11^{\prime \prime}(28 \mathrm{~cm})$ | $12^{\prime \prime}(30 \mathrm{~cm})$ |

WOMEN'S LEG

|  | S |  | M |  | L |  | XL | XXL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Thigh | $15^{\prime \prime}(38 \mathrm{~cm})$ | $16^{\prime \prime}(41 \mathrm{~cm})$ | $17^{\prime \prime}(43 \mathrm{~cm})$ | $18^{\prime \prime}(46 \mathrm{~cm})$ | $19^{\prime \prime}(48 \mathrm{~cm})$ |  |  |  |
| Calf | $13^{\prime \prime}(33 \mathrm{~cm})$ | $14^{\prime \prime}(36 \mathrm{~cm})$ | $15^{\prime \prime}(38 \mathrm{~cm})$ | $16^{\prime \prime}(41 \mathrm{~cm})$ | $17^{\prime \prime}(43 \mathrm{~cm})$ |  |  |  |

## WOMEN'S ELBOW

|  | S | M |  | XL |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Bicep | $101 / 4^{\prime \prime}(26 \mathrm{~cm})$ | $11^{\prime \prime}(28 \mathrm{~cm})$ | $113 / 4^{\prime \prime}(30 \mathrm{~cm})$ | $121 / 2^{\prime \prime}(32 \mathrm{~cm})$ | $131 / 4^{\prime \prime}(34 \mathrm{~cm})$ |
| Forearm | $7^{\prime \prime}(18 \mathrm{~cm})$ | $73 / 4^{\prime \prime}(20 \mathrm{~cm})$ | $81 / 2(22 \mathrm{~cm})$ | $91 / 2(24 \mathrm{~cm})$ | $101 / 4^{\prime \prime}(26 \mathrm{~cm})$ |

PROTEKT YOUTH LEG

| S/M |  | L/XL |
| :--- | :---: | :---: |
| Top Opening | $123 / 4^{\prime \prime}(32 \mathrm{~cm})$ | $133 / 4^{\prime \prime}(28 \mathrm{~cm})$ |
| Bottom Opening | $63 / 4^{\prime \prime}(17 \mathrm{~cm})$ | $734^{\prime \prime}(20 \mathrm{~cm})$ |
| Length | $11^{\prime \prime}(28 \mathrm{~cm})$ | $113 / 4^{\prime \prime}(30 \mathrm{~cm})$ |

PROTEKT YOUTH ARM

| S/M | L/XL |  |
| :--- | :---: | :---: |
| Top Opening | $81 / 4^{\prime \prime}(21 \mathrm{~cm})$ | $9^{\prime \prime}(23 \mathrm{~cm})$ |
| Bottom Opening | $6^{\prime \prime}(15 \mathrm{~cm})$ | $6^{1 / 4 "}(20 \mathrm{~cm})$ |
| Length | $7^{\prime \prime}(18 \mathrm{~cm})$ | $73 / 4^{\prime \prime}(20 \mathrm{~cm})$ |



* Remove D30 peices from Flank liner before washing
* Items with D30 should be washed a maximum of 30 times and a water temperature no higher than $40^{\circ} \mathrm{C}$.

